
Laurie Toogood Trophy

Formally Seargents Sports Trophy

Middle Distance Runner of the Year

1984-85	Adrian White
1985-86	M Lawson
1986-87	John Dynon
1987-88	John Dynon
1988-89	Stuart Chandler
1989-90	Peter Hampshire
1990-91	Peter Davies
1991-92	Justin Shorter
1992-93	Ruth Darling
1993-94	Ruth Darling
1994-95	Pierre Kyme
1995-96	Martin Byron
1996-97	Louisa Coleman
1997-98	Luke McSpeerin
1998-99	Michael Maiers
1999-00	Renee Vandenberg
2000-01	Sam Hall
2001-02	Renee Vandenberg
2002-03	Renee Vandenberg
2003-04	Greta McNiven
2004-05	Alicia Bromley
2005-06	Ruby Hackett
2006-07	Katie French
2007-08	Trychelle Kingdom
2008-09	Frazer Dowling
2009-10	Tristen Garrett
2010-11	Sianne Toemoe
2011-12	James Gurr
2012-13	James Kann
2013-14	James Hansen
2014-15	Trychelle Kingdom
2015-16	Mason Cohen
2016-17	Will Austin-Cray
2017-18	Carley Thomas
2018-19	Jye Perrott
2019-20	Mason Cohen
