

Rankings 2016/2017

Marks since: 18-Apr-16

UTS Northern Suburbs Athletic [UTN]

Female 60m Sprint

1	7.56	+1.9		F	---	Gabriella O'Grady	19	14/01/2017	Illawarra Track Challenge
2	7.86	+1.9		F	---	Nicolette Donofrio	14	14/01/2017	Illawarra Track Challenge
3	8.05	-0.1		F	---	Monique Perry	42	18/02/2017	All-comers and NSW 5km Championships 2017
4	8.10	NWI		F	---	Sophie McGovern	17	17/09/2016	2016 Grass Games
5	8.14	-0.1		F	---	Abigail Stevanovic	14	18/02/2017	All-comers and NSW 5km Championships 2017
6	8.24	+2.0		F	---	Melissa Fitzsimmons	18	14/01/2017	Illawarra Track Challenge
7	8.27	-0.1		F	---	Alice Dixon	13	18/02/2017	All-comers and NSW 5km Championships 2017
8	8.38	+1.4		F	---	Nicola Bowtell	18	18/02/2017	All-comers and NSW 5km Championships 2017
9	8.40	-0.8		F	---	Anna MacGregor	16	18/02/2017	All-comers and NSW 5km Championships 2017
10	8.42	+0.3		F	---	Kylie Strong	49	18/02/2017	All-comers and NSW 5km Championships 2017
11	8.45	-0.7		F	---	Jacqueline Bezuidenhout	50	14/01/2017	Illawarra Track Challenge
12 *	8.48	0.5		F	---	Yael Reed	34	4/03/2017	NSW Masters Championships
12 *	8.48	-0.8		F	---	Morgan Kelaher	13	18/02/2017	All-comers and NSW 5km Championships 2017
14	8.59	-0.1		F	---	Mia Hemsworth	14	18/02/2017	All-comers and NSW 5km Championships 2017
15	8.78	NWI		P	---	Megan Tiong	16	17/09/2016	2016 Grass Games
16	8.85	0.6		F	---	Alice Bohdan	44	4/03/2017	NSW Masters Championships
17	9.09	+0.9		F	---	Maria Cimino	45	9/11/2016	Jupiters Pan Pacific Masters Games 2016
18	9.0h	NWI	9.24	F	---	Gabrielle Whelan	56	24/09/2016	Northern Zone Week 2
19	9.53			P	---	Janet Naylor	50	19/03/2017	World Masters Indoor Championships 2017
20	9.3h	NWI	9.54	F	---	Leanne Griffiths	40	5/11/2016	Northern Zone Week 8
21	9.5h	NWI	9.74	F	---	Jenny Schell	54	5/11/2016	Northern Zone Week 8
22	9.6h	NWI	9.84	F	---	Khali Grimshaw	28	5/11/2016	Northern Zone Week 8
23	10.04	NWI		P	---	Rheanna McMahon	11	17/09/2016	2016 Grass Games
24	10.1h	NWI	10.34	F	---	Sarah Culhane	52	8/10/2016	Northern Zone Week 4
25	10.45	0.3		F	---	Bronwyn Kelaher	51	4/03/2017	NSW Masters Championships
26	10.78	+0.3		F	---	Emily Davis	09	18/02/2017	All-comers and NSW 5km Championships 2017
27	11.64	0.5		F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships
28	11.8h	NWI	12.04	F	---	Jillian Senior	64	5/11/2016	Northern Zone Week 8
29 *	12.1h	NWI	12.34	F	---	Dorothy Kass	63	8/10/2016	Northern Zone Week 4
29 *	12.1h	NWI	12.34	F	---	Nancy Lloyd	63	8/10/2016	Northern Zone Week 4
31	15.4h	NWI	15.64	F	---	Roslyn Wolfers	71	8/10/2016	Northern Zone Week 4

Female 100m Sprint

1	11.59	+4.0	F	---	Kristie Edwards	16	2/12/2016	2016 Australian All Schools Championships
2	11.70	+3.8	P	---	Samantha Geddes	18	3/06/2016	ANQ Allcomers
3	11.84	+0.6	F	---	Gabriella O'Grady	20	11/03/2017	SUMMERofATHS Grand Prix
4	12.09	+2.0	F	---	Jasmine Everett	25	4/02/2017	Sydney Invitational 2017

5	12.26	+1.8	F	---	Mia Hemsworth	14	13/10/2016	2016 2XU NSW All Schools Championships	
6	12.31	+1.8	P	---	Nicolette Donofrio	14	26/03/2017	2017 Australian Athletics Championships	
7	12.32	+1.9	P	---	Karlie Morton	24	17/02/2017	AACT Open State Championships	
8	12.33	+2.2	P	---	Sophie McGovern	17	13/10/2016	2016 2XU NSW All Schools Championships	
9	12.43	+3.2	P	---	Tiana Death	16	13/10/2016	2016 2XU NSW All Schools Championships	
10	12.45	+2.0	F	---	Carla Takchi	19	4/02/2017	Sydney Invitational 2017	
11	12.48	+1.1	F	---	Steph Zervos	22	10/12/2016	Treloar Shield 5 and Albie Thomas Mile	
12	12.52	+0.6	P	---	Stephanie Potter	15	26/03/2017	2017 Australian Athletics Championships	
13	12.58	+1.8	P	---	Lara Halmarick	14	26/03/2017	2017 Australian Athletics Championships	
14	12.59	-0.8	P	---	Dominica Jenkins	27	26/03/2017	2017 Australian Athletics Championships	
15	12.60	-1.4	F	---	Molly Blakey	19	21/01/2017	All-comers 21 January 2017	
16	12.64	+1.7	F	---	Alice Dixon	13	26/03/2017	2017 Australian Athletics Championships	
17	12.67	+3.8	F	---	Monique Perry	42	26/10/2016	World Masters Athletics Championships 2016	
18	12.71	+1.8	P	---	Melissa Fitzsimmons	18	26/03/2017	2017 Australian Athletics Championships	
19	12.75	+3.8	P	---	Emily Britton	14	13/10/2016	2016 2XU NSW All Schools Championships	
20	12.76	+2.8	F	---	Sarah Healey	17	13/10/2016	2016 2XU NSW All Schools Championships	
21	12.77	+1.0	P	---	Morgan Kelaher	13	13/10/2016	2016 2XU NSW All Schools Championships	
22	12.80	-1.0	F	---	Abigail Stevanovic	14	3/02/2017	NSW Junior & Youth Championships 2017	
23	12.97	+1.8	P	---	Kylie Strong	49	26/10/2016	World Masters Athletics Championships 2016	
24	12.98	+1.7	F	---	Jacqueline Bezuidenhout	50	26/10/2016	World Masters Athletics Championships 2016	
25	13.00	+2.1	P	---	Jessica Maciver	13	13/10/2016	2016 2XU NSW All Schools Championships	
26	13.06	+2.2	P	---	Ava Walker-Charles	17	13/10/2016	2016 2XU NSW All Schools Championships	
27	13.07	+3.8	P	---	Alanna Fisher	15	13/10/2016	2016 2XU NSW All Schools Championships	
28	13.10	-0.7	F	---	Tessa Constantine	17	22/10/2016	Treloar Shield Round 2	
29	13.20	+1.0	F	---	Annabelle Parmegiani	19	17/12/2016	2016 NSW Club and Combined Championships	
30	13.23	+3.2	P	---	Anna MacGregor	16	13/10/2016	2016 2XU NSW All Schools Championships	
31	13.30	-1.4	F	---	Karina Brown	18	1/10/2016	NSW All Schools Multi Champs + Warm Up Meet	
32	13.31	-0.2	F	---	Nicola Bowtell	18	18/02/2017	All-comers and NSW 5km Championships 2017	
33	13.32	+1.0	P	---	Greta Andrews	12	13/10/2016	2016 2XU NSW All Schools Championships	
34	13.37	-2.0	F	---	Yael Reed	33	17/12/2016	2016 NSW Club and Combined Championships	
35	13.43	+3.8	P	---	Megan Tiong	16	13/10/2016	2016 2XU NSW All Schools Championships	
36	13.51	+1.5	P	---	Isabel McCarthy	14	13/10/2016	2016 2XU NSW All Schools Championships	
37	13.62	-0.9	F	---	Edita Grinbergs	15	22/10/2016	Treloar Shield Round 2	
38	13.74	-0.6	F	---	Ruby Mahendran	13	3/02/2017	NSW Junior & Youth Championships 2017	
39	13.76	-0.6	F	---	Georgia Fichardt	12	3/02/2017	NSW Junior & Youth Championships 2017	
40	13.80	-0.6	F	---	Mattise Stringer	13	29/05/2016	NSW Pre Departure Meet	
41	13.6h	NWI	13.84	F	---	Emily Ratcliffe	32	1/10/2016	Northern Zone Week 3
42	13.84	-1.5	F	---	Gabriella Taylor	11	28/01/2017	Hunter Track Classic 2017	
43	13.85	NWI	F	---	Sascha Gassmann	15	8/10/2016	Treloar Shield Round 1	
44	13.89	+0.0	F	---	Brooke East	16	21/01/2017	All-comers 21 January 2017	
45	13.93	-1.6	F	---	Latisha Touma	24	18/02/2017	All-comers and NSW 5km Championships 2017	
46	14.07	+0.7	F	---	Alice Bohdan	44	13/11/2016	All-comers 13 November 2016	

47	14.13	+1.5		F	---	Alissa Jordaan	13	26/03/2017	2017 Australian Athletics Championships
48	14.17	-0.3		F	---	Jaime Lovell	32	22/10/2016	Treloar Shield Round 2
49	14.36	-1.5		F	---	Olivia Rose Inkster	11	28/01/2017	Hunter Track Classic 2017
50	14.41	+3.4		F	---	Gabrielle Whelan	55	17/12/2016	2016 NSW Club and Combined Championships
51	14.51	+1.2		F	---	Maria Cimino	45	3/12/2016	All-comers 3 December 2016
52	15.12	+0.5		P	---	Janet Naylor	50	26/10/2016	World Masters Athletics Championships 2016
53	15.3h	NWI	15.54	F	---	Leanne Griffiths	40	15/10/2016	Northern Zone Week 5
54	15.87	-0.6		F	---	Rheanna McMahon	11	25/09/2016	Allcomers 25 September 2016
55	15.7h	NWI	15.94	F	---	Sarah Culhane	52	15/10/2016	Northern Zone Week 5
56	16.0h	NWI	16.24	F	---	Bronte Hodson	13	12/11/2016	Northern Zone Week 9
57	16.3h	NWI	16.54	F	---	Khali Grimshaw	28	12/11/2016	Northern Zone Week 9
58	17.50	-2.7		F	---	Bronwyn Kelaheer	51	4/03/2017	NSW Masters Championships
59	17.6h	NWI	17.84	F	---	Deborah Drennan	58	1/10/2016	Northern Zone Week 3
60	18.3h	NWI	18.54	F	---	Suzanne Brown	51	10/09/2016	Northern Zone Week 1
61	18.80	-1.9		F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships
62	19.8h	NWI	20.04	F	---	Jillian Senior	64	15/10/2016	Northern Zone Week 5
63	19.9h	NWI	20.14	F	---	Nancy Lloyd	63	15/10/2016	Northern Zone Week 5
64	20.0h	NWI	20.24	F	---	Dorothy Kass	63	15/10/2016	Northern Zone Week 5
65	20.7h	NWI	20.94	F	---	Roslyn Wolfers	71	15/10/2016	Northern Zone Week 5

Female 150m Sprint

1	19.94	NWI	F	---	Sophie McGovern	17	17/09/2016	2016 Grass Games
2	21.60	NWI	F	---	Jacqueline Bezuidenhout	49	17/09/2016	2016 Grass Games
3	23.16	NWI	F	---	Gabrielle Whelan	55	17/09/2016	2016 Grass Games
4	24.82	NWI	F	---	Janet Naylor	50	17/09/2016	2016 Grass Games
5	26.39	NWI	F	---	Rheanna McMahon	11	17/09/2016	2016 Grass Games

Female 200m Sprint

1	23.93	+0.8	P	---	Gabriella O'Grady	19	17/02/2017	AACT Open State Championships
2	23.94	+3.2	F	---	Kristie Edwards	16	2/12/2016	2016 Australian All Schools Championships
3	24.13	+1.1	F	---	Karlie Morton	24	17/02/2017	AACT Open State Championships
4	24.33	+0.7	F	---	Olivia Tauro	26	3/12/2016	All-comers 3 December 2016
5	24.63	+3.2	F	---	Sophie McGovern	17	2/12/2016	2016 Australian All Schools Championships
6	24.67	-0.4	F	---	Alexandra Bartholomew	22	17/12/2016	2016 NSW Club and Combined Championships
7	24.95	+3.0	F	---	Alice Dixon	13	2/12/2016	2016 Australian All Schools Championships
8	25.08	-0.9	P	---	Nicolette Donofrio	14	26/03/2017	2017 Australian Athletics Championships
9	25.19	+1.7	P	---	Olivia Cason	19	26/09/2016	Australian University Games 2016
10	25.31	+1.1	P	---	Stephanie Potter	15	26/03/2017	2017 Australian Athletics Championships
11	25.33	+2.5	F	---	Jasmine Everett	25	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
12	25.38	-1.1	F	---	Molly Blakey	19	21/01/2017	All-comers 21 January 2017
13	25.39	+2.1	F	---	Tessa Constantine	17	12/11/2016	Treloar Shield Round 3
14	25.58	+0.8	P	---	Abigail Stevanovic	14	3/02/2017	NSW Junior & Youth Championships 2017
15	25.69	-1.3	F	---	Dominica Jenkins	27	18/03/2017	All-comers 18 March 2017

16	25.96	-2.6	F	---	Mia Hemsworth	14	4/03/2017	AACT 2016 Summer Series #13	
17	26.03	-0.3	F	---	Emma Hunt	24	21/01/2017	All-comers 21 January 2017	
18	26.23	+0.0	P	---	Melissa Fitzsimmons	18	26/03/2017	2017 Australian Athletics Championships	
19	26.29	+3.7	F	---	Monique Perry	42	26/10/2016	World Masters Athletics Championships 2016	
20	26.42	+0.8	F	---	Carla Takchi	19	11/02/2017	All Comers and NSW 10000m Walks Championships	
21	26.48	-0.1	F	---	Elana Withnall	23	17/12/2016	2016 NSW Club and Combined Championships	
22	26.49	+1.9	F	---	Kylie Strong	49	26/10/2016	World Masters Athletics Championships 2016	
23	26.52	-0.2	F	---	Morgan Kelaher	13	3/02/2017	NSW Junior & Youth Championships 2017	
24	26.59	-0.8	P	---	Ava Walker-Charles	17	3/02/2017	NSW Junior & Youth Championships 2017	
25	26.75	-1.6	F	---	Edita Grinbergs	15	18/03/2017	All-comers 18 March 2017	
26	26.78	+0.9	F	---	Tiana Death	16	5/11/2016	All-comers 5 November 2016	
27	26.88	+1.6	F	---	Jacqualine Bezuidenhout	50	26/10/2016	World Masters Athletics Championships 2016	
28	27.01	+2.0	P	---	Alanna Fisher	15	13/10/2016	2016 2XU NSW All Schools Championships	
29	27.02	-1.6	F	---	Latisha Touma	24	18/03/2017	All-comers 18 March 2017	
30	27.06	+0.0	F	---	Jessica Maciver	13	18/11/2016	All-comers 18 November 2016	
31	27.26	+1.9	F	---	Brooke East	16	17/12/2016	2016 NSW Club and Combined Championships	
32	27.32	+0.8	F	---	Anna MacGregor	17	18/03/2017	All-comers 18 March 2017	
33	27.33	+0.8	F	---	Yael Reed	34	18/03/2017	All-comers 18 March 2017	
34	27.45	+0.1	P	---	Maya Challoner	14	3/02/2017	NSW Junior & Youth Championships 2017	
35	27.47	+0.0	F	---	Katrina Lamas	18	5/11/2016	All-comers 5 November 2016	
36	27.59	-0.6	F	---	Emma Hislop	23	21/01/2017	All-comers 21 January 2017	
37	27.74	+1.9	P	---	Juliet Grundy	17	13/10/2016	2016 2XU NSW All Schools Championships	
38	27.78	-0.8	P	---	Karina Brown	18	3/02/2017	NSW Junior & Youth Championships 2017	
39	28.60	-2.7	F	---	Courtney Boyle	19	5/11/2016	All-comers 5 November 2016	
40	29.09	-1.6	F	---	Mattise Stringer	13	29/05/2016	NSW Pre Departure Meet	
41	29.12	-0.7	F	---	Alice Bohdan	44	17/12/2016	2016 NSW Club and Combined Championships	
42 *	29.16	+1.2	F	---	Georgia Fichardt	12	12/11/2016	Treloar Shield Round 3	
42 *	29.16	-1.5	F	---	Ashlie Edwards	14	17/12/2016	2016 NSW Club and Combined Championships	
44 *	29.47	+0.7	F	---	Alissa Jordaan	13	17/12/2016	2016 NSW Club and Combined Championships	
44 *	29.47	-1.8	F	---	Kara Selvarajah	12	13/10/2016	2016 2XU NSW All Schools Championships	
46	29.53	-1.5	F	---	Ruby Mahendran	12	21/01/2017	All-comers 21 January 2017	
47	29.78	+0.8	F	---	Annika Mountstephens	16	18/03/2017	All-comers 18 March 2017	
48	29.92	-0.5	F	---	Gabrielle Whelan	55	17/12/2016	2016 NSW Club and Combined Championships	
49	30.07	-2.0	F	---	Jaime Lovell	32	4/03/2017	NSW Masters Championships	
50	30.16	+2.1	M	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016	
51	30.29	-2.7	F	---	Isabella Pockl-Deen	20	5/11/2016	All-comers 5 November 2016	
52	32.91	NWI	F	---	Deborah Drennan	58	10/12/2016	Treloar Shield 5 and Albie Thomas Mile	
53	33.0h	NWI	33.24	F	---	Leanne Griffiths	40	5/11/2016	Northern Zone Week 8
54	33.75	+0.0	F	---	Rheanna McMahon	11	25/09/2016	Allcomers 25 September 2016	
55	34.0h	NWI	34.24	F	---	Khali Grimshaw	28	5/11/2016	Northern Zone Week 8
56	34.1h	NWI	34.34	F	---	Sarah Culhane	52	8/10/2016	Northern Zone Week 4
57	38.52	-3.9	F	---	Emily Davis	09	21/01/2017	All-comers 21 January 2017	

