

Rankings 2018/2019

Marks since: 1-May-18

UTS Northern Suburbs Athletic [UTN]

Female 60m Sprint

1	7.56	+3.1		F	---	Stephanie Power	25	12/01/2019	Illawara Track Challenge
2	7.68	-0.1		F	---	Kristie Edwards	18	17/06/2018	Bankstown Winter Track & Field
3	7.77	+2.6		F	---	Carla Takchi	21	12/01/2019	Illawara Track Challenge
4	7.88	+2.2		F	---	Nicolette Donofrio	16	12/01/2019	Illawara Track Challenge
5	7.90	+2.2		F	---	Gabriella Taylor	13	12/01/2019	Illawara Track Challenge
6 *	7.91	-1.1		F	---	Monique Perry	44	10/11/2018	Treloar Shield Round 4
6 *	7.91	+2.4		F	---	Georgia Fichardt	14	10/11/2018	Treloar Shield Round 4
8	7.92	+2.6		F	---	Greta Andrews	15	12/01/2019	Illawara Track Challenge
9	7.9h	NWI	8.14	F	---	Stephanie Potter	17	30/03/2019	Northern Zone Week 21
10	8.14	+2.2		F	---	Olivia Rose Inkster	13	12/01/2019	Illawara Track Challenge
11	8.15	-0.1		F	---	Morgan Kelaher	15	17/06/2018	Bankstown Winter Track & Field
12 *	8.20	-0.9		F	---	Taliah Lummow	17	10/11/2018	Treloar Shield Round 4
12 *	8.20	NWI		F	---	Susie Douglas	18	16/03/2019	All-comers 16 March 2019
14	8.23	-1.1		F	---	Annika Lynch	14	10/11/2018	Treloar Shield Round 4
15	8.30	-0.9		F	---	Jessica Maciver	15	10/11/2018	Treloar Shield Round 4
16	8.32	+0.9		F	---	Pascale La Hei	16	20/10/2018	Treloar Shield Round 2
17	8.37	-0.4		F	---	Amy Bonthorne	16	20/10/2018	Treloar Shield Round 2
18	8.3h	NWI	8.54	F	---	Kiera Simula	17	3/11/2018	Northern Zone Week 6
19 *	8.4h	NWI	8.64	F	---	Maria Cimino	47	30/03/2019	Northern Zone Week 21
19 *	8.4h	NWI	8.64	F	---	Alice Bohdan	46	2/03/2019	Northern Zone Week 18
21	8.73	+1.2		F	---	Eve Rothwell	11	20/10/2018	Treloar Shield Round 2
22	8.97	+0.2		F	---	Lauren Brown	16	20/10/2018	Treloar Shield Round 2
23	9.08	+1.6		F	---	Joanna Davis	42	26/04/2019	Australian Masters Athletics Championships
24	9.42	+4.0		F	---	Jenny Schell	56	9/11/2018	Pan Pacific Masters Games 2018
25	9.2h	NWI	9.44	F	---	Pam Fijan	43	17/11/2018	Northern Zone Week 8
26 *	9.3h	NWI	9.54	F	---	Helena Smith	31	3/11/2018	Northern Zone Week 6
26 *	9.3h	NWI	9.54	F	---	Rebecca Moore	15	2/03/2019	Northern Zone Week 18
28	9.60	NWI		F	---	Rose Moore	53	20/10/2018	Northern Zone Week 4
29	9.73	+3.8		F	---	Janet Naylor	52	26/04/2019	Australian Masters Athletics Championships
30	9.75	NWI		F	---	Bronwyn Kelaher	52	27/05/2018	Campbelltown Winter Track & Field
31	9.80	+3.0		F	---	Sarah Culhane	54	9/11/2018	Pan Pacific Masters Games 2018
32	9.6h	NWI	9.84	F	---	Emily Davis	11	26/01/2019	Northern Zone Week 14
33	9.7h	NWI	9.94	F	---	Stephanie Markos	52	3/11/2018	Northern Zone Week 6
34	10.82	-2.9		F	---	Mali Lovell	14	10/11/2018	Treloar Shield Round 4
35	11.04	+4.8		F	---	Antoinette Woodward	62	9/11/2018	Pan Pacific Masters Games 2018
36	11.90	NWI		F	---	Jillian Senior	66	20/10/2018	Northern Zone Week 4

37	12.27	+2.3		F	---	Kathleen Cook	81	9/11/2018	Pan Pacific Masters Games 2018
38	12.60	NWI		F	---	Nancy Lloyd	65	20/10/2018	Northern Zone Week 4
39	12.8h	NWI	13.04	F	---	Dorothy Kass	65	15/12/2018	Northern Zone Weei 10
40	14.1h	NWI	14.34	F	---	Thea Davis	09	13/04/2019	Northern Zone Week 23

Female 100m Sprint

1	11.73	+0.4		P	---	Kristie Edwards	19	1/04/2019	2019 Australian Athletics Championships
2	11.90	+2.6		P	---	Stephanie Power	25	8/02/2019	Athletics ACT Championships
3	12.15	-1.0		F	---	Greta Andrews	15	1/04/2019	2019 Australian Athletics Championships
4	12.18	+3.2		P	---	Carla Takchi	21	8/03/2019	NSW Open, U23 and Para Championships 2019
5	12.33	+1.8		F	---	Nicolette Donofrio	16	16/02/2019	Illawong All-comers
6	12.34	-1.0		F	---	Alice Dixon	15	7/12/2018	2018 Australian All Schools Championships
7	12.44	+4.5		F	---	Monique Perry	44	2/03/2019	All-Comers 2 March 2019
8	12.45	+2.4		F	---	Georgia Fichardt	15	22/02/2019	NSW Junior and Para Junior Championships 2019
9	12.46	+3.4		P	---	Taliah Lummow	17	22/02/2019	NSW Junior and Para Junior Championships 2019
10	12.47	+2.7		F	---	Gabriella Taylor	13	12/01/2019	Illawara Track Challenge
11	12.62	+1.3		F	---	Morgan Kelaher	15	8/02/2019	Athletics ACT Championships
12	12.71	+2.6		P	---	Susie Douglas	18	22/02/2019	NSW Junior and Para Junior Championships 2019
13 *	12.82	+1.9		F	---	Mikayla Mestousis	18	15/12/2018	Club Championships 2018
13 *	12.82	+2.3		F	---	Steph Zervos	24	1/12/2018	Treloar Shield Round 5
15	12.87	+0.1		P	---	Stephanie Potter	16	27/09/2018	NSW All Schools Championships
16 *	12.89	+0.4		P	---	Lara Halmarick	16	22/02/2019	NSW Junior and Para Junior Championships 2019
16 *	12.89	+2.3		F	---	Abigail Stevanovic	16	1/12/2018	Treloar Shield Round 5
18	12.97	-1.5		P	---	Olivia Rose Inkster	13	27/09/2018	NSW All Schools Championships
19	13.01	+6.5		F	---	Xin Min Tan	12	22/02/2019	NSW Junior and Para Junior Championships 2019
20	13.03	-2.4		P	---	Jessica Maciver	14	27/09/2018	NSW All Schools Championships
21	13.14	+2.2		F	---	Amy Bonthorne	16	1/12/2018	Treloar Shield Round 5
22	13.17	-1.6		F	---	Annika Lynch	14	3/11/2018	Treloar Shield Round 3
23	13.22	+0.9		F	---	Yael Reed	36	8/02/2019	NSW Masters Championships
24	13.35	+0.0		F	---	Sienna Bond	13	2/02/2019	Allcomers and 5000m Championships 2019
25	13.49	-1.6		F	---	Georgia Healy	15	3/11/2018	Treloar Shield Round 3
26	13.50	+1.7		P	---	Jacqualine Bezuidenhout	51	4/09/2018	World Masters Athletics Championships 2018
27	13.54	-1.6		F	---	Eva Bates	13	3/11/2018	Treloar Shield Round 3
28 *	13.4h	NWI	13.64	F	---	Ruby Ritchie	21	19/01/2019	Northern Zone 13
28 *	13.4h	NWI	13.64	F	---	Kiera Simula	17	27/10/2018	Northern Zone Week 5
30	13.67	+0.6		F	---	Alissa Jordaan	15	7/12/2018	2018 Australian All Schools Championships
31	13.74	+0.7		F	---	Alice Bohdan	46	8/02/2019	NSW Masters Championships
32	13.80	-2.8		F	---	Brooke East	17	27/09/2018	NSW All Schools Championships
33	13.88	-4.3		P	---	Maya Challoner	16	27/09/2018	NSW All Schools Championships
34	13.92	+3.3		F	---	Saskia Newman	16	22/02/2019	NSW Junior and Para Junior Championships 2019
35	14.01	-1.6		F	---	Chloe Davis	19	23/03/2019	All-comers 23 March 2019
36	14.04	+3.9		F	---	Maria Cimino	47	9/11/2018	Pan Pacific Masters Games 2018
37 *	14.26	-2.4		F	---	Inge Ackland	13	19/01/2019	Treloar Sheild Round 7

