Rankings 2018/2019

Marks since: 1-May-18 UTS Northern Suburbs Athletic [UTN]

Fen	nale 2000m R	?un					
1	7:55.00		F	 Xanthe Cogan	12	26/05/2018	NSW Cross Country Relay Championships
2	8:16.00		F	 Emily Davis	11	26/05/2018	NSW Cross Country Relay Championships
3	8:27.00		F	 Nicola Christou	12	26/05/2018	NSW Cross Country Relay Championships
4	8:36.00		F	 Isabella Christou	11	26/05/2018	NSW Cross Country Relay Championships
Fen	nale 3000m R	lun					
1	10:36.00	3:32.00	F	 Rosie Fordham	16	26/05/2018	NSW Cross Country Relay Championships
2	10:53.00	3:37.67	F	 Hannah Cerezo	14	26/05/2018	NSW Cross Country Relay Championships
3	12:03.50	4:01.17	F	 Xanthe Cogan	12	23/06/2018	XCC Challenge 2018
4	12:13.00	4:04.33	F	 Abby Lander	15	26/05/2018	NSW Cross Country Relay Championships
5	12:34.00	4:11.33	F	 Nicola Christou	12	8/07/2018	NSW Short Course XC Championships
6	12:52.00	4:17.33	F	 Olivia Gorman	12	13/04/2019	St George Classic 2019
7	12:54.00	4:18.00	F	 Molly Quoyle	17	26/05/2018	NSW Cross Country Relay Championships
8	13:16.00	4:25.33	F	 Isabella Christou	11	8/07/2018	NSW Short Course XC Championships
Fen	nale 4000m R	lun					
1	14:43.00	3:40.75	F	 Isabella Thornton-Bott	20	26/05/2018	NSW Cross Country Relay Championships
2	14:46.00	3:41.50	F	 Abbey Rockliff	16	26/05/2018	NSW Cross Country Relay Championships
3	14:48.00	3:42.00	F	 Elese Gallen	23	26/05/2018	NSW Cross Country Relay Championships
4	15:02.90	3:45.72	F	 Hannah Cerezo	15	23/06/2018	XCC Challenge 2018
5	15:04.60	3:46.15	F	 Rosie Fordham	16	23/06/2018	XCC Challenge 2018
6	15:10.00	3:47.50	F	 Emma Mahon	15	8/07/2018	NSW Short Course XC Championships
7	15:13.10	3:48.28	F	 Imogen Gardiner	15	23/06/2018	XCC Challenge 2018
8	15:46.00	3:56.50	F	 Eliza Barton	24	26/05/2018	NSW Cross Country Relay Championships
9	15:48.00	3:57.00	F	 Annabel McDermott	19	26/05/2018	NSW Cross Country Relay Championships
10	16:41.00	4:10.25	F	 Ali Thomson	18	26/05/2018	NSW Cross Country Relay Championships
11	17:49.00	4:27.25	F	 Abby Lander	16	4/08/2018	Run Festival
12	17:52.00	4:28.00	F	 Claudia White	21	26/05/2018	NSW Cross Country Relay Championships
13	18:16.00	4:34.00	F	 Nicola Christou	12	26/05/2018	NSW Cross Country Relay Championships
14	19:46.00	4:56.50	F	 Deborah Drennan	60	26/05/2018	NSW Cross Country Relay Championships
15	20:13.00	5:03.25	F	 Jacinta Metcalf	16	8/07/2018	NSW Short Course XC Championships
16	23:12.00	5:48.00	F	 Jan Swinhoe	61	26/05/2018	NSW Cross Country Relay Championships
17	25:15.00	6:18.75	F	 Ann Swinbourne	61	26/05/2018	NSW Cross Country Relay Championships
18	27:09.00	6:47.25	F	 Nancy Lloyd	64	26/05/2018	NSW Cross Country Relay Championships
19	31:53.00	7:58.25	F	 Dorothy Kass	64	26/05/2018	NSW Cross Country Relay Championships
Fen	nale 5000m R	lun					
1	23:01.00	4:36.20	F	 Molly Quoyle	17	8/07/2018	NSW Short Course XC Championships
2	23:05.00	4:37.00	F	 Deborah Drennan	60	8/07/2018	NSW Short Course XC Championships

