

Rankings 2020/2021

Marks since: 1-May-20

UTS Northern Suburbs Athletic [UTN]

Female 60m Sprint

1	7.57	+1.5		F	---	Stephanie Power	27	9/01/2021	Illawong High Velocity Meet 3
2	7.62	+1.5		F	---	Bendere Oboya	20	24/10/2020	Illawong High Velocity Meet 1
3	7.67	+0.0		F	---	Georgia Fichardt	16	3/11/2020	Campbelltown Track and Field
4	7.78	+0.0		F	---	Morgan Kelaher	17	16/01/2021	Illawarra Track Challenge
5	7.85	+1.3		F	---	Nicolette Donofrio	18	24/10/2020	Illawong High Velocity Meet 1
6	7.97	+1.3		F	---	Jasmin Guthrie	17	24/10/2020	Illawong High Velocity Meet 1
7	7.98	NWI		F	---	Monique Perry	46	13/12/2020	Elzy Wellings 1000 Meet
8	8.03	+1.4		F	---	Jessica Maciver	17	24/10/2020	Illawong High Velocity Meet 1
9	7.9h	NWI	8.14	F	---	Charlotte Greatrex	15	3/10/2020	Northern Zone Week 2
10	8.19	+1.4		F	---	Isabella Guthrie	17	24/10/2020	Illawong High Velocity Meet 1
11	8.2h	NWI	8.44	F	---	Xin Min Tan	14	31/10/2020	Northern Zone Week 6
12	8.44	+2.2		F	---	Kylie Strong	53	16/01/2021	Illawarra Track Challenge
13	8.45	+1.0		F	---	Inge Ackland	15	9/01/2021	Illawong High Velocity Meet 3
14 *	8.3h	NWI	8.54	F	---	Joanna Davis	43	25/07/2020	Northern Zone Winter Series 1
14 *	8.3h	NWI	8.54	F	---	Alicia MacMillan	16	9/01/2021	Northern Zone Week 13
16	8.5h	NWI	8.74	F	---	Eva Bates	14	25/07/2020	Northern Zone Winter Series 1
17	8.84	+1.8		F	---	Alyssa Philip	21	9/01/2021	Illawong High Velocity Meet 3
18	8.93	+1.9		F	---	Maria Cimino	49	10/10/2020	AACT Summer Series No 1
19	8.8h	NWI	9.04	F	---	Jasmine Rintel	12	31/10/2020	Northern Zone Week 6
20	9.0h	NWI	9.24	F	---	Elizabeth Morison	36	9/01/2021	Northern Zone Week 13
21	9.3h	NWI	9.54	F	---	Hooi Hooi Teh	46	3/10/2020	Northern Zone Week 2
22 *	9.5h	NWI	9.74	F	---	Jenny Schell	58	17/10/2020	Northern Zone Week 4
22 *	9.5h	NWI	9.74	F	---	Janet Naylor	54	17/10/2020	Northern Zone Week 4
24	9.8h	NWI	10.04	F	---	Helena Smith	33	17/10/2020	Northern Zone Week 4
25	10.2h	NWI	10.44	F	---	Emily Davis	13	15/08/2020	Northern Zone Winter Series 2
26	10.3h	NWI	10.54	F	---	Bronwyn Kelaher	54	25/07/2020	Northern Zone Winter Series 1
27 *	10.5h	NWI	10.74	F	---	Deborah Drennan	62	15/08/2020	Northern Zone Winter Series 2
27 *	10.5h	NWI	10.74	F	---	Mali Lovell	16	15/08/2020	Northern Zone Winter Series 2
29	10.8h	NWI	11.04	F	---	Wendy Fleming	51	12/12/2020	Northern Zone Week 12
30	12.0h	NWI	12.24	F	---	Jillian Senior	68	12/12/2020	Northern Zone Week 12
31	12.4h	NWI	12.64	F	---	Kathleen Cook	83	25/07/2020	Northern Zone Winter Series 1
32	12.5h	NWI	12.74	F	---	Nancy Lloyd	66	14/11/2020	Northern Zone Week 8
33	12.8h	NWI	13.04	F	---	Dorothy Kass	67	3/10/2020	Northern Zone Week 2
34	14.2h	NWI	14.44	F	---	Jenna Ryan	55	12/12/2020	Northern Zone Week 12

Female 100m Sprint

1	11.74	+3.8		F	---	Stephanie Power	27	15/11/2020	Illawarra Blue Stars Interclub
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2	11.78	-0.4		F	---	Kristie Edwards	20	7/11/2020	Club Championships 2020
3	11.89	+2.2		F	---	Olivia Rose Inkster	15	3/12/2020	ACPE NSW All Schools 2020
4	12.07	+3.1		F	---	Nicolette Donofrio	18	15/11/2020	Illawarra Blue Stars Interclub
5	11.9h	NWI	12.14	F	---	Georgia Fichardt	16	26/09/2020	Northern Zone Week 1
6	12.18	-0.7		P	---	Morgan Kelaher	17	3/12/2020	ACPE NSW All Schools 2020
7	12.20	+0.3		F	---	Bendere Oboya	20	24/10/2020	Illawong High Velocity Meet 1
8 *	12.33	-0.4		F	---	Gabriella Taylor	15	17/10/2020	Nepean Interclub 2020
8 *	12.33	+0.1		F	---	Jasmin Guthrie	17	17/10/2020	Nepean Interclub 2020
10	12.40	-0.7		P	---	Jessica Maciver	17	3/12/2020	ACPE NSW All Schools 2020
11	12.42	+3.8		F	---	Carla Takchi	23	15/11/2020	Illawarra Blue Stars Interclub
12	12.53	NWI		F	---	Greta Andrews	16	3/12/2020	ACPE NSW All Schools 2020
13	12.63	+0.5		P	---	Eliza Da Silva	16	3/12/2020	ACPE NSW All Schools 2020
14	12.4h	NWI	12.64	F	---	Isabella Guthrie	17	26/09/2020	Northern Zone Week 1
15 *	12.65	+3.3		F	---	Jessie Wong	16	15/11/2020	Illawarra Blue Stars Interclub
15 *	12.65	+0.0		F	---	Sienna Bond	15	21/11/2020	Sydney Uni Interclub
17	12.66	-2.4		F	---	Rowena Craker	20	21/11/2020	Sydney Uni Interclub
18	12.70	+2.9		F	---	Monique Perry	46	16/01/2021	Illawarra Track Challenge
19	12.75	+1.0		F	---	Samra Bond	13	3/12/2020	ACPE NSW All Schools 2020
20	12.81	+3.0		F	---	Cora Patriarca	30	15/11/2020	Illawarra Blue Stars Interclub
21	12.6h	NWI	12.84	F	---	Alicia MacMillan	16	21/11/2020	Northern Zone Week 9
22	12.7h	NWI	12.94	F	---	Gemma Eggleton	15	21/11/2020	Northern Zone Week 9
23	12.97	+3.2		F	---	Alissa Jordaan	17	14/11/2020	AACT Summer Series No 4
24	13.02	+2.7		F	---	Phoebe Berglund	14	9/01/2021	Hunter Pure Performance Track Challenge
25	13.09	+0.0		F	---	Charlotte Greatrex	15	21/11/2020	Sydney Uni Interclub
26	13.12	+3.6		F	---	Chloe Dunne	13	15/11/2020	Illawarra Blue Stars Interclub
27	13.24	+1.9		F	---	Kylie Strong	53	16/01/2021	Illawarra Track Challenge
28	13.38	+0.0		F	---	Chloe Davis	20	21/11/2020	Sydney Uni Interclub
29	13.40	+1.9		F	---	Renee Briffa	45	24/10/2020	Illawong High Velocity Meet 1
30	13.51	-2.3		F	---	Yael Reed	37	7/11/2020	Club Championships 2020
31	13.58	+1.7		F	---	Inge Ackland	15	9/01/2021	Illawong High Velocity Meet 3
32 *	13.4h	NWI	13.64	F	---	Eva Bates	14	25/07/2020	Northern Zone Winter Series 1
32 *	13.4h	NWI	13.64	F	---	Joanna Davis	43	26/09/2020	Northern Zone Week 1
34	13.84	+0.1		F	---	Catherine Mikan	12	28/11/2020	Illawong High Velocity Meet 2
35	14.15	+2.4		F	---	Alyssa Philip	21	16/01/2021	Illawarra Track Challenge
36	14.55	-2.3		F	---	Elizabeth Morison	35	7/11/2020	Club Championships 2020
37	14.64	+0.8		F	---	Maria Cimino	49	1/12/2020	Campbelltown Track and Field
38	15.55	+2.4		F	---	Mali Lovell	16	15/11/2020	Illawarra Blue Stars Interclub
39	15.77	+2.4		F	---	Sybella Warton	13	15/11/2020	Illawarra Blue Stars Interclub
40	15.7h	NWI	15.94	F	---	Janet Naylor	54	21/11/2020	Northern Zone Week 9
41	16.0h	NWI	16.24	F	---	Jenny Schell	58	26/09/2020	Northern Zone Week 1
42	16.58	-2.3		F	---	Bronwyn Kelaher	55	7/11/2020	Club Championships 2020
43	16.5h	NWI	16.74	F	---	Lara Hamlyn	15	16/01/2021	Northern Zone Week 14

44	18.7h	NWI	18.94	F	---	Wendy Fleming	52	16/01/2021	Northern Zone Week 14
45	19.61	+0.4		F	---	Isla Gillespie	14	3/12/2020	ACPE NSW All Schools 2020
46	20.5h	NWI	20.74	F	---	Jillian Senior	68	21/11/2020	Northern Zone Week 9
47	21.2h	NWI	21.44	F	---	Nancy Lloyd	66	24/10/2020	Northern Zone Week 5
48 *	21.3h	NWI	21.54	F	---	Kathleen Cook	83	26/09/2020	Northern Zone Week 1
48 *	21.3h	NWI	21.54	F	---	Dorothy Kass	67	24/10/2020	Northern Zone Week 5

Female 120m Sprint

1	14.66	NWI		F	---	Georgia Fichardt	16	3/11/2020	Campbelltown Track and Field
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Female 150m Sprint

1	19.5h	NWI	19.74	F	---	Nicolette Donofrio	18	15/08/2020	Northern Zone Winter Series 2
2	20.4h	NWI	20.64	F	---	Morgan Kelaher	17	15/08/2020	Northern Zone Winter Series 2
3	21.8h	NWI	22.04	F	---	Joanna Davis	43	15/08/2020	Northern Zone Winter Series 2
4	24.5h	NWI	24.74	F	---	Jenny Schell	58	15/08/2020	Northern Zone Winter Series 2
5	25.3h	NWI	25.54	F	---	Mali Lovell	16	15/08/2020	Northern Zone Winter Series 2
6	28.0h	NWI	28.24	F	---	Deborah Drennan	62	15/08/2020	Northern Zone Winter Series 2
7	33.8h	NWI	34.04	F	---	Kathleen Cook	83	15/08/2020	Northern Zone Winter Series 2