58	42.77	-2.3		F	---	Nancy Lloyd	63	4/03/2017	NSW Masters Championships
59	45.5h	NWI	45.74	F	---	Dorothy Kass	63	8/10/2016	Northern Zone Week 4
60	45.7h	NWI	45.94	F	---	Jillian Senior	64	8/10/2016	Northern Zone Week 4
61	50.0h	NWI	50.24	F	---	Kathleen Cook	79	8/10/2016	Northern Zone Week 4

Female 300m Sprint

1	43.65			F	---	Sophie McGovern	17	17/09/2016	2016 Grass Games
2	47.18			F	---	Jacqueline Bezuidenhout	49	17/09/2016	2016 Grass Games
3	49.79			F	---	Gabrielle Whelan	55	17/09/2016	2016 Grass Games

Female 400m Sprint

1	53.20			F	---	Olivia Tauro	26	11/03/2017	SUMMERofATHS Grand Prix
2	54.13			F	---	Gabriella O'Grady	19	14/01/2017	Illawarra Track Challenge
3	54.24			P	---	Alexandra Bartholomew	23	24/02/2017	2017 NSW Open, U23 & Para Championships
4	54.33			F	---	Carley Thomas	16	26/03/2017	2017 Australian Athletics Championships
5	55.82			F	---	Olivia Cason	20	24/02/2017	2017 NSW Open, U23 & Para Championships
6	55.91			F	---	Molly Blakey	19	14/01/2017	Illawarra Track Challenge
7	56.62			F	---	Rebecca Bennett	18	26/03/2017	2017 Australian Athletics Championships
8	56.97			F	---	Emma Hunt	24	11/03/2017	AACT 2016 Summer Series #14
9	57.35			F	---	Dominica Jenkins	27	18/03/2017	Bankstown Invitational 2017
10	58.37			F	---	Katrina Lamas	18	11/03/2017	All-comers 11 March 2017
11	58.55			F	---	Tessa Constantine	17	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
12	58.73			F	---	Edita Grinbergs	15	4/02/2017	Sydney Invitational 2017
13	59.06			F	---	Sally Guthrie	14	17/12/2016	2016 NSW Club and Combined Championships
14	59.14			F	---	Sarah Mcdermott	16	3/02/2017	NSW Junior & Youth Championships 2017
15	59.71			F	---	Ali Thomson	17	11/03/2017	All-comers 11 March 2017
16	1:00.07			F	---	Emma Hislop	23	11/02/2017	All Comers and NSW 10000m Walks Championships
17	1:00.35			F	---	Gemma Bratton	14	3/02/2017	NSW Junior & Youth Championships 2017
18	1:00.63			P	---	Ava Walker-Charles	17	3/02/2017	NSW Junior & Youth Championships 2017
19	1:00.75			F	---	Bianca Grimaldi	20	11/03/2017	All-comers 11 March 2017
20	1:00.79			P	---	Sascha Gassmann	15	13/10/2016	2016 2XU NSW All Schools Championships
21	1:00.86			F	---	Latisha Touma	24	11/03/2017	All-comers 11 March 2017
22	1:01.13			F	---	Gabriella Richmond	14	1/10/2016	NSW All Schools Multi Champs + Warm Up Meet
23	1:01.45			P	---	Susie Douglas	15	13/10/2016	2016 2XU NSW All Schools Championships
24	1:02.07			F	---	Nicola Bowtell	18	3/02/2017	NSW Junior & Youth Championships 2017
25	1:02.32			P	---	Alanna Fisher	15	13/10/2016	2016 2XU NSW All Schools Championships
26	1:02.56			F	---	Alice Dixon	12	25/09/2016	Allcomers 25 September 2016
27	1:02.85			F	---	Catherine Pearce	27	14/01/2017	Illawarra Track Challenge
28	1:03.61			P	---	Brooke East	15	13/10/2016	2016 2XU NSW All Schools Championships
29	1:04.11			F	---	Yael Reed	34	4/03/2017	NSW Masters Championships
30	1:04.40			P	---	Jacinta Metcalf	14	13/10/2016	2016 2XU NSW All Schools Championships
31	1:04.44			F	---	Jaime Lovell	32	11/02/2017	All Comers and NSW 10000m Walks Championships
32	1:05.29			F	---	Morgan Kelaher	13	29/05/2016	NSW Pre Departure Meet

33	1:06.2h	1:06.34	F	---	Emily Ratcliffe	32	1/10/2016	Northern Zone Week 3
34	1:06.61		P	---	Zoe Latham	16	13/10/2016	2016 2XU NSW All Schools Championships
35	1:08.28		F	---	Gabrielle Whelan	55	26/10/2016	World Masters Athletics Championships 2016
36	1:10.10		F	---	Deborah Drennan	58	26/10/2016	World Masters Athletics Championships 2016
37	1:12.3h	1:12.44	F	---	Alice Bohdan	44	1/10/2016	Northern Zone Week 3
38	1:21.9h	1:22.04	F	---	Leanne Griffiths	40	12/11/2016	Northern Zone Week 9
39	1:25.1h	1:25.24	F	---	Khali Grimshaw	28	12/11/2016	Northern Zone Week 9
40	1:34.94		F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships
41	1:43.5h	1:43.64	F	---	Nancy Lloyd	63	29/10/2016	Northern Zone Week 7
42	1:47.2h	1:47.34	F	---	Dorothy Kass	63	15/10/2016	Northern Zone Week 5

Female 400m Sprint ELIMINATOR

1	1:07.20	F	---	Imogen Gardiner	14	17/09/2016	2016 Grass Games
2	1:15.26	F	---	Hannah Cerezo	13	17/09/2016	2016 Grass Games

Female 600m Run

1	2:02.70	F	---	Deborah Drennan	58	17/09/2016	2016 Grass Games
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Female 800m Run

1	2:05.40	F	---	Carley Thomas	15	2/12/2016	2016 Australian All Schools Championships
2	2:08.24	F	---	Sarah Mcdermott	16	26/03/2017	2017 Australian Athletics Championships
3	2:08.45	F	---	Isabella Thornton-Bott	19	26/03/2017	2017 Australian Athletics Championships
4	2:10.12	F	---	Alexandra Bartholomew	21	19/11/2016	Treloar Shield Round 4
5	2:11.81	P	---	Bianca Grimaldi	20	26/03/2017	2017 Australian Athletics Championships
6	2:13.12	F	---	Katrina Lamas	18	17/12/2016	2016 NSW Club and Combined Championships
7	2:13.44	F	---	Elese Gallen	22	17/12/2016	2016 NSW Club and Combined Championships
8	2:13.49	P	---	Imogen Gardiner	14	26/03/2017	2017 Australian Athletics Championships
9	2:14.63	P	---	Ali Thomson	18	24/02/2017	2017 NSW Open, U23 & Para Championships
10	2:14.72	F	---	Edita Grinbergs	15	18/02/2017	All-comers and NSW 5km Championships 2017
11	2:18.56	F	---	Molly Blakey	18	3/12/2016	All-comers 3 December 2016
12	2:20.71	P	---	Sally Guthrie	15	26/03/2017	2017 Australian Athletics Championships
13	2:23.96	F	---	Sascha Gassmann	15	13/10/2016	2016 2XU NSW All Schools Championships
14	2:27.61	F	---	Ashlie Edwards	14	18/03/2017	All-comers 18 March 2017
15	2:27.68	F	---	Eloise Doherty	17	18/02/2017	All-comers and NSW 5km Championships 2017
16	2:28.06	F	---	Abigail Johnstone	14	21/01/2017	All-comers 21 January 2017
17	2:28.95	F	---	Emma Baptist	17	12/11/2016	Treloar Shield Round 3
18	2:33.22	F	---	Sophie McGovern	17	17/12/2016	2016 NSW Club and Combined Championships
19	2:36.54	F	---	Brooke East	16	17/12/2016	2016 NSW Club and Combined Championships
20	2:39.93	F	---	Holly Eva Ratajec	22	18/02/2017	All-comers and NSW 5km Championships 2017
21	2:41.23	F	---	Jaime Lovell	32	4/03/2017	NSW Masters Championships
22	2:41.72	P	---	Emma Brown	13	13/10/2016	2016 2XU NSW All Schools Championships
23	2:43.00	F	---	Deborah Drennan	58	19/03/2017	World Masters Indoor Championships 2017
24	2:48.35	P	---	Zoe MacMillan	13	13/10/2016	2016 2XU NSW All Schools Championships
25	2:52.16	P	---	Samantha Geddes	19	26/09/2016	Australian University Games 2016

26	3:06.30		F	---	Emily Davis	09	21/01/2017	All-comers 21 January 2017
27	3:24.8h	3:24.80	F	---	Khali Grimshaw	28	5/11/2016	Northern Zone Week 8
28	3:32.39		F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships
29	4:04.2h	4:04.20	F	---	Nancy Lloyd	63	8/10/2016	Northern Zone Week 4
30	4:07.04		M	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016
31	4:11.8h	4:11.80	F	---	Dorothy Kass	63	8/10/2016	Northern Zone Week 4

Female 1500m Run

1	4:25.93		F	---	Sarah Mcdermott	16	26/03/2017	2017 Australian Athletics Championships
2	4:26.19		F	---	Elese Gallen	23	24/02/2017	2017 NSW Open, U23 & Para Championships
3	4:36.05		F	---	Sarah Reece	17	24/02/2017	2017 NSW Open, U23 & Para Championships
4	4:36.44		F	---	Imogen Gardiner	14	26/03/2017	2017 Australian Athletics Championships
5	4:37.21		F	---	Isabella Thornton-Bott	18	17/12/2016	2016 NSW Club and Combined Championships
6	4:37.60		P	---	Emily Augustine	20	26/03/2017	2017 Australian Athletics Championships
7	4:41.18		P	---	Annabel McDermott	18	26/03/2017	2017 Australian Athletics Championships
8	4:44.85		P	---	Bianca Grimaldi	21	24/02/2017	2017 NSW Open, U23 & Para Championships
9	4:55.56		F	---	Eloise Doherty	17	3/02/2017	NSW Junior & Youth Championships 2017
10	5:11.27		P	---	Emma Brown	13	13/10/2016	2016 2XU NSW All Schools Championships
11	5:14.25		F	---	Ella Wright	18	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
12	5:16.39		F	---	Abigail Johnstone	14	11/03/2017	All-comers 11 March 2017
13	5:42.61		F	---	Jaime Lovell	32	22/10/2016	Treloar Shield Round 2
14	5:43.14		F	---	Rosie Fordham	14	3/02/2017	NSW Junior & Youth Championships 2017
15	5:44.28		F	---	Deborah Drennan	58	19/03/2017	World Masters Indoor Championships 2017
16	6:40.62		F	---	Louise McAllister	49	8/10/2016	Treloar Shield Round 1
17	7:21.1h	7:21.10	F	---	Khali Grimshaw	28	12/11/2016	Northern Zone Week 9
18	7:51.7h	7:51.70	F	---	Leanne Griffiths	40	1/10/2016	Northern Zone Week 3
19	7:55.6h	7:55.60	F	---	Suzanne Brown	51	10/09/2016	Northern Zone Week 1
20	8:14.7h	8:14.70	F	---	Nancy Lloyd	63	15/10/2016	Northern Zone Week 5
21	8:35.6h	8:35.60	F	---	Dorothy Kass	63	15/10/2016	Northern Zone Week 5

Female 3000m Run

1	9:30.94	3:10.31	F	---	Annabel McDermott	17	16/06/2016	NSW Pre Departure Meet
2	10:43.27	3:34.42	F	---	Hannah Cerezo	13	26/03/2017	2017 Australian Athletics Championships
3	11:05.81	3:41.94	F	---	Astrid Kingsmill	15	13/10/2016	2016 2XU NSW All Schools Championships
4	11:50.73	3:56.91	F	---	Holly Eva Ratajec	22	18/03/2017	All-comers 18 March 2017
5	13:19.17	4:26.39	F	---	Jacinta Metcalf	14	12/11/2016	Treloar Shield Round 3
6	13:39.4h	4:33.13	F	---	Deborah Drennan	58	24/09/2016	Northern Zone Week 2
7	17:24.3h	5:48.10	F	---	Nancy Lloyd	63	8/10/2016	Northern Zone Week 4
8	19:09.9h	6:23.30	F	---	Dorothy Kass	63	8/10/2016	Northern Zone Week 4

Female 5000m Run

1	16:08.44	3:13.69	F	---	Annabel McDermott	17	19/07/2016	IAAF World U20 Championships Bydgoszcz
2	16:46.25	3:21.25	F	---	Elese Gallen	22	18/02/2017	All-comers and NSW 5km Championships 2017
3	17:52.00	3:34.40	F	---	Sarah Marvin	18	7/05/2016	Greater Sydney 10K

4	19:12.00	3:50.40	F	---	Bianca Grimaldi	19	7/05/2016	Greater Sydney 10K
5	20:09.91	4:01.98	F	---	Ella Wright	18	26/09/2016	Australian University Games 2016

Female 10000m Run

1	34:29.00	3:26.90	F	---	Annabel McDermott	17	7/05/2016	Greater Sydney 10K
2	45:23.00	4:32.30	F	---	Emma Brown	13	7/05/2016	Greater Sydney 10K
3	1:00:25.00	6:02.50	F	---	Nancy Lloyd	62	7/05/2016	Greater Sydney 10K
4 *	1:11:33.00	7:09.30	F	---	Caroline Layt	50	7/05/2016	Greater Sydney 10K
4 *	1:11:33.00	7:09.30	F	---	Dorothy Kass	62	7/05/2016	Greater Sydney 10K

Female 1500m Walk

1	7:52.50		F	---	Imogen Steele	13	19/11/2016	Treloar Shield Round 4
2	8:48.45		F	---	Ainslie Brown	14	11/03/2017	All-comers 11 March 2017
3	10:01.8h	10:01.80	F	---	Nancy Lloyd	63	22/10/2016	Northern Zone Week 6
4	10:02.9h	10:02.90	F	---	Carmel Parker	51	24/09/2016	Northern Zone Week 2
5	10:55.2h	10:55.20	F	---	Dorothy Kass	63	8/10/2016	Northern Zone Week 4
6	12:53.1h	12:53.10	F	---	Roslyn Wolfers	71	8/10/2016	Northern Zone Week 4

Female 3000m Walk

1	17:49.84		F	---	Imogen Steele	13	1/10/2016	NSW All Schools Multi Champs + Warm Up Meet
2	17:57.50		F	---	Elise Brennan	14	1/10/2016	NSW All Schools Multi Champs + Warm Up Meet
3	21:13.2h	21:13.20	F	---	Ainslie Brown	14	12/11/2016	Northern Zone Week 9
4	21:22.2h	21:22.20	F	---	Nancy Lloyd	63	10/09/2016	Northern Zone Week 1
5	25:24.0h	25:24.00	F	---	Dorothy Kass	63	15/10/2016	Northern Zone Week 5
6	26:31.7h	26:31.70	F	---	Stephanie Brown	51	12/11/2016	Northern Zone Week 9

