

**Northern Zone 2019/2020 - 8/11/2019****Week 9 - Series 1****Rotary  
Results****Girls Under 18 Shot Put 3kg**

Name	Age Team	Finals	Points
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**Finals**

1	Hodson, Bronte	16 U.T.S. Norths	10.70m	8
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**Girls Under 18 Javelin Throw 500g**

Name	Age Team	Finals	Points
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1	Hodson, Bronte	16 U.T.S. Norths	29.04m	8
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**Women 20-29 100 Meter Dash**

Name	Age Team	Finals	Points
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1	Austin, Brittany	28 Mosman	12.8h	8
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**Women 30-39 100 Meter Dash**

Name	Age Team	Finals	Points
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1	Wolski, Lisa	31 Randwick Botany	13.0h	8
2	Elias, Suzy	36 U.T.S. Norths	17.3h	7

**Women 60-69 100 Meter Dash**

Name	Age Team	Finals	Points
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1	Lloyd, Nancy	66 U.T.S. Norths	22.6h	8
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**Women 30-39 400 Meter Dash**

Name	Age Team	Finals	Points
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1	Elias, Suzy	36 U.T.S. Norths	1:38.5h	8
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**Women 60-69 1500 Meter Run**

Name	Age Team	Finals	Points
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1	Lloyd, Nancy	66 U.T.S. Norths	10:41.4h	8
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**Women 50-59 Shot Put 3kg**

Name	Age Team	Finals	Points
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1	Moore, Rose	54 U.T.S. Norths	6.83m	8
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**Women 50-59 Hammer Throw 3kg**

Name	Age Team	Finals	Points
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1	Moore, Rose	54 U.T.S. Norths	17.14m	8
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**Northern Zone 2019/2020 - 8/11/2019****Week 9 - Series 1****Rotary****Results****Women 50-59 Javelin Throw 500g**

Name	Age	Team	Finals	Points
1 Moore, Rose	54	U.T.S. Norths	16.66m	8

**Boys Under 18 Hammer Throw 5kg**

Name	Age	Team	Finals	Points
1 Hunter, John	17	U.T.S. Norths	49.49m	8

**Men 30-39 100 Meter Dash**

Name	Age	Team	Finals	Points
1 Luu, Jackie	32	Asics Wests	12.5h	8

**Men 40-49 100 Meter Dash**

Name	Age	Team	Finals	Points
1 Shute, Nathan	46	U.T.S. Norths	14.0h	8
2 Dominish, Greg	47	Sydney Striders	15.8h	7

**Men 60-69 100 Meter Dash**

Name	Age	Team	Finals	Points
1 Ramondetta, Vic	65	U.T.S. Norths	13.8h	7.50
1 Ross, Ronald	60	U.T.S. Norths	13.8h	7.50

**Men 70-79 100 Meter Dash**

Name	Age	Team	Finals	Points
1 Allomes, Graham	75	Sydney Pacific	21.1h	8
2 Shoesmith, Ron	72	U.T.S. Norths	23.6h	7

**Men 40-49 400 Meter Dash**

Name	Age	Team	Finals	Points
1 Shute, Nathan	46	U.T.S. Norths	1:07.7h	8

**Men 60-69 400 Meter Dash**

Name	Age	Team	Finals	Points
1 Ramondetta, Vic	65	U.T.S. Norths	1:10.8h	8
2 Ross, Ronald	60	U.T.S. Norths	1:11.4h	7

**Men 70-79 400 Meter Dash**

Name	Age	Team	Finals	Points
1 Allomes, Graham	75	Sydney Pacific	1:43.3h	8
2 Shoesmith, Ron	72	U.T.S. Norths	2:40.5h	7

**Northern Zone 2019/2020 - 8/11/2019****Week 9 - Series 1****Rotary****Results****Men 80+ 400 Meter Dash**

Name	Age	Team	Finals	Points
1 Gledhill, Lloyd	82	Sydney Pacific	1:42.0h	8

**Men 40-49 1500 Meter Run**

Name	Age	Team	Finals	Points
1 Dominish, Greg	47	Sydney Striders	5:22.5h	8

**Men 70-79 1500 Meter Run**

Name	Age	Team	Finals	Points
1 Allomes, Graham	75	Sydney Pacific	8:23.3h	8
2 Shoesmith, Ron	72	U.T.S. Norths	13:25.5h	7

**Men 30-39 Long Jump**

Name	Age	Team	Finals	Points
1 Elias, Ken	33	U.T.S. Norths	5.28m	8

**Men 60-69 Long Jump**

Name	Age	Team	Finals	Points
1 Ramondetta, Vic	65	U.T.S. Norths	3.55m	8

**Men 30-39 Shot Put 7.26kg**

Name	Age	Team	Finals	Points
1 Elias, Ken	33	U.T.S. Norths	8.14m	8

**Men 40-49 Shot Put 7.26kg**

Name	Age	Team	Finals	Points
1 Turner, David	43	U.T.S. Norths	8.19m	8

**Men 50-59 Shot Put 6kg**

Name	Age	Team	Finals	Points
1 Clark, Robert	58	Cherrybrook	8.96m	8

**Men 70-79 Shot Put 4kg**

Name	Age	Team	Finals	Points
1 Allomes, Graham	75	Sydney Pacific	6.26m	8

**Men 80+ Shot Put 3kg**

Name	Age	Team	Finals	Points
1 Bastas, Nicholas	81	U.T.S. Norths	7.78m	8

**Northern Zone 2019/2020 - 8/11/2019****Week 9 - Series 1****Rotary****Results****Men Shot Put 7.26kg**

Name	Age	Team	Finals	Points
1 Steanes, Bart	55	U.T.S. Norths	7.35m	8

**Men 50-59 Hammer Throw 6kg**

Name	Age	Team	Finals	Points
1 Clark, Robert	58	Cherrybrook	36.92m	8

**Men 60-69 Hammer Throw 5kg**

Name	Age	Team	Finals	Points
1 Douglas, Peter	65	U.T.S. Norths	17.84m	8

**Men 70-79 Hammer Throw 4kg**

Name	Age	Team	Finals	Points
1 Allomes, Graham	75	Sydney Pacific	15.93m	8

**Men 80+ Hammer Throw 3kg**

Name	Age	Team	Finals	Points
1 Bastas, Nicholas	81	U.T.S. Norths	21.56m	8

**Men 30-39 Javelin Throw 800g**

Name	Age	Team	Finals	Points
1 Elias, Ken	33	U.T.S. Norths	23.17m	8

**Men 40-49 Javelin Throw 800g**

Name	Age	Team	Finals	Points
1 Turner, David	43	U.T.S. Norths	26.00m	8

**Men 50-59 Javelin Throw 700g**

Name	Age	Team	Finals	Points
1 Clark, Robert	58	Cherrybrook	26.28m	8

**Men 60-69 Javelin Throw 600g**

Name	Age	Team	Finals	Points
1 Greenland, Peter	66	N.S.W. Masters	21.59m	8

**Men 70-79 Javelin Throw 500g**

Name	Age	Team	Finals	Points
1 Allomes, Graham	75	Sydney Pacific	14.85m	8

**Northern Zone 2019/2020 - 8/11/2019****Week 9 - Series 1****Rotary****Results****Men 80+ Javelin Throw 400g**

Name	Age	Team	Finals	Points
1 Bastas, Nicholas	81	U.T.S. Norths	22.83m	8

**Men Javelin Throw 800g**

Name	Age	Team	Finals	Points
1 Steanes, Bart	55	U.T.S. Norths	19.77m	8