Female 200m Sprint

1	24.04	+2.6		F	---	Stephanie Power	27	15/11/2020	Illawarra Blue Stars Interclub
2	24.40	+0.0		F	---	Bendere Oboya	20	24/10/2020	Illawong High Velocity Meet 1
3	24.55	-1.3		F	---	Olivia Rose Inkster	15	3/12/2020	ACPE NSW All Schools 2020
4	24.98	-1.7		F	---	Jasmin Guthrie	17	17/10/2020	Nepean Interclub 2020
5	25.09	+0.8		F	---	Georgia Fichardt	16	3/12/2020	ACPE NSW All Schools 2020
6	25.17	+1.5		F	---	Morgan Kelaher	17	3/12/2020	ACPE NSW All Schools 2020
7	25.29	-0.1		F	---	Bridget Oakley	31	28/11/2020	Illawong High Velocity Meet 2
8	25.33	-1.1		F	---	Gabriella Taylor	15	17/10/2020	Nepean Interclub 2020
9	25.37	+0.0		F	---	Nicolette Donofrio	18	24/10/2020	Illawong High Velocity Meet 1
10	25.62	+0.0		F	---	Isabella Guthrie	17	24/10/2020	Illawong High Velocity Meet 1
11	25.76	-1.1		F	---	Kate Wahby	19	17/10/2020	Nepean Interclub 2020
12	25.84	-1.2		F	---	Samra Bond	13	3/12/2020	ACPE NSW All Schools 2020
13	25.90	-0.7		F	---	Eliza Da Silva	16	17/10/2020	Nepean Interclub 2020
14	25.99	+1.0		P	---	Greta Andrews	16	3/12/2020	ACPE NSW All Schools 2020
15	26.14	+1.0		F	---	Annika Lynch	16	28/11/2020	Illawong High Velocity Meet 2
16	26.38	-0.7		F	---	Jessica Maciver	17	17/10/2020	Nepean Interclub 2020
17	26.41	-0.7		F	---	Olivia Cason	23	9/01/2021	Illawong High Velocity Meet 3
18	26.56	+3.0		F	---	Destiny Peris	18	15/11/2020	Illawarra Blue Stars Interclub
19	26.59	+1.1		F	---	Monique Perry	46	28/11/2020	Illawong High Velocity Meet 2
20	26.64	+2.8		F	---	Carla Takchi	23	15/11/2020	Illawarra Blue Stars Interclub
21	26.76	+2.6		F	---	Cora Patriarca	30	15/11/2020	Illawarra Blue Stars Interclub
22	27.05	+1.1		F	---	Renee Briffa	45	28/11/2020	Illawong High Velocity Meet 2
23	27.33	-0.6		F	---	Ella Koster	17	9/01/2021	Illawong High Velocity Meet 3
24	27.35	+0.3		F	---	Phoebe Berglund	14	9/01/2021	Hunter Pure Performance Track Challenge

25	27.57	+1.1		F	---	Kylie Strong	53	28/11/2020	Illawong High Velocity Meet 2
26	27.76	-0.6		F	---	Chloe Davis	20	9/01/2021	Illawong High Velocity Meet 3
27	27.6h	NWI	27.84	F	---	Charlotte Greatrex	15	3/10/2020	Northern Zone Week 2
28	27.7h	NWI	27.94	F	---	Xin Min Tan	14	31/10/2020	Northern Zone Week 6
29	28.31	-1.9		F	---	Eva Bates	15	12/12/2020	Campbelltown Interclub
30	28.55	+0.5		F	---	Catherine Mikan	12	28/11/2020	Illawong High Velocity Meet 2
31	28.4h	NWI	28.64	F	---	Alicia MacMillan	16	9/01/2021	Northern Zone Week 13
32	28.90	+0.4		P	---	Annika Boys	12	3/12/2020	ACPE NSW All Schools 2020
33	29.09	+2.6		F	---	Alyssa Philip	20	15/11/2020	Illawarra Blue Stars Interclub
34	29.7h	NWI	29.94	F	---	Jasmine Rintel	12	31/10/2020	Northern Zone Week 6
35 *	30.5h	NWI	30.74	F	---	Elizabeth Morison	36	12/12/2020	Northern Zone Week 12
35 *	30.5h	NWI	30.74	F	---	Joanna Davis	44	9/01/2021	Northern Zone Week 13
37	32.12	+4.1		F	---	Mali Lovell	16	15/11/2020	Illawarra Blue Stars Interclub
38	32.84	+4.1		F	---	Sybella Warton	13	15/11/2020	Illawarra Blue Stars Interclub
39	33.0h	NWI	33.24	F	---	Jenny Schell	58	3/10/2020	Northern Zone Week 2
40	33.29	+3.1		F	---	Deborah Drennan	62	15/11/2020	Illawarra Blue Stars Interclub
41	33.65	+3.1		F	---	Bronwyn Kelaher	55	15/11/2020	Illawarra Blue Stars Interclub
42	34.1h	NWI	34.34	F	---	Janet Naylor	54	14/11/2020	Northern Zone Week 8
43	45.5h	NWI	45.74	F	---	Nancy Lloyd	66	14/11/2020	Northern Zone Week 8
44	45.8h	NWI	46.04	F	---	Kathleen Cook	83	17/10/2020	Northern Zone Week 4
45	46.0h	NWI	46.24	F	---	Jillian Senior	68	14/11/2020	Northern Zone Week 8
46	50.7h	NWI	50.94	F	---	Dorothy Kass	67	3/10/2020	Northern Zone Week 2
47	1:06.2h	NWI	1:06.44	F	---	Jenna Ryan	55	12/12/2020	Northern Zone Week 12

Female 300m Sprint

1	42.67		F	---	Morgan Kelaher	17	13/12/2020	Elzy Wellings 1000 Meet
2	42.97		F	---	Renee Briffa	45	13/12/2020	Elzy Wellings 1000 Meet
3	43.14		F	---	Monique Perry	46	13/12/2020	Elzy Wellings 1000 Meet

Female 400m Sprint

1	52.44		F	---	Bendere Oboya	20	19/12/2020	Albie Thomas Mile
2	54.94		F	---	Jasmin Guthrie	17	7/11/2020	Club Championships 2020
3	55.90		F	---	Emily Smith	16	7/11/2020	Club Championships 2020
4	56.27		F	---	Matilda Ryan	18	16/01/2021	Illawarra Track Challenge
5	56.47		F	---	Bridget Oakley	31	19/12/2020	Albie Thomas Mile
6	57.02		F	---	Isabella Guthrie	17	7/11/2020	Club Championships 2020
7	57.05		F	---	Olivia Rose Inkster	15	3/12/2020	ACPE NSW All Schools 2020
8	58.08		F	---	Samra Bond	13	3/12/2020	ACPE NSW All Schools 2020
9	58.6h	58.74	F	---	Olivia Cason	23	16/01/2021	Northern Zone Week 14
10	59.69		F	---	Alissa Jordaan	17	22/11/2020	AACT Summer Series No 5
11	59.73		F	---	Emma Merlino	28	19/12/2020	Albie Thomas Mile
12	1:01.05		F	---	Morgan Kelaher	17	19/12/2020	Albie Thomas Mile
13	1:01.11		F	---	Renee Briffa	45	19/12/2020	Albie Thomas Mile
14	1:01.38		P	---	Mallory Bassett	20	3/12/2020	ACPE NSW All Schools 2020

15	1:01.52		F	---	Grace Townsend	12	3/12/2020	ACPE NSW All Schools 2020
16	1:01.59		P	---	Cayla Phillips	15	3/12/2020	ACPE NSW All Schools 2020
17	1:01.72		P	---	Charlotte Greatrex	15	3/12/2020	ACPE NSW All Schools 2020
18	1:02.22		F	---	Ella Koster	17	21/11/2020	Sydney Uni Interclub
19	1:03.99		F	---	Eva Bates	15	7/11/2020	Club Championships 2020
20	1:04.55		P	---	Annika Boys	12	3/12/2020	ACPE NSW All Schools 2020
21	1:06.1h	1:06.24	F	---	Georgia Fichardt	16	26/09/2020	Northern Zone Week 1
22	1:06.2h	1:06.34	F	---	Jessica Maciver	16	26/09/2020	Northern Zone Week 1
23	1:08.79		F	---	Catherine Mikan	12	21/11/2020	Sydney Uni Interclub
24	1:14.08		F	---	Mali Lovell	16	31/10/2020	Sutherland Inteclub
25	1:16.94		F	---	Hooi Hooi Teh	46	7/11/2020	Club Championships 2020
26	1:17.92		F	---	Sybella Warton	13	31/10/2020	Sutherland Inteclub
27	1:18.8h	1:18.94	F	---	Deborah Drennan	62	5/12/2020	Northern Zone Week 11
28	1:24.8h	1:24.94	F	---	Jenny Schell	58	16/01/2021	Northern Zone Week 14
29	1:29.6h	1:29.74	F	---	Janet Naylor	54	5/12/2020	Northern Zone Week 11
30	1:53.3h	1:53.44	F	---	Nancy Lloyd	66	21/11/2020	Northern Zone Week 9
31	2:01.4h	2:01.54	F	---	Dorothy Kass	67	10/10/2020	Northern Zone Week 3

Female 800m Run

1	2:06.43		F	---	Matilda Ryan	18	19/12/2020	Albie Thomas Mile
2	2:12.25		F	---	Georgia Winkcup	23	24/10/2020	Bankstown Interclub & 10,000m Championships
3	2:16.75		F	---	Sarah Baker	13	19/12/2020	Albie Thomas Mile
4	2:17.32		F	---	Ali Thomson	21	19/12/2020	Albie Thomas Mile
5	2:23.07		F	---	Charlotte O'Dowd	12	21/11/2020	Sydney Uni Interclub
6	2:30.90		F	---	Ella Koster	17	3/12/2020	ACPE NSW All Schools 2020
7	2:45.8h	2:45.80	F	---	Emily Davis	13	25/07/2020	Northern Zone Winter Series 1
8	2:47.9h	2:47.90	F	---	Abby Lander	18	15/08/2020	Northern Zone Winter Series 2
9	2:52.26		F	---	Mali Lovell	16	3/12/2020	ACPE NSW All Schools 2020
10	2:55.3h	2:55.30	F	---	Deborah Drennan	62	12/12/2020	Northern Zone Week 12
11	3:00.7h	3:00.70	F	---	Joanna Davis	44	12/12/2020	Northern Zone Week 12
12	3:01.96		F	---	Sybella Warton	13	3/12/2020	ACPE NSW All Schools 2020
13	4:27.1h	4:27.10	F	---	Dorothy Kass	67	17/10/2020	Northern Zone Week 4
14	4:28.3h	4:28.30	F	---	Nancy Lloyd	66	14/11/2020	Northern Zone Week 8

Female 1500m Run

1	4:24.03		F	---	Kate Spencer	25	7/11/2020	Club Championships 2020
2	4:29.85		F	---	Georgia Winkcup	23	7/11/2020	Club Championships 2020
3	4:42.51		F	---	Sarah Baker	13	7/11/2020	Club Championships 2020
4	4:55.63		F	---	Charlotte O'Dowd	12	7/11/2020	Club Championships 2020
5	5:00.40		F	---	Eloise Doherty	21	24/10/2020	Bankstown Interclub & 10,000m Championships
6	5:20.63		F	---	Eloise Boys	14	3/12/2020	ACPE NSW All Schools 2020
7	5:30.31		F	---	Emily Davis	13	7/11/2020	Club Championships 2020
8	5:56.25		F	---	Deborah Drennan	62	7/11/2020	Club Championships 2020
9	7:20.42		F	---	Antoinette Woodward	64	7/11/2020	Club Championships 2020

10	7:29.64		F	---	Margaret Thomas	64	7/11/2020	Club Championships 2020
11	8:59.3h	8:59.30	F	---	Nancy Lloyd	66	21/11/2020	Northern Zone Week 9
12	9:01.3h	9:01.30	F	---	Dorothy Kass	67	24/10/2020	Northern Zone Week 5