Female 10000m Walk

1	1:17:46.00		F	---	Suzanne Brown	51	26/10/2016	World Masters Athletics Championships 2016
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Female 80m Hurdles 0.762m

1	13.00	-1.0	F	---	Jessica Maciver	13	13/10/2016	2016 2XU NSW All Schools Championships
2	13.20	+0.6	F	---	Georgia Fichardt	13	26/03/2017	2017 Australian Athletics Championships
3	13.54	-1.0	F	---	Annika Lynch	12	13/10/2016	2016 2XU NSW All Schools Championships
4	13.55	-1.0	F	---	Georgia Healy	12	13/10/2016	2016 2XU NSW All Schools Championships
5	14.21	+1.2	F	---	Ruby Mahendran	13	3/02/2017	NSW Junior & Youth Championships 2017
6	15.13	-0.1	F	---	Lily Worrall	14	12/11/2016	Treloar Shield Round 3

Female 90m Hurdles 0.762m

1	12.50	+2.8	F	---	Abigail Stevanovic	14	18/02/2017	All-comers and NSW 5km Championships 2017
2	12.52	+0.7	F	---	Mia Hemsworth	14	2/12/2016	2016 Australian All Schools Championships
3	12.78	+2.4	F	---	Emily Britton	14	13/10/2016	2016 2XU NSW All Schools Championships
4	12.94	+2.8	F	---	Nicolette Donofrio	14	18/02/2017	All-comers and NSW 5km Championships 2017
5	13.51	+0.9	F	---	Annika Lynch	13	26/03/2017	2017 Australian Athletics Championships
6	13.92	NWI	F	---	Susie Douglas	15	1/10/2016	NSW All Schools Multi Champs + Warm Up Meet
7	14.67	-0.6	P	---	Jessica Maciver	13	26/03/2017	2017 Australian Athletics Championships
8	14.69	-0.5	F	---	Georgia Healy	13	18/02/2017	All-comers and NSW 5km Championships 2017
9	14.84	+0.3	F	---	Isabel McCarthy	14	3/02/2017	NSW Junior & Youth Championships 2017

10	15.04	NWI	F	---	Gabriella Richmond	14	1/10/2016	NSW All Schools Multi Champs + Warm Up Meet
11	16.32	-0.7	F	---	Tanisha Ivanoff	13	3/02/2017	NSW Junior & Youth Championships 2017
12	16.36	-0.2	F	---	Ashlie Edwards	14	17/12/2016	2016 NSW Club and Combined Championships

Female 100m Hurdles 0.762m

1	13.61	+1.5	P	---	Tiana Death	16	2/12/2016	2016 Australian All Schools Championships
2	14.73	+0.0	P	---	Sophie McGovern	17	2/12/2016	2016 Australian All Schools Championships
3	15.19	-0.5	P	---	Susie Douglas	16	26/03/2017	2017 Australian Athletics Championships
4	15.27	+0.6	F	---	Tessa Constantine	17	12/11/2016	Treloar Shield Round 3
5	15.65	-0.2	P	---	Mallory Bassett	16	26/03/2017	2017 Australian Athletics Championships
6	15.90	+2.2	F	---	Anna MacGregor	16	13/10/2016	2016 2XU NSW All Schools Championships
7	16.06	+2.2	F	---	Brooke East	15	13/10/2016	2016 2XU NSW All Schools Championships
8	17.88	+1.9	P	---	Jessica Weidenhofer	15	13/10/2016	2016 2XU NSW All Schools Championships

Female 100m Hurdles 0.840m

1	13.53	+1.3	P	---	Gabriella O'Grady	19	19/07/2016	IAAF World U20 Championships Bydgoszcz
2	14.41	+1.6	P	---	Carla Takchi	19	26/03/2017	2017 Australian Athletics Championships
3	14.59	+3.0	F	---	Karina Brown	18	13/10/2016	2016 2XU NSW All Schools Championships
4	15.82	+0.5	F	---	Tessa Constantine	17	3/02/2017	NSW Junior & Youth Championships 2017
5	20.06	NWI	F	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016

Female 200m Hurdles 0.762m

1	27.15	+2.2	F	---	Abigail Stevanovic	14	2/12/2016	2016 Australian All Schools Championships
2	28.87	-1.1	F	---	Susie Douglas	15	19/11/2016	Treloar Shield Round 4
3	29.12	-0.3	F	---	Nicolette Donofrio	14	13/10/2016	2016 2XU NSW All Schools Championships
4	29.24	+1.8	F	---	Annika Lynch	13	26/03/2017	2017 Australian Athletics Championships
5	30.38	-0.3	F	---	Stephanie Potter	14	13/10/2016	2016 2XU NSW All Schools Championships
6	31.20	+1.3	F	---	Gabriella Richmond	14	1/10/2016	NSW All Schools Multi Champs + Warm Up Meet
7	31.85	-0.3	F	---	Isabel McCarthy	14	13/10/2016	2016 2XU NSW All Schools Championships
8	33.27	-0.3	F	---	Tamara Kowcz Rosinke	15	13/10/2016	2016 2XU NSW All Schools Championships
9 *	34.26	+0.0	F	---	Georgia Healy	13	3/02/2017	NSW Junior & Youth Championships 2017
9 *	34.26	-1.7	F	---	Georgia Fichardt	12	22/10/2016	Treloar Shield Round 2

Female 300m Hurdles 0.762m

1	52.56	F	---	Jacqueline Bezuidenhout	49	25/09/2016	Allcomers 25 September 2016
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Female 400m Hurdles 0.762m

1	1:01.69	F	---	Tessa Constantine	18	18/03/2017	Bankstown Invitational 2017
2	1:02.73	F	---	Elana Withnall	24	24/02/2017	2017 NSW Open, U23 & Para Championships
3	1:03.07	P	---	Madeleine Powell	25	26/03/2017	2017 Australian Athletics Championships
4	1:03.70	F	---	Susie Douglas	16	26/03/2017	2017 Australian Athletics Championships
5	1:04.86	P	---	Catherine Pearce	28	24/02/2017	2017 NSW Open, U23 & Para Championships
6	1:05.66	F	---	Gabriella Richmond	15	26/03/2017	2017 Australian Athletics Championships
7	1:08.08	F	---	Sascha Gassmann	15	19/11/2016	Treloar Shield Round 4
8	1:08.67	F	---	Emma Baptist	17	22/10/2016	Treloar Shield Round 2
9	1:10.88	F	---	Brooke East	16	3/02/2017	NSW Junior & Youth Championships 2017

10	1:12.11	F	---	Lauryn Walker	16	25/09/2016	Allcomers 25 September 2016
11	1:12.78	F	---	Sophie McGovern	17	3/02/2017	NSW Junior & Youth Championships 2017
12	1:15.86	F	---	Jaime Lovell	32	17/12/2016	2016 NSW Club and Combined Championships
13	1:18.15	F	---	Zoe Latham	16	13/10/2016	2016 2XU NSW All Schools Championships
14	4:49.10	F	---	Bianca Grimaldi	20	17/12/2016	2016 NSW Club and Combined Championships

Female 15000m Walk

1	1:55:12.00	F	---	Suzanne Brown	50	24/07/2016	NSW Long Walks Championships
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Female 2000m StplCh 0.762m

1	7:52.24	P	---	Astrid Kingsmill	15	26/03/2017	2017 Australian Athletics Championships
2	7:58.57	F	---	Mary Fien	44	4/03/2017	NSW Masters Championships

Female High Jump

1	1.60m	F	---	Annabelle Parmegiani	18	26/09/2016	Australian University Games 2016
2	1.55m	F	---	Melissa Fitzsimmons	18	17/12/2016	2016 NSW Club and Combined Championships
3	1.50m	F	---	Lily Worrall	14	12/11/2016	Treloar Shield Round 3
4	1.48m	M	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016
5	1.45m	F	---	Elana Withnall	23	26/11/2016	2016 NSW Relay Championships
6	1.44m	F	---	Ashlie Edwards	14	17/12/2016	2016 NSW Club and Combined Championships
7	1.40m	F	---	Carla Takchi	19	26/11/2016	2016 NSW Relay Championships
8	1.36m	F	---	Brooke East	16	17/12/2016	2016 NSW Club and Combined Championships
9	1.35m	F	---	Georgia Fichardt	12	12/11/2016	Treloar Shield Round 3

Female High Jump Scissors

1	1.30m	F	---	Sophie McGovern	17	17/09/2016	2016 Grass Games
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Female Half Marthn

1	2:04:01.00	F	---	Beck Myers	43	28/08/2016	NSW Half Marathon Championships
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Female Pole Vault

1	2.10m	F	---	Lily Worrall	14	3/02/2017	NSW Junior & Youth Championships 2017
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Female Long Jump

1	5.39m	+1.9	F	---	Melissa Fitzsimmons	18	17/12/2016	2016 NSW Club and Combined Championships
2	5.22m	+1.5	F	---	Kristie Edwards	17	18/03/2017	All-comers 18 March 2017
3	5.15m	+1.8	F	---	Tamara Kowcz Rosinke	15	13/10/2016	2016 2XU NSW All Schools Championships
4	5.09m	NWI	F	---	Carla Takchi	19	26/11/2016	2016 NSW Relay Championships
5 *	5.01m	NWI	F	---	Lara Halmarick	14	3/02/2017	NSW Junior & Youth Championships 2017
5 *	5.01m	+0.8	F	---	Kylie Strong	49	26/10/2016	World Masters Athletics Championships 2016
7	5.00m	+0.1	F	---	Jessica Maciver	13	26/03/2017	2017 Australian Athletics Championships
8	4.96m	NWI	F	---	Greta Andrews	13	3/02/2017	NSW Junior & Youth Championships 2017
9	4.94m	+1.7	F	---	Susie Douglas	15	13/10/2016	2016 2XU NSW All Schools Championships
10	4.85m	+1.5	F	---	Annabelle Parmegiani	19	17/12/2016	2016 NSW Club and Combined Championships
11	4.82m	NWI	F	---	Elana Withnall	23	26/11/2016	2016 NSW Relay Championships
12	4.69m	+2.2	F	---	Brooke East	16	17/12/2016	2016 NSW Club and Combined Championships
13	4.67m	-0.9	F	---	Annika Lynch	12	13/10/2016	2016 2XU NSW All Schools Championships
14	4.59m	NWI	F	---	Maya Challoner	14	3/02/2017	NSW Junior & Youth Championships 2017

15	4.54m	+0.0	F	---	Morgan Kelaher	13	3/12/2016	All-comers 3 December 2016
16	4.45m	-0.7	F	---	Jaime Lovell	32	4/03/2017	NSW Masters Championships
17	4.41m	+0.3	F	---	Jessica Weidenhofer	15	13/10/2016	2016 2XU NSW All Schools Championships
18	4.34m	-2.2	F	---	Alice Bohdan	44	4/03/2017	NSW Masters Championships
19 *	4.31m		F	---	Emily Ratcliffe	32	1/10/2016	Northern Zone Week 3
19 *	4.31m	-0.2	F	---	Sophie McGovern	17	17/12/2016	2016 NSW Club and Combined Championships
21	4.28m	-0.1	F	---	Alissa Jordaan	13	11/02/2017	All Comers and NSW 10000m Walks Championships
22	4.26m	NWI	F	---	Nicolette Donofrio	14	26/11/2016	2016 NSW Relay Championships
23	4.25m	+2.9	M	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016
24	4.24m		F	---	Maria Cimino	45	10/09/2016	Northern Zone Week 1
25	4.22m	NWI	F	---	Lily Worrall	14	26/11/2016	2016 NSW Relay Championships
26	4.20m	-0.4	F	---	Ashlie Edwards	14	26/03/2017	2017 Australian Athletics Championships
27	4.15m	+2.4	F	---	Ruby Mahendran	12	13/10/2016	2016 2XU NSW All Schools Championships
28	3.88m	+0.6	F	---	Janet Naylor	50	11/02/2017	All Comers and NSW 10000m Walks Championships
29	3.81m	-0.8	F	---	Gabrielle Whelan	56	4/03/2017	NSW Masters Championships
30	3.78m		F	---	Bronte Hodson	13	12/11/2016	Northern Zone Week 9
31 *	3.71m	NWI	F	---	Stephanie Potter	14	26/11/2016	2016 NSW Relay Championships
31 *	3.71m		F	---	Sarah Culhane	52	10/09/2016	Northern Zone Week 1
33	3.24m		F	---	Jemma Chamberlain	10	15/10/2016	Northern Zone Week 5
34	2.99m		F	---	Jillian Senior	64	8/10/2016	Northern Zone Week 4
35	2.47m		F	---	Dorothy Kass	63	29/10/2016	Northern Zone Week 7

Female Long Jump Aggregate

1	14.71m	NWI	F	---	Sophie McGovern	17	17/09/2016	2016 Grass Games
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Female Triple Jump

1	11.83m	+0.2	P	---	Annabelle Parmegiani	18	26/09/2016	Australian University Games 2016
2	10.99m	+2.3	F	---	Tamara Kowcz Rosinke	15	2/12/2016	2016 Australian All Schools Championships
3	10.78m	+2.1	F	---	Greta Andrews	12	13/10/2016	2016 2XU NSW All Schools Championships
4	10.77m	+1.7	F	---	Lara Halmarick	14	21/01/2017	All-comers 21 January 2017
5	10.66m	+1.8	F	---	Lily Worrall	14	21/01/2017	All-comers 21 January 2017
6	10.62m	+1.7	F	---	Annika Lynch	12	13/10/2016	2016 2XU NSW All Schools Championships
7	10.26m	+2.9	F	---	Susie Douglas	15	13/10/2016	2016 2XU NSW All Schools Championships
8	9.77m	+0.0	F	---	Stephanie Potter	14	12/11/2016	Treloar Shield Round 3
9	9.73m	+3.0	F	---	Bianca Jom	13	13/10/2016	2016 2XU NSW All Schools Championships
10	9.51m	-0.3	F	---	Jaime Lovell	32	4/03/2017	NSW Masters Championships
11	9.37m	0.2	F	---	Alice Bohdan	44	4/03/2017	NSW Masters Championships
12	9.21m	+0.0	F	---	Kylie Strong	49	18/02/2017	All-comers and NSW 5km Championships 2017
13	8.66m	+3.1	F	---	Maria Cimino	45	26/10/2016	World Masters Athletics Championships 2016
14	8.15m		F	---	Sarah Culhane	52	8/10/2016	Northern Zone Week 4
15	8.00m		F	---	Khali Grimshaw	28	5/11/2016	Northern Zone Week 8

Female Shot Put 3kg

1	12.55m		F	---	Caroline Layt	51	26/10/2016	World Masters Athletics Championships 2016
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2	10.34m	F	---	Hannah Morgan	13	26/11/2016	2016 NSW Relay Championships
3	10.14m	F	---	Brooke East	16	17/12/2016	2016 NSW Club and Combined Championships
4	9.92m	F	---	Isabel McCarthy	14	13/10/2016	2016 2XU NSW All Schools Championships
5	9.75m	F	---	Bronte Hodson	13	3/02/2017	NSW Junior & Youth Championships 2017
6	8.74m	F	---	Annabelle Gillings	16	26/11/2016	2016 NSW Relay Championships
7	8.66m	F	---	Ashlie Edwards	14	17/12/2016	2016 NSW Club and Combined Championships
8	8.61m	F	---	Rebecca Moore	13	26/11/2016	2016 NSW Relay Championships
9	8.29m	F	---	Suzanne Brown	51	10/09/2016	Northern Zone Week 1
10	8.17m	F	---	Annika Mountstephens	16	3/02/2017	NSW Junior & Youth Championships 2017
11	7.69m	F	---	Jenny Schell	54	5/11/2016	Northern Zone Week 8
12	7.59m	F	---	Sarah Culhane	52	29/10/2016	Northern Zone Week 7
13	6.90m	F	---	Rheanna McMahon	12	26/11/2016	2016 NSW Relay Championships
14	6.41m	F	---	Jillian Senior	64	12/11/2016	Northern Zone Week 9
15	6.00m	F	---	Roslyn Wolfers	71	10/09/2016	Northern Zone Week 1
16	4.89m	F	---	Karen Jones	64	1/10/2016	21st AMA Winter Throws Championships