37 *	14.26	+1.1		F	---	Joanna Davis	42	26/04/2019	Australian Masters Athletics Championships
39	14.28	+0.1		F	---	Gabriella Richmond	17	1/12/2018	Treloar Shield Round 5
40	14.42	-0.8		F	---	Samra Bond	11	2/02/2019	Allcomers and 5000m Championships 2019
41	14.65	+0.9		F	---	Mia Marshall	12	15/12/2018	Club Championships 2018
42	14.69	+1.9		F	---	Pam Fijan	43	15/12/2018	Club Championships 2018
43	14.71	-0.6		F	---	Eve Rothwell	11	2/02/2019	Allcomers and 5000m Championships 2019
44	14.96	+0.1		F	---	Hannah Andeson	12	15/12/2018	Club Championships 2018
45	15.31	+2.6		F	---	Jenny Schell	56	26/04/2019	Australian Masters Athletics Championships
46	15.43	+0.1		F	---	Bronwyn Kelaher	53	1/12/2018	Treloar Shield Round 5
47	15.3h	NWI	15.54	F	---	Helena Smith	31	27/10/2018	Northern Zone Week 5
48	15.57	+0.4		F	---	Rose Moore	53	8/02/2019	NSW Masters Championships
49	15.59	+0.4		F	---	Sarah Culhane	54	8/02/2019	NSW Masters Championships
50 *	15.7h	NWI	15.94	F	---	Stephanie Markos	52	22/12/2018	Northern Zone Week 11
50 *	15.7h	NWI	15.94	F	---	Rebecca Moore	15	19/01/2019	Northern Zone 13
52	16.27	+3.1		F	---	Mali Lovell	14	22/02/2019	NSW Junior and Para Junior Championships 2019
53	16.71	+3.2		P	---	Janet Naylor	52	26/04/2019	Australian Masters Athletics Championships
54	17.08	+3.1		F	---	Zara Perry	13	22/02/2019	NSW Junior and Para Junior Championships 2019
55	16.9h	NWI	17.14	F	---	Emily Davis	12	23/03/2019	Northern Zone Week 20
56	17.35	-0.1		F	---	Margaret Thomas	62	26/04/2019	Australian Masters Athletics Championships
57	17.59	+3.1		F	---	Sybella Warton	11	22/02/2019	NSW Junior and Para Junior Championships 2019
58	18.31	+3.5		F	---	Antoinette Woodward	62	9/11/2018	Pan Pacific Masters Games 2018
59	19.6h	NWI	19.84	F	---	Nancy Lloyd	65	1/12/2018	Northern Zone Week 9
60	20.0h	NWI	20.24	F	---	Jillian Senior	66	10/11/2018	Northern Zone Week 7
61	20.66	+3.6		F	---	Kathleen Cook	81	9/11/2018	Pan Pacific Masters Games 2018
62	21.40	NWI		F	---	Thea Davis	09	15/09/2018	Northern Zone Week 1
63	21.6h	NWI	21.84	F	---	Dorothy Kass	65	10/11/2018	Northern Zone Week 7

Female 150m Sprint

1	18.92	NWI		F	---	Nicolette Donofrio	16	27/05/2018	Campbelltown Winter Track & Field
2	18.7h	NWI	18.94	F	---	Monique Perry	44	8/12/2018	Grass Games 2018/19
3	19.94	NWI		F	---	Morgan Kelaher	15	27/05/2018	Campbelltown Winter Track & Field
4	21.42	NWI		F	---	Alice Bohdan	45	27/05/2018	Campbelltown Winter Track & Field
5	23.72	NWI		F	---	Bronwyn Kelaher	52	27/05/2018	Campbelltown Winter Track & Field
6	24.5h	NWI	24.74	F	---	Stephanie Markos	52	8/12/2018	Grass Games 2018/19
7	24.7h	NWI	24.94	F	---	Sarah Culhane	54	8/12/2018	Grass Games 2018/19

Female 200m Sprint

1	23.77	+1.5	F	---	Kristie Edwards	19	23/03/2019	Queensland Track Classic
2	23.94	-1.4	F	---	Stephanie Power	26	8/03/2019	NSW Open, U23 and Para Championships 2019
3	24.10	+2.4	F	---	Alice Dixon	15	1/04/2019	2019 Australian Athletics Championships
4	24.64	-1.5	F	---	Greta Andrews	15	22/02/2019	NSW Junior and Para Junior Championships 2019
5	24.69	NWI	F	---	Nicolette Donofrio	16	27/10/2018	Northern Sydney Meet
6	24.91	-1.2	F	---	Olivia Rose Inkster	14	1/04/2019	2019 Australian Athletics Championships

7	25.32	+2.8	F	---	Gabriella Taylor	13	27/09/2018	NSW All Schools Championships	
8	25.59	+2.2	P	---	Georgia Fichardt	14	27/09/2018	NSW All Schools Championships	
9	25.67	+1.4	P	---	Stephanie Potter	16	27/09/2018	NSW All Schools Championships	
10	25.73	+1.1	F	---	Susie Douglas	18	23/03/2019	All-comers 23 March 2019	
11	25.89	-0.8	F	---	Taliah Lummow	17	10/11/2018	Treloar Shield Round 4	
12	26.01	+0.4	F	---	Monique Perry	44	10/11/2018	Treloar Shield Round 4	
13	26.09	+1.6	P	---	Morgan Kelaher	15	27/09/2018	NSW All Schools Championships	
14	26.12	+0.0	P	---	Mikayla Mestousis	18	11/04/2019	UniSport Australia National Championships	
15	26.27	+1.8	F	---	Jessica Maciver	15	2/02/2019	NSW Combined Event Championships 2019	
16 *	26.30	-1.7	F	---	Sally Guthrie	16	20/10/2018	Treloar Shield Round 2	
16 *	26.30	+2.1	P	---	Pascale La Hei	16	27/09/2018	NSW All Schools Championships	
18	26.33	-1.1	F	---	Annika Lynch	14	10/11/2018	Treloar Shield Round 4	
19	26.41	-0.6	F	---	Dominica Jenkins	29	10/11/2018	Treloar Shield Round 4	
20 *	26.43	+0.2	P	---	Xin Min Tan	12	1/04/2019	2019 Australian Athletics Championships	
20 *	26.43	+1.2	P	---	Emma Merlino	26	8/03/2019	NSW Open, U23 and Para Championships 2019	
22	27.27	+1.4	F	---	Eva Bates	13	2/02/2019	Allcomers and 5000m Championships 2019	
23	27.29	+1.8	P	---	Yael Reed	36	8/03/2019	NSW Open, U23 and Para Championships 2019	
24	27.1h	NWI	27.34	F	---	Ruby Ritchie	21	12/01/2019	Northern Zone Week 12
25	27.38	-3.1	F	---	Lara Williams	13	19/01/2019	Treloar Sheild Round 7	
26	27.45	NWI	F	---	Chloe Davis	18	24/09/2018	Unisports Australian National Championship	
27	27.94	-0.2	P	---	Jacqueline Bezuidenhout	51	4/09/2018	World Masters Athletics Championships 2018	
28	28.30	-2.7	F	---	Ava Walker-Charles	19	19/01/2019	Treloar Sheild Round 7	
29	28.35	+1.7	F	---	Alissa Jordaan	15	8/03/2019	NSW Open, U23 and Para Championships 2019	
30	28.90	-0.6	F	---	Gabriella Richmond	16	10/11/2018	Treloar Shield Round 4	
31	28.91	-0.4	F	---	Kiera Simula	17	10/11/2018	Treloar Shield Round 4	
32	28.99	-0.7	F	---	Alice Bohdan	46	8/02/2019	NSW Masters Championships	
33	29.14	-0.2	F	---	Samra Bond	11	2/02/2019	Allcomers and 5000m Championships 2019	
34	29.34	NWI	F	---	Lauren Brown	16	12/01/2019	Newcastle All-comers	
35	29.83	+0.2	F	---	Inge Ackland	13	19/01/2019	Treloar Sheild Round 7	
36	30.14	+1.9	P	---	Joanna Davis	42	26/04/2019	Australian Masters Athletics Championships	
37	30.17	-1.2	F	---	Eve Rothwell	11	20/10/2018	Treloar Shield Round 2	
38	31.06	+3.1	F	---	Maria Cimino	47	9/11/2018	Pan Pacific Masters Games 2018	
39	31.42	NWI	F	---	Pam Fijan	42	27/10/2018	Northern Sydney Meet	
40	32.03	+2.1	F	---	Sophia Archer	12	15/12/2018	Club Championships 2018	
41	32.70	-1.0	F	---	Sarah Culhane	54	8/02/2019	NSW Masters Championships	
42	32.85	+1.0	F	---	Stephanie Markos	52	10/11/2018	Treloar Shield Round 4	
43	32.86	+2.4	F	---	Jenny Schell	56	26/04/2019	Australian Masters Athletics Championships	
44	33.10	+1.7	P	---	Mali Lovell	14	8/03/2019	NSW Open, U23 and Para Championships 2019	
45	33.0h	NWI	33.24	F	---	Rebecca Moore	15	16/02/2019	Northern Zone Week 16
46	33.55	-1.7	F	---	Bronwyn Kelaher	52	17/06/2018	Bankstown Winter Track & Field	
47	33.5h	NWI	33.74	F	---	Rose Moore	53	2/03/2019	Northern Zone Week 18
48	34.45	-0.1	F	---	Deborah Drennan	60	19/01/2019	Treloar Sheild Round 7	