Female 3000m Run

1	9:15.81	3:05.27	F	---	Kate Spencer	25	21/11/2020	NSW 3000m Championships
2	9:23.30	3:07.77	F	---	Abbey Rockliff	19	21/11/2020	NSW 3000m Championships
3	9:57.56	3:19.19	F	---	Sarah Baker	13	21/11/2020	NSW 3000m Championships
4	10:24.14	3:28.05	F	---	Eloise Doherty	21	21/11/2020	NSW 3000m Championships
5	11:06.32	3:42.11	F	---	Olivia Gorman	14	21/11/2020	NSW 3000m Championships
6	11:11.02	3:43.67	F	---	Caitlyn Tan	14	21/11/2020	NSW 3000m Championships
7	12:55.49	4:18.50	F	---	Deborah Drennan	62	21/11/2020	NSW 3000m Championships
8	19:56.3h	6:38.77	F	---	Dorothy Kass	67	14/11/2020	Northern Zone Week 8
9	20:12.9h	6:44.30	F	---	Nancy Lloyd	66	17/10/2020	Northern Zone Week 4

Female 5000m Run

1	18:43.19	3:44.64	F	---	Emma Mahon	17	3/12/2020	ACPE NSW All Schools 2020
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Female 1 Mile Run

1	4:35.90		F	---	Kate Spencer	25	16/01/2021	Illawarra Track Challenge
2	4:37.89		F	---	Isabella Thornton-Bott	22	16/01/2021	Illawarra Track Challenge
3	4:39.23		F	---	Imogen Gardiner	18	19/12/2020	Albie Thomas Mile
4	5:02.83		F	---	Rosie Fordham	18	19/12/2020	Albie Thomas Mile

Female 1500m Walk

1	10:08.7h	10:08.70	F	---	Antoinette Woodward	63	17/10/2020	Northern Zone Week 4
2	10:30.7h	10:30.70	F	---	Nancy Lloyd	66	14/11/2020	Northern Zone Week 8
3	11:10.6h	11:10.60	F	---	Jenny Schell	58	31/10/2020	Northern Zone Week 6
4	12:30.6h	12:30.60	F	---	Jenna Ryan	55	31/10/2020	Northern Zone Week 6
5	12:56.0h	12:56.00	F	---	Dorothy Kass	67	12/12/2020	Northern Zone Week 12
6	13:27.2h	13:27.20	F	---	Roslyn Wolfers	75	14/11/2020	Northern Zone Week 8

Female 3000m Walk

1	20:46.3h	20:46.30	F	---	Antoinette Woodward	63	10/10/2020	Northern Zone Week 3
2	23:27.3h	23:27.30	F	---	Nancy Lloyd	66	21/11/2020	Northern Zone Week 9
3	23:56.0h	23:56.00	F	---	Jenny Schell	58	26/09/2020	Northern Zone Week 1

Female 80m Hurdles 0.762m

1	13.45	+0.3	F	---	Grace Townsend	12	3/12/2020	ACPE NSW All Schools 2020
2	13.93	+0.1	F	---	Catherine Mikan	12	28/11/2020	Illawong High Velocity Meet 2
3	15.58	+0.3	F	---	Annika Boys	12	3/12/2020	ACPE NSW All Schools 2020

Female 90m Hurdles 0.762m

1	13.78	+4.4	F	---	Chloe Dunne	14	3/12/2020	ACPE NSW All Schools 2020
2	14.23	+0.3	F	---	Eva Bates	15	3/12/2020	ACPE NSW All Schools 2020
3	14.24	+0.3	F	---	Charlotte Greatrex	15	3/12/2020	ACPE NSW All Schools 2020

Female 100m Hurdles 0.762m

1	13.86	+1.8	F	---	Georgia Fichardt	16	3/12/2020	ACPE NSW All Schools 2020
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2 *	14.37	+1.4	F	---	Annika Lynch	16	28/11/2020	Illawong High Velocity Meet 2
2 *	14.37	+1.8	F	---	Sienna Bond	15	3/12/2020	ACPE NSW All Schools 2020
4	14.55	+1.8	F	---	Jessie Wong	16	3/12/2020	ACPE NSW All Schools 2020
5	14.97	+1.4	F	---	Jessica Maciver	17	28/11/2020	Illawong High Velocity Meet 2
6	15.65	-2.8	F	---	Ella Koster	17	3/12/2020	ACPE NSW All Schools 2020

Female 100m Hurdles 0.840m

1	14.18	+1.6	F	---	Nicolette Donofrio	18	15/11/2020	Illawarra Blue Stars Interclub
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Female 200m Hurdles 0.762m

1	30.22	+1.6	F	---	Eva Bates	15	3/12/2020	ACPE NSW All Schools 2020
2	30.51	+1.6	F	---	Charlotte Greatrex	15	3/12/2020	ACPE NSW All Schools 2020

Female 400m Hurdles 0.762m

1	1:00.20		F	---	Emily Smith	16	21/11/2020	Sydney Uni Interclub
2	1:01.44		F	---	Isabella Guthrie	17	21/11/2020	Sydney Uni Interclub
3	1:03.99		F	---	Annika Lynch	16	3/12/2020	ACPE NSW All Schools 2020
4	1:07.67		F	---	Jessie Wong	16	3/12/2020	ACPE NSW All Schools 2020
5	1:08.49		F	---	Eva Bates	15	12/12/2020	Campbelltown Interclub

Female High Jump

1	1.68m		F	---	Sophie Anderson	16	21/11/2020	Sydney Uni Interclub
2	1.65m		F	---	Annika Lynch	16	28/11/2020	Illawong High Velocity Meet 2
3	1.58m		F	---	Ella Koster	17	21/11/2020	Sydney Uni Interclub
4	1.55m		F	---	Caitlin Davis	19	12/12/2020	Campbelltown Interclub
5	1.50m		F	---	Chloe Davis	20	9/01/2021	Illawong High Velocity Meet 3
6	1.45m		F	---	Annika Boys	12	3/12/2020	ACPE NSW All Schools 2020

Female Long Jump

1	5.76m	+0.1	F	---	Sienna Bond	15	7/11/2020	Club Championships 2020
2	5.14m	+2.9	F	---	Chloe Davis	20	21/11/2020	Sydney Uni Interclub
3	5.11m	+0.3	F	---	Ella Koster	17	3/12/2020	ACPE NSW All Schools 2020
4	5.04m	+0.2	F	---	Annika Lynch	16	7/11/2020	Club Championships 2020
5	5.01m	+2.4	F	---	Cora Patriarca	30	21/11/2020	Sydney Uni Interclub
6	4.96m	+0.3	F	---	Chloe Dunne	13	7/11/2020	Club Championships 2020
7	4.89m	+0.2	F	---	Samra Bond	13	21/11/2020	Sydney Uni Interclub
8	4.85m		F	---	Alicia MacMillan	16	21/11/2020	Northern Zone Week 9
9	4.83m	+1.8	F	---	Grace Townsend	12	3/12/2020	ACPE NSW All Schools 2020
10	4.72m	+2.1	F	---	Alyssa Philip	20	7/11/2020	Club Championships 2020
11	4.37m	+0.8	F	---	Morgan Kelaher	17	7/11/2020	Club Championships 2020
12	4.34m		F	---	Alice Bohdan	48	25/07/2020	Northern Zone Winter Series 1
13	3.98m		F	---	Joanna Davis	43	26/09/2020	Northern Zone Week 1
14	3.91m	+1.1	F	---	Janet Naylor	54	7/11/2020	Club Championships 2020
15	3.34m	+3.6	F	---	Zara Perry	14	3/12/2020	ACPE NSW All Schools 2020
16	3.00m		F	---	Jenny Schell	58	10/10/2020	Northern Zone Week 3
17	2.38m	+0.8	F	---	Isla Gillespie	14	3/12/2020	ACPE NSW All Schools 2020

18	2.18m	F	---	Bronwyn Kelaher	55	10/10/2020	Northern Zone Week 3
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Female Triple Jump

1	11.99m	+1.9	F	---	Annabelle Parmegiani	23	1/12/2020	Campbelltown Track and Field
2	11.93m	+1.3	F	---	Sienna Bond	15	3/12/2020	ACPE NSW All Schools 2020
3	11.67m	+2.9	F	---	Annika Lynch	16	3/12/2020	ACPE NSW All Schools 2020
4	11.12m	+0.2	F	---	Alyssa Philip	21	12/12/2020	Campbelltown Interclub
5	10.26m		F	---	Alicia MacMillan	16	9/01/2021	Northern Zone Week 13
6	9.47m		F	---	Alice Bohdan	48	15/08/2020	Northern Zone Winter Series 2
7	8.13m	+1.6	F	---	Annika Boys	12	3/12/2020	ACPE NSW All Schools 2020
8	6.79m		F	---	Janet Naylor	54	14/11/2020	Northern Zone Week 8
9	4.28m		F	---	Bronwyn Kelaher	55	3/10/2020	Northern Zone Week 2

Female Shot Put 2kg

1	6.12m		F	---	Roslyn Wolfers	75	21/11/2020	Northern Zone Week 9
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Female Shot Put 3kg

1	11.50m		F	---	Jessica Maciver	17	7/11/2020	Club Championships 2020
2	11.11m		F	---	Bronte Hodson	17	3/12/2020	ACPE NSW All Schools 2020
3	10.79m		F	---	Caroline Layt	55	1/11/2020	NSWMA Indoors Throws Championships
4	10.57m		F	---	Ella Koster	17	7/11/2020	Northern Zone Week 7
5	10.11m		F	---	Rebecca Moore	16	3/10/2020	Northern Zone Week 2
6	8.75m		F	---	Janet Naylor	54	3/10/2020	Northern Zone Week 2
7	7.38m		F	---	Jessie Wong	16	7/11/2020	Club Championships 2020
8	7.37m		F	---	Jenny Schell	58	26/09/2020	Northern Zone Week 1
9	7.25m		F	---	Zara Perry	14	3/12/2020	ACPE NSW All Schools 2020
10	6.84m		F	---	Isla Gillespie	14	3/12/2020	ACPE NSW All Schools 2020
11	6.05m		F	---	Wendy Fleming	52	16/01/2021	Northern Zone Week 14
12	5.98m		F	---	Jillian Senior	68	28/11/2020	Northern Zone Week 10
13	5.35m		F	---	Jenna Ryan	55	14/11/2020	Northern Zone Week 8
14	4.55m		F	---	Mali Lovell	16	7/11/2020	Club Championships 2020

Female Shot Put 4kg

1	11.61m		F	---	Cora Patriarca	30	31/10/2020	Sutherland Inteclub
2	10.53m		F	---	Caroline Layt	55	7/11/2020	Club Championships 2020
3	10.01m		F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
4	8.99m		F	---	Alice Bohdan	48	25/07/2020	Northern Zone Winter Series 1
5	8.89m		F	---	Maria Cimino	49	26/09/2020	Northern Zone Week 1
6	8.54m		F	---	Nicole Robertson	18	31/10/2020	Sutherland Inteclub
7	8.34m		F	---	Nicolette Donofrio	18	7/11/2020	Club Championships 2020
8	8.18m		F	---	Helena Smith	33	17/10/2020	Northern Zone Week 4
9	8.07m		F	---	Elizabeth Morison	35	7/11/2020	Club Championships 2020
10	7.43m		F	---	Joanna Davis	44	31/10/2020	Northern Zone Week 6