Female Shot Put 4kg

1	10.49m	F	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016
2	10.07m	F	---	Caroline Layt	51	26/11/2016	2016 NSW Relay Championships
3	9.97m	F	---	Alice Bohdan	44	26/11/2016	2016 NSW Relay Championships
4	9.95m	F	---	Elana Withnall	23	26/11/2016	2016 NSW Relay Championships
5	9.48m	M	---	Maria Cimino	45	18/02/2017	NSW Masters Throws Pentathlon Championships
6	8.10m	F	---	Kylie Strong	49	26/11/2016	2016 NSW Relay Championships
7	7.89m	F	---	Beck Myers	43	12/11/2016	Northern Zone Week 9
8	7.78m	F	---	Olivia Cason	19	19/11/2016	Treloar Shield Round 4
9	7.48m	P	---	Samantha Geddes	19	26/09/2016	Australian University Games 2016
10	7.03m	F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships
11	6.89m	F	---	Khali Grimshaw	28	12/11/2016	Northern Zone Week 9
12	6.45m	F	---	Gabrielle Whelan	55	26/11/2016	2016 NSW Relay Championships
13	6.31m	F	---	Belinda Chapman	36	26/11/2016	2016 NSW Relay Championships

Female Shot Put Overhead

1	10.67m	F	---	Maria Cimino	45	17/09/2016	2016 Grass Games
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Female Discus 1kg

1	41.16m	F	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016
2	38.74m	F	---	Claudia Steiner	22	4/11/2016	All-comers 4 November 2016
3	33.29m	F	---	Brooke East	16	3/02/2017	NSW Junior & Youth Championships 2017
4	33.14m	F	---	Annabelle Gillings	16	13/10/2016	2016 2XU NSW All Schools Championships
5	30.29m	F	---	Caroline Layt	51	26/10/2016	World Masters Athletics Championships 2016
6	29.36m	F	---	Eliza Cepak	21	26/11/2016	2016 NSW Relay Championships
7	28.16m	F	---	Isabel McCarthy	14	13/10/2016	2016 2XU NSW All Schools Championships
8	28.00m	F	---	Tamara Kowcz Rosinke	15	26/11/2016	2016 NSW Relay Championships
9	27.24m	F	---	Khali Grimshaw	28	19/11/2016	Northern Zone Week 10

10	26.36m	F	---	Maria Cimino	45	19/11/2016	Northern Zone Week 10
11	23.97m	F	---	Evelyn McKay	13	26/11/2016	2016 NSW Relay Championships
12	23.07m	F	---	Alice Bohdan	44	4/03/2017	NSW Masters Championships
13	22.69m	F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships
14	21.90m	F	---	Tahnee Hodson	16	26/11/2016	2016 NSW Relay Championships
15	21.43m	F	---	Bronte Hodson	12	13/10/2016	2016 2XU NSW All Schools Championships
16	20.50m	F	---	Lauren Brown	14	26/11/2016	2016 NSW Relay Championships
17	20.23m	F	---	Sarah Culhane	52	5/11/2016	Northern Zone Week 8
18	19.81m	F	---	Jenny Schell	54	5/11/2016	Northern Zone Week 8
19	14.71m	P	---	Olivia Cason	19	26/09/2016	Australian University Games 2016
20	13.87m	F	---	Roslyn Wolfers	71	5/11/2016	Northern Zone Week 8
21	13.55m	F	---	Jillian Senior	64	19/11/2016	Northern Zone Week 10
22	12.67m	F	---	Karen Jones	64	24/09/2016	Northern Zone Week 2

Female Hammer 3kg

1	42.44m	F	---	Caroline Layt	51	26/10/2016	World Masters Athletics Championships 2016
2	31.29m	F	---	Gemma Lapsley	16	11/02/2017	All Comers and NSW 10000m Walks Championships
3	29.75m	F	---	Holly Anderson	15	11/02/2017	All Comers and NSW 10000m Walks Championships
4	21.22m	F	---	Jillian Senior	64	12/11/2016	Northern Zone Week 9
5	18.32m	F	---	Sarah Culhane	52	29/10/2016	Northern Zone Week 7
6	15.36m	F	---	Roslyn Wolfers	71	12/11/2016	Northern Zone Week 9
7	13.78m	F	---	Karen Jones	64	1/10/2016	21st AMA Winter Throws Championships
8	9.99m	F	---	Bronte Hodson	13	12/11/2016	Northern Zone Week 9

Female Hammer 4kg

1	33.18m	F	---	Maria Cimino	45	11/02/2017	All Comers and NSW 10000m Walks Championships
2	31.57m	F	---	Gemma Lapsley	16	5/03/2017	Thrower's Club Permit Meet
3	30.25m	F	---	Holly Anderson	15	5/03/2017	Thrower's Club Permit Meet
4	24.82m	F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships
5	13.30m	F	---	Khali Grimshaw	28	12/11/2016	Northern Zone Week 9

Female Javelin 400g

1	28.68m	F	---	Poppy Williamson	08	13/10/2016	2016 2XU NSW All Schools Championships
2	23.33m	F	---	Bronte Hodson	13	12/11/2016	Northern Zone Week 9

Female Javelin 500g

1	45.69m	F	---	Brooke East	16	26/03/2017	2017 Australian Athletics Championships
2	37.66m	F	---	Annika Mountstephens	16	2/12/2016	2016 Australian All Schools Championships
3	36.98m	F	---	Ashlie Edwards	17	26/03/2017	2017 Australian Athletics Championships
4	32.51m	F	---	Tamara Kowcz Rosinke	15	13/10/2016	2016 2XU NSW All Schools Championships
5	30.82m	F	---	Olivia Hayes	14	26/11/2016	2016 NSW Relay Championships
6	24.38m	F	---	Isabel McCarthy	14	13/10/2016	2016 2XU NSW All Schools Championships
7	22.56m	F	---	Bronte Hodson	13	26/11/2016	2016 NSW Relay Championships
8	21.55m	F	---	Sarah Culhane	52	15/10/2016	Northern Zone Week 5

9	21.29m	F	---	Tahnee Hodson	16	26/11/2016	2016 NSW Relay Championships
10	21.00m	F	---	Jacqueline Bezuidenhout	50	4/03/2017	NSW Masters Championships
11	20.78m	F	---	Hannah Morgan	13	26/11/2016	2016 NSW Relay Championships
12	16.86m	F	---	Caroline Layt	51	26/10/2016	World Masters Athletics Championships 2016
13	16.07m	F	---	Suzanne Brown	51	10/09/2016	Northern Zone Week 1
14	12.93m	F	---	Jillian Senior	64	12/11/2016	Northern Zone Week 9
15	11.70m	F	---	Roslyn Wolfers	71	10/09/2016	Northern Zone Week 1

Female Javelin 600g

1	38.40m	F	---	Brooke East	17	24/02/2017	2017 NSW Open, U23 & Para Championships
2	30.65m	F	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016
3	27.70m	F	---	Alice Bohdan	44	1/10/2016	Northern Zone Week 3
4	26.87m	F	---	Beck Myers	43	26/10/2016	World Masters Athletics Championships 2016
5	24.22m	F	---	Maria Cimino	45	4/03/2017	NSW Masters Championships
6	21.31m	F	---	Khali Grimshaw	28	12/11/2016	Northern Zone Week 9
7	19.74m	F	---	Caroline Layt	51	26/11/2016	2016 NSW Relay Championships
8	18.01m	F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships
9	9.36m	F	---	Karen Jones	64	1/10/2016	21st AMA Winter Throws Championships

Female Wght Thr 100lb

1	1.65m	F	---	Maria Cimino	45	1/10/2016	21st AMA Winter Throws Championships
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Female Wght Thr 11.34kg

1	8.72m	M	---	Maria Cimino	45	1/10/2016	21st AMA Winter Throws Championships
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Female Wght Thr 15.88kg

1	6.10m	F	---	Maria Cimino	45	8/04/2017	NSWMA Heavy Weight Pentathlon Championships
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Female Wght Thr 3kg

1	12.12m	F	---	Jillian Senior	65	8/04/2017	NSWMA Heavy Weight Pentathlon Championships
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Female Wght Thr 4kg

1	10.01m	F	---	Jillian Senior	65	8/04/2017	NSWMA Heavy Weight Pentathlon Championships
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Female Wght Thr 5.45kg

1	15.14m	F	---	Maria Cimino	45	1/10/2016	21st AMA Winter Throws Championships
2	9.05m	F	---	Jillian Senior	64	19/11/2016	Northern Zone Week 10
3	5.93m	F	---	Karen Jones	64	24/09/2016	Northern Zone Week 2
4	5.38m	F	---	Dorothy Kass	63	22/10/2016	Northern Zone Week 6

Female Wght Thr 56lb

1	3.32m	F	---	Maria Cimino	45	1/10/2016	21st AMA Winter Throws Championships
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Female Wght Thr 7.26kg

1	13.92m	F	---	Caroline Layt	51	26/10/2016	World Masters Athletics Championships 2016
2	12.69m	M	---	Maria Cimino	45	1/10/2016	21st AMA Winter Throws Championships
3	7.69m	F	---	Sarah Culhane	52	8/10/2016	Northern Zone Week 4
4	6.86m	F	---	Jillian Senior	65	8/04/2017	NSWMA Heavy Weight Pentathlon Championships

Female Wght Thr 9.080kg

1	10.99m		M	---	Maria Cimino	44	14/08/2016	NSW Masters Winter Throws Series #4	
Female Wght Thr 9.08kg									
1	10.92m		F	---	Maria Cimino	45	9/11/2016	Jupiters Pan Pacific Masters Games 2016	
2	6.39m		F	---	Melissa Baulman	33	4/03/2017	NSW Masters Championships	
3	5.91m		F	---	Jillian Senior	65	8/04/2017	NSWMA Heavy Weight Pentathlon Championships	
Female Heptathlon									
1	3678		F	---	Ashlie Edwards	14	17/12/2016	2016 NSW Club and Combined Championships	
2	4096		F	---	Brooke East	16	17/12/2016	2016 NSW Club and Combined Championships	
3	2789		F	---	Larissa O'Dea	19	26/09/2016	Australian University Games 2016	
Female Wght Pent									
1	3873		F	---	Caroline Layt	51	26/10/2016	World Masters Athletics Championships 2016	
2	2848		F	---	Maria Cimino	45	9/11/2016	Jupiters Pan Pacific Masters Games 2016	
Female Wght Pent Heavy									
1	3358		F	---	Maria Cimino	45	1/10/2016	21st AMA Winter Throws Championships	
2	2838		F	---	Jillian Senior	65	8/04/2017	NSWMA Heavy Weight Pentathlon Championships	
Male 60m Sprint									
1	7.02	-1.1	F	---	Anthony Collum	21	4/03/2017	AACT 2016 Summer Series #13	
2	7.06	-0.4	F	---	Elijah Williams	20	14/01/2017	Illawarra Track Challenge	
3	7.08	+2.4	F	---	Ashley McMahon	41	14/01/2017	Illawarra Track Challenge	
4	7.18	-0.9	F	---	Jack Edwards	22	18/02/2017	All-comers and NSW 5km Championships 2017	
5	7.29	-0.5	F	---	Ashlyn Ndlovu	19	18/02/2017	All-comers and NSW 5km Championships 2017	
6	7.42	-1.8	F	---	Daniel White-Alikakos	24	18/02/2017	All-comers and NSW 5km Championships 2017	
7	7.2h	NWI	7.44	F	---	Joe Whelan	21	24/09/2016	Northern Zone Week 2
8	7.55	-1.8	F	---	Simon Cox	20	18/02/2017	All-comers and NSW 5km Championships 2017	
9	7.72	-1.3	F	---	Paul Stinson	45	4/03/2017	NSW Masters Championships	
10	7.75	-0.8	F	---	Michael Gedz	51	18/02/2017	All-comers and NSW 5km Championships 2017	
11	7.76	-0.6	F	---	Ryan Dowling	37	4/03/2017	NSW Masters Championships	
12	7.83	-1.8	F	---	Michael Northey	20	18/02/2017	All-comers and NSW 5km Championships 2017	
13	8.15	NWI		F	---	Caerl Murray	41	18/02/2017	All-comers and NSW 5km Championships 2017
14	8.25	0.1	F	---	David Shearsby	60	4/03/2017	NSW Masters Championships	
15	8.43	1.1	F	---	Tim McGrath	54	4/03/2017	NSW Masters Championships	
16	8.2h	NWI	8.44	F	---	Ronald Ross	57	5/11/2016	Northern Zone Week 8
17	8.73		P	---	Victor Ramondetta	62	19/03/2017	World Masters Indoor Championships 2017	
18	8.8h	NWI	9.04	F	---	Adam Parsonage	49	8/10/2016	Northern Zone Week 4
19	9.04	1.1	F	---	Simon Hewitt	52	4/03/2017	NSW Masters Championships	
20	9.25	+0.5	F	---	James Hunt	13	18/02/2017	All-comers and NSW 5km Championships 2017	
21	9.52	0.2	F	---	Zoran Novicic	56	4/03/2017	NSW Masters Championships	
22	9.4h	NWI	9.64	F	---	Nicholas Bastas	78	24/09/2016	Northern Zone Week 2
23	9.87	+0.5	F	---	Elijah McMahon	11	18/02/2017	All-comers and NSW 5km Championships 2017	
24	10.13	+0.5	F	---	Sam Holmes	08	18/02/2017	All-comers and NSW 5km Championships 2017	
25	9.9h	NWI	10.14	F	---	Leslie Gillies	69	24/09/2016	Northern Zone Week 2

26	10.47	-0.3		F	---	Richard Hughes	84	4/03/2017	NSW Masters Championships
27	10.51	-1.0		F	---	Max Holmes	11	18/02/2017	All-comers and NSW 5km Championships 2017
28	10.8h	NWI	11.04	F	---	Terrence Carter	59	24/09/2016	Northern Zone Week 2
29	11.17	+0.5		F	---	Zion McMahon	07	18/02/2017	All-comers and NSW 5km Championships 2017
30	11.32	-0.3		F	---	Michael Johnson	81	4/03/2017	NSW Masters Championships
31	12.2h	NWI	12.44	F	---	Ron Shoesmith	69	8/10/2016	Northern Zone Week 4

Male 100m Sprint

1	10.47	+2.4		F	---	William Lloyd	17	13/10/2016	2016 2XU NSW All Schools Championships
2	10.67	+3.4		F	---	Ashley McMahon	41	26/10/2016	World Masters Athletics Championships 2016
3	10.84	-1.7		F	---	Josh Swan	19	29/05/2016	NSW Pre Departure Meet
4	10.91	+2.6		F	---	Anthony Collum	20	26/09/2016	Australian University Games 2016
5	11.01	+1.0		F	---	Elijah Williams	20	14/01/2017	Illawarra Track Challenge
6	11.03	+0.6		F	---	Matthew Wood	19	11/03/2017	All-comers 11 March 2017
7	11.09	+1.7		F	---	Jack Edwards	22	3/02/2017	AACT 2016 Summer Series #10
8	11.35	+0.7		M	---	Alec Diamond	18	19/07/2016	IAAF World U20 Championships Bydgoszcz
9	11.38	-1.7		F	---	Emmanuel Fakiye	19	5/11/2016	All-comers 5 November 2016
10	11.43	+0.5		P	---	Ashlyn Ndlovu	19	3/02/2017	NSW Junior & Youth Championships 2017
11	11.48	+1.7		F	---	Daniel White-Alikakos	24	29/10/2016	All-comers 29 October 2016
12	11.63	-1.4		F	---	Joe Whelan	21	22/10/2016	Treloar Shield Round 2
13	11.65	-1.0		F	---	Louis Stenmark	18	18/02/2017	All-comers and NSW 5km Championships 2017
14	11.66	+1.6		F	---	Corey Furminger	20	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
15	11.69	NWI		M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016
16	11.70	+1.1		F	---	Simon Cox	20	3/12/2016	All-comers 3 December 2016
17	11.74	+1.3		F	---	Alex Willett	15	3/02/2017	NSW Junior & Youth Championships 2017
18	11.77	+0.0		F	---	Harrison Bennett	16	18/03/2017	All-comers 18 March 2017
19	11.79	-1.3		P	---	Max Mandera	13	26/03/2017	2017 Australian Athletics Championships
20	11.80	NWI		M	---	William Richardson	20	26/09/2016	Australian University Games 2016
21	11.86	-1.4		P	---	Jarrold Cowley	20	24/02/2017	2017 NSW Open, U23 & Para Championships
22	11.89	-2.3		F	---	Jackson Robinson	17	18/02/2017	All-comers and NSW 5km Championships 2017
23	11.95	+0.6		F	---	David Tran	25	18/11/2016	All-comers 18 November 2016
24	12.02	-4.0		F	---	Benjamin Allen	19	8/10/2016	Treloar Shield Round 1
25	12.04	+0.0		F	---	Ryan Dowling	37	11/03/2017	All-comers 11 March 2017
26 *	12.05	NWI		P	---	Clinton Mcewan	25	26/09/2016	Australian University Games 2016
26 *	12.05	+0.0		F	---	Lachlan Dalton	14	21/01/2017	All-comers 21 January 2017
28	11.9h	NWI	12.14	F	---	Paul Stinson	45	15/10/2016	Northern Zone Week 5
29	12.18	-1.0		P	---	Jackson Kang	21	24/02/2017	2017 NSW Open, U23 & Para Championships
30	12.22	-1.6		F	---	Gabriel Wood	14	3/02/2017	NSW Junior & Youth Championships 2017
31 *	12.28	+2.0		P	---	Jasper Spiller	16	13/10/2016	2016 2XU NSW All Schools Championships
31 *	12.28	-0.4		F	---	Riley Hemsworth	13	18/02/2017	All-comers and NSW 5km Championships 2017
33	12.30	+0.6		P	---	Jack Lee	15	13/10/2016	2016 2XU NSW All Schools Championships
34	12.42	+0.0		F	---	Thomas Hunt	15	17/12/2016	2016 NSW Club and Combined Championships
35	12.44	+0.0		F	---	Scott Reardon	26	26/03/2017	2017 Australian Athletics Championships