49	34.7h	NWI	34.94	F	---	Helena Smith	31	22/09/2018	Northern Zone Week 2
50	36.0h	NWI	36.24	F	---	Emily Davis	11	17/11/2018	Northern Zone Week 8
51	38.05	-0.9		F	---	Sybella Warton	11	22/02/2019	NSW Junior and Para Junior Championships 2019
52	40.6h	NWI	40.84	F	---	Antoinette Woodward	62	17/11/2018	Northern Zone Week 8
53	44.0h	NWI	44.24	F	---	Nancy Lloyd	65	17/11/2018	Northern Zone Week 8
54	44.80	+2.0		F	---	Kathleen Cook	81	9/11/2018	Pan Pacific Masters Games 2018
55	46.6h	NWI	46.84	F	---	Jillian Senior	66	22/09/2018	Northern Zone Week 2
56	46.89	+0.0		F	---	Thea Davis	09	2/02/2019	Allcomers and 5000m Championships 2019

Female 300m Sprint

1	43.1h		43.24	F	---	Dominica Jenkins	29	8/12/2018	Grass Games 2018/19
2	44.60			F	---	Morgan Kelaheer	15	27/05/2018	Campbelltown Winter Track & Field
3	44.75			F	---	Monique Perry	43	27/05/2018	Campbelltown Winter Track & Field
4 *	54.3h		54.44	F	---	Stephanie Markos	52	8/12/2018	Grass Games 2018/19
4 *	54.3h		54.44	F	---	Sarah Culhane	54	8/12/2018	Grass Games 2018/19
6	55.3h		55.44	F	---	Deborah Drennan	60	8/12/2018	Grass Games 2018/19

Female 400m Sprint

1	52.38			F	---	Gabriella O'Grady	21	1/12/2018	Treloar Shield Round 5
2	54.11			F	---	Carley Thomas	17	8/06/2018	NQSF Student Games and All Comers
3	56.67			F	---	Alice Dixon	15	22/12/2018	Albie Thomas
4	57.04			F	---	Kristie Edwards	18	1/12/2018	Treloar Shield Round 5
5	57.31			F	---	Pascale La Hei	16	27/09/2018	NSW All Schools Championships
6	57.47			P	---	Sally Guthrie	17	1/04/2019	2019 Australian Athletics Championships
7	58.22			F	---	Susie Douglas	18	2/03/2019	All-Comers 2 March 2019
8	58.26			F	---	Nicola Bowtell	19	24/09/2018	Unisports Australian National Championship
9	58.59			P	---	Olivia Rose Inkster	14	1/04/2019	2019 Australian Athletics Championships
10	58.69			F	---	Madeleine Powell	27	22/12/2018	Albie Thomas
11	58.74			P	---	Cayla Phillips	14	1/04/2019	2019 Australian Athletics Championships
12	58.77			F	---	Lara Williams	12	13/10/2018	Treloar Shield Round 1
13	59.52			P	---	Emily Smith	14	22/02/2019	NSW Junior and Para Junior Championships 2019
14	59.64			F	---	Greta Andrews	14	1/12/2018	Treloar Shield Round 5
15	59.81			P	---	Emma Merlino	26	8/03/2019	NSW Open, U23 and Para Championships 2019
16	59.90			F	---	Gemma Bratton	15	27/09/2018	NSW All Schools Championships
17	1:00.97			F	---	Kate Wahby	17	22/02/2019	NSW Junior and Para Junior Championships 2019
18	1:01.18			F	---	Dominica Jenkins	29	2/02/2019	Allcomers and 5000m Championships 2019
19	1:01.46			F	---	Edita Grinbergs	17	1/12/2018	Treloar Shield Round 5
20	1:01.54			F	---	Abigail Stevanovic	16	2/02/2019	Allcomers and 5000m Championships 2019
21	1:01.75			F	---	Gabriella Taylor	13	12/01/2019	Illawara Track Challenge
22	1:02.52			F	---	Sally Priest	13	27/09/2018	NSW All Schools Championships
23	1:02.60			F	---	Yael Reed	36	8/02/2019	NSW Masters Championships
24	1:02.65			F	---	Brooke East	18	23/03/2019	All-comers 23 March 2019
25	1:02.75			F	---	Xin Min Tan	12	22/02/2019	NSW Junior and Para Junior Championships 2019

26	1:02.98		F	---	Chloe Davis	18	1/12/2018	Treloar Shield Round 5
27	1:04.09		F	---	Gabriella Richmond	16	27/09/2018	NSW All Schools Championships
28	1:04.73		F	---	Alissa Jordaan	15	8/02/2019	Athletics ACT Championships
29	1:05.51		F	---	Monique Perry	44	26/04/2019	Australian Masters Athletics Championships
30	1:07.14		F	---	Morgan Kelahe	15	13/10/2018	Treloar Shield Round 1
31	1:07.30		F	---	Saskia Newman	16	22/02/2019	NSW Junior and Para Junior Championships 2019
32	1:07.87		F	---	Eva Bates	13	13/10/2018	Treloar Shield Round 1
33	1:11.34		F	---	Joanna Davis	42	8/02/2019	NSW Masters Championships
34	1:14.62		P	---	Deborah Drennan	60	4/09/2018	World Masters Athletics Championships 2018
35	1:15.26		F	---	Sarah Culhane	54	8/02/2019	NSW Masters Championships
36	1:19.02		F	---	Mali Lovell	14	22/02/2019	NSW Junior and Para Junior Championships 2019
37	1:19.79		F	---	Stephanie Markos	52	1/12/2018	Treloar Shield Round 5
38	1:19.7h	1:19.84	F	---	Rose Moore	53	22/12/2018	Northern Zone Week 11
39	1:19.97		F	---	Jenny Schell	56	9/11/2018	Pan Pacific Masters Games 2018
40	1:21.0h	1:21.14	F	---	Emily Davis	12	23/03/2019	Northern Zone Week 20
41	1:22.37		F	---	Bronwyn Kelahe	53	13/10/2018	Treloar Shield Round 1
42	1:24.71		F	---	Sybella Warton	11	22/02/2019	NSW Junior and Para Junior Championships 2019
43	1:32.4h	1:32.54	F	---	Antoinette Woodward	62	1/12/2018	Northern Zone Week 9
44	1:45.2h	1:45.34	F	---	Nancy Lloyd	65	1/12/2018	Northern Zone Week 9
45	1:59.7h	1:59.84	F	---	Dorothy Kass	65	15/09/2018	Northern Zone Week 1