Female Discus 1kg

1	34.78m		F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
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2	33.42m	F	---	Bronte Hodson	16	14/11/2020	Northern Zone Week 8
3	30.00m	F	---	Rhedyn Wong	15	3/12/2020	ACPE NSW All Schools 2020
4	27.16m	F	---	Maria Cimino	49	14/11/2020	Northern Zone Week 8
5	27.03m	F	---	Rebecca Moore	16	3/10/2020	Northern Zone Week 2
6	26.56m	F	---	Cora Patriarca	30	21/11/2020	Sydney Uni Interclub
7	26.33m	F	---	Helena Smith	33	14/11/2020	Northern Zone Week 8
8	25.09m	F	---	Scarlett O'Connor	14	3/12/2020	ACPE NSW All Schools 2020
9	23.09m	F	---	Jenny Schell	58	14/11/2020	Northern Zone Week 8
10	21.90m	F	---	Nicole Robertson	18	21/11/2020	Sydney Uni Interclub
11	20.09m	F	---	Zara Perry	14	3/12/2020	ACPE NSW All Schools 2020
12	18.29m	F	---	Isla Gillespie	14	3/12/2020	ACPE NSW All Schools 2020
13	14.40m	F	---	Deborah Drennan	62	15/08/2020	Northern Zone Winter Series 2
14	12.67m	F	---	Jenna Ryan	55	14/11/2020	Northern Zone Week 8
15	12.40m	F	---	Jillian Senior	68	14/11/2020	Northern Zone Week 8
Female Discus 750g							
1	13.70m	F	---	Roslyn Wolfers	75	14/11/2020	Northern Zone Week 8
Female Hammer 2kg							
1	17.87m	F	---	Roslyn Wolfers	75	26/09/2020	Northern Zone Week 1
Female Hammer 3kg							
1	40.94m	F	---	Rebecca Moore	17	3/12/2020	ACPE NSW All Schools 2020
2	24.96m	F	---	Jenny Schell	58	7/11/2020	Northern Zone Week 7
3	22.65m	F	---	Emily Govers	12	3/12/2020	ACPE NSW All Schools 2020
Female Hammer 4kg							
1	57.03m	F	---	Odette Palma	38	15/11/2020	Throwers Club of NSW Meet
2	42.34m	F	---	Maria Cimino	49	27/09/2020	Throwers Club of NSW Meet
3	36.59m	F	---	Siena Reynolds	21	25/07/2020	Northern Zone Winter Series 1
4	22.73m	F	---	Helena Smith	33	24/10/2020	Northern Zone Week 5
Female Javelin 400g							
1	10.30m	F	---	Roslyn Wolfers	75	10/10/2020	Northern Zone Week 3
Female Javelin 500g							
1	37.51m	F	---	Rhedyn Wong	15	3/12/2020	ACPE NSW All Schools 2020
2	34.55m	F	---	Ella Koster	17	7/11/2020	Northern Zone Week 7
3	31.76m	F	---	Bronte Hodson	17	3/12/2020	ACPE NSW All Schools 2020
4	27.55m	F	---	Georgia Spanswick	15	3/12/2020	ACPE NSW All Schools 2020
5	21.32m	F	---	Janet Naylor	54	9/01/2021	Northern Zone Week 13
6	16.56m	F	---	Alicia MacMillan	16	21/11/2020	Northern Zone Week 9
7	13.98m	F	---	Jenny Schell	58	26/09/2020	Northern Zone Week 1
8	12.48m	F	---	Wendy Fleming	51	24/10/2020	Northern Zone Week 5
9	11.47m	F	---	Jillian Senior	68	21/11/2020	Northern Zone Week 9
10 *	10.65m	F	---	Deborah Drennan	62	25/07/2020	Northern Zone Winter Series 1
10 *	10.65m	F	---	Jenna Ryan	55	16/01/2021	Northern Zone Week 14

Female Javelin 600g

1	38.52m	F	---	Cora Patriarca	30	15/11/2020	Illawarra Blue Stars Interclub
2	37.64m	F	---	Chloe Davis	20	28/11/2020	Mingara Summer Track Program
3	28.39m	F	---	Alice Bohdan	48	25/07/2020	Northern Zone Winter Series 1
4	25.96m	F	---	Maria Cimino	49	5/12/2020	Northern Zone Week 11
5	18.69m	F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
6	17.53m	F	---	Helena Smith	33	24/10/2020	Northern Zone Week 5
7	17.48m	F	---	Nicole Robertson	18	9/01/2021	Northern Zone Week 13
8	16.14m	F	---	Joanna Davis	44	12/12/2020	Northern Zone Week 12

Female Wght Thr 11.34kg

1	12.24m	F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
2	9.60m	F	---	Maria Cimino	49	3/10/2020	AMA Winter Throws Championships

Female Wght Thr 4kg

1	6.76m	F	---	Roslyn Wolfers	75	31/10/2020	Northern Zone Week 6
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Female Wght Thr 5.45kg

1	20.30m	F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
2	16.36m	F	---	Maria Cimino	49	3/10/2020	AMA Winter Throws Championships
3	8.36m	F	---	Jillian Senior	68	12/12/2020	Northern Zone Week 12

Female Wght Thr 7.26kg

1	16.81m	F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
2	13.71m	F	---	Maria Cimino	49	3/10/2020	AMA Winter Throws Championships
3	12.24m	F	---	Caroline Layt	55	1/11/2020	NSWMA Indoors Throws Championships
4	9.36m	F	---	Jenny Schell	58	14/11/2020	Northern Zone Week 8
5	5.47m	F	---	Jenna Ryan	55	14/11/2020	Northern Zone Week 8

Female Wght Thr 9.08kg

1	15.41m	F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
2	11.73m	F	---	Maria Cimino	49	14/11/2020	Northern Zone Week 8
3	7.40m	F	---	Helena Smith	33	14/11/2020	Northern Zone Week 8

Female Wght Pent

1	3461	F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
2	3275	F	---	Maria Cimino	48	15/08/2020	Northern Zone Winter Series 2
3	2054	F	---	Jenny Schell	58	25/07/2020	Northern Zone Winter Series 1

Female Wght Pent Heavy

1	4067	F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
2	3701	F	---	Maria Cimino	49	3/10/2020	AMA Winter Throws Championships

Female Super Wght 25lb

1	8.63m	F	---	Caroline Layt	55	1/11/2020	NSWMA Indoors Throws Championships
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Female Super Wght 35lb

1	8.87m	F	---	Odette Palma	38	3/10/2020	AMA Winter Throws Championships
2	7.24m	F	---	Maria Cimino	49	1/11/2020	NSWMA Indoors Throws Championships

Male 60m Sprint

1	6.75	+2.4		P	---	Christopher Ius	20	16/01/2021	Illawarra Track Challenge
2	6.82	+2.8		P	---	Lewis Clabburn	21	16/01/2021	Illawarra Track Challenge
3	7.05	+0.5		F	---	Jack Edwards	26	24/10/2020	Illawong High Velocity Meet 1
4	7.08	NWI		F	---	Ashlyn Ndlovu	22	12/12/2020	Hunter Summer Series 3
5	7.15	+1.6		F	---	Taboka Tshuma	20	9/01/2021	Illawong High Velocity Meet 3
6	7.24	+1.2		F	---	Aidan Jones	15	16/01/2021	Illawarra Track Challenge
7	7.25	+3.3		P	---	Daniel Nolan	27	16/01/2021	Illawarra Track Challenge
8	7.31	+0.5		F	---	Anthony Collum	25	24/10/2020	Illawong High Velocity Meet 1
9	7.32	+0.6		F	---	Ethan Quintana	16	12/12/2020	Campbelltown Interclub
10 *	7.1h	NWI	7.34	F	---	Thomas Pitts	19	25/07/2020	Northern Zone Winter Series 1
10 *	7.1h	NWI	7.34	F	---	Joseph Dennis	17	3/10/2020	Northern Zone Week 2
12	7.34	-2.1		F	---	Louis Stenmark	22	12/12/2020	Campbelltown Interclub
13	7.1h	NWI	7.34	F	---	Koray Kirk	21	25/07/2020	Northern Zone Winter Series 1
14	7.35	+0.3		F	---	Ashley McMahon	45	9/01/2021	Illawong High Velocity Meet 3
15	7.37	+0.5		F	---	Albert Swan	20	24/10/2020	Illawong High Velocity Meet 1
16	7.39	+3.3		P	---	Lewis Ehrlich	34	16/01/2021	Illawarra Track Challenge
17	7.41	+0.2		F	---	Ryan Dowling	41	24/10/2020	Illawong High Velocity Meet 1
18	7.2h	NWI	7.44	F	---	David Turner	44	25/07/2020	Northern Zone Winter Series 1
19	7.44	+1.1		F	---	Connor Mawer	19	24/10/2020	Illawong High Velocity Meet 1
20	7.49	-1.0		F	---	Clinton Mcewan	29	19/12/2020	AACT Summer Series No 8
21 *	7.3h	NWI	7.54	F	---	Joey Ryu	21	25/07/2020	Northern Zone Winter Series 1
21 *	7.3h	NWI	7.54	F	---	Ashton Gleeson	15	25/07/2020	Northern Zone Winter Series 1
23 *	7.4h	NWI	7.64	F	---	Nicholas Dowling	17	25/07/2020	Northern Zone Winter Series 1
23 *	7.4h	NWI	7.64	F	---	Ken Elias	34	12/12/2020	Northern Zone Week 12
25	7.5h	NWI	7.74	F	---	Matthew Otten	30	31/10/2020	Northern Zone Week 6
26	7.6h	NWI	7.84	F	---	Michael Gedz	54	17/10/2020	Northern Zone Week 4
27	7.91	+0.0		F	---	Lars Ackland	13	9/01/2021	Illawong High Velocity Meet 3
28	7.99	+0.5		F	---	Choo Huat Tan	46	19/12/2020	AACT Summer Series No 8
29	7.8h	NWI	8.04	F	---	Nenad Protic	39	9/01/2021	Northern Zone Week 13
30 *	7.9h	NWI	8.14	F	---	Caerl Murray	44	25/07/2020	Northern Zone Winter Series 1
30 *	7.9h	NWI	8.14	F	---	Julian Lee	15	12/12/2020	Northern Zone Week 12
32	8.0h	NWI	8.24	F	---	Jamie Terley	41	14/11/2020	Northern Zone Week 8
33	8.2h	NWI	8.44	F	---	Trevor Young	62	3/10/2020	Northern Zone Week 2
34	8.49	+0.8		F	---	Max Holmes	15	9/01/2021	Illawong High Velocity Meet 3
35	8.61	NWI		F	---	Victor Ramondetta	66	13/12/2020	Elzy Wellings 1000 Meet
36 *	8.4h	NWI	8.64	F	---	Tim McGrath	58	3/10/2020	Northern Zone Week 2
36 *	8.4h	NWI	8.64	F	---	Max Holmes	17	15/08/2020	Northern Zone Winter Series 2
38	8.6h	NWI	8.84	F	---	Andrew Williams	49	15/08/2020	Northern Zone Winter Series 2
39	9.00	+0.6		F	---	Kai Zhe Tan	11	24/10/2020	Illawong High Velocity Meet 1
40	9.02	+0.6		F	---	Elijah McMahon	14	24/10/2020	Illawong High Velocity Meet 1
41	9.03	+0.6		F	---	Sam Holmes	12	24/10/2020	Illawong High Velocity Meet 1

42	8.8h	NWI	9.04	F	---	Simon Hewitt	56	17/10/2020	Northern Zone Week 4
43	9.0h	NWI	9.24	F	---	Ronald Ross	61	12/12/2020	Northern Zone Week 12
44	9.1h	NWI	9.34	F	---	Zion McMahon	11	14/11/2020	Northern Zone Week 8
45 *	9.2h	NWI	9.44	F	---	Takeru Terley	12	14/11/2020	Northern Zone Week 8
45 *	9.2h	NWI	9.44	F	---	Zoran Novicic	60	17/10/2020	Northern Zone Week 4
47	9.7h	NWI	9.94	F	---	Kevin Chamberlain	58	3/10/2020	Northern Zone Week 2
48	9.8h	NWI	10.04	F	---	Nicholas Bastas	82	3/10/2020	Northern Zone Week 2
49	10.8h	NWI	11.04	F	---	Hugh Colburn	74	25/07/2020	Northern Zone Winter Series 1
50	10.9h	NWI	11.14	F	---	Doug Barrett	68	3/10/2020	Northern Zone Week 2
51	16.6h	NWI	16.84	F	---	Ron Shoesmith	73	9/01/2021	Northern Zone Week 13