36	12.2h	NWI	12.44	F	---	Michael Gedz	51	15/10/2016	Northern Zone Week 5
37	12.72	+0.4		F	---	Dominic Bullock	22	22/10/2016	Treloar Shield Round 2
38 *	12.5h	NWI	12.74	F	---	Trevor Young	58	15/10/2016	Northern Zone Week 5
38 *	12.5h	NWI	12.74	F	---	Joey Ryu	18	1/10/2016	Northern Zone Week 3
40	12.78	+0.0		F	---	James Leatherbarrow	14	18/03/2017	All-comers 18 March 2017
41	12.95	+0.7		P	---	Dante Vivanco	16	3/02/2017	NSW Junior & Youth Championships 2017
42	13.02	-1.1		F	---	Caerl Murray	41	4/03/2017	NSW Masters Championships
43	13.12	+1.0		F	---	Nicholas Dowling	13	11/03/2017	All-comers 11 March 2017
44	13.17	-1.0		F	---	Jonathan Atkinson	14	21/01/2017	All-comers 21 January 2017
45	13.18	-0.4		M	---	Tim McGrath	54	26/10/2016	World Masters Athletics Championships 2016
46	13.21	+2.6		F	---	Sebastian Doney	12	13/10/2016	2016 2XU NSW All Schools Championships
47	13.22	-0.2		F	---	David Shearsby	59	17/12/2016	2016 NSW Club and Combined Championships
48	13.74	-2.7		F	---	Aiden Jones	11	3/02/2017	NSW Junior & Youth Championships 2017
49 *	13.6h	NWI	13.84	F	---	Adam Parsonage	49	15/10/2016	Northern Zone Week 5
49 *	13.6h	NWI	13.84	F	---	Ronald Ross	57	12/11/2016	Northern Zone Week 9
51	13.7h	NWI	13.94	F	---	Jim Culhane	50	15/10/2016	Northern Zone Week 5
52	14.07	-1.5		F	---	Sam McAllister	24	22/10/2016	Treloar Shield Round 2
53	14.39	-1.1		F	---	Victor Ramondetta	62	4/03/2017	NSW Masters Championships
54	14.64	NWI		M	---	Zoran Novicic	56	26/10/2016	World Masters Athletics Championships 2016
55	14.85	-0.8		F	---	James Hunt	13	5/11/2016	All-comers 5 November 2016
56	14.90	-1.3		F	---	Simon Hewitt	52	4/03/2017	NSW Masters Championships
57	15.59	-2.8		F	---	Ashton Gleeson	11	25/09/2016	Allcomers 25 September 2016
58	15.65	-1.9		F	---	Brad Sharpe	55	22/10/2016	Treloar Shield Round 2
59	15.67	+1.7		F	---	Nicholas Bastas	78	9/11/2016	Jupiters Pan Pacific Masters Games 2016
60	15.80	-1.6		F	---	Leslie Gillies	69	8/10/2016	Treloar Shield Round 1
61	15.8h	NWI	16.04	F	---	Elijah McMahon	11	15/10/2016	Northern Zone Week 5
62	16.2h	NWI	16.44	F	---	Kevin Chamberlain	54	15/10/2016	Northern Zone Week 5
63	16.86	-1.2		F	---	Sam Holmes	08	21/01/2017	All-comers 21 January 2017
64	17.11	-2.5		F	---	David Donnelley	73	4/03/2017	NSW Masters Championships
65	17.42	-1.4		F	---	Richard Hughes	85	11/03/2017	All-comers 11 March 2017
66	17.43	-1.2		F	---	Max Holmes	11	21/01/2017	All-comers 21 January 2017
67	17.6h	NWI	17.84	F	---	Terrence Carter	59	15/10/2016	Northern Zone Week 5
68	17.9h	NWI	18.14	F	---	Doug Barrett	64	10/09/2016	Northern Zone Week 1
69	18.0h	NWI	18.24	F	---	Michael Johnson	81	12/11/2016	Northern Zone Week 9
70	18.27	-1.9		F	---	Zion McMahon	07	18/02/2017	All-comers and NSW 5km Championships 2017
71	19.54	-2.5		F	---	John Randle	71	4/03/2017	NSW Masters Championships
72	20.7h	NWI	20.94	F	---	Ron Shoesmith	69	15/10/2016	Northern Zone Week 5

Male 150m Sprint

1	17.60	NWI		F	---	Daniel Nolan	23	17/09/2016	2016 Grass Games
2	17.61	NWI		F	---	Ashley McMahon	41	17/09/2016	2016 Grass Games
3	18.36	NWI		F	---	Simon Cox	20	17/09/2016	2016 Grass Games
4	24.93	NWI		F	---	Leslie Gillies	69	17/09/2016	2016 Grass Games

5	26.58	NWI	F	---	Elijah McMahon	10	17/09/2016	2016 Grass Games
6	28.48	NWI	F	---	Sam Holmes	08	17/09/2016	2016 Grass Games
7	28.80	NWI	F	---	Max Holmes	10	17/09/2016	2016 Grass Games
8	31.20	NWI	F	---	Zion McMahon	07	17/09/2016	2016 Grass Games

Male 200m Sprint

1	21.37	+1.3	F	---	William Lloyd	17	13/10/2016	2016 2XU NSW All Schools Championships	
2	21.51	+2.7	F	---	Benjamin MacKay	18	7/09/2016	CHS State Championships	
3	21.75	+2.6	F	---	Elijah Williams	20	11/02/2017	All Comers and NSW 10000m Walks Championships	
4	21.82	-3.6	F	---	Sean Fitzsimmons	21	17/12/2016	2016 NSW Club and Combined Championships	
5	22.03	+2.0	P	---	Ashley McMahon	41	26/10/2016	World Masters Athletics Championships 2016	
6	22.13	+1.9	F	---	Anthony Collum	21	21/10/2016	All-comers 21 October 2016	
7	22.46	+1.4	F	---	Jack Edwards	22	11/02/2017	All Comers and NSW 10000m Walks Championships	
8	22.58	-5.0	P	---	Matthew Wood	20	24/02/2017	2017 NSW Open, U23 & Para Championships	
9	22.61	+1.4	P	---	Daniel Nolan	23	17/02/2017	AACT Open State Championships	
10	22.68	+1.4	F	---	Louis Stenmark	18	11/02/2017	All Comers and NSW 10000m Walks Championships	
11	22.74	+0.2	F	---	Benjamin Allen	19	12/11/2016	Treloar Shield Round 3	
12	22.83	+0.7	P	---	Adrian Plummer	25	17/02/2017	AACT Open State Championships	
13	22.84	-1.1	F	---	Conor Bastow	17	11/03/2017	All-comers 11 March 2017	
14	22.94	+1.4	F	---	Simon Cox	20	11/02/2017	All Comers and NSW 10000m Walks Championships	
15	22.97	-3.2	F	---	Matthew Crowe	19	5/11/2016	All-comers 5 November 2016	
16	23.06	-0.3	P	---	Louis Purcell	16	13/10/2016	2016 2XU NSW All Schools Championships	
17	23.08	+0.3	F	---	Joe Whelan	21	12/11/2016	Treloar Shield Round 3	
18	23.21	+2.1	F	---	Daniel White-Alikakos	24	29/10/2016	All-comers 29 October 2016	
19	23.22	+0.6	F	---	Corey Furminger	20	3/12/2016	All-comers 3 December 2016	
20 *	23.36	+0.0	F	---	Ashlyn Ndlovu	18	18/11/2016	All-comers 18 November 2016	
20 *	23.36	-0.4	F	---	Jordan Stenmark	24	21/01/2017	All-comers 21 January 2017	
22	23.40	+0.0	P	---	Max Mandera	13	26/03/2017	2017 Australian Athletics Championships	
23	23.85	+1.4	F	---	Jarrold Cowley	20	11/02/2017	All Comers and NSW 10000m Walks Championships	
24	24.25	NWI	P	---	Gabriel Wood	14	3/02/2017	NSW Junior & Youth Championships 2017	
25	24.28	-0.7	F	---	Ryan Dowling	37	11/03/2017	All-comers 11 March 2017	
26	24.35	-1.5	F	---	Lachlan Dalton	14	21/01/2017	All-comers 21 January 2017	
27	24.56	+2.1	P	---	Victor Teo	16	13/10/2016	2016 2XU NSW All Schools Championships	
28	24.77	+0.2	F	---	Marco Vasquez-Manzanares	23	5/11/2016	All-comers 5 November 2016	
29	24.81	-0.8	F	---	Thomas Hunt	15	17/12/2016	2016 NSW Club and Combined Championships	
30	25.09	+1.4	F	---	Trevor Young	58	11/02/2017	All Comers and NSW 10000m Walks Championships	
31	25.31	-3.5	F	---	Clark Donovan	23	12/11/2016	Treloar Shield Round 3	
32	25.40	-1.8	F	---	Paul Stinson	45	4/03/2017	NSW Masters Championships	
33	25.74	-2.5	F	---	Riley Hemsworth	12	13/10/2016	2016 2XU NSW All Schools Championships	
34	25.6h	NWI	25.84	F	---	Michael Gedz	51	24/09/2016	Northern Zone Week 2
35	26.14	+0.7	F	---	Jonathan Atkinson	14	21/01/2017	All-comers 21 January 2017	
36	26.19	-0.6	F	---	Joey Ryu	17	25/09/2016	Allcomers 25 September 2016	
37	26.75	+1.1	F	---	Nicholas Dowling	13	11/03/2017	All-comers 11 March 2017	

38	26.85	-0.3		F	---	Caerl Murray	41	11/03/2017	All-comers 11 March 2017
39	26.91	+1.4		F	---	Tim McGrath	54	12/11/2016	Treloar Shield Round 3
40	27.71	-2.6		F	---	David Shearsby	60	4/03/2017	NSW Masters Championships
41	27.92	-1.5		F	---	Jim Culhane	50	17/12/2016	2016 NSW Club and Combined Championships
42	28.57	+3.8		F	---	Brad Sharpe	55	12/11/2016	Treloar Shield Round 3
43	28.8h	NWI	29.04	F	---	Andy Williams	41	5/11/2016	Northern Zone Week 8
44	29.0h	NWI	29.24	F	---	Nathan Shute	43	8/10/2016	Northern Zone Week 4
45	29.28	-1.3		P	---	Adam Parsonage	49	4/03/2017	NSW Masters Championships
46	29.3h	NWI	29.54	F	---	Ronald Ross	57	5/11/2016	Northern Zone Week 8
47	29.70	+1.7		F	---	Anthony Vella	50	11/02/2017	All Comers and NSW 10000m Walks Championships
48	29.86	-2.6		F	---	Victor Ramondetta	62	4/03/2017	NSW Masters Championships
49	30.72	-2.0		F	---	James Hunt	13	17/12/2016	2016 NSW Club and Combined Championships
50	30.83	-1.3		P	---	Simon Hewitt	52	4/03/2017	NSW Masters Championships
51	31.0h	NWI	31.24	F	---	Kevin Chamberlain	54	19/11/2016	Northern Zone Week 10
52	32.01	+0.7		F	---	Leslie Gillies	69	29/10/2016	All-comers 29 October 2016
53	32.93	-1.1		F	---	Ashton Gleeson	11	25/09/2016	Allcomers 25 September 2016
54	33.04	+0.3		F	---	Elijah McMahon	11	11/02/2017	All Comers and NSW 10000m Walks Championships
55	33.73	+0.0		F	---	Nicholas Bastas	78	9/11/2016	Jupiters Pan Pacific Masters Games 2016
56	33.85	+0.3		F	---	Sam Holmes	08	11/02/2017	All Comers and NSW 10000m Walks Championships
57	33.95	-0.6		F	---	Doug Barrett	64	17/12/2016	2016 NSW Club and Combined Championships
58	35.22	-1.6		F	---	David Donnelley	73	4/03/2017	NSW Masters Championships
59	35.46	-1.0		F	---	Zoran Novicic	56	17/12/2016	2016 NSW Club and Combined Championships
60	36.84	-1.1		F	---	Richard Hughes	84	4/03/2017	NSW Masters Championships
61	36.9h	NWI	37.14	F	---	Terrence Carter	59	24/09/2016	Northern Zone Week 2
62	37.41	+0.3		F	---	Max Holmes	11	11/02/2017	All Comers and NSW 10000m Walks Championships
63	38.50	+0.4		F	---	Zion McMahon	07	12/11/2016	Treloar Shield Round 3
64	39.52	-1.1		F	---	Michael Johnson	81	4/03/2017	NSW Masters Championships
65	47.9h	NWI	48.14	F	---	Ron Shoesmith	69	8/10/2016	Northern Zone Week 4

Male 300m Sprint

1	35.42		F	---	Anthony Collum	20	21/08/2016	UQ Sport Spring Series Meet #3
2	37.41		F	---	Daniel Nolan	23	17/09/2016	2016 Grass Games
3	38.88		F	---	Simon Cox	20	17/09/2016	2016 Grass Games
4	46.70		F	---	Brad Sharpe	55	17/09/2016	2016 Grass Games
5	53.51		F	---	Leslie Gillies	69	17/09/2016	2016 Grass Games
6	55.72		F	---	Doug Barrett	63	17/09/2016	2016 Grass Games

Male 400m Sprint

1	46.77		F	---	Jackson Collett	19	26/03/2017	2017 Australian Athletics Championships
2	47.82		F	---	Matthew Crowe	19	17/12/2016	2016 NSW Club and Combined Championships
3	47.85		F	---	Mason Cohen	20	17/02/2017	AACT Open State Championships
4	47.93		F	---	Matthew Wood	20	24/02/2017	2017 NSW Open, U23 & Para Championships
5	48.13		F	---	Louis Stenmark	19	26/03/2017	2017 Australian Athletics Championships