Female 600m Sprint

1	1:58.5h	1:58.50	F	---	Abby Lander	16	8/12/2018	Grass Games 2018/19
2	2:07.8h	2:07.80	F	---	Deborah Drennan	60	8/12/2018	Grass Games 2018/19
3	2:31.7h	2:31.70	F	---	Margaret Thomas	62	8/12/2018	Grass Games 2018/19

Female 800m Run

1	2:01.13		F	---	Carley Thomas	17	10/07/2018	World U20 Championships 2018
2	2:08.05		P	---	Isabella Thornton-Bott	21	1/04/2019	2019 Australian Athletics Championships
3	2:08.47		F	---	Sarah McDermott	18	22/12/2018	Albie Thomas
4	2:13.20		F	---	Imogen Gardiner	16	27/09/2018	NSW All Schools Championships
5	2:14.17		F	---	Sally Guthrie	16	27/09/2018	NSW All Schools Championships
6	2:15.35		F	---	Kate Spencer	23	11/04/2019	UniSport Australia National Championships
7	2:17.90		F	---	Abbey Rockliff	17	22/02/2019	NSW Junior and Para Junior Championships 2019
8	2:26.84		P	---	Sally Priest	13	27/09/2018	NSW All Schools Championships
9	2:28.29		M	---	Chloe Davis	18	2/02/2019	NSW Combined Event Championships 2019
10	2:28.96		P	---	Lara Williams	12	27/09/2018	NSW All Schools Championships
11	2:29.27		F	---	Pascale La Hei	16	16/02/2019	Illawong All-comers
12	2:35.82		F	---	Abby Lander	16	10/11/2018	Treloar Shield Round 4
13	2:42.09		P	---	Sophia Archer	12	27/09/2018	NSW All Schools Championships
14	2:42.58		F	---	Deborah Drennan	60	4/09/2018	World Masters Athletics Championships 2018
15	2:46.10		F	---	Jessica Maciver	15	2/02/2019	NSW Combined Event Championships 2019
16	2:48.39		F	---	Emily Davis	11	2/02/2019	Allcomers and 5000m Championships 2019

17	2:58.09		F	---	Alice Bohdan	46	2/02/2019	NSW Combined Event Championships 2019
18	2:58.4h	2:58.40	F	---	Joanna Davis	42	30/03/2019	Northern Zone Week 21
19	3:01.91		F	---	Mali Lovell	14	1/04/2019	2019 Australian Athletics Championships
20	3:12.58		F	---	Margaret Thomas	62	8/02/2019	NSW Masters Championships
21	3:12.77		F	---	Sybella Warton	11	1/04/2019	2019 Australian Athletics Championships
22	3:49.0h	3:49.00	F	---	Antoinette Woodward	62	17/11/2018	Northern Zone Week 8
23	3:56.1h	3:56.10	F	---	Nancy Lloyd	65	17/11/2018	Northern Zone Week 8
24	4:25.0h	4:25.00	F	---	Dorothy Kass	65	17/11/2018	Northern Zone Week 8
25	4:37.0h	4:37.00	F	---	Stephanie Brown	53	30/03/2019	Northern Zone Week 21

Female 1500m Run

1	4:21.13		F	---	Isabella Thornton-Bott	20	23/02/2019	Sydney Track Classic
2	4:26.02		F	---	Sarah McDermott	18	20/10/2018	Treloar Shield Round 2
3	4:27.49		F	---	Imogen Gardiner	16	27/09/2018	NSW All Schools Championships
4	4:28.21		F	---	Kate Spencer	23	23/03/2019	All-comers 23 March 2019
5	4:30.45		F	---	Abbey Rockliff	17	1/04/2019	2019 Australian Athletics Championships
6	4:35.68		F	---	Annabel McDermott	20	8/03/2019	NSW Open, U23 and Para Championships 2019
7	4:50.30		F	---	Hannah Cerezo	15	1/12/2018	Treloar Shield Round 5
8	4:51.08		F	---	Rosie Fordham	16	20/10/2018	Treloar Shield Round 2
9	5:37.0h	5:37.00	F	---	Emily Davis	11	15/09/2018	Northern Zone Week 1
10	5:47.04		F	---	Deborah Drennan	60	4/09/2018	World Masters Athletics Championships 2018
11	6:26.25		P	---	Imogen Steele	16	8/03/2019	NSW Open, U23 and Para Championships 2019
12	6:41.00		F	---	Margaret Thomas	62	8/02/2019	NSW Masters Championships
13	7:03.02		F	---	Sybella Warton	11	22/02/2019	NSW Junior and Para Junior Championships 2019
14	7:35.0h	7:35.00	F	---	Antoinette Woodward	62	22/12/2018	Northern Zone Week 11
15	8:12.9h	8:12.90	F	---	Ann Swinbourne	61	29/09/2018	Northern Zone Week 3
16	8:15.2h	8:15.20	F	---	Nancy Lloyd	65	27/10/2018	Northern Zone Week 5
17	8:24.5h	8:24.50	F	---	Thea Davis	09	9/03/2019	Northern Zone Week 19
18	9:09.7h	9:09.70	F	---	Dorothy Kass	65	27/10/2018	Northern Zone Week 5

Female 3000m Run

1	9:57.77	3:19.26	F	---	Imogen Gardiner	16	23/03/2019	All-comers 23 March 2019
2	10:03.52	3:21.17	F	---	Abbey Rockliff	17	22/02/2019	NSW Junior and Para Junior Championships 2019
3	10:21.96	3:27.32	F	---	Hannah Cerezo	15	22/02/2019	NSW Junior and Para Junior Championships 2019
4	10:40.07	3:33.36	F	---	Rosie Fordham	16	1/04/2019	2019 Australian Athletics Championships
5	11:09.55	3:43.18	F	---	Holly Eva Ratajec	24	23/03/2019	All-comers 23 March 2019
6	11:23.72	3:47.91	F	---	Olivia Gorman	12	22/02/2019	NSW Junior and Para Junior Championships 2019
7	13:29.8h	4:29.93	F	---	Deborah Drennan	60	2/03/2019	Northern Zone Week 18
8	17:37.8h	5:52.60	F	---	Nancy Lloyd	65	17/11/2018	Northern Zone Week 8
9	19:42.5h	6:34.17	F	---	Dorothy Kass	65	22/12/2018	Albie Thomas

Female 3200m Run

1	12:56.9h	4:02.78	F	---	Abby Lander	16	8/12/2018	Grass Games 2018/19
---	----------	---------	---	-----	-------------	----	-----------	---------------------

Female 5000m Run

1	15:06.62	3:01.32	F	---	Abbey Rockliff	17	23/03/2019	All-comers 23 March 2019
2	22:01.67	4:24.33	F	---	Abby Lander	16	20/10/2018	Treloar Shield Round 2
3	25:18.29	5:03.66	F	---	Margaret Thomas	62	26/04/2019	Australian Masters Athletics Championships

Female 1 Mile Run

1	4:45.03		F	---	Abbey Rockliff	17	22/12/2018	Albie Thomas
2	5:00.21		F	---	Annabel McDermott	19	22/12/2018	Albie Thomas

Female 1500m Walk

1	8:20.2h	8:20.20	F	---	Ainslie Brown	16	2/03/2019	Northern Zone Week 18
2	9:19.2h	9:19.20	F	---	Carmel Parker	53	17/11/2018	Northern Zone Week 8
3	9:43.7h	9:43.70	F	---	Nancy Lloyd	65	17/11/2018	Northern Zone Week 8
4	10:05.75		F	---	Antoinette Woodward	62	26/04/2019	Australian Masters Athletics Championships
5	10:39.7h	10:39.70	F	---	Stephanie Brown	53	30/03/2019	Northern Zone Week 21
6	12:05.3h	12:05.30	F	---	Dorothy Kass	65	2/03/2019	Northern Zone Week 18
7	13:40.8h	13:40.80	F	---	Roslyn Wolfers	73	30/03/2019	Northern Zone Week 21

Female 3000m Walk

1	16:24.08		F	---	Elise Brennan	16	2/02/2019	Allcomers and 5000m Championships 2019
2	19:42.73		F	---	Carmel Parker	53	19/01/2019	Treloar Shield Round 7
3	21:20.1h	21:20.10	F	---	Nancy Lloyd	65	27/10/2018	Northern Zone Week 5
4	21:20.57		F	---	Antoinette Woodward	62	9/11/2018	Pan Pacific Masters Games 2018
5	24:35.4h	24:35.40	F	---	Stephanie Brown	53	27/10/2018	Northern Zone Week 5
6	26:03.5h	26:03.50	F	---	Dorothy Kass	65	1/12/2018	Northern Zone Week 9