Male 100m Sprint

1	10.24	+1.9	F	---	Christopher Ius	20	28/11/2020	Illawong High Velocity Meet 2
2	10.47	+3.3	F	---	Jordan Sarmiento	24	15/11/2020	Illawarra Blue Stars Interclub
3	10.61	+1.3	F	---	Ismail Dudu Kamara	23	24/10/2020	Illawong High Velocity Meet 1
4	10.70	+2.1	F	---	Hugo Whitehead	21	28/11/2020	Illawong High Velocity Meet 2
5	10.72	+2.8	F	---	Nicholas Bate	25	28/11/2020	Illawong High Velocity Meet 2
6	10.82	+2.5	F	---	Lewis Clabburn	21	16/01/2021	Illawarra Track Challenge
7	10.86	+3.7	F	---	Oscar Pintaric	19	16/01/2021	Illawarra Track Challenge
8 *	10.90	+3.5	F	---	Ashlyn Ndlovu	23	16/01/2021	Illawarra Track Challenge
8 *	10.90	+1.2	F	---	Connor Bond	17	3/12/2020	ACPE NSW All Schools 2020
10 *	10.91	+3.5	F	---	Aaron Jeffery	22	16/01/2021	Illawarra Track Challenge
10 *	10.91	+0.8	F	---	Matthew Wood	23	28/11/2020	Illawong High Velocity Meet 2
12	10.99	+1.5	F	---	Isaac Sharwood	19	16/01/2021	Illawarra Track Challenge
13	11.04	-0.3	M	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
14	11.08	+2.8	F	---	Jack Edwards	26	28/11/2020	Illawong High Velocity Meet 2
15	11.10	+1.7	F	---	Louis Stenmark	22	1/12/2020	Campbelltown Track and Field
16	11.12	+1.3	F	---	Joseph Ayoade	16	3/12/2020	ACPE NSW All Schools 2020
17	11.16	+1.3	F	---	Keegan Bell	19	24/10/2020	Illawong High Velocity Meet 1
18	11.17	+3.8	F	---	Daniel Lloyd Jones	17	15/11/2020	Illawarra Blue Stars Interclub
19 *	11.22	+2.8	F	---	Aidan Jones	15	15/11/2020	Illawarra Blue Stars Interclub
19 *	11.22	+1.5	F	---	Albert Swan	20	28/11/2020	Illawong High Velocity Meet 2
21	11.23	+3.8	F	---	Ashley McMahon	45	15/11/2020	Illawarra Blue Stars Interclub
22	11.24	+0.8	F	---	Ethan Quintana	16	28/11/2020	Illawong High Velocity Meet 2
23	11.28	-0.5	F	---	Thomas Pitts	20	21/11/2020	Sydney Uni Interclub
24 *	11.33	+1.1	P	---	Joseph Dennis	17	3/12/2020	ACPE NSW All Schools 2020
24 *	11.33	+2.6	F	---	Daniel Nolan	27	16/01/2021	Illawarra Track Challenge
26	11.37	+1.1	P	---	Jason Ho	17	3/12/2020	ACPE NSW All Schools 2020
27 *	11.46	+0.0	F	---	Scott Wong	17	17/10/2020	Nepean Interclub 2020
27 *	11.46	+1.3	F	---	Anthony Collum	25	24/10/2020	Illawong High Velocity Meet 1
29	11.51	-0.6	F	---	Dominic Panozzo	17	21/11/2020	Sydney Uni Interclub
30 *	11.61	-1.8	F	---	Koray Kirk	21	21/11/2020	Sydney Uni Interclub
30 *	11.61	+3.5	F	---	Ryan Dowling	41	16/01/2021	Illawarra Track Challenge

32 *	11.63	-1.5		F	---	Corey Furminger	23	17/10/2020	Nepean Interclub 2020
32 *	11.63	+2.0		F	---	Connor Mawer	19	24/10/2020	Illawong High Velocity Meet 1
34	11.6h	NWI	11.84	F	---	Clinton Mcewan	29	5/12/2020	Northern Zone Week 11
35	11.85	-2.0		F	---	Dylan Charlier	16	7/11/2020	Club Championships 2020
36	11.7h	NWI	11.94	F	---	Nicholas Dowling	17	25/07/2020	Northern Zone Winter Series 1
37	11.98	-2.0		F	---	Joel Neasmith	16	7/11/2020	Club Championships 2020
38	12.04	+3.4		F	---	David Thebridge	44	15/11/2020	Illawarra Blue Stars Interclub
39	12.11	+1.6		F	---	Ken Elias	34	1/12/2020	Campbelltown Track and Field
40	11.9h	NWI	12.14	F	---	Ashton Gleeson	15	25/07/2020	Northern Zone Winter Series 1
41	12.14	+1.3		P	---	Lars Ackland	13	3/12/2020	ACPE NSW All Schools 2020
42	12.19	-0.7		F	---	Zeth Söderlund	23	17/10/2020	Nepean Interclub 2020
43 *	12.1h	NWI	12.34	F	---	David Turner	44	5/12/2020	Northern Zone Week 11
43 *	12.1h	NWI	12.34	F	---	Matthew Otten	30	5/12/2020	Northern Zone Week 11
45	12.36	+2.5		F	---	Choo Huat Tan	46	16/01/2021	Illawarra Track Challenge
46	12.2h	NWI	12.44	F	---	Nenad Protic	39	5/12/2020	Northern Zone Week 11
47	12.46	+1.3		P	---	Julian Lee	15	3/12/2020	ACPE NSW All Schools 2020
48	12.3h	NWI	12.54	F	---	Joey Ryu	21	25/07/2020	Northern Zone Winter Series 1
49	12.54	+2.2		F	---	Andres Hampel	12	9/01/2021	Hunter Pure Performance Track Challenge
50	12.6h	NWI	12.84	F	---	Caerl Murray	45	26/09/2020	Northern Zone Week 1
51	13.22	+0.6		P	---	Max Holmes	17	3/12/2020	ACPE NSW All Schools 2020
52	13.24	+2.5		F	---	Max Holmes	15	16/01/2021	Illawarra Track Challenge
53	13.1h	NWI	13.34	F	---	Trevor Young	62	10/10/2020	Northern Zone Week 3
54	13.72	+2.2		F	---	Jimmy Thebridge	11	15/11/2020	Illawarra Blue Stars Interclub
55	13.7h	NWI	13.94	F	---	Tim McGrath	57	26/09/2020	Northern Zone Week 1
56	14.07	-0.6		F	---	Matthew Hunt	13	7/11/2020	Club Championships 2020
57	14.08	+1.6		F	---	Kai Zhe Tan	11	16/01/2021	Illawarra Track Challenge
58	14.12	+1.6		F	---	Sam Holmes	12	16/01/2021	Illawarra Track Challenge
59	14.35	+1.6		F	---	Elijah McMahon	15	16/01/2021	Illawarra Track Challenge
60	14.4h	NWI	14.64	F	---	Ronald Ross	61	16/01/2021	Northern Zone Week 14
61	14.73	-0.5		F	---	Ashton Briffa	11	17/10/2020	Nepean Interclub 2020
62	15.1h	NWI	15.34	F	---	Kevin Chamberlain	58	24/10/2020	Northern Zone Week 5
63	15.50	+1.6		F	---	Zion McMahon	11	16/01/2021	Illawarra Track Challenge
64	15.6h	NWI	15.84	F	---	Zoran Novicic	60	26/09/2020	Northern Zone Week 1
65	16.4h	NWI	16.64	F	---	David Donnelley	77	16/01/2021	Northern Zone Week 14
66	16.7h	NWI	16.94	F	---	Nicholas Bastas	82	26/09/2020	Northern Zone Week 1
67	18.3h	NWI	18.54	F	---	Doug Barrett	68	5/12/2020	Northern Zone Week 11
68	26.9h	NWI	27.14	F	---	Ron Shoesmith	73	26/09/2020	Northern Zone Week 1

Male 150m Sprint

1	16.20	NWI		F	---	Louis Stenmark	22	13/12/2020	Elzy Wellings 1000 Meet
2	17.0h	NWI	17.24	F	---	Joseph Dennis	16	15/08/2020	Northern Zone Winter Series 2
3	17.5h	NWI	17.74	F	---	Dylan Charlier	16	15/08/2020	Northern Zone Winter Series 2
4	17.7h	NWI	17.94	F	---	Ashley McMahon	44	15/08/2020	Northern Zone Winter Series 2

5	18.0h	NWI	18.24	F	---	Ashton Gleeson	15	15/08/2020	Northern Zone Winter Series 2
6	18.7h	NWI	18.94	F	---	David Turner	44	15/08/2020	Northern Zone Winter Series 2
7	20.65	NWI		F	---	Victor Ramondetta	66	13/12/2020	Elzy Wellings 1000 Meet
8	20.5h	NWI	20.74	F	---	Caerl Murray	45	15/08/2020	Northern Zone Winter Series 2
9	22.4h	NWI	22.64	F	---	Elijah McMahon	14	15/08/2020	Northern Zone Winter Series 2
10	22.5h	NWI	22.74	F	---	Sam Holmes	12	15/08/2020	Northern Zone Winter Series 2
11	24.3h	NWI	24.54	F	---	Trevor Young	62	15/08/2020	Northern Zone Winter Series 2
12	26.8h	NWI	27.04	F	---	Nicholas Bastas	82	15/08/2020	Northern Zone Winter Series 2
13	50.2h	NWI	50.44	F	---	Ron Shoesmith	72	15/08/2020	Northern Zone Winter Series 2