6	48.15	F	---	Sean Fitzsimmons	21	4/02/2017	Sydney Invitational 2017
7	48.59	F	---	Benjamin MacKay	18	26/03/2017	2017 Australian Athletics Championships
8	48.82	P	---	Conor Bastow	18	24/02/2017	2017 NSW Open, U23 & Para Championships
9	48.91	F	---	Daniel White-Alikakos	24	11/02/2017	All Comers and NSW 10000m Walks Championships
10	49.15	F	---	Elijah Williams	19	17/12/2016	2016 NSW Club and Combined Championships
11	49.51	F	---	Lachlan Raper	17	17/02/2017	AACT Open State Championships
12	49.70	F	---	Benjamin Allen	19	18/11/2016	All-comers 18 November 2016
13	49.87	P	---	Corey Furminger	20	26/03/2017	2017 Australian Athletics Championships
14	50.33	F	---	Ashley McMahon	41	18/11/2016	All-comers 18 November 2016
15	50.62	P	---	Jordan Williams	15	13/10/2016	2016 2XU NSW All Schools Championships
16	50.81	F	---	Andrew Brown	20	22/10/2016	Treloar Shield Round 2
17	50.93	P	---	Daniel Nolan	24	24/02/2017	2017 NSW Open, U23 & Para Championships
18	50.99	F	---	Adrian Plummer	25	17/02/2017	AACT Open State Championships
19	51.40	F	---	Jordan Stenmark	24	14/01/2017	Illawarra Track Challenge
20	51.44	P	---	Thomas Hunt	15	3/02/2017	NSW Junior & Youth Championships 2017
21	52.63	P	---	Austin Thomson	15	13/10/2016	2016 2XU NSW All Schools Championships
22	52.72	F	---	Matthew Werner	23	17/02/2017	AACT Open State Championships
23	52.93	F	---	Louis Purcell	16	13/10/2016	2016 2XU NSW All Schools Championships
24	53.31	F	---	Max Holmes	14	26/03/2017	2017 Australian Athletics Championships
25	53.61	F	---	Jack Edwards	22	4/03/2017	AACT 2016 Summer Series #13
26	53.67	F	---	Dominic Bullock	22	18/03/2017	All-comers 18 March 2017
27	53.69	M	---	William Richardson	20	26/09/2016	Australian University Games 2016
28	53.71	F	---	Anthony Collum	21	4/03/2017	AACT 2016 Summer Series #13
29	54.07	F	---	Alec Diamond	19	26/03/2017	2017 Australian Athletics Championships
30	54.38	F	---	Elliot Metcalf	16	29/10/2016	All-comers 29 October 2016
31	54.68	F	---	Simon Cox	20	8/10/2016	Treloar Shield Round 1
32	54.78	P	---	Paul Salem	19	26/03/2017	2017 Australian Athletics Championships
33	55.04	F	---	Fergus Whelan	17	11/02/2017	All Comers and NSW 10000m Walks Championships
34	55.33	F	---	Trevor Young	58	26/10/2016	World Masters Athletics Championships 2016
35	55.46	P	---	Jasper Spiller	16	13/10/2016	2016 2XU NSW All Schools Championships
36	56.07	F	---	Lachlan Skulander	22	22/10/2016	Treloar Shield Round 2
37	56.63	F	---	Hugo Whelan	17	11/02/2017	All Comers and NSW 10000m Walks Championships
38	56.64	F	---	Marco Vasquez-Manzanares	23	22/10/2016	Treloar Shield Round 2
39	56.68	F	---	Ryan Dowling	37	18/03/2017	All-comers 18 March 2017
40	56.97	F	---	James Leatherbarrow	14	18/03/2017	All-comers 18 March 2017
41	57.23	M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016
42	57.66	F	---	Sam McAllister	24	8/10/2016	Treloar Shield Round 1
43	57.76	F	---	Antony Guest	51	26/10/2016	World Masters Athletics Championships 2016
44	58.09	P	---	Xavier Jeffery	15	3/02/2017	NSW Junior & Youth Championships 2017
45	58.33	F	---	Harry McAllister	20	22/10/2016	Treloar Shield Round 2
46	1:00.33	F	---	Nathan Shute	43	4/03/2017	NSW Masters Championships
47	1:00.39	F	---	Nicholas Dowling	14	18/03/2017	All-comers 18 March 2017

48	1:00.62		F	---	Andrew Williams	45	4/03/2017	NSW Masters Championships
49	1:00.78		F	---	Jim Culhane	50	4/03/2017	NSW Masters Championships
50	1:02.3h	1:02.44	F	---	Christopher Dyce	28	10/09/2016	Northern Zone Week 1
51	1:03.69		F	---	Caerl Murray	41	4/03/2017	NSW Masters Championships
52	1:03.81		F	---	James Hunt	13	17/12/2016	2016 NSW Club and Combined Championships
53	1:04.1h	1:04.24	F	---	Brad Sharpe	55	1/10/2016	Northern Zone Week 3
54	1:05.41		M	---	Tim McGrath	54	26/10/2016	World Masters Athletics Championships 2016
55	1:05.96		P	---	Victor Ramondetta	62	19/03/2017	World Masters Indoor Championships 2017
56	1:06.20		F	---	Darcy Holmes	12	3/02/2017	NSW Junior & Youth Championships 2017
57	1:06.52		F	---	Andy West	49	17/12/2016	2016 NSW Club and Combined Championships
58	1:06.6h	1:06.74	F	---	Adam Parsonage	49	15/10/2016	Northern Zone Week 5
59	1:07.14		F	---	Duncan Loane	11	29/05/2016	NSW Pre Departure Meet
60	1:10.20		M	---	Zoran Novicic	56	26/10/2016	World Masters Athletics Championships 2016
61	1:10.73		F	---	Anthony Vella	50	11/02/2017	All Comers and NSW 10000m Walks Championships
62	1:11.00		F	---	Ashton Gleeson	11	25/09/2016	Allcomers 25 September 2016
63	1:11.5h	1:11.64	F	---	Chris Firbank	28	10/09/2016	Northern Zone Week 1
64	1:14.2h	1:14.34	F	---	Andrew MacDonald	53	10/09/2016	Northern Zone Week 1
65	1:15.45		F	---	Leslie Gillies	69	29/10/2016	All-comers 29 October 2016
66	1:15.5h	1:15.64	F	---	Elijah McMahon	11	10/09/2016	Northern Zone Week 1
67	1:18.7h	1:18.84	F	---	Doug Barrett	64	10/09/2016	Northern Zone Week 1
68	1:29.13		F	---	Richard Hughes	84	4/03/2017	NSW Masters Championships
69	1:29.2h	1:29.34	F	---	Terrence Carter	59	10/09/2016	Northern Zone Week 1
70	1:33.51		F	---	Zion McMahon	07	18/11/2016	All-comers 18 November 2016
71	1:36.4h	1:36.54	F	---	Michael Johnson	81	12/11/2016	Northern Zone Week 9
72	2:32.2h	2:32.34	F	---	Ron Shoesmith	69	29/10/2016	Northern Zone Week 7

Male 400m Sprint ELIMINATOR

1	53.98		F	---	Will Austin-Cray	23	17/09/2016	2016 Grass Games
2	1:01.33		F	---	Alexander Godbold	27	17/09/2016	2016 Grass Games
3	1:05.43		F	---	Leo Peterson	25	17/09/2016	2016 Grass Games

Male 600m Run

1	1:54.48		F	---	Andy West	49	17/09/2016	2016 Grass Games
2	1:55.81		F	---	Duncan Loane	12	17/09/2016	2016 Grass Games
3	1:58.33		F	---	Brad Sharpe	55	17/09/2016	2016 Grass Games
4	2:14.75		F	---	Doug Barrett	63	17/09/2016	2016 Grass Games

Male 800m Run

1	1:47.75		F	---	Mason Cohen	20	26/03/2017	2017 Australian Athletics Championships
2	1:50.87		F	---	Will Austin-Cray	24	24/02/2017	2017 NSW Open, U23 & Para Championships
3	1:52.61		F	---	Lachlan Raper	18	24/02/2017	2017 NSW Open, U23 & Para Championships
4	1:52.73		F	---	Fraser Garland-Barnes	19	18/03/2017	Bankstown Invitational 2017
5	1:52.96		F	---	Adrian Plummer	25	18/02/2017	All-comers and NSW 5km Championships 2017
6	1:53.88		F	---	Jack Stapleton	20	26/09/2016	Australian University Games 2016

7	1:54.10		F	---	Matthew Werner	23	18/03/2017	Bankstown Invitational 2017
8	1:56.45		F	---	Jake Ring	26	17/12/2016	2016 NSW Club and Combined Championships
9	1:56.81		P	---	Elliot Metcalf	17	24/02/2017	2017 NSW Open, U23 & Para Championships
10	1:57.61		F	---	Edward Goddard	19	29/10/2016	All-comers 29 October 2016
11	1:58.54		P	---	Jye Perrott	18	3/02/2017	NSW Junior & Youth Championships 2017
12	1:59.26		F	---	Dominic Bullock	22	11/03/2017	All-comers 11 March 2017
13	1:59.31		F	---	Charlie Doherty	17	11/03/2017	All-comers 11 March 2017
14	1:59.54		F	---	Thomas Hunt	15	18/02/2017	All-comers and NSW 5km Championships 2017
15	2:01.56		F	---	Leo Peterson	25	19/11/2016	Treloar Shield Round 4
16	2:04.23		F	---	Alexander Godbold	27	11/03/2017	All-comers 11 March 2017
17	2:04.27		F	---	Tom MacDonnell	15	11/03/2017	All-comers 11 March 2017
18	2:07.91		F	---	Kyle Walsh	15	3/12/2016	All-comers 3 December 2016
19	2:11.12		F	---	Fergus Whelan	17	19/11/2016	Treloar Shield Round 4
20	2:14.26		P	---	Antony Guest	51	26/10/2016	World Masters Athletics Championships 2016
21	2:16.00		P	---	Hamish Johnstone	17	3/02/2017	NSW Junior & Youth Championships 2017
22	2:20.69		F	---	Brad Sharpe	55	26/10/2016	World Masters Athletics Championships 2016
23	2:21.28		F	---	Kevin Chamberlain	54	18/02/2017	All-comers and NSW 5km Championships 2017
24	2:22.99		F	---	Andrew Williams	45	12/11/2016	Treloar Shield Round 3
25	2:23.03		F	---	Dominic Panozzo	13	4/02/2017	Sydney Invitational 2017
26	2:23.71		F	---	Nathan Shute	43	17/12/2016	2016 NSW Club and Combined Championships
27	2:29.3h	2:29.30	F	---	Andy Williams	41	5/11/2016	Northern Zone Week 8
28	2:30.75		F	---	Jim Culhane	50	4/03/2017	NSW Masters Championships
29	2:31.38		F	---	Charlie Burt	11	3/02/2017	NSW Junior & Youth Championships 2017
30	2:32.39		F	---	Colm Walsh	13	4/02/2017	Sydney Invitational 2017
31	2:35.10		F	---	Trevor Young	58	17/12/2016	2016 NSW Club and Combined Championships
32	2:39.58		F	---	Kim Loane	54	29/10/2016	All-comers 29 October 2016
33	2:40.58		F	---	James Hunt	13	19/11/2016	Treloar Shield Round 4
34	2:41.51		F	---	Xavier Jeffery	14	12/11/2016	Treloar Shield Round 3
35	2:46.66		F	---	Tim McGrath	54	19/11/2016	Treloar Shield Round 4
36	2:46.8h	2:46.80	F	---	Martin Leerberg	13	8/10/2016	Northern Zone Week 4
37	2:57.8h	2:57.80	F	---	Doug Barrett	64	19/11/2016	Northern Zone Week 10
38	2:59.65		F	---	Zoran Novicic	56	4/03/2017	NSW Masters Championships
39	3:22.0h	3:22.00	F	---	Terrence Carter	59	24/09/2016	Northern Zone Week 2
40	3:46.48		F	---	Richard Hughes	85	11/03/2017	All-comers 11 March 2017
41	4:11.4h	4:11.40	F	---	Leslie Gillies	69	5/11/2016	Northern Zone Week 8
42	7:13.8h	7:13.80	F	---	Ron Shoesmith	69	24/09/2016	Northern Zone Week 2

Male 1000m Run

1	2:36.30		F	---	Leo Peterson	26	28/01/2017	Hunter Track Classic 2017
2	2:41.40		F	---	Dominic Bullock	22	28/01/2017	Hunter Track Classic 2017

Male 1500m Run

1	3:44.40		F	---	Adrian Plummer	25	11/03/2017	SUMMERofATHS Grand Prix
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2	3:46.47		F	---	Jack Stapleton	21	18/03/2017	Bankstown Invitational 2017
3	3:46.90		F	---	Will Austin-Cray	23	4/02/2017	Sydney Invitational 2017
4	3:54.89		F	---	Elliot Metcalf	16	26/03/2017	2017 Australian Athletics Championships
5	3:56.41		F	---	Jake Ring	26	28/01/2017	Hunter Track Classic 2017
6	3:56.57		P	---	Edward Goddard	19	26/03/2017	2017 Australian Athletics Championships
7	3:57.35		F	---	Fraser Garland-Barnes	19	11/03/2017	SUMMERofATHS Grand Prix
8	4:00.01		F	---	Alexander Godbold	27	5/11/2016	All-comers 5 November 2016
9	4:03.02		F	---	Oliver Moore	17	22/10/2016	Treloar Shield Round 2
10	4:04.28		F	---	Leo Peterson	26	11/02/2017	All Comers and NSW 10000m Walks Championships
11	4:06.31		P	---	Charlie Doherty	18	24/02/2017	2017 NSW Open, U23 & Para Championships
12	4:19.47		F	---	Tom MacDonnell	15	18/03/2017	All-comers 18 March 2017
13	4:20.16		P	---	Lachlan Cubbin	19	24/02/2017	2017 NSW Open, U23 & Para Championships
14	4:24.12		F	---	Darcy Penman	16	21/01/2017	All-comers 21 January 2017
15	4:24.83		F	---	Dominic Bullock	22	22/10/2016	Treloar Shield Round 2
16	4:25.31		P	---	Mitchell Westhuizen	14	13/10/2016	2016 2XU NSW All Schools Championships
17	4:26.03		F	---	Sam McAllister	24	8/10/2016	Treloar Shield Round 1
18	4:30.56		F	---	Kyle Walsh	15	3/02/2017	NSW Junior & Youth Championships 2017
19	4:35.14		M	---	William Richardson	20	26/09/2016	Australian University Games 2016
20	4:50.92		F	---	Andrew Williams	45	4/03/2017	NSW Masters Championships
21	4:52.90		F	---	Kevin Chamberlain	54	11/02/2017	All Comers and NSW 10000m Walks Championships
22	4:54.77		P	---	Brad Sharpe	55	26/10/2016	World Masters Athletics Championships 2016
23	4:54.78		F	---	Duncan Loane	12	3/02/2017	NSW Junior & Youth Championships 2017
24	4:56.34		F	---	Nathan Shute	43	4/03/2017	NSW Masters Championships
25	4:57.21		M	---	Alec Diamond	18	19/07/2016	IAAF World U20 Championships Bydgoszcz
26	5:08.9h	5:08.90	F	---	Andy Williams	41	10/09/2016	Northern Zone Week 1
27	5:52.04		F	---	Andy West	49	22/10/2016	Treloar Shield Round 2
28	5:54.11		F	---	Doug Barrett	64	17/12/2016	2016 NSW Club and Combined Championships
29	5:54.72		M	---	Zoran Novicic	56	26/10/2016	World Masters Athletics Championships 2016
30	5:57.17		M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016
31	5:57.2h	5:57.20	F	---	Jim Culhane	50	15/10/2016	Northern Zone Week 5
32	6:31.71		M	---	Tim McGrath	54	26/10/2016	World Masters Athletics Championships 2016
33	6:33.57		F	---	Stuart Paterson	60	4/03/2017	NSW Masters Championships
34	6:51.4h	6:51.40	F	---	Terrence Carter	59	10/09/2016	Northern Zone Week 1

Male 3000m Run

1	8:11.59	2:43.86	F	---	Adrian Plummer	25	12/11/2016	Treloar Shield Round 3
2	8:13.40	2:44.47	F	---	Edward Goddard	19	12/11/2016	Treloar Shield Round 3
3	8:20.55	2:46.85	F	---	Jack Stapleton	21	12/11/2016	Treloar Shield Round 3
4	8:24.95	2:48.32	F	---	Matthew Cox	26	12/11/2016	Treloar Shield Round 3
5	8:34.85	2:51.62	F	---	Charlie Doherty	17	12/11/2016	Treloar Shield Round 3
6	8:40.94	2:53.65	F	---	Will Austin-Cray	23	12/11/2016	Treloar Shield Round 3
7	8:54.83	2:58.28	F	---	Elliot Metcalf	16	12/11/2016	Treloar Shield Round 3
8	8:57.77	2:59.26	F	---	Leo Peterson	25	12/11/2016	Treloar Shield Round 3

9	8:59.46	2:59.82	F	---	Oliver Moore	18	12/11/2016	Treloar Shield Round 3
10	9:17.78	3:05.93	F	---	Darcy Penman	16	3/02/2017	NSW Junior & Youth Championships 2017
11	9:25.04	3:08.35	F	---	Sam McAllister	24	25/09/2016	Allcomers 25 September 2016
12	9:28.09	3:09.36	F	---	Mitchell Westhuizen	14	13/10/2016	2016 2XU NSW All Schools Championships
13	9:30.61	3:10.20	F	---	Tom MacDonnell	15	13/10/2016	2016 2XU NSW All Schools Championships
14	10:06.72	3:22.24	F	---	Kyle Walsh	15	3/02/2017	NSW Junior & Youth Championships 2017
15	10:26.00	3:28.67	F	---	Duncan Loane	12	4/11/2016	All-comers 4 November 2016
16	11:26.3h	3:48.77	F	---	Kim Loane	54	24/09/2016	Northern Zone Week 2
17	13:40.49	4:33.50	F	---	Zoran Novicic	56	25/09/2016	Allcomers 25 September 2016
18	14:13.6h	4:44.53	F	---	Nathan Shute	43	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
19	14:16.7h	4:45.57	F	---	Doug Barrett	64	5/11/2016	Northern Zone Week 8
20	15:06.5h	5:02.17	F	---	Terrence Carter	59	24/09/2016	Northern Zone Week 2
21	15:16.4h	5:05.47	F	---	Zion McMahon	07	19/11/2016	Northern Zone Week 10

Male 3200m Run

1	11:44.08	3:40.02	F	---	Dominic Bullock	22	17/09/2016	2016 Grass Games
2	11:49.69	3:41.78	F	---	Duncan Loane	12	17/09/2016	2016 Grass Games