Female 5000m Walk

1	28:31.03		F	---	Elise Brennan	17	8/03/2019	NSW Open, U23 and Para Championships 2019
2	33:56.19		F	---	Antoinette Woodward	62	26/04/2019	Australian Masters Athletics Championships
3	34:21.42		F	---	Carmel Parker	53	8/02/2019	NSW Masters Championships

Female 80m Hurdles 0.762m

1	12.84	-0.7	F	---	Sienna Bond	13	7/12/2018	2018 Australian All Schools Championships
2	12.87	+0.7	F	---	Alice Bohdan	46	23/03/2019	All-comers 23 March 2019
3	13.39	-1.9	F	---	Eva Bates	13	3/11/2018	Treloar Shield Round 3
4	17.12	-0.9	F	---	Hannah Andeson	12	15/12/2018	Club Championships 2018

Female 90m Hurdles 0.762m

1	12.91	-0.1	F	---	Georgia Fichardt	15	1/04/2019	2019 Australian Athletics Championships
2	13.34	+0.2	F	---	Jessica Maciver	14	27/09/2018	NSW All Schools Championships
3	13.50	+0.2	F	---	Georgia Healy	14	27/09/2018	NSW All Schools Championships
4	13.75	+1.3	F	---	Sienna Bond	13	22/02/2019	NSW Junior and Para Junior Championships 2019
5	13.98	+0.2	F	---	Annika Lynch	14	27/09/2018	NSW All Schools Championships
6	13.99	+0.5	P	---	Eva Bates	13	1/04/2019	2019 Australian Athletics Championships

Female 100m Hurdles 0.762m

1	13.72	+2.2	F	---	Nicolette Donofrio	16	22/02/2019	NSW Junior and Para Junior Championships 2019
2	14.50	+2.6	F	---	Abigail Stevanovic	16	1/12/2018	Treloar Shield Round 5
3	14.57	-0.1	F	---	Annika Lynch	15	1/04/2019	2019 Australian Athletics Championships

4	15.27	-0.2	P	---	Georgia Healy	15	1/04/2019	2019 Australian Athletics Championships
5	15.54	-2.1	P	---	Susie Douglas	17	27/09/2018	NSW All Schools Championships
6	16.00	+0.6	F	---	Matilda Pennington	17	1/12/2018	Treloar Shield Round 5
7	17.11	-1.4	F	---	Jessica Maciver	15	2/02/2019	NSW Combined Event Championships 2019
8	17.69	+2.6	F	---	Gabriella Richmond	17	1/12/2018	Treloar Shield Round 5
Female 100m Hurdles 0.840m								
1	13.91	+0.9	F	---	Carla Takchi	21	8/03/2019	NSW Open, U23 and Para Championships 2019
2	15.20	+0.9	P	---	Susie Douglas	18	1/04/2019	2019 Australian Athletics Championships
3	17.04	+2.7	F	---	Chloe Davis	18	24/09/2018	Unisports Australian National Championship
Female 200m Hurdles 0.762m								
1	28.39	+0.1	F	---	Georgia Fichardt	15	1/04/2019	2019 Australian Athletics Championships
2	29.40	+1.6	F	---	Annika Lynch	14	27/09/2018	NSW All Schools Championships
3	29.84	-2.9	F	---	Emily Smith	14	22/02/2019	NSW Junior and Para Junior Championships 2019
4	30.44	+0.4	P	---	Eva Bates	13	1/04/2019	2019 Australian Athletics Championships
5	30.55	+1.6	F	---	Georgia Healy	14	27/09/2018	NSW All Schools Championships
6	31.42	-3.2	F	---	Sienna Bond	13	10/11/2018	Treloar Shield Round 4
Female 300m Hurdles 0.762m								
1	49.92		F	---	Jacqueline Bezuidenhout	51	4/09/2018	World Masters Athletics Championships 2018
2	50.79		F	---	Alice Bohdan	46	19/08/2018	NSW Masters Predeparture Meet
Female 400m Hurdles 0.762m								
1	1:01.55		F	---	Susie Douglas	18	1/04/2019	2019 Australian Athletics Championships
2	1:01.67		F	---	Madeleine Powell	27	8/03/2019	NSW Open, U23 and Para Championships 2019
3	1:02.65		F	---	Annika Lynch	15	1/04/2019	2019 Australian Athletics Championships
4	1:02.86		F	---	Abigail Stevanovic	16	12/01/2019	2018-19 AACT Combined Events Championships
5	1:09.03		F	---	Sascha Gassmann	17	27/09/2018	NSW All Schools Championships
6	1:09.17		P	---	Gabriella Richmond	17	1/04/2019	2019 Australian Athletics Championships
7	1:09.81		F	---	Brooke East	18	22/02/2019	NSW Junior and Para Junior Championships 2019
8	1:10.22		F	---	Gemma Bratton	15	27/09/2018	NSW All Schools Championships
9	1:11.97		F	---	Georgia Healy	15	2/02/2019	Allcomers and 5000m Championships 2019
10	1:21.45		F	---	Sybella Warton	11	1/04/2019	2019 Australian Athletics Championships
Female 2000m StplCh 0.762m								
1	7:19.61		F	---	Hannah Cerezo	15	1/04/2019	2019 Australian Athletics Championships
2	7:31.17		F	---	Rosie Fordham	16	3/11/2018	Treloar Shield Round 3
3	8:07.37		F	---	Abby Lander	16	3/11/2018	Treloar Shield Round 3
Female 3000m StplCh 0.762m								
1	11:26.69		F	---	Hannah Cerezo	15	8/03/2019	NSW Open, U23 and Para Championships 2019
Female High Jump								
1	1.65m		F	---	Annika Lynch	15	19/01/2019	Treloar Sheild Round 7
2	1.60m		F	---	Lily Worrall	16	24/11/2018	2018 NSW State Relay Championships
3 *	1.55m		F	---	Annabelle Parmegiani	21	15/12/2018	Club Championships 2018
3 *	1.55m		F	---	Emily Smith	14	22/02/2019	NSW Junior and Para Junior Championships 2019

5	1.50m	F	---	Chloe Davis	18	24/11/2018	2018 NSW State Relay Championships
6	1.45m	F	---	Alice Bohdan	46	16/03/2019	All-comers 16 March 2019
7	1.38m	F	---	Jessica Maciver	15	2/02/2019	NSW Combined Event Championships 2019
8	1.25m	F	---	Mia Marshall	12	15/12/2018	Club Championships 2018
9	1.20m	F	---	Isabella Thornton-Bott	20	19/01/2019	Treloar Sheild Round 7

Female High Jump Scissors

1	1.25m	F	---	Alice Bohdan	45	27/05/2018	Campbelltown Winter Track & Field
2	1.15m	F	---	Sarah Culhane	54	8/12/2018	Grass Games 2018/19
3	1.10m	F	---	Stephanie Markos	52	8/12/2018	Grass Games 2018/19