Male 200m Sprint

1	20.97	-0.8	F	---	Asim Abdouli	28	12/12/2020	Campbelltown Interclub
2	21.12	+3.3	F	---	Jordan Sarmiento	24	15/11/2020	Illawarra Blue Stars Interclub
3	21.23	+3.3	F	---	Anthony Gale	20	15/11/2020	Illawarra Blue Stars Interclub
4	21.38	+0.6	F	---	Hugo Whitehead	21	28/11/2020	Illawong High Velocity Meet 2
5	21.56	-0.2	F	---	Christopher Ius	20	17/10/2020	Nepean Interclub 2020
6	21.68	+0.0	F	---	Mark Fokas	19	12/12/2020	Campbelltown Interclub
7	21.87	+0.3	F	---	Connor Bond	17	3/12/2020	ACPE NSW All Schools 2020
8	21.88	+1.2	F	---	Ismail Dudu Kamara	23	24/10/2020	Illawong High Velocity Meet 1
9	21.91	+0.6	F	---	Nicholas Bate	25	28/11/2020	Illawong High Velocity Meet 2
10	21.97	+0.0	F	---	Louis Stenmark	22	12/12/2020	Campbelltown Interclub
11	22.05	+2.9	F	---	Matthew Wood	23	15/11/2020	Illawarra Blue Stars Interclub
12	22.24	+1.1	F	---	Keegan Bell	19	24/10/2020	Illawong High Velocity Meet 1
13	22.28	-0.1	F	---	Ethan Quintana	16	3/12/2020	ACPE NSW All Schools 2020
14	22.33	+1.9	F	---	Matthew Crowe	23	12/12/2020	Campbelltown Interclub
15	22.37	+2.9	F	---	Michael Konomanyi	24	15/11/2020	Illawarra Blue Stars Interclub
16	22.48	+0.8	F	---	Isaac Sharwood	19	28/11/2020	Illawong High Velocity Meet 2
17	22.49	+1.4	P	---	Joseph Dennis	17	3/12/2020	ACPE NSW All Schools 2020
18	22.52	-0.2	F	---	Aaron Jeffery	22	12/12/2020	Campbelltown Interclub
19	22.54	-0.1	F	---	Jack McFadden	18	17/10/2020	Nepean Interclub 2020
20	22.59	+1.8	F	---	Thomas Hunt	19	9/01/2021	Hunter Pure Performance Track Challenge
21	22.63	NWI	F	---	Ashlyn Ndlovu	22	12/12/2020	Hunter Summer Series 3
22	22.67	-0.5	F	---	Jack Edwards	26	17/10/2020	Nepean Interclub 2020
23	22.76	-0.2	F	---	Daniel Nolan	27	19/12/2020	AACT Summer Series No 8
24	22.87	+1.4	P	---	Scott Wong	17	3/12/2020	ACPE NSW All Schools 2020
25	23.02	-0.1	F	---	Daniel Lloyd Jones	17	19/12/2020	Albie Thomas Mile
26	23.04	+0.0	F	---	Corey Furminger	23	17/10/2020	Nepean Interclub 2020
27	23.11	+2.4	F	---	Connor Mawer	19	15/11/2020	Illawarra Blue Stars Interclub
28	23.24	+0.0	F	---	Dominic Panozzo	17	17/10/2020	Nepean Interclub 2020
29	23.31	NWI	F	---	Ryan Dowling	41	31/10/2020	Mingara Summer Track Program
30	23.37	+0.0	F	---	Taboka Tshuma	20	9/01/2021	Illawong High Velocity Meet 3
31	23.55	+0.0	F	---	Dylan Charlier	16	17/10/2020	Nepean Interclub 2020
32	23.59	-1.9	P	---	Aidan Jones	15	3/12/2020	ACPE NSW All Schools 2020

33	23.84	+0.0		F	---	Anthony Collum	25	17/10/2020	Nepean Interclub 2020
34	23.86	-0.1		F	---	Ashley McMahon	45	17/10/2020	Nepean Interclub 2020
35	24.0h	NWI	24.24	F	---	Ashton Gleeson	15	12/12/2020	Northern Zone Week 12
36 *	24.60	NWI		F	---	Zeth Söderlund	23	17/10/2020	Nepean Interclub 2020
36 *	24.60	NWI		F	---	Jason Ho	16	17/10/2020	Nepean Interclub 2020
38	24.4h	NWI	24.64	F	---	Max Milani	15	14/11/2020	Northern Zone Week 8
39	24.83	-0.7		P	---	Lars Ackland	13	3/12/2020	ACPE NSW All Schools 2020
40	24.95	-0.7		F	---	James Hunt	17	17/10/2020	Nepean Interclub 2020
41	25.0h	NWI	25.24	F	---	Nicholas Dowling	17	9/01/2021	Northern Zone Week 13
42	25.1h	NWI	25.34	F	---	Ken Elias	34	12/12/2020	Northern Zone Week 12
43	25.2h	NWI	25.44	F	---	Matthew Otten	30	12/12/2020	Northern Zone Week 12
44	25.45	-0.5		F	---	Choo Huat Tan	46	19/12/2020	AACT Summer Series No 8
45	25.87	-0.5		F	---	David Turner	44	19/12/2020	AACT Summer Series No 8
46	26.33	+1.5		F	---	Andres Hampel	12	9/01/2021	Hunter Pure Performance Track Challenge
47	26.2h	NWI	26.44	F	---	Michael Gedz	54	14/11/2020	Northern Zone Week 8
48	26.3h	NWI	26.54	F	---	Julian Lee	15	12/12/2020	Northern Zone Week 12
49	26.7h	NWI	26.94	F	---	Trevor Young	62	3/10/2020	Northern Zone Week 2
50	26.9h	NWI	27.14	F	---	Nenad Protic	39	9/01/2021	Northern Zone Week 13
51	27.41	-2.2		F	---	Matthew Hunt	14	12/12/2020	Campbelltown Interclub
52	28.0h	NWI	28.24	F	---	Caerl Murray	45	31/10/2020	Northern Zone Week 6
53	28.37	+2.2		F	---	Jimmy Thebridge	11	15/11/2020	Illawarra Blue Stars Interclub
54	31.3h	NWI	31.54	F	---	Elijah McMahon	14	31/10/2020	Northern Zone Week 6
55	31.56	+1.5		F	---	Oskar Berglund	11	9/01/2021	Hunter Pure Performance Track Challenge
56	32.3h	NWI	32.54	F	---	Kai Zhe Tan	11	31/10/2020	Northern Zone Week 6
57	33.2h	NWI	33.44	F	---	Zion McMahon	11	12/12/2020	Northern Zone Week 12
58 *	37.6h	NWI	37.84	F	---	Doug Barrett	68	9/01/2021	Northern Zone Week 13
58 *	37.6h	NWI	37.84	F	---	Nicholas Bastas	82	9/01/2021	Northern Zone Week 13
60	47.9h	NWI	48.14	F	---	Zak Evans	11	31/10/2020	Northern Zone Week 6

Male 300m Sprint

1	34.90		F	---	Jackson Collett	23	26/07/2020	Bankstown Winter Distance
2	34.96		F	---	Ben Carter	20	1/12/2020	Campbelltown Track and Field
3	35.50		F	---	Thomas Hunt	18	26/07/2020	Bankstown Winter Distance
4	37.12		F	---	Ashley McMahon	45	13/12/2020	Elzy Wellings 1000 Meet
5	45.06		F	---	Caerl Murray	45	13/12/2020	Elzy Wellings 1000 Meet
6	45.51		F	---	Victor Ramondetta	66	13/12/2020	Elzy Wellings 1000 Meet

Male 400m Sprint

1	47.45		F	---	Keegan Bell	19	19/12/2020	Albie Thomas Mile
2	47.98		F	---	Mason Cohen	24	16/01/2021	Illawarra Track Challenge
3	48.43		F	---	Matthew Crowe	23	9/01/2021	Hunter Pure Performance Track Challenge
4	48.66		F	---	Jordan Sarmiento	24	7/11/2020	Club Championships 2020
5	48.93		F	---	Thomas Hunt	19	9/01/2021	Hunter Pure Performance Track Challenge
6	49.10		F	---	Dominic Panozzo	17	21/11/2020	Sydney Uni Interclub

7	49.74		F	---	Mark Fokas	19	9/01/2021	Hunter Pure Performance Track Challenge
8	49.81		F	---	Thomas Glascott	20	7/11/2020	Club Championships 2020
9	49.96		M	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
10	49.98		F	---	Corey Furminger	24	16/01/2021	Illawarra Track Challenge
11	50.31		F	---	Oscar Pintaric	19	19/12/2020	Albie Thomas Mile
12	50.72		F	---	Aaron Jeffery	22	21/11/2020	Sydney Uni Interclub
13	51.32		F	---	Joseph Dennis	17	21/11/2020	Sydney Uni Interclub
14	51.78		F	---	Dylan Charlier	16	3/12/2020	ACPE NSW All Schools 2020
15	52.24		F	---	Ryan Dowling	41	21/11/2020	Sydney Uni Interclub
16	52.44		F	---	Ashley McMahon	45	19/12/2020	Albie Thomas Mile
17	53.85		F	---	Zeth Söderlund	23	16/01/2021	Illawarra Track Challenge
18	53.86		P	---	Ashton Gleeson	15	3/12/2020	ACPE NSW All Schools 2020
19	54.56		F	---	James Hunt	17	31/10/2020	Sutherland Inteclub
20	55.65		F	---	Riley Sloan	21	19/12/2020	AACT Summer Series No 8
21	56.33		F	---	Choo Huat Tan	46	16/01/2021	Illawarra Track Challenge
22	57.55		F	---	Ken Elias	34	19/12/2020	Albie Thomas Mile
23	58.5h	58.64	F	---	Anthony Collum	24	10/10/2020	Northern Zone Week 3
24	58.89		F	---	Trevor Young	62	7/11/2020	Club Championships 2020
25	1:00.0h	1:00.14	F	---	Nenad Protic	39	5/12/2020	Northern Zone Week 11
26	1:01.42		F	---	Matthew Hunt	13	31/10/2020	Sutherland Inteclub
27	1:03.5h	1:03.64	F	---	Antony Guest	55	21/11/2020	Northern Zone Week 9
28	1:06.6h	1:06.74	F	---	Brad Sharpe	59	26/09/2020	Northern Zone Week 1
29	1:07.4h	1:07.54	F	---	Andy West	53	5/12/2020	Northern Zone Week 11
30	1:08.6h	1:08.74	F	---	Ronald Ross	61	16/01/2021	Northern Zone Week 14
31	1:09.5h	1:09.64	F	---	Nathan Shute	47	16/01/2021	Northern Zone Week 14
32	1:12.7h	1:12.84	F	---	Kevin Chamberlain	58	24/10/2020	Northern Zone Week 5
33	1:14.4h	1:14.54	F	---	Sam Holmes	12	15/08/2020	Northern Zone Winter Series 2
34	1:19.5h	1:19.64	F	---	Doug Barrett	68	5/12/2020	Northern Zone Week 11
35	1:30.9h	1:31.04	F	---	David Donnelley	77	16/01/2021	Northern Zone Week 14
36	3:01.4h	3:01.54	F	---	Ron Shoesmith	73	16/01/2021	Northern Zone Week 14

Male 500m Run

1	1:02.63		F	---	Louis Stenmark	22	1/12/2020	Campbelltown Track and Field
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Male 800m Run

1	1:50.37		F	---	Mason Cohen	24	19/12/2020	Albie Thomas Mile
2	1:50.69		F	---	Taylor John	23	19/12/2020	Albie Thomas Mile
3	1:54.22		F	---	Corey Furminger	24	21/11/2020	Sydney Uni Interclub
4	1:55.29		F	---	Benjamin Thomson	23	21/11/2020	Sydney Uni Interclub
5	1:57.56		F	---	Zachary Johnson	20	24/10/2020	Bankstown Interclub & 10,000m Championships
6	2:01.66		F	---	Thomas Hunt	19	24/10/2020	Bankstown Interclub & 10,000m Championships
7	2:04.23		F	---	Zeth Söderlund	23	21/11/2020	Sydney Uni Interclub
8	2:08.11		F	---	Kalan McEvoy	17	21/11/2020	Sydney Uni Interclub
9	2:24.3h	2:24.30	F	---	Choo Huat Tan	46	31/10/2020	Northern Zone Week 6

10	2:24.4h	2:24.40	F	---	Paul Trainor	55	12/12/2020	Northern Zone Week 12
11	2:29.1h	2:29.10	F	---	Brad Sharpe	59	12/12/2020	Northern Zone Week 12
12	2:30.0h	2:30.00	F	---	Trevor Young	62	12/12/2020	Northern Zone Week 12
13	2:33.3h	2:33.30	F	---	Nathan Shute	47	9/01/2021	Northern Zone Week 13
14	2:35.3h	2:35.30	F	---	Charlie Roughan	14	9/01/2021	Northern Zone Week 13
15	2:38.3h	2:38.30	F	---	Kevin Chamberlain	58	17/10/2020	Northern Zone Week 4
16	2:41.4h	2:41.40	F	---	Andrew Williams	49	15/08/2020	Northern Zone Winter Series 2
17	2:42.8h	2:42.80	F	---	Andy West	53	15/08/2020	Northern Zone Winter Series 2
18	2:43.7h	2:43.70	F	---	Ronald Ross	61	12/12/2020	Northern Zone Week 12
19	2:50.1h	2:50.10	F	---	Norman Holmes	55	9/01/2021	Northern Zone Week 13
20	2:57.7h	2:57.70	F	---	Doug Barrett	68	12/12/2020	Northern Zone Week 12
21	2:58.3h	2:58.30	F	---	Darren Motum	52	9/01/2021	Northern Zone Week 13
22	3:13.5h	3:13.50	F	---	Tim McGrath	58	14/11/2020	Northern Zone Week 8
23	3:15.4h	3:15.40	F	---	Stephen Ball	67	12/12/2020	Northern Zone Week 12