Female 6000m Run											
1	28:37.80	4:46.30	F		Molly Quoyle	17	23/06/2018	XCC Challenge 2018			
2	30:43.00	5:07.17	F		Deborah Drennan	60	23/06/2018	XCC Challenge 2018			
Fema	Female 7000m Run										
1	32:23.00	4:37.57	F		Nicola Christou	13	13/04/2019	St George Classic 2019			
Female 7500m Run											
1	33:01.00	4:24.13	F		Claudia White	21	8/07/2018	NSW Short Course XC Championships			
Female 10000m Run											
1	39:36.90	3:57.69	F		Elese Gallen	23	23/06/2018	XCC Challenge 2018			
2	44:30.60	4:27.06	F		Eliza Barton	24	23/06/2018	XCC Challenge 2018			
3	48:57.20	4:53.72	F		Claudia White	21	23/06/2018	XCC Challenge 2018			
Male	2000m Run										
1	7:40.00		F		Brad Sharpe	57	4/08/2018	Run Festival			
2	7:58.00		F		Paul Trainor	53	4/08/2018	Run Festival			
Male	4000m Run										
1	12:35.00	3:08.75	F		Ruairidh MacDonald	24	26/05/2018	NSW Cross Country Relay Championships			
2	12:39.00	3:09.75	F		Finbarr Warren	18	26/05/2018	NSW Cross Country Relay Championships			
3	12:40.00	3:10.00	F		Charlie Doherty	19	26/05/2018	NSW Cross Country Relay Championships			
4	12:43.00	3:10.75	F		Edward Goddard	20	26/05/2018	NSW Cross Country Relay Championships			
5	13:01.00	3:15.25	F		Leo Peterson	27	26/05/2018	NSW Cross Country Relay Championships			
6	13:07.00	3:16.75	F		Jye Perrott	19	26/05/2018	NSW Cross Country Relay Championships			
7	13:33.00	3:23.25	F		Cameron Gorman	15	13/04/2019	St George Classic 2019			
8	14:00.00	3:30.00	F		Jake Ring	27	26/05/2018	NSW Cross Country Relay Championships			
9	14:50.00	3:42.50	F		Samuel Colless	27	26/05/2018	NSW Cross Country Relay Championships			
10	17:06.00	4:16.50	F		Brad Sharpe	57	26/05/2018	NSW Cross Country Relay Championships			
11	17:07.00	4:16.75	F		Antony Guest	52	26/05/2018	NSW Cross Country Relay Championships			
12	17:33.00	4:23.25	F		Kim Loane	56	26/05/2018	NSW Cross Country Relay Championships			
13	17:40.00	4:25.00	F		Paul Trainor	53	26/05/2018	NSW Cross Country Relay Championships			
14	17:46.00	4:26.50	F		Kevin Chamberlain	56	26/05/2018	NSW Cross Country Relay Championships			
15	18:44.00	4:41.00	F		Trevor Young	60	26/05/2018	NSW Cross Country Relay Championships			
16	19:07.00	4:46.75	F		Steve Bradley	60	26/05/2018	NSW Cross Country Relay Championships			
17	19:54.00	4:58.50	F		Doug Barrett	65	26/05/2018	NSW Cross Country Relay Championships			
18	22:26.00	5:36.50	F		Andrew MacDonald	55	26/05/2018	NSW Cross Country Relay Championships			
19	22:31.00	5:37.75	F		Terrence Carter	61	26/05/2018	NSW Cross Country Relay Championships			
Male 5000m Run											
1	16:19.00	3:15.80	F		Elliot Metcalf	18	8/07/2018	NSW Short Course XC Championships			
2	17:31.00	3:30.20	F		Kieran Gorman	16	8/07/2018	NSW Short Course XC Championships			
3	20:46.00	4:09.20	F		Brad Sharpe	57	8/07/2018	NSW Short Course XC Championships			
4	25:46.00	5:09.20	F		Doug Barrett	65	8/07/2018	NSW Short Course XC Championships			
5	27:05.00	5:25.00	F		Andrew MacDonald	55	8/07/2018	NSW Short Course XC Championships			

Male	6000m Run						
1	21:04.30	3:30.72	F	 Thomas Davies	16	23/06/2018	XCC Challenge 2018
2	21:13.50	3:32.25	F	 Kieran Gorman	16	23/06/2018	XCC Challenge 2018
3	25:30.00	4:15.00	F	 Paul Trainor	53	4/08/2018	Run Festival
4	31:51.00	5:18.50	F	 Doug Barrett	65	4/08/2018	Run Festival
Male	7500m Run						
1	23:04.00	3:04.53	F	 Edward Goddard	20	8/07/2018	NSW Short Course XC Championships
2	26:47.00	3:34.27	F	 David Costello	17	8/07/2018	NSW Short Course XC Championships
Male	8000m Run						
1	26:28.20	3:18.52	F	 Charlie Doherty	19	23/06/2018	XCC Challenge 2018
2	36:22.30	4:32.79	F	 Brad Sharpe	57	23/06/2018	XCC Challenge 2018
3	44:40.90	5:35.11	F	 Doug Barrett	65	23/06/2018	XCC Challenge 2018
Male	10000m Run						
1	31:41.30	3:10.13	F	 Edward Goddard	20	23/06/2018	XCC Challenge 2018
2	32:54.00	3:17.40	F	 Will Keir	19	13/04/2019	St George Classic 2019
3	35:43.50	3:34.35	F	 Leo Peterson	27	23/06/2018	XCC Challenge 2018
4	39:16.00	3:55.60	F	 David Costello	17	23/06/2018	XCC Challenge 2018
5	39:44.00	3:58.40	F	 Kyle Walsh	17	13/04/2019	St George Classic 2019
Male	11000m Run						
1	49:08.00	4:28.00	F	 Leo Peterson	28	31/03/2019	Great Volcanic Mountain Challenge 2019