Female Long Jump

1	5.48m	NWI	F	---	Sienna Bond	14	1/04/2019	2019 Australian Athletics Championships
2	5.39m	+1.6	F	---	Greta Andrews	15	22/02/2019	NSW Junior and Para Junior Championships 2019
3	5.38m	NWI	F	---	Tamara Kowcz Rosinke	17	27/09/2018	NSW All Schools Championships
4	5.30m	+0.4	F	---	Carla Takchi	21	11/04/2019	UniSport Australia National Championships
5	5.23m	NWI	F	---	Jessica Maciver	15	2/02/2019	NSW Combined Event Championships 2019
6	5.07m	NWI	F	---	Elana Withnall	25	24/11/2018	2018 NSW State Relay Championships
7	5.01m	NWI	F	---	Chloe Davis	19	16/03/2019	All-comers 16 March 2019
8	4.91m	NWI	F	---	Alice Dixon	15	16/02/2019	Illawong All-comers
9	4.89m	+0.0	F	---	Alice Bohdan	46	2/02/2019	NSW Combined Event Championships 2019
10	4.88m	+3.1	F	---	Sally Guthrie	16	3/11/2018	Treloar Shield Round 3
11	4.87m	NWI	F	---	Lara Halmarick	16	27/09/2018	NSW All Schools Championships
12	4.84m	NWI	F	---	Lily Worrall	16	24/11/2018	2018 NSW State Relay Championships
13	4.62m	+1.7	F	---	Alissa Jordaan	15	8/03/2019	NSW Open, U23 and Para Championships 2019
14	4.57m	NWI	F	---	Kiera Simula	17	27/10/2018	Northern Zone Week 5
15	4.49m	NWI	F	---	Morgan Kelaher	15	13/10/2018	Treloar Shield Round 1
16	4.14m	+1.1	F	---	Imogen Gardiner	16	22/02/2019	NSW Junior and Para Junior Championships 2019
17	4.09m		F	---	Pam Fijan	43	10/11/2018	Northern Zone Week 7
18	3.79m		F	---	Sarah Culhane	54	2/02/2019	Northern Zone Week 15
19	3.69m	+5.8	F	---	Janet Naylor	52	26/04/2019	Australian Masters Athletics Championships
20	3.52m		F	---	Joanna Davis	42	23/03/2019	Northern Zone Week 20
21	3.44m		F	---	Jenny Schell	56	23/02/2019	Northern Zone Week 17
22	3.27m	+1.0	F	---	Isabella Thornton-Bott	20	1/12/2018	Treloar Shield Round 5
23	3.25m	-1.3	F	---	Zara Perry	13	22/02/2019	NSW Junior and Para Junior Championships 2019
24	2.93m		F	---	Jillian Senior	67	30/03/2019	Northern Zone Week 21
25	2.73m	-1.1	F	---	Margaret Thomas	62	26/04/2019	Australian Masters Athletics Championships
26	2.68m	NWI	F	---	Bronwyn Kelaher	53	13/10/2018	Treloar Shield Round 1
27	2.27m		F	---	Emily Davis	12	9/03/2019	Northern Zone Week 19
28	2.05m		F	---	Dorothy Kass	65	23/03/2019	Northern Zone Week 20

Female Long Jump Aggregate

1	11.87m	NWI	F	---	Sarah Culhane	54	8/12/2018	Grass Games 2018/19
---	--------	-----	---	-----	---------------	----	-----------	---------------------

Female Triple Jump

1	12.08m	+2.1	F	---	Annika Lynch	15	22/02/2019	NSW Junior and Para Junior Championships 2019
2	11.83m	+2.5	F	---	Tamara Kowcz Rosinke	17	1/04/2019	2019 Australian Athletics Championships
3	11.32m	NWI	F	---	Lily Worrall	16	15/12/2018	Club Championships 2018
4	11.09m	+0.1	F	---	Lara Halmarick	16	27/09/2018	NSW All Schools Championships
5	11.06m	+1.2	F	---	Sienna Bond	13	27/09/2018	NSW All Schools Championships
6	10.91m	+0.0	F	---	Annabelle Parmegiani	20	24/09/2018	Unisports Australian National Championship
7	10.71m	NWI	F	---	Greta Andrews	14	10/11/2018	Treloar Shield Round 4
8	10.05m	NWI	F	---	Alice Bohdan	46	15/12/2018	Club Championships 2018
9	9.33m	NWI	F	---	Mia Marshall	12	15/12/2018	Club Championships 2018
10	9.01m	+3.8	F	---	Hannah Andeson	12	22/02/2019	NSW Junior and Para Junior Championships 2019
11	8.95m	+1.9	F	---	Morgan Kelaher	15	27/10/2018	Southern Sydney Meet
12	8.89m	+1.1	F	---	Kiera Simula	17	20/10/2018	Treloar Shield Round 2
13 *	8.48m	NWI	F	---	Maria Cimino	47	8/02/2019	NSW Masters Championships
13 *	8.48m	+2.6	F	---	Teagan Jones	11	22/02/2019	NSW Junior and Para Junior Championships 2019
15	8.26m	NWI	F	---	Sarah Culhane	54	15/12/2018	Club Championships 2018
16	5.84m		F	---	Jillian Senior	66	22/09/2018	Northern Zone Week 2

Female Shot Put 2kg

1	3.18m	F	---	Emily Davis	12	9/03/2019	Northern Zone Week 19
2	3.02m	F	---	Thea Davis	09	13/04/2019	Northern Zone Week 23

Female Shot Put 3kg

1	11.67m	F	---	Jessica Maciver	15	22/02/2019	NSW Junior and Para Junior Championships 2019
2	11.06m	F	---	Bronte Hodson	14	27/09/2018	NSW All Schools Championships
3	10.44m	F	---	Rebecca Moore	15	13/04/2019	Northern Zone Week 23
4	10.41m	F	---	Scarlett Brett	14	24/11/2018	2018 NSW State Relay Championships
5	10.25m	F	---	Lauren Brown	16	24/11/2018	2018 NSW State Relay Championships
6	9.86m	F	---	Georgia Spanswick	13	13/10/2018	Treloar Shield Round 1
7	9.21m	F	---	Kylie Strong	51	24/11/2018	2018 NSW State Relay Championships
8	9.10m	F	---	Stephanie Markos	52	27/10/2018	Northern Zone Week 5
9	8.08m	F	---	Rose Moore	53	12/01/2019	Northern Zone Week 12
10	7.76m	F	---	Sarah Culhane	54	22/12/2018	Northern Zone Week 11
11	7.75m	F	---	Zara Perry	13	22/02/2019	NSW Junior and Para Junior Championships 2019
12	7.67m	F	---	Gabriella Taylor	13	22/02/2019	NSW Junior and Para Junior Championships 2019
13	7.41m	F	---	Jenny Schell	56	29/09/2018	Northern Zone Week 3
14	6.11m	F	---	Jillian Senior	66	15/09/2018	Northern Zone Week 1
15	5.78m	F	---	Ann Swinbourne	61	29/09/2018	Northern Zone Week 3
16	5.24m	F	---	Roslyn Wolfers	73	22/09/2018	Northern Zone Week 2
17	4.97m	F	---	Sybella Warton	11	22/02/2019	NSW Junior and Para Junior Championships 2019
18	4.91m	F	---	Charlotte Swensen	17	22/02/2019	NSW Junior and Para Junior Championships 2019
19	4.44m	F	---	Kerrie Jones	65	27/10/2018	Northern Zone Week 5
20	4.41m	F	---	Karen Jones	66	12/01/2019	Northern Zone Week 12
21	4.35m	F	---	Dorothy Kass	65	9/03/2019	Northern Zone Week 19

Female Shot Put 4kg

1	9.89m	F	---	Chloe Davis	18	26/01/2019	Northern Zone Week 14
2	9.28m	F	---	Maria Cimino	47	6/04/2019	Northern Zone Week 22
3	9.27m	F	---	Alice Bohdan	46	2/03/2019	Northern Zone Week 18
4	8.92m	F	---	Pam Fijan	43	24/11/2018	2018 NSW State Relay Championships
5	8.74m	F	---	Samantha Geddes	21	24/09/2018	Unisports Australian National Championship
6	8.13m	F	---	Helena Smith	31	22/09/2018	Northern Zone Week 2
7	7.81m	F	---	Nicola Bowtell	20	19/01/2019	Treloar Shield Round 7
8	6.38m	F	---	Isabella Thornton-Bott	20	1/12/2018	Treloar Shield Round 5
9	6.29m	F	---	Joanna Davis	42	30/03/2019	Northern Zone Week 21

Female Shot Put Overhead 3kg

1	12.44m	F	---	Stephanie Markos	52	8/12/2018	Grass Games 2018/19
2	10.17m	F	---	Sarah Culhane	54	8/12/2018	Grass Games 2018/19

Female Shot Put Overhead 4kg

1	11.61m	F	---	Maria Cimino	47	8/12/2018	Grass Games 2018/19
---	--------	---	-----	--------------	----	-----------	---------------------