Male 1500m Run

1	3:58.25		F	---	Taylor John	23	7/11/2020	Club Championships 2020
2	4:02.10		F	---	Max Mahon	20	7/11/2020	Club Championships 2020
3	4:03.55		F	---	Benjamin Thomson	23	7/11/2020	Club Championships 2020
4	4:07.35		F	---	Leo Peterson	29	7/11/2020	Club Championships 2020
5	4:17.16		F	---	Kalan McEvoy	17	7/11/2020	Club Championships 2020
6	4:24.41		F	---	Ethan McKenzie	15	31/10/2020	Sutherland Intecub
7	4:25.26		F	---	William Coleman	17	7/11/2020	Club Championships 2020
8	4:28.41		F	---	Matt North	17	7/11/2020	Club Championships 2020
9	4:35.12		P	---	Jacob Magner	14	3/12/2020	ACPE NSW All Schools 2020
10	4:48.83		F	---	Paul Trainor	55	7/11/2020	Club Championships 2020
11	5:07.51		M	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
12	5:12.80		F	---	Brad Sharpe	59	7/11/2020	Club Championships 2020
13	5:21.7h	5:21.70	F	---	Nathan Shute	47	16/01/2021	Northern Zone Week 14
14	5:27.3h	5:27.30	F	---	Kevin Chamberlain	58	21/11/2020	Northern Zone Week 9
15	6:01.1h	6:01.10	F	---	Darren Motum	52	16/01/2021	Northern Zone Week 14
16	6:06.9h	6:06.90	F	---	Norman Holmes	55	5/12/2020	Northern Zone Week 11
17	6:08.0h	6:08.00	F	---	Doug Barrett	68	5/12/2020	Northern Zone Week 11
18	6:18.7h	6:18.70	F	---	Trevor Young	62	24/10/2020	Northern Zone Week 5
19	6:23.2h	6:23.20	F	---	Zoran Novicic	60	26/09/2020	Northern Zone Week 1
20	16:10.9h	16:10.90	F	---	Ron Shoesmith	73	16/01/2021	Northern Zone Week 14

Male 3000m Run

1	8:17.50	2:45.83	F	---	Max Mahon	20	21/11/2020	NSW 3000m Championships
2	8:18.39	2:46.13	F	---	Josh Ferris	19	21/11/2020	NSW 3000m Championships
3	8:29.57	2:49.86	F	---	Kieran Gorman	18	21/11/2020	NSW 3000m Championships
4	8:34.34	2:51.45	F	---	Mitchell Westhuizen	18	21/11/2020	NSW 3000m Championships
5	8:35.36	2:51.79	F	---	Zachary Johnson	20	21/11/2020	NSW 3000m Championships
6	8:37.94	2:52.65	F	---	Leo Peterson	29	21/11/2020	NSW 3000m Championships

7	8:55.64	2:58.55	F	---	Will Keir	21	21/11/2020	NSW 3000m Championships
8	8:57.98	2:59.33	F	---	Simon Magner	16	21/11/2020	NSW 3000m Championships
9	9:13.42	3:04.47	F	---	Ethan McKenzie	15	21/11/2020	NSW 3000m Championships
10	9:18.90	3:06.30	F	---	William Coleman	17	21/11/2020	NSW 3000m Championships
11	9:20.03	3:06.68	F	---	Matt North	17	21/11/2020	NSW 3000m Championships
12	10:17.08	3:25.69	F	---	Paul Trainor	55	21/11/2020	NSW 3000m Championships
13	11:56.8h	3:58.93	F	---	Brad Sharpe	59	31/10/2020	Northern Zone Week 6
14	12:11.2h	4:03.73	F	---	Nathan Shute	47	12/12/2020	Northern Zone Week 12
15	12:37.4h	4:12.47	F	---	Antony Guest	55	14/11/2020	Northern Zone Week 8
16	15:19.8h	5:06.60	F	---	Doug Barrett	68	3/10/2020	Northern Zone Week 2
17	15:33.2h	5:11.07	F	---	Brodie Dixon	43	17/10/2020	Northern Zone Week 4
18	16:51.8h	5:37.27	F	---	Trevor Young	62	3/10/2020	Northern Zone Week 2

Male 5000m Run

1	14:13.30	2:50.66	F	---	Edward Goddard	22	26/07/2020	Bankstown Winter Distance
2	14:50.70	2:58.14	F	---	Will Atkinson	21	26/07/2020	Bankstown Winter Distance
3	14:57.20	2:59.44	F	---	Max Mahon	19	26/07/2020	Bankstown Winter Distance
4	16:22.80	3:16.56	F	---	Ethan McKenzie	14	26/07/2020	Bankstown Winter Distance
5	16:33.20	3:18.64	F	---	Simon Magner	16	26/07/2020	Bankstown Winter Distance
6	17:23.30	3:28.66	F	---	Jacob Magner	14	26/07/2020	Bankstown Winter Distance

Male 10000m Run

1	28:45.84	2:52.58	F	---	Edward Goddard	23	24/10/2020	Bankstown Interclub & 10,000m Championships
2	30:36.67	3:03.67	F	---	Charlie Doherty	21	24/10/2020	Bankstown Interclub & 10,000m Championships
3	30:50.96	3:05.10	F	---	Leo Peterson	29	24/10/2020	Bankstown Interclub & 10,000m Championships
4	34:13.21	3:25.32	F	---	Cooper Phillips	12	24/10/2020	Bankstown Interclub & 10,000m Championships
5	34:22.42	3:26.24	F	---	Nick Walker	34	24/10/2020	Bankstown Interclub & 10,000m Championships

Male 1 Mile Run

1	4:17.47		F	---	Leo Peterson	29	19/12/2020	Albie Thomas Mile
2	4:40.84		F	---	Matt North	17	19/12/2020	Albie Thomas Mile
3	5:07.09		F	---	Paul Trainor	55	19/12/2020	Albie Thomas Mile
4	5:35.83		F	---	Nathan Shute	47	19/12/2020	Albie Thomas Mile
5	5:39.29		F	---	Brad Sharpe	59	16/01/2021	Illawarra Track Challenge

Male 1500m Walk

1	9:41.5h	9:41.50	F	---	Jim Seymon	83	31/10/2020	Northern Zone Week 6
2	10:07.1h	10:07.10	F	---	Doug Barrett	68	9/01/2021	Northern Zone Week 13
3	14:17.5h	14:17.50	F	---	Ron Shoesmith	73	9/01/2021	Northern Zone Week 13

Male 3000m Walk

1	20:03.7h	20:03.70	F	---	Jim Seymon	83	5/12/2020	Northern Zone Week 11
2	20:38.0h	20:38.00	F	---	Doug Barrett	67	26/09/2020	Northern Zone Week 1

Male 80m Hurdles 0.762m

1	13.61	+2.1	F	---	Dominic Lee	12	3/12/2020	ACPE NSW All Schools 2020
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Male 100m Hurdles 0.840m

1	13.51	+1.9	F	---	Max Milani	15	3/12/2020	ACPE NSW All Schools 2020
2	15.24	+2.1	P	---	Julian Lee	15	3/12/2020	ACPE NSW All Schools 2020
3	15.43	NWI	F	---	Daniel White	14	14/11/2020	Hunter Summer Series 2

Male 110m Hurdles 0.914m

1	14.59	+3.0	F	---	Joel Neasmith	16	3/12/2020	ACPE NSW All Schools 2020
2	18.76	+1.2	P	---	Luke Fisher	16	3/12/2020	ACPE NSW All Schools 2020

Male 110m Hurdles 1.067m

1	14.60	+1.6	M	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
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Male 200m Hurdles 0.762m

1	26.33	+0.3	F	---	Max Milani	15	3/12/2020	ACPE NSW All Schools 2020
2	29.65	+1.8	P	---	Matthew Hunt	14	3/12/2020	ACPE NSW All Schools 2020
3	30.70	+0.9	P	---	Julian Lee	15	3/12/2020	ACPE NSW All Schools 2020
4	35.24	+1.6	P	---	Elijah McMahon	15	3/12/2020	ACPE NSW All Schools 2020

Male 400m Hurdles 0.840m

1	53.06		F	---	Dominic Panozzo	17	3/12/2020	ACPE NSW All Schools 2020
2	56.56		F	---	Dylan Charlier	16	17/10/2020	Nepean Interclub 2020
3	58.75		F	---	James Hunt	17	3/12/2020	ACPE NSW All Schools 2020
4	1:00.29		F	---	Ashton Gleeson	15	3/12/2020	ACPE NSW All Schools 2020

Male 400m Hurdles 0.914m

1	52.71		F	---	Matthew Crowe	23	17/10/2020	Nepean Interclub 2020
2	54.03		F	---	Thomas Hunt	19	17/10/2020	Nepean Interclub 2020

Male 2000m StplCh 0.762m

1	8:08.60		F	---	Brad Sharpe	59	24/10/2020	Bankstown Interclub & 10,000m Championships
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Male High Jump

1	2.08m		F	---	Darcy Holmes	16	21/11/2020	Sydney Uni Interclub
2	2.00m		F	---	Alec Diamond	23	28/11/2020	Illawong High Velocity Meet 2
3	1.68m		F	---	Cadel Holmes	12	3/12/2020	ACPE NSW All Schools 2020
4 *	1.50m		F	---	Ashley McMahon	45	26/09/2020	Northern Zone Week 1
4 *	1.50m		F	---	Nenad Protic	39	5/12/2020	Northern Zone Week 11
6	1.40m		F	---	Ken Elias	34	5/12/2020	Northern Zone Week 11
7	1.25m		F	---	Tim McGrath	57	26/09/2020	Northern Zone Week 1
8 *	1.20m		F	---	Zak Evans	11	7/11/2020	Northern Zone Week 7
8 *	1.20m		F	---	Matthew Otten	30	5/12/2020	Northern Zone Week 11
10 *	1.15m		F	---	Sam Holmes	12	15/08/2020	Northern Zone Winter Series 2
10 *	1.15m		F	---	Zoran Novicic	60	26/09/2020	Northern Zone Week 1
12	1.10m		F	---	Zion McMahon	11	15/08/2020	Northern Zone Winter Series 2

Male Pole Vault

1	4.60m		M	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
2	4.40m		F	---	Nickoli Simmons	19	19/12/2020	Albie Thomas Mile
3	2.80m		F	---	Tim McGrath	58	24/10/2020	Bankstown Interclub & 10,000m Championships
4	1.80m		F	---	Daniel White	14	3/12/2020	ACPE NSW All Schools 2020