Male 5000m Run

1	14:22.07	2:52.41	F	---	Matthew Cox	26	18/02/2017	All-comers and NSW 5km Championships 2017
2	14:31.72	2:54.34	F	---	Edward Goddard	19	18/02/2017	All-comers and NSW 5km Championships 2017
3	15:59.14	3:11.83	F	---	Leo Peterson	26	18/02/2017	All-comers and NSW 5km Championships 2017
4	16:00.78	3:12.16	F	---	Will Austin-Cray	23	18/02/2017	All-comers and NSW 5km Championships 2017
5	16:22.92	3:16.58	F	---	Sam McAllister	24	18/02/2017	All-comers and NSW 5km Championships 2017

Male 8000m Run

1	40:54.57	5:06.82	F	---	Stuart Paterson	60	26/10/2016	World Masters Athletics Championships 2016
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Male 10000m Run

1	30:14.00	3:01.40	F	---	Matthew Cox	25	7/05/2016	Greater Sydney 10K
2	31:23.96	3:08.40	P	---	Edward Goddard	18	26/09/2016	Australian University Games 2016
3	31:56.00	3:11.60	F	---	Ruairidh MacDonald	22	7/05/2016	Greater Sydney 10K
4	34:07.00	3:24.70	F	---	Leo Peterson	25	7/05/2016	Greater Sydney 10K

Male 1 Mile Run

1	4:02.61		F	---	Adrian Plummer	25	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
2	4:05.43		F	---	Mason Cohen	20	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
3	4:23.14		F	---	Jake Ring	26	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
4	4:23.84		F	---	Fraser Garland-Barnes	19	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
5	4:29.55		F	---	Elliot Metcalf	16	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
6	4:39.67		F	---	Leo Peterson	25	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
7	4:52.80		F	---	Kyle Walsh	15	4/03/2017	NSW 1 Mile Championships 2017
8	5:28.34		F	---	Brad Sharpe	55	10/12/2016	Treloar Shield 5 and Albie Thomas Mile

Male 1500m Walk

1	8:14.4h	8:14.40	F	---	Martin Leerberg	13	8/10/2016	Northern Zone Week 4
2	8:51.2h	8:51.20	F	---	Jim Seymon	79	8/10/2016	Northern Zone Week 4

3	9:13.8h	9:13.80	F	---	Robert Connors	68	19/11/2016	Northern Zone Week 10
4	9:25.7h	9:25.70	F	---	Doug Barrett	64	5/11/2016	Northern Zone Week 8
5	14:42.4h	14:42.40	F	---	Ron Shoesmith	69	24/09/2016	Northern Zone Week 2

Male 3000m Walk

1	15:29.79		F	---	Martin Leerberg	13	13/10/2016	2016 2XU NSW All Schools Championships
2	19:36.24		F	---	Jim Seymon	79	17/12/2016	2016 NSW Club and Combined Championships
3	20:22.0h	20:22.00	F	---	Robert Connors	68	15/10/2016	Northern Zone Week 5
4	20:48.8h	20:48.80	F	---	Doug Barrett	64	10/09/2016	Northern Zone Week 1

Male 5000m Walk

1	22:09.75		F	---	Jay Felton	21	19/11/2016	Treloar Shield Round 4
2	22:38.34		F	---	Steven Washburn	22	26/09/2016	Australian University Games 2016
3	34:24.78		F	---	Jim Seymon	79	4/03/2017	NSW Masters Championships
4	42:11.16		F	---	Robert Connors	69	4/03/2017	NSW Masters Championships

Male 10000m Walk

1	44:51.84		F	---	Jay Felton	21	26/03/2017	2017 Australian Athletics Championships
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Male 80m Hurdles 0.762m

1	13.49	-0.7	F	---	Luke Fisher	12	13/10/2016	2016 2XU NSW All Schools Championships
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Male 90m Hurdles 0.762m

1	12.28	+1.0	F	---	Riley Hemsworth	13	2/12/2016	2016 Australian All Schools Championships
2	15.28	-0.9	F	---	Luke Fisher	13	26/03/2017	2017 Australian Athletics Championships
3	15.41	+0.0	F	---	James Hunt	13	12/11/2016	Treloar Shield Round 3
4	15.84	-2.7	P	---	Austin Little	12	13/10/2016	2016 2XU NSW All Schools Championships

Male 100m Hurdles 0.840m

1 *	14.18	-0.2	F	---	Lachlan Dalton	14	13/10/2016	2016 2XU NSW All Schools Championships
1 *	14.18	+1.8	F	---	Riley Hemsworth	13	18/02/2017	All-comers and NSW 5km Championships 2017
3	15.03	+3.0	P	---	Benjamin Crimp	14	13/10/2016	2016 2XU NSW All Schools Championships
4	15.36	+0.8	F	---	Jonathan Atkinson	14	3/02/2017	NSW Junior & Youth Championships 2017
5	16.93	+0.8	F	---	Charlie East	14	3/02/2017	NSW Junior & Youth Championships 2017
6	17.78	+1.8	F	---	James Hunt	13	18/02/2017	All-comers and NSW 5km Championships 2017

Male 100m Hurdles 0.914m

1	18.16	+0.8	F	---	Tim McGrath	54	26/10/2016	World Masters Athletics Championships 2016
2	22.48	+3.4	F	---	Zoran Novicic	56	26/10/2016	World Masters Athletics Championships 2016

Male 110m Hurdles 0.914m

1	13.74	+1.9	F	---	William Lloyd	17	13/10/2016	2016 2XU NSW All Schools Championships
2	14.64	+1.2	F	---	Ben Carter	16	13/10/2016	2016 2XU NSW All Schools Championships
3	14.97	+1.9	F	---	Jackson Robinson	17	13/10/2016	2016 2XU NSW All Schools Championships
4	15.62	-0.9	P	---	Ben Pollack	16	26/03/2017	2017 Australian Athletics Championships
5	16.51	+1.1	F	---	Benjamin Crimp	15	3/02/2017	NSW Junior & Youth Championships 2017
6	17.24	+1.0	F	---	Dante Vivanco	16	3/02/2017	NSW Junior & Youth Championships 2017
7	17.27	+1.2	F	---	Jack Lee	15	13/10/2016	2016 2XU NSW All Schools Championships

Male 110m Hurdles 0.991m

1	14.18	-0.5	F	---	William Lloyd	17	26/03/2017	2017 Australian Athletics Championships
2	14.87	+0.2	P	---	Jackson Robinson	17	26/03/2017	2017 Australian Athletics Championships
3	15.08	+1.1	M	---	Alec Diamond	18	19/07/2016	IAAF World U20 Championships Bydgoszcz
4	21.75	+0.7	F	---	Clark Donovan	23	12/11/2016	Treloar Shield Round 3

Male 110m Hurdles 1.067m

1	15.20	+0.0	F	---	Jackson Robinson	17	12/11/2016	Treloar Shield Round 3
2	15.80	+0.8	F	---	Alec Diamond	19	3/12/2016	All-comers 3 December 2016
3	17.86	+1.6	M	---	William Richardson	20	26/09/2016	Australian University Games 2016
4	21.92	+1.6	M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016

Male 200m Hurdles 0.762m

1	26.27	+2.1	F	---	Lachlan Dalton	14	2/12/2016	2016 Australian All Schools Championships
2	30.47	+0.7	F	---	Xavier Jeffery	15	3/02/2017	NSW Junior & Youth Championships 2017
3	31.57	+0.2	F	---	Dominic Panozzo	13	3/02/2017	NSW Junior & Youth Championships 2017
4	32.91	+0.2	F	---	Austin Little	13	3/02/2017	NSW Junior & Youth Championships 2017
5	33.18	+0.2	F	---	James Hunt	13	3/02/2017	NSW Junior & Youth Championships 2017
6	35.28	+0.7	F	---	Charlie East	14	3/02/2017	NSW Junior & Youth Championships 2017

Male 400m Hurdles 0.840m

1	55.80		F	---	Thomas Hunt	15	3/02/2017	NSW Junior & Youth Championships 2017
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Male 400m Hurdles 0.914m

1	52.53		F	---	Matthew Crowe	19	26/09/2016	Australian University Games 2016
2	53.94		F	---	Paul Salem	19	18/03/2017	Bankstown Invitational 2017
3	54.79		F	---	Thomas Hunt	15	26/03/2017	2017 Australian Athletics Championships
4	56.88		P	---	Simon Cox	21	24/02/2017	2017 NSW Open, U23 & Para Championships
5	59.92		F	---	William Richardson	21	17/12/2016	2016 NSW Club and Combined Championships
6	1:07.46		P	---	Marco Vasquez-Manzanares	24	24/02/2017	2017 NSW Open, U23 & Para Championships
7	1:09.30		F	---	Ryan Dowling	37	22/10/2016	Treloar Shield Round 2

Male 15000m Walk

1	1:49:20.00		F	---	Jim Seymon	78	24/07/2016	NSW Long Walks Championships
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Male 2000m StplCh 0.762m

1	7:25.37		F	---	Curtis Kingsmill	14	13/10/2016	2016 2XU NSW All Schools Championships
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Male 3000m StplCh 0.914m

1	9:49.22		F	---	Oliver Moore	18	9/12/2016	All-comers 9 December 2016
2	12:25.60		F	---	Brad Sharpe	55	9/12/2016	All-comers 9 December 2016

Male 30000m Walk

1	2:39:34.00		F	---	Jay Felton	20	24/07/2016	NSW Long Walks Championships
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Male High Jump

1	2.01m		F	---	Alex Cerroti	20	13/10/2016	2016 2XU NSW All Schools Championships
2 *	1.94m		F	---	Jackson Robinson	18	24/02/2017	2017 NSW Open, U23 & Para Championships
2 *	1.94m		F	---	Alec Diamond	18	29/05/2016	NSW Pre Departure Meet

4	1.85m	F	---	Michael Northey	20	12/11/2016	Treloar Shield Round 3
5	1.83m	M	---	William Richardson	20	26/09/2016	Australian University Games 2016
6	1.80m	F	---	Joey Ryu	17	13/10/2016	2016 2XU NSW All Schools Championships
7 *	1.75m	F	---	Ethan Burgess	14	13/10/2016	2016 2XU NSW All Schools Championships
7 *	1.75m	F	---	Alex Willett	15	13/10/2016	2016 2XU NSW All Schools Championships
9	1.70m	F	---	Latif Rabhi	19	12/11/2016	Treloar Shield Round 3
10	1.65m	F	---	Darcy Holmes	13	26/03/2017	2017 Australian Athletics Championships
11	1.60m	F	---	Kyle Fisher	13	26/03/2017	2017 Australian Athletics Championships
12	1.59m	M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016
13	1.50m	F	---	Duncan Loane	12	29/10/2016	All-comers 29 October 2016
14	1.40m	F	---	Charlie Sherlock	12	13/10/2016	2016 2XU NSW All Schools Championships
15	1.35m	F	---	Tim McGrath	54	12/11/2016	Treloar Shield Round 3
16	1.27m	M	---	Zoran Novicic	56	26/10/2016	World Masters Athletics Championships 2016
17	1.25m	F	---	Cadel Holmes	08	11/03/2017	All-comers 11 March 2017
18	1.05m	F	---	Nicholas Bastas	78	4/03/2017	NSW Masters Championships

Male Half Marthn

1	1:06:26.00	F	---	Matthew Cox	26	28/08/2016	NSW Half Marathon Championships
2	1:28:51.00	F	---	Dominic Bullock	22	28/08/2016	NSW Half Marathon Championships

Male Pole Vault

1	3.90m	F	---	Alec Diamond	19	26/03/2017	2017 Australian Athletics Championships
2	3.20m	F	---	Tim McGrath	54	8/10/2016	Treloar Shield Round 1
3	2.90m	M	---	William Richardson	20	26/09/2016	Australian University Games 2016
4	2.50m	M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016
5	2.30m	M	---	Zoran Novicic	56	26/10/2016	World Masters Athletics Championships 2016

Male Long Jump

1	7.22m	+0.2	F	---	Alex Willett	16	26/03/2017	2017 Australian Athletics Championships
2	7.08m	+2.2	F	---	Emmanuel Fakiye	20	18/03/2017	All-comers 18 March 2017
3	7.02m	NWI	F	---	Alec Diamond	19	9/12/2016	All-comers 9 December 2016
4	6.64m	+2.1	F	---	Ben Carter	16	13/10/2016	2016 2XU NSW All Schools Championships
5	6.60m	NWI	F	---	Jordan Coleman	19	26/11/2016	2016 NSW Relay Championships
6	6.30m	+2.5	P	---	Michael Northey	20	26/09/2016	Australian University Games 2016
7	6.11m	+0.0	F	---	Joey Ryu	18	26/03/2017	2017 Australian Athletics Championships
8	6.07m	NWI	F	---	Jackson Robinson	17	9/12/2016	All-comers 9 December 2016
9	5.97m	+0.2	F	---	Lachlan Dalton	14	3/02/2017	NSW Junior & Youth Championships 2017
10	5.91m	NWI	F	---	Aethan Chung-Wright	17	13/10/2016	2016 2XU NSW All Schools Championships
11	5.87m	+0.7	M	---	William Richardson	20	26/09/2016	Australian University Games 2016
12	5.73m	+0.5	P	---	Anthony Collum	20	26/09/2016	Australian University Games 2016
13	5.61m	+1.8	P	---	Latif Rabhi	19	26/09/2016	Australian University Games 2016
14	5.49m	+1.4	M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016
15	5.29m		F	---	Christopher Dyce	28	1/10/2016	Northern Zone Week 3
16	5.22m	+3.0	F	---	James Leatherbarrow	14	18/03/2017	All-comers 18 March 2017

17	5.20m	+1.4	M	---	Tim McGrath	54	26/10/2016	World Masters Athletics Championships 2016
18	4.90m	+1.4	F	---	Farjaam Atshan	29	22/10/2016	Treloar Shield Round 2
19	4.49m	+2.8	M	---	Zoran Novicic	56	26/10/2016	World Masters Athletics Championships 2016
20	4.00m		F	---	William Brown	20	1/10/2016	Northern Zone Week 3
21	3.89m		F	---	Nicholas Bastas	78	1/10/2016	Northern Zone Week 3
22	3.51m	+1.4	F	---	Terrence Carter	59	8/10/2016	Treloar Shield Round 1
23	3.37m	+0.2	F	---	Elijah McMahon	11	11/02/2017	All Comers and NSW 10000m Walks Championships
24	3.34m	+3.0	F	---	Doug Barrett	64	17/12/2016	2016 NSW Club and Combined Championships
25	3.25m	1.5	F	---	Warren Jones	36	4/03/2017	NSW Masters Championships
26	2.82m	+0.7	F	---	Zion McMahon	07	11/02/2017	All Comers and NSW 10000m Walks Championships

Male Triple Jump

1	15.97m	+3.2	F	---	Emmanuel Fakiye	19	10/12/2016	Treloar Shield 5 and Albie Thomas Mile
2	13.09m	+2.0	F	---	Alex Willett	16	26/03/2017	2017 Australian Athletics Championships
3	11.60m	-2.1	F	---	Joey Ryu	17	25/09/2016	Allcomers 25 September 2016
4	10.97m		F	---	Joe Whelan	21	24/09/2016	Northern Zone Week 2
5	10.29m	+0.7	F	---	Austin Little	13	3/02/2017	NSW Junior & Youth Championships 2017
6	10.17m	+3.0	F	---	Kyle Fisher	13	13/10/2016	2016 2XU NSW All Schools Championships
7	9.51m	+0.3	F	---	Darcy Holmes	13	26/03/2017	2017 Australian Athletics Championships
8	9.27m	+2.3	F	---	Henry Pozzecco	13	13/10/2016	2016 2XU NSW All Schools Championships
9	9.17m	+0.0	F	---	Zoran Novicic	56	4/03/2017	NSW Masters Championships
10	8.33m	NWI	F	---	Nicholas Bastas	78	9/11/2016	Jupiters Pan Pacific Masters Games 2016
11	8.30m		F	---	Terrence Carter	59	24/09/2016	Northern Zone Week 2
12	7.48m		F	---	Elijah McMahon	11	19/11/2016	Northern Zone Week 10
13	6.67m		F	---	Doug Barrett	64	5/11/2016	Northern Zone Week 8

Male Shot Put 2kg

1	6.74m		F	---	Elijah McMahon	11	5/11/2016	Northern Zone Week 8
2	6.13m		F	---	Max Holmes	11	5/11/2016	Northern Zone Week 8
3	4.85m		F	---	Sam Holmes	08	5/11/2016	Northern Zone Week 8

