



# **The Grass Games**

**proudly hosted by**

**UTS Norths**

## **Rotary Athletics Field Saturday 10 April 2021**

### **60m 'SKINS' EVENT RULES and NOTES**

- ✓ Separate events for men and women
- ✓ Hopefully enough competitors for 6 heats of 6
- ✓ Max 6 per heat in initial rounds (unless odd number remains)
  - ✓ Random seeding for heat lanes
- ✓ Last half of each heat eliminated until 4 or 5 remain (e.g. heat of 6, the last 3 go!)
  - ✓ 60 sec recovery from last finisher to walk back to start
    - ✓ (Track Referee to time 60 sec recovery)
- ✓ Run each round in the same lane, or the one next door if original lane taken
  - ✓ Track Referee to signal starter when to start
    - ✓ Heats will not be timed.
    - ✓ Elimination on places only
- ✓ Timekeepers become place judges for the skins heats for eliminations
  - ✓ Timekeepers to time final run only

**NB - These rules may be adapted slightly on the day depending on the final number of competitors in the event – at the discretion of the Track Referee and Carnival Manager.**