Female Discus 1kg

1	33.83m	F	---	Bronte Hodson	15	22/02/2019	NSW Junior and Para Junior Championships 2019
2	30.99m	F	---	Rebecca Moore	15	2/03/2019	Northern Zone Week 18
3	30.30m	F	---	Maria Cimino	47	30/03/2019	Northern Zone Week 21
4	27.77m	F	---	Elise Brennan	16	27/09/2018	NSW All Schools Championships
5	27.22m	F	---	Nicola Bowtell	20	11/04/2019	UniSport Australia National Championships
6	25.51m	F	---	Helena Smith	31	16/02/2019	Northern Zone Week 16
7	25.34m	F	---	Chloe Davis	18	15/12/2018	Club Championships 2018
8	25.23m	F	---	Alice Bohdan	46	2/03/2019	Northern Zone Week 18
9	23.67m	F	---	Samantha Geddes	21	11/04/2019	UniSport Australia National Championships
10	23.05m	F	---	Sarah Culhane	54	30/03/2019	Northern Zone Week 21
11	22.97m	F	---	Tahnee Hodson	18	27/09/2018	NSW All Schools Championships
12	22.18m	F	---	Jenny Schell	56	2/03/2019	Northern Zone Week 18
13	22.09m	F	---	Stephanie Markos	52	3/11/2018	Northern Zone Week 6
14	21.66m	F	---	Georgia Spanswick	13	27/09/2018	NSW All Schools Championships
15	21.32m	F	---	Melissa Baulman	35	8/02/2019	NSW Masters Championships
16	20.15m	F	---	Scarlett Brett	14	24/11/2018	2018 NSW State Relay Championships
17	20.12m	F	---	Rose Moore	53	2/03/2019	Northern Zone Week 18
18	19.56m	F	---	Zara Perry	13	1/04/2019	2019 Australian Athletics Championships
19	16.95m	F	---	Joanna Davis	42	16/02/2019	Northern Zone Week 16
20	13.07m	F	---	Roslyn Wolfers	73	30/03/2019	Northern Zone Week 21
21	12.81m	F	---	Jillian Senior	66	20/10/2018	Northern Zone Week 4
22	12.12m	F	---	Karen Jones	66	16/02/2019	Northern Zone Week 16
23	11.96m	F	---	Carmel Parker	53	16/02/2019	Northern Zone Week 16
24	11.06m	F	---	Sophia Archer	12	15/12/2018	Club Championships 2018
25	10.65m	F	---	Dorothy Kass	65	17/11/2018	Northern Zone Week 8

Female Discus 500g

1	6.00m	F	---	Thea Davis	09	17/11/2018	Northern Zone Week 8
---	-------	---	-----	------------	----	------------	----------------------

Female Discus 750g

1	11.25m	F	---	Kathleen Cook	81	8/02/2019	NSW Masters Championships
---	--------	---	-----	---------------	----	-----------	---------------------------

Female Hammer 3kg

1	41.92m	F	---	Rebecca Moore	15	1/04/2019	2019 Australian Athletics Championships
2	20.16m	F	---	Jillian Senior	67	23/02/2019	Northern Zone Week 17
3	19.69m	F	---	Sarah Culhane	54	22/12/2018	Northern Zone Week 11
4	18.77m	F	---	Jenny Schell	56	23/02/2019	Northern Zone Week 17
5	15.07m	F	---	Roslyn Wolfers	73	10/11/2018	Northern Zone Week 7
6	11.75m	F	---	Dorothy Kass	65	9/03/2019	Northern Zone Week 19

Female Hammer 4kg

1	40.91m	F	---	Maria Cimino	47	26/04/2019	Australian Masters Athletics Championships
2	33.85m	F	---	Gemma Lapsley	18	1/04/2019	2019 Australian Athletics Championships
3	28.11m	F	---	Melissa Baulman	35	24/11/2018	2018 NSW State Relay Championships
4	26.62m	F	---	Alice Bohdan	46	17/11/2018	South Region All-Comers
5	25.83m	F	---	Helena Smith	31	3/11/2018	Northern Zone Week 6
6	24.49m	F	---	Mary Florance	44	27/10/2018	Northern Zone Week 5

Female Javelin 400g

1	29.80m	F	---	Georgia Spanswick	13	27/09/2018	NSW All Schools Championships
2	5.33m	F	---	Emily Davis	12	9/03/2019	Northern Zone Week 19

Female Javelin 500g

1	37.84m	F	---	Ashlie Edwards	16	15/12/2018	Club Championships 2018
2	31.62m	F	---	Bronte Hodson	15	24/11/2018	2018 NSW State Relay Championships
3	27.51m	F	---	Lauren Brown	16	24/11/2018	2018 NSW State Relay Championships
4	26.48m	F	---	Emily Bannister	14	27/09/2018	NSW All Schools Championships
5	25.44m	F	---	Jessica Maciver	15	2/02/2019	NSW Combined Event Championships 2019
6	24.06m	F	---	Sarah Culhane	54	6/04/2019	Northern Zone Week 22
7	23.23m	F	---	Rebecca Moore	15	2/02/2019	Northern Zone Week 15
8	21.61m	F	---	Katya De Wit	17	15/09/2018	Northern Zone Week 1
9	18.14m	F	---	Rose Moore	53	2/02/2019	Northern Zone Week 15
10	17.87m	F	---	Stephanie Markos	52	22/12/2018	Northern Zone Week 11
11	16.72m	F	---	Zara Perry	13	1/04/2019	2019 Australian Athletics Championships
12	14.04m	F	---	Margaret Thomas	62	26/04/2019	Australian Masters Athletics Championships
13	13.22m	F	---	Jillian Senior	67	6/04/2019	Northern Zone Week 22
14	12.71m	F	---	Kiera Simula	17	27/10/2018	Northern Zone Week 5
15	11.73m	F	---	Jenny Schell	56	29/09/2018	Northern Zone Week 3
16	10.54m	F	---	Roslyn Wolfers	73	10/11/2018	Northern Zone Week 7
17	9.30m	F	---	Ann Swinbourne	61	29/09/2018	Northern Zone Week 3
18	6.96m	F	---	Karen Jones	66	22/12/2018	Northern Zone Week 11

Female Javelin 600g

1	40.20m	F	---	Brooke East	18	11/04/2019	UniSport Australia National Championships
2	37.55m	F	---	Chloe Davis	18	15/12/2018	Club Championships 2018
3	35.58m	F	---	Ashlie Edwards	16	24/11/2018	2018 NSW State Relay Championships
4	31.27m	F	---	Bronte Hodson	15	24/11/2018	2018 NSW State Relay Championships
5	29.22m	F	---	Alice Bohdan	46	6/04/2019	Northern Zone Week 22
6	28.81m	F	---	Gemma Lapsley	18	22/02/2019	NSW Junior and Para Junior Championships 2019
7	27.21m	F	---	Kristie Edwards	18	19/01/2019	Treloar Sheild Round 7
8	26.61m	F	---	Maria Cimino	47	23/03/2019	Northern Zone Week 20
9	23.66m	F	---	Helena Smith	31	19/01/2019	Northern Zone 13
10	22.15m	F	---	Isabella Thornton-Bott	20	19/01/2019	Treloar Sheild Round 7
11	17.98m	F	---	Pam Fijan	43	10/11/2018	Northern Zone Week 7
12	17.63m	F	---	Melissa Baulman	35	8/02/2019	NSW Masters Championships
13	16.00m	F	---	Joanna Davis	42	23/03/2019	Northern Zone Week 20

Female Wght Thr 11.34kg

1	9.54m	F	---	Maria Cimino	47	29/09/2018	23rd AMA Winter Throws Championships
---	-------	---	-----	--------------	----	------------	--------------------------------------

Female Wght Thr 15.88kg

1	6.96m	F	---	Maria Cimino	47	29/09/2018	23rd AMA Winter Throws Championships
---	-------	---	-----	--------------	----	------------	--------------------------------------

Female Wght Thr 3kg

1	10.76m	F	---	Jillian Senior	66	29/09/2018	23rd AMA Winter Throws Championships
---	--------	---	-----	----------------	----	------------	--------------------------------------

Female Wght Thr 4kg

1	9.77m	F	---	Jillian Senior	66	29/09/2018	23rd AMA Winter Throws Championships
---	-------	---	-----	----------------	----	------------	--------------------------------------

Female Wght Thr 5.45kg

1	16.99m	F	---	Maria Cimino	47	29/09/2018	23rd AMA Winter Throws Championships
2	8.72m	F	---	Jillian Senior	66	29/09/2018	23rd AMA Winter Throws Championships

Female Wght Thr 7.26kg

1	13.94m	F	---	Maria Cimino	47	29/09/2018	23rd AMA Winter Throws Championships
2	9.03m	F	---	Jenny Schell	56	2/03/2019	Northern Zone Week 18
3	8.35m	F	---	Sarah Culhane	54	9/11/2018	Pan Pacific Masters Games 2018
4	7.91m	F	---	Stephanie Markos	52	3/11/2018	Northern Zone Week 6
5	6.85m	F	---	Rose Moore	53	20/10/2018	Northern Zone Week 4
6	6.72m	F	---	Jillian Senior	66	29/09/2018	23rd AMA Winter Throws Championships

