



UTS Norths

E-Mail Newsletter - November 2016

ANSW STATE RELAYS

The biggest participation weekend of the year, the NSW State Relays is fast approaching on **26th-27th November** at Blacktown International Sportspark, Eastern Rd, Rooty Hill NSW.

Please contact the following age and event conveners to participate in the State Relays. Selection will occur by the end of this week. [Click here](#) for convener contact details.

Female Under 14/Under 16 Track: Amanda Johnstone

Female Under 18/Under 20 Track: Ron Bendall

Female Open Track: Fudge Atshan and Ron Bendall

Female Masters Track: Jackie B

Male Under 14/Under 16 Track: Andy Burton

Male Under 18/Under 20 Track: Ron Bendall

Male Open Track: Fudge Atshan and Ron Bendall

Male Masters Track: Ashley McMahon

All Throws: Maria Cimino and Bart Steanes

All Jumps: Peter Douglas and Ross Douglas

All Walks: Doug Barrett

UNIFORMS

UTS Norths club members participating in Athletics NSW events (including Treloar Shield and State Relays) must wear UTS Norths red and black singlet or crop top. Please contact Sally Richardson to organise a time to purchase your UTS Norths uniform Mobile 0411 586 001, Email richardsonsally@outlook.com.

JOHN ATTERTON FUND RAISING BBQ AT NSW STATE RELAYS

As many of you will know, John Atterton was diagnosed with Motor Neuron Disease a few months ago. John is a loved member of UTS Norths as a coach and mentor to many of us. He has made a major contribution to athletics in NSW and nationally over decades. There are many medical and living expenses involved in addressing this debilitating disease.

Thanks to the initiative taken by Christina Thomas (bruceandchristina@energylink.com.au), members of John Atterton's squad and parents are running a fund raising BBQ over the weekend of the NSW State Relays on November 26 and 27 at Blacktown International Sportspark. To assist they need volunteers to join the roster to run the BBQ. They are also looking for food supplies of meat, bread, eggs, bacon etc. for the successful running of the BBQ. This event has been endorsed by NSW and will be promoted through the NSW communication channels. Please contact Christina directly on bruceandchristina@energylink.com.au to join the roster, donate food or to assist in other ways. Our thoughts and prayers are with John and Nancy as they tackle this next stage.

TRELOAR SHIELD ROUND 4, ES MARKS SATURDAY 19th NOVEMBER

This Saturday is the 4th round of the inter club participation points based competition the Treloar Shield. All levels of club athlete, juniors, opens and masters can enter the Treloar Shield. The top 20 place getters in each age category (under 14, under 16, under 18, under 20, Open, 30-39, 40-49, 50-59, 60+) for each event earning valuable points for the club towards the Treloar Shield. This Saturday is a chance to run at ES Marks athletic track. [Click here](#) for details. The Treloar Shield Events this weekend include 800m,

3000m, 5000m, 200/400m hurdles, 1500/3000/5000m walks, long jump, shot put, javelin. This is a twilight event starting at 3:30pm to 7:00pm. Get out there for your club to contribute to our defence of the Treloar Shield for another year.

ROTARY ATHLETIC FIELD CLOSURE 4th DECEMBER, 2016

A reminder that the Rotary Athletic Field (RAF) will be closed from Sunday 4th December 2016 to at least end of March 2017 for major upgrade works. This includes new irrigation, laser level of surface, new turf and replace synthetic track run ups on long jump and javelin throw. The RAF gym will remain available during the usual training times of Monday to Thursday 4:30pm to 7:00pm and Sunday 9am to 11am. UTS Norths thanks Willoughby City Council for making the funds available and coordinating these upgrade works.

UTS Norths has booked an alternate track training venue at OH Reid Memorial Park, Reid Drive, West Chatswood during the training times of Monday to Thursday 4:30pm to 7:00pm. Sunday is not available as the field is used for cricket. There will be a marked 250 metre circular track with an 80 metre multi lane straight at the oval.

NORTHERN ZONE LAST COMPETITION SATURDAY 3rd DECEMBER, 2016

Due to the closure of RAF, the last Northern Zone competition will be held on Saturday 3rd December, 2016. The Northern Zone awards ceremony will be held on Saturday 3rd December. There are two more days of competition, this Saturday 19th November and the 3rd December. Saturday 26th in the State Relays, so no Northern Zone that week. The hard working Northern Zone team have tried to organise another venue, with no luck. There is a regular zone competition at Girraween, with other club organised events throughout the summer. Details can be found on the NSW web site.

KEEP THESE DATES FREE

NSW Club Championships: 17th-18th December. Details [click here](#)

UTS Norths Annual Dinner at Chatswood Golf Club Saturday May 20th, 2017.

REMINDER: 2016/17 New Membership Details

To compete in the Treloar Shield and NSW State Relays, athletes must be 2016/17 members. The club membership registration is now open for the 2016/17 season commencing on 1st October 2016 to 30 September 2017. For the schedule of UTS Norths club fees [click here](#) . To register for the new season go to Athletics NSW or [click here](#)

Club contacts:

Registrar; Ross Douglas, Mobile 0409 248 287, Email Ross.douglas@bigpond.com.au
Uniforms; Sally Richardson, Mobile 0411 586 001, Email richardsonsally@outlook.com
President; Andy West, Mobile 0439 257 968, Email andy.west67@gmail.com

All the best from UTS Norths Athletic Club!

You have received this email as a 2015/16 or a 2016/17 member of UTS Northern Suburbs Athletic Club. If you do not wish to receive these monthly emails to be kept up to date with all things athletics, please reply email to unsubscribe.