Male Long Jump

1	7.60m	+1.4	F	---	William Freyer	21	16/01/2021	Illawarra Track Challenge
2	7.57m	+0.0	M	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
3	7.17m	+1.6	F	---	Thomas Pitts	20	9/01/2021	Hunter Pure Performance Track Challenge
4	6.74m	+0.3	F	---	Connor Bond	17	21/11/2020	Sydney Uni Interclub
5	6.40m	+2.2	F	---	Joel Neasmith	16	7/11/2020	Club Championships 2020
6	5.81m	-0.3	F	---	Joey Ryu	21	17/10/2020	Nepean Interclub 2020
7	5.46m		F	---	Matthew Otten	30	5/12/2020	Northern Zone Week 11
8	5.36m	+0.0	F	---	Ashley McMahon	45	7/11/2020	Club Championships 2020
9	5.31m	+1.5	F	---	Nicholas Dowling	17	7/11/2020	Club Championships 2020
10	5.26m		F	---	Daniel White	14	15/08/2020	Northern Zone Winter Series 2
11	5.12m	+0.0	F	---	Isaac Sharwood	18	7/11/2020	Club Championships 2020
12	5.02m	+0.2	F	---	Cadel Holmes	12	3/12/2020	ACPE NSW All Schools 2020
13	5.00m		F	---	Nenad Protic	39	5/12/2020	Northern Zone Week 11
14	4.86m	+0.3	F	---	Jamie Terley	41	7/11/2020	Club Championships 2020
15	4.79m	+0.9	F	---	Tim McGrath	58	21/11/2020	Sydney Uni Interclub
16	4.49m	+4.7	F	---	Kai Zhe Tan	11	7/11/2020	Club Championships 2020
17	4.23m		F	---	Ken Elias	34	21/11/2020	Northern Zone Week 9
18	3.66m		F	---	Zoran Novicic	60	26/09/2020	Northern Zone Week 1
19	3.60m		F	---	Nicholas Bastas	82	21/11/2020	Northern Zone Week 9
20	3.19m	+0.0	F	---	Warren Jones	40	17/10/2020	Nepean Interclub 2020
21	3.05m		F	---	Doug Barrett	68	5/12/2020	Northern Zone Week 11
22	2.95m		F	---	Andrew Wilson	57	10/10/2020	Northern Zone Week 3

Male Triple Jump

1	11.18m		F	---	Matthew Otten	30	31/10/2020	Northern Zone Week 6
2	11.01m		F	---	Nenad Protic	39	9/01/2021	Northern Zone Week 13
3	9.97m	+2.4	F	---	Cadel Holmes	12	3/12/2020	ACPE NSW All Schools 2020
4	9.78m	+3.4	F	---	Jimmy Thebridge	11	15/11/2020	Illawarra Blue Stars Interclub
5	8.24m		F	---	Zoran Novicic	60	17/10/2020	Northern Zone Week 4
6	7.74m		F	---	Nicholas Bastas	82	14/11/2020	Northern Zone Week 8
7	7.10m		F	---	Doug Barrett	68	12/12/2020	Northern Zone Week 12

Male Shot Put 2kg

1	9.83m		F	---	Zak Evans	11	7/11/2020	Northern Zone Week 7
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Male Shot Put 3kg

1	8.25m		F	---	Nicholas Bastas	82	3/10/2020	Northern Zone Week 2
2	7.98m		F	---	Sam Holmes	12	3/12/2020	ACPE NSW All Schools 2020

Male Shot Put 4kg

1	10.12m		F	---	Daniel White	14	25/07/2020	Northern Zone Winter Series 1
2	9.15m		F	---	Robert Archer	74	1/11/2020	NSWMA Indoors Throws Championships
3	7.50m		F	---	Max Holmes	17	15/08/2020	Northern Zone Winter Series 2
4	4.47m		F	---	Robert Jones	70	5/12/2020	Northern Zone Week 11

Male Shot Put 5kg

1	14.90m	F	---	Maxi Zihlmann	16	3/12/2020	ACPE NSW All Schools 2020
2	9.72m	F	---	Joseph Dennis	17	7/11/2020	Club Championships 2020
3	9.29m	F	---	James Hunt	17	7/11/2020	Club Championships 2020
4	8.15m	F	---	Ashton Gleeson	15	7/11/2020	Club Championships 2020
5	7.75m	F	---	Zoran Novicic	60	17/10/2020	Northern Zone Week 4
6	6.96m	F	---	Doug Barrett	68	9/01/2021	Northern Zone Week 13

Male Shot Put 6kg

1	10.92m	F	---	Tim McGrath	58	17/10/2020	Northern Zone Week 4
2	9.05m	F	---	Andrew Wilson	57	10/10/2020	Northern Zone Week 3
3	8.87m	F	---	Mark Fokas	19	31/10/2020	Sutherland Inteclub
4	6.08m	F	---	Darren Motum	52	16/01/2021	Northern Zone Week 14

Male Shot Put 7.26kg

1	14.77m	F	---	Lachlan Antoinette	20	14/11/2020	Northern Zone Week 8
2	14.57m	F	---	Alec Diamond	23	26/09/2020	Northern Zone Week 1
3	12.16m	F	---	Clinton Mcewan	29	7/11/2020	Club Championships 2020
4	10.03m	F	---	Ryan Dowling	41	7/11/2020	Club Championships 2020
5	9.72m	F	---	Tim Heyes	22	7/11/2020	Club Championships 2020
6	9.00m	F	---	Jamie Terley	41	10/10/2020	Northern Zone Week 3
7	8.61m	F	---	Warren Jones	40	31/10/2020	Sutherland Inteclub
8	8.11m	F	---	Caerl Murray	45	10/10/2020	Northern Zone Week 3

Male Discus

1	35.13m	F	---	Daniel White	14	14/11/2020	Hunter Summer Series 2
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Male Discus 1.5kg

1	41.86m	F	---	Stuart Downie	17	3/12/2020	ACPE NSW All Schools 2020
2	35.55m	F	---	Tim McGrath	58	17/10/2020	Northern Zone Week 4
3	25.96m	F	---	Brad Sharpe	59	15/08/2020	Northern Zone Winter Series 2
4	24.09m	F	---	Andrew Wilson	57	14/11/2020	Northern Zone Week 8

Male Discus 1.75kg

1	43.25m	F	---	John Hunter	18	21/11/2020	Sydney Uni Interclub
2	40.80m	F	---	William Guthrie	17	3/12/2020	ACPE NSW All Schools 2020

Male Discus 1kg

1	42.81m	F	---	Daniel White	14	15/08/2020	Northern Zone Winter Series 2
2	29.15m	F	---	Zoran Novicic	60	17/10/2020	Northern Zone Week 4
3	28.60m	F	---	Doug Barrett	68	31/10/2020	Northern Zone Week 6
4	26.95m	F	---	Max Holmes	17	15/08/2020	Northern Zone Winter Series 2
5	26.49m	F	---	Max Holmes	15	3/12/2020	ACPE NSW All Schools 2020
6	24.21m	F	---	Peter Douglas	66	14/11/2020	Northern Zone Week 8
7	20.95m	F	---	Ross Douglas	66	3/10/2020	Northern Zone Week 2
8	20.76m	F	---	Nicholas Bastas	82	28/11/2020	Northern Zone Week 10

Male Discus 2kg

1	45.31m	F	---	John Hunter	18	17/10/2020	Northern Zone Week 4
2	44.43m	M	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
3	25.31m	F	---	Jamie Terley	41	14/11/2020	Northern Zone Week 8
4	24.89m	F	---	Warren Jones	40	21/11/2020	Sydney Uni Interclub
Male Discus 750g							
1	28.02m	F	---	Zak Evans	11	31/10/2020	Northern Zone Week 6
2	21.68m	F	---	Sam Holmes	12	3/12/2020	ACPE NSW All Schools 2020
3	15.46m	F	---	Takeru Terley	12	14/11/2020	Northern Zone Week 8
Male Hammer 3kg							
1	36.26m	F	---	Jaiden Yu	13	3/12/2020	ACPE NSW All Schools 2020
Male Hammer 4kg							
1	17.35m	F	---	Max Holmes	15	16/01/2021	Illawarra Track Challenge
2	15.92m	F	---	Sam Holmes	12	16/01/2021	Illawarra Track Challenge
3	13.13m	F	---	Robert Jones	70	16/01/2021	Illawarra Track Challenge
Male Hammer 5kg							
1	41.14m	F	---	Stuart Downie	17	3/12/2020	ACPE NSW All Schools 2020
2	18.90m	F	---	Zoran Novicic	60	7/11/2020	Northern Zone Week 7
3	11.19m	F	---	Sam Holmes	12	16/01/2021	Illawarra Track Challenge
Male Hammer 6kg							
1	45.56m	F	---	John Hunter	18	10/10/2020	Northern Zone Week 3
2	43.03m	F	---	William Guthrie	17	3/12/2020	ACPE NSW All Schools 2020
3	20.34m	F	---	Andrew Wilson	58	16/01/2021	Northern Zone Week 14
Male Hammer 7.26kg							
1	65.03m	F	---	Tim Heyes	22	17/10/2020	Nepean Interclub 2020
2	63.88m	F	---	William Brown	23	25/07/2020	Northern Zone Winter Series 1
3	38.86m	F	---	Warren Jones	40	16/01/2021	Illawarra Track Challenge
4	37.45m	F	---	Ellington Steanes	22	25/07/2020	Northern Zone Winter Series 1
Male Javelin 400g							
1	22.95m	F	---	Nicholas Bastas	82	12/12/2020	Northern Zone Week 12
2	22.37m	F	---	Zak Evans	11	7/11/2020	Northern Zone Week 7
Male Javelin 500g							
1	9.17m	F	---	Robert Jones	70	5/12/2020	Northern Zone Week 11
Male Javelin 600g							
1	28.56m	F	---	Trevor Young	62	5/12/2020	Northern Zone Week 11
2	27.31m	F	---	Zoran Novicic	60	7/11/2020	Northern Zone Week 7
3	26.32m	F	---	Cadel Holmes	12	3/12/2020	ACPE NSW All Schools 2020
4	21.87m	F	---	Doug Barrett	68	24/10/2020	Northern Zone Week 5
Male Javelin 700g							
1	45.68m	F	---	Stuart Downie	17	3/12/2020	ACPE NSW All Schools 2020
2	34.11m	F	---	Tim McGrath	58	16/01/2021	Northern Zone Week 14

3	29.23m	F	---	Charlie Roughan	14	3/12/2020	ACPE NSW All Schools 2020
4	26.48m	F	---	Daniel White	14	9/01/2021	Northern Zone Week 13
5	23.32m	F	---	Andrew Wilson	58	16/01/2021	Northern Zone Week 14
6	19.90m	F	---	Brad Sharpe	59	25/07/2020	Northern Zone Winter Series 1
Male Javelin 800g							
1	46.01m	M	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
2	29.40m	F	---	Matthew Otten	30	5/12/2020	Northern Zone Week 11
3	24.92m	F	---	Warren Jones	40	15/11/2020	Illawarra Blue Stars Interclub
4	16.10m	F	---	Mark Fokas	19	15/11/2020	Illawarra Blue Stars Interclub
Male Wght Thr 11.34kg							
1	9.51m	F	---	Andrew Wilson	57	14/11/2020	Northern Zone Week 8
Male Wght Thr 15.88kg							
1	18.27m	F	---	Tim Heyes	22	31/10/2020	Northern Zone Week 6
2	18.14m	F	---	William Brown	23	25/07/2020	Northern Zone Winter Series 1
Male Wght Thr 9.08kg							
1	7.43m	F	---	Doug Barrett	68	28/11/2020	Northern Zone Week 10
Male Decathlon							
1	7665	F	---	Alec Diamond	23	11/12/2020	QA Shield Series: Glynis Nunn Shield
Male Super Wght 56lb							
1	4.26m	F	---	Andrew Wilson	57	1/11/2020	NSWMA Indoors Throws Championships