Male Shot Put 3kg

1	16.91m		F	---	Matthew Butler	13	2/12/2016	2016 Australian All Schools Championships
2	14.86m		F	---	Thomas Shannon	13	13/10/2016	2016 2XU NSW All Schools Championships
3	12.13m		F	---	Riley Hemsworth	13	26/11/2016	2016 NSW Relay Championships
4	10.99m		F	---	Stuart Downie	13	26/11/2016	2016 NSW Relay Championships
5	9.90m		F	---	Maxi Zihlmann	12	26/11/2016	2016 NSW Relay Championships
6	7.73m		F	---	Michael Johnson	81	12/11/2016	Northern Zone Week 9
7	6.87m		F	---	Peter Douglas	62	26/11/2016	2016 NSW Relay Championships
8	6.77m		F	---	Doug Barrett	64	26/11/2016	2016 NSW Relay Championships
9	6.38m		F	---	Richard Hughes	84	4/03/2017	NSW Masters Championships
10	6.37m		F	---	Ross Douglas	62	26/11/2016	2016 NSW Relay Championships
11	6.30m		F	---	Terrence Carter	59	26/11/2016	2016 NSW Relay Championships
12	5.40m		F	---	Elijah McMahon	10	26/11/2016	2016 NSW Relay Championships

13	4.31m	F	---	Max Holmes	11	26/11/2016	2016 NSW Relay Championships
14	3.39m	F	---	Sam Holmes	08	26/11/2016	2016 NSW Relay Championships

Male Shot Put 4kg

1	14.31m	F	---	Thomas Shannon	14	26/03/2017	2017 Australian Athletics Championships
2	14.03m	F	---	Matthew Butler	13	19/11/2016	Treloar Shield Round 4
3	7.58m	F	---	Nicholas Bastas	78	10/09/2016	Northern Zone Week 1

Male Shot Put 5kg

1	13.61m	F	---	Lachlan Antoinette	16	17/12/2016	2016 NSW Club and Combined Championships
2	9.52m	F	---	Ben Carter	17	3/02/2017	NSW Junior & Youth Championships 2017
3	7.07m	F	---	Doug Barrett	64	19/11/2016	Northern Zone Week 10
4	6.48m	F	---	Ross Douglas	62	12/11/2016	Northern Zone Week 9
5	4.89m	F	---	Robert Jones	66	24/09/2016	Northern Zone Week 2
6	4.53m	F	---	Ron Shoesmith	69	12/11/2016	Northern Zone Week 9

Male Shot Put 6kg

1	14.97m	M	---	Alec Diamond	18	19/07/2016	IAAF World U20 Championships Bydgoszcz
2	13.00m	F	---	Aaron Kang	21	17/12/2016	2016 NSW Club and Combined Championships
3	12.57m	F	---	James McFadden	19	3/02/2017	NSW Junior & Youth Championships 2017
4	10.97m	F	---	Tim McGrath	54	18/02/2017	NSW Masters Throws Pentathlon Championships
5	7.84m	F	---	Peter Lang	58	12/11/2016	Northern Zone Week 9
6	7.83m	F	---	Zoran Novicic	56	8/10/2016	Treloar Shield Round 1
7	6.67m	F	---	Terrence Carter	59	10/09/2016	Northern Zone Week 1

Male Shot Put 7.26kg

1	16.27m	F	---	Liam Speers	24	19/11/2016	Treloar Shield Round 4
2	13.84m	F	---	Alec Diamond	19	17/12/2016	2016 NSW Club and Combined Championships
3	12.38m	F	---	Aaron Kang	22	24/02/2017	2017 NSW Open, U23 & Para Championships
4	12.20m	F	---	William Brown	20	26/11/2016	2016 NSW Relay Championships
5	11.95m	F	---	Clinton Mcewan	25	26/11/2016	2016 NSW Relay Championships
6	11.09m	F	---	Ashley McMahon	41	26/11/2016	2016 NSW Relay Championships
7	10.86m	F	---	Ryan Dowling	37	12/11/2016	Northern Zone Week 9
8	10.29m	F	---	Lachlan Antoinette	16	8/10/2016	Northern Zone Week 4
9	9.46m	F	---	Christopher Dyce	28	1/10/2016	Northern Zone Week 3
10	9.35m	F	---	Clark Donovan	23	19/11/2016	Treloar Shield Round 4
11	9.23m	F	---	Tim Heyes	18	22/10/2016	Treloar Shield Round 2
12	8.99m	F	---	Warren Jones	36	26/11/2016	2016 NSW Relay Championships
13	8.90m	M	---	William Richardson	20	26/09/2016	Australian University Games 2016
14	8.87m	F	---	Sean Fitzsimmons	21	26/09/2016	Australian University Games 2016
15	8.79m	F	---	Farjaam Atshan	29	22/10/2016	Treloar Shield Round 2
16	8.58m	F	---	Keith Santos	33	15/10/2016	Northern Zone Week 5
17	8.38m	F	---	Jarrold Cowley	19	22/10/2016	Treloar Shield Round 2
18	7.95m	F	---	Anthony Collum	20	26/09/2016	Australian University Games 2016

Male Shot Put Overhead

1	12.75m	F	---	William Richardson	20	17/09/2016	2016 Grass Games
2	8.18m	F	---	Max Holmes	10	17/09/2016	2016 Grass Games
Male Discus 1.5kg							
1	42.55m	F	---	Lachlan Antoinette	16	17/12/2016	2016 NSW Club and Combined Championships
2	35.05m	F	---	Tim McGrath	54	12/11/2016	Treloar Shield Round 3
3	28.38m	F	---	Zoran Novicic	56	25/09/2016	Allcomers 25 September 2016
4	24.08m	F	---	Peter Lang	58	19/11/2016	Northern Zone Week 10
5	17.64m	F	---	Terrence Carter	59	24/09/2016	Northern Zone Week 2
Male Discus 1.75kg							
1	51.16m	M	---	Alec Diamond	18	19/07/2016	IAAF World U20 Championships Bydgoszcz
2	35.27m	F	---	Tim Heyes	18	26/09/2016	Australian University Games 2016
3	33.96m	F	---	William Brown	19	7/05/2016	Thrower's Club Permit Meet
4	27.00m	F	---	Emmanuel Fakiye	19	26/09/2016	Australian University Games 2016
Male Discus 1kg							
1	43.55m	F	---	Jack McFadden	14	13/10/2016	2016 2XU NSW All Schools Championships
2	40.77m	F	---	Stuart Downie	14	26/03/2017	2017 Australian Athletics Championships
3	36.38m	F	---	Matthew Butler	13	26/11/2016	2016 NSW Relay Championships
4	31.29m	F	---	Riley Hemsworth	13	26/11/2016	2016 NSW Relay Championships
5	28.28m	F	---	Peter Douglas	62	24/09/2016	Northern Zone Week 2
6	27.35m	F	---	Kyle Fisher	13	26/11/2016	2016 NSW Relay Championships
7	24.17m	F	---	Doug Barrett	64	19/11/2016	Northern Zone Week 10
8	22.61m	F	---	Michael Johnson	81	4/03/2017	NSW Masters Championships
9	20.52m	F	---	Nicholas Bastas	78	9/11/2016	Jupiters Pan Pacific Masters Games 2016
10	20.30m	F	---	Ross Douglas	62	5/11/2016	Northern Zone Week 8
11	13.30m	F	---	Robert Jones	66	24/09/2016	Northern Zone Week 2
Male Discus 2kg							
1	51.44m	F	---	Liam Speers	24	17/12/2016	2016 NSW Club and Combined Championships
2	46.35m	F	---	Alec Diamond	19	11/03/2017	SUMMERofATHS Grand Prix
3	38.20m	F	---	William Brown	20	8/10/2016	Northern Zone Week 4
4	33.86m	F	---	Lachlan Antoinette	16	8/10/2016	Northern Zone Week 4
5	32.20m	F	---	Tim Heyes	18	26/11/2016	2016 NSW Relay Championships
6	31.12m	F	---	James McFadden	18	26/11/2016	2016 NSW Relay Championships
7	30.05m	F	---	Ryan Dowling	37	4/03/2017	NSW Masters Championships
8	29.92m	M	---	William Richardson	20	26/09/2016	Australian University Games 2016
9	26.70m	F	---	Aaron Kang	20	26/09/2016	Australian University Games 2016
10	25.95m	F	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
11	23.17m	M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016
12	22.34m	F	---	Steven Washburn	22	26/09/2016	Australian University Games 2016
13	20.79m	F	---	Keith Santos	33	22/10/2016	Northern Zone Week 6
14	19.40m	F	---	Matthew Wood	19	12/11/2016	Treloar Shield Round 3
15	9.08m	F	---	Andy West	49	17/12/2016	2016 NSW Club and Combined Championships

Male Discus 750g

1	17.33m	F	---	Elijah McMahon	11	5/11/2016	Northern Zone Week 8
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Male Hammer 3kg

1	51.81m	F	---	Thomas Shannon	13	13/10/2016	2016 2XU NSW All Schools Championships
2	46.17m	F	---	Matthew Butler	13	2/12/2016	2016 Australian All Schools Championships
3	29.94m	F	---	Stuart Downie	13	13/10/2016	2016 2XU NSW All Schools Championships
4	19.41m	F	---	Richard Hughes	84	4/03/2017	NSW Masters Championships

Male Hammer 4kg

1	46.23m	F	---	Thomas Shannon	13	17/12/2016	2016 NSW Club and Combined Championships
2	42.21m	F	---	Matthew Butler	14	26/03/2017	2017 Australian Athletics Championships
3	31.27m	F	---	Stuart Downie	13	3/02/2017	NSW Junior & Youth Championships 2017
4	12.71m	F	---	Nicholas Bastas	78	9/11/2016	Jupiters Pan Pacific Masters Games 2016

Male Hammer 5kg

1	49.83m	F	---	Lachlan Antoinette	16	3/02/2017	NSW Junior & Youth Championships 2017
2	19.49m	F	---	Ross Douglas	62	12/11/2016	Northern Zone Week 9
3	13.96m	F	---	Robert Jones	66	1/10/2016	21st AMA Winter Throws Championships

Male Hammer 6kg

1	57.84m	F	---	William Brown	19	7/05/2016	Thrower's Club Permit Meet
2	50.16m	F	---	Tim Heyes	18	26/09/2016	Australian University Games 2016
3	42.11m	F	---	Lachlan Antoinette	16	26/03/2017	2017 Australian Athletics Championships
4	25.28m	F	---	Tim McGrath	54	5/11/2016	All-comers 5 November 2016
5	22.53m	F	---	Peter Lang	58	1/10/2016	Northern Zone Week 3
6	17.15m	F	---	Terrence Carter	59	15/10/2016	Northern Zone Week 5

Male Hammer 7.26kg

1	61.51m	F	---	William Brown	20	22/10/2016	Treloar Shield Round 2
2	50.48m	F	---	Tim Heyes	19	5/03/2017	Thrower's Club Permit Meet
3	35.37m	F	---	Warren Jones	36	5/11/2016	All-comers 5 November 2016
4	26.35m	F	---	Ryan Dowling	37	4/03/2017	NSW Masters Championships
5	25.81m	F	---	Christopher Dyce	28	29/10/2016	Northern Zone Week 7
6	19.74m	F	---	Steven Washburn	22	26/09/2016	Australian University Games 2016

Male Javelin 400g

1	13.55m	F	---	Richard Hughes	84	4/03/2017	NSW Masters Championships
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Male Javelin 500g

1	24.95m	F	---	Nicholas Bastas	78	29/10/2016	Northern Zone Week 7
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Male Javelin 600g

1	22.49m	F	---	Doug Barrett	64	15/10/2016	Northern Zone Week 5
2	19.43m	F	---	Leslie Gillies	69	12/11/2016	Northern Zone Week 9
3	11.08m	F	---	Robert Jones	66	1/10/2016	21st AMA Winter Throws Championships

Male Javelin 700g

1	46.26m	F	---	Alex Willett	15	13/10/2016	2016 2XU NSW All Schools Championships
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2	42.00m	F	---	Jack McFadden	15	3/02/2017	NSW Junior & Youth Championships 2017
3	35.22m	F	---	Tim McGrath	54	19/11/2016	Treloar Shield Round 4
4	31.23m	F	---	Kyle Fisher	13	3/02/2017	NSW Junior & Youth Championships 2017
5	28.91m	F	---	Lachlan Dalton	14	3/02/2017	NSW Junior & Youth Championships 2017
6	28.57m	F	---	Mark Cepak	57	26/11/2016	2016 NSW Relay Championships
7	26.69m	F	---	Zoran Novicic	56	4/03/2017	NSW Masters Championships
8	23.34m	F	---	Peter Lang	58	12/11/2016	Northern Zone Week 9
9	18.46m	F	---	Terrence Carter	59	8/10/2016	Treloar Shield Round 1
10	17.12m	F	---	Brad Sharpe	55	10/12/2016	Treloar Shield 5 and Albie Thomas Mile

Male Javelin 800g

1	56.30m	F	---	James McFadden	18	13/10/2016	2016 2XU NSW All Schools Championships
2	53.30m	F	---	Alec Diamond	19	26/03/2017	2017 Australian Athletics Championships
3	46.49m	F	---	Christopher Dyce	28	1/10/2016	Northern Zone Week 3
4	46.13m	F	---	Steven Washburn	22	26/09/2016	Australian University Games 2016
5	46.01m	F	---	Ryan Dowling	37	19/11/2016	Treloar Shield Round 4
6	44.70m	F	---	Andrew Brown	20	26/11/2016	2016 NSW Relay Championships
7	40.22m	F	---	Matthew Wood	19	26/09/2016	Australian University Games 2016
8	36.13m	M	---	Clark Donovan	23	26/09/2016	Australian University Games 2016
9	35.83m	M	---	William Richardson	20	26/09/2016	Australian University Games 2016
10	33.58m	F	---	Ashley McMahon	41	26/11/2016	2016 NSW Relay Championships
11	27.45m	F	---	William Brown	20	10/09/2016	Northern Zone Week 1
12	25.23m	F	---	Warren Jones	36	26/11/2016	2016 NSW Relay Championships
13	22.52m	P	---	Sean Fitzsimmons	21	26/09/2016	Australian University Games 2016
14	18.50m	F	---	Keith Santos	33	15/10/2016	Northern Zone Week 5

Male Wght Thr 100lb

1	2.37m	F	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
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Male Wght Thr 11.34kg

1	12.09m	M	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
2	10.84m	F	---	Tim McGrath	54	18/02/2017	NSW Masters Throws Pentathlon Championships
3	8.23m	F	---	Terrence Carter	59	24/09/2016	Northern Zone Week 2
4	7.16m	F	---	Peter Lang	58	19/11/2016	Northern Zone Week 10

Male Wght Thr 15.88kg

1	11.08m	F	---	Ryan Dowling	37	4/03/2017	NSW Masters Championships
2	10.02m	M	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
3	6.20m	F	---	Keith Santos	33	22/10/2016	Northern Zone Week 6

Male Wght Thr 20kg

1	6.08m	M	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
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Male Wght Thr 25.4kg

1	5.06m	M	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
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Male Wght Thr 56lb

1	5.30m	F	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
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Male Wght Thr 7.26kg

1	6.50m	F	---	Nicholas Bastas	78	9/11/2016	Jupiters Pan Pacific Masters Games 2016
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Male Wght Thr 9.08kg

1	13.82m	F	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
2	7.71m	F	---	Doug Barrett	64	8/10/2016	Northern Zone Week 4
3	5.43m	F	---	Robert Jones	66	1/10/2016	21st AMA Winter Throws Championships

Male Decathlon

1	7111	F	---	Alec Diamond	18	19/07/2016	IAAF World U20 Championships Bydgoszcz
2	5402	F	---	William Richardson	20	26/09/2016	Australian University Games 2016
3	4746	F	---	Tim McGrath	54	26/10/2016	World Masters Athletics Championships 2016
4	4247	F	---	Zoran Novicic	56	26/10/2016	World Masters Athletics Championships 2016
5	4022	F	---	Clark Donovan	23	26/09/2016	Australian University Games 2016

Male Out Pent

1	1805	F	---	Zoran Novicic	56	17/12/2016	2016 NSW Club and Combined Championships
2	1644	F	---	Doug Barrett	64	17/12/2016	2016 NSW Club and Combined Championships

Male Wght Pent

1	2510	F	---	Tim McGrath	54	18/02/2017	NSW Masters Throws Pentathlon Championships
2	2080	F	---	Ryan Dowling	37	18/02/2017	NSW Masters Throws Pentathlon Championships
3	1418	F	---	Nicholas Bastas	78	9/11/2016	Jupiters Pan Pacific Masters Games 2016

Male Wght Pent Heavy

1	2076	F	---	Warren Jones	36	1/10/2016	21st AMA Winter Throws Championships
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