Female Wght Thr 9.08kg

1	11.79m	F	---	Maria Cimino	47	13/04/2019	Northern Zone Week 23
2	9.08m	F	---	Helena Smith	31	20/10/2018	Northern Zone Week 4
3	7.36m	F	---	Alice Bohdan	46	30/03/2019	Northern Zone Week 21
4	6.35m	F	---	Melissa Baulman	35	8/02/2019	NSW Masters Championships
5	6.06m	F	---	Jillian Senior	66	29/09/2018	23rd AMA Winter Throws Championships

Female Heptathlon

1	4044	F	---	Chloe Davis	18	2/02/2019	NSW Combined Event Championships 2019
2	3968	F	---	Jessica Maciver	15	2/02/2019	NSW Combined Event Championships 2019

Female Out Pent

1	3285	F	---	Alice Bohdan	46	2/02/2019	NSW Combined Event Championships 2019
2	2294	F	---	Margaret Thomas	62	26/04/2019	Australian Masters Athletics Championships

Female Wght Pent

1	3053	F	---	Maria Cimino	47	9/11/2018	Pan Pacific Masters Games 2018
---	------	---	-----	--------------	----	-----------	--------------------------------

Female Wght Pent Heavy

1	3882	F	---	Maria Cimino	47	29/09/2018	23rd AMA Winter Throws Championships
2	2755	F	---	Jillian Senior	66	29/09/2018	23rd AMA Winter Throws Championships

Male 60m Sprint

1	6.91	+1.2		F	---	Elijah Williams	22	12/01/2019	Illawara Track Challenge
2	7.06	-0.1		F	---	Mathias Lukauskis	25	10/11/2018	Treloar Shield Round 4
3	7.07	+2.6		F	---	Anthony Collum	22	11/08/2018	UQ Sport Spring Series #3
4	7.08	NWI		P	---	Ashley McMahon	43	24/03/2019	World Masters Athletics Championships Indoor
5	7.09	-0.1		F	---	Keegan Bell	17	10/11/2018	Treloar Shield Round 4
6	7.21	-0.1		F	---	Ben Carter	18	10/11/2018	Treloar Shield Round 4
7	7.22	-0.5		F	---	Emmanuel Fakiye	21	20/10/2018	Treloar Shield Round 2
8	7.0h	NWI	7.24	F	---	Ashlyn Ndlovu	20	8/12/2018	Grass Games 2018/19
9	7.26	+1.9		F	---	Ryan Dowling	39	12/01/2019	Illawara Track Challenge
10	7.30	+0.2		F	---	Daniel Nolan	25	22/01/2019	Campbelltown Night of Sprints II
11	7.1h	NWI	7.34	F	---	Joey Ryu	20	3/11/2018	Northern Zone Week 6
12	7.40	+1.7		F	---	Scott Wong	15	20/10/2018	Treloar Shield Round 2
13	7.43	-0.5		F	---	Sebastien Lo Cascio	15	10/11/2018	Treloar Shield Round 4
14	7.59	+2.0		F	---	Archie Saunders	14	12/01/2019	Illawara Track Challenge
15	7.72	-2.6		F	---	Clinton Mcewan	27	10/11/2018	Treloar Shield Round 4
16	7.83	+2.0		F	---	Aiden Jones	13	12/01/2019	Illawara Track Challenge
17	7.84	+0.8		F	---	Michael Gedz	52	20/10/2018	Treloar Shield Round 2
18 *	7.7h	NWI	7.94	F	---	Caerl Murray	43	30/03/2019	Northern Zone Week 21
18 *	7.7h	NWI	7.94	F	---	Nicholas Dowling	15	17/11/2018	Northern Zone Week 8
20	8.13	-2.6		F	---	Paul Stinson	47	8/02/2019	NSW Masters Championships
21	8.34	-0.5		F	---	Joel Neasmith	14	20/10/2018	Treloar Shield Round 2
22	8.1h	NWI	8.34	F	---	Trevor Young	60	12/01/2019	Northern Zone Week 12
23	8.35	+0.0		F	---	Anthony Crimi	56	20/10/2018	Treloar Shield Round 2
24	8.44	+2.0		F	---	Ashton Gleeson	14	12/01/2019	Illawara Track Challenge
25	8.2h	NWI	8.44	F	---	Junior Schmidt	17	16/02/2019	Northern Zone Week 16
26	8.70	NWI		F	---	Ronald Ross	59	20/10/2018	Northern Zone Week 4
27	8.73	-0.7		F	---	Jim Culhane	52	20/10/2018	Treloar Shield Round 2
28	8.81	-2.6		F	---	Julian Lee	13	10/11/2018	Treloar Shield Round 4
29	8.94	+1.4		F	---	Matthew Hunt	11	20/10/2018	Treloar Shield Round 2
30	8.98	+0.7		F	---	Finn Smits	12	20/10/2018	Treloar Shield Round 2
31	8.9h	NWI	9.14	F	---	Ashton Cox	11	17/11/2018	Northern Zone Week 8
32 *	9.40	-0.7		F	---	Zoran Novicic	58	20/10/2018	Treloar Shield Round 2

32 *	9.40	NWI		F	---	Nicholas Bastas	80	20/10/2018	Northern Zone Week 4
34	9.4h	NWI	9.64	F	---	Sam Holmes	10	8/12/2018	Grass Games 2018/19
35	9.70	NWI		F	---	Max Holmes	13	16/03/2019	All-comers 16 March 2019
36	9.5h	NWI	9.74	F	---	Max Holmes	15	8/12/2018	Grass Games 2018/19
37	9.78	+0.2		F	---	Elijah McMahon	13	22/01/2019	Campbelltown Night of Sprints II
38	10.27	-0.7		F	---	Warren Jones	38	8/02/2019	NSW Masters Championships
39	10.55	+2.8		F	---	Zion McMahon	09	12/01/2019	Illawara Track Challenge
40	10.64	NWI		F	---	Richard Hughes	87	26/04/2019	Australian Masters Athletics Championships
41	10.5h	NWI	10.74	F	---	David Donnelley	75	13/04/2019	Northern Zone Week 23
42 *	10.8h	NWI	11.04	F	---	Doug Barrett	66	2/03/2019	Northern Zone Week 18
42 *	10.8h	NWI	11.04	F	---	Leslie Gillies	71	22/09/2018	Northern Zone Week 2
44	11.13	+1.1		F	---	Michael Johnson	83	8/02/2019	NSW Masters Championships
45	12.8h	NWI	13.04	F	---	Ron Shoesmith	71	15/12/2018	Northern Zone Weei 10
46	23.63	-1.5		F	---	Thomas Glascott	18	10/11/2018	Treloar Shield Round 4

Male 100m Sprint

1	10.47	+4.8		P	---	Christopher Ius	18	8/02/2019	Athletics ACT Championships
2	10.50	+2.5		P	---	Asim Abdouli	26	8/02/2019	Athletics ACT Championships
3	10.61	+1.3		P	---	Hugo Whitehead	19	23/02/2019	Sydney Track Classic
4	10.80	+2.1		F	---	Jack Edwards	24	3/11/2018	Summer Series No 4
5	10.7h	NWI	10.94	F	---	Elijah Williams	22	27/10/2018	Northern Zone Week 5
6 *	10.96	+1.5		M	---	Alec Diamond	21	12/01/2019	2018-19 AACT Combined Events Championships
6 *	10.96	+1.4		P	---	Ashley McMahon	43	8/03/2019	NSW Open, U23 and Para Championships 2019
8	10.97	+4.8		P	---	Ashlyn Ndlovu	21	8/02/2019	Athletics ACT Championships
9 *	10.99	+4.5		P	---	Daniel Nolan	25	8/02/2019	Athletics ACT Championships
9 *	10.99	NWI		F	---	Anthony Collum	22	16/09/2018	AACT 2018 High Noon Series #8
11	11.08	+4.7		P	---	Ben Carter	19	8/02/2019	Athletics ACT Championships
12	11.12	+0.5		F	---	Keegan Bell	17	1/12/2018	Treloar Shield Round 5
13	11.15	+0.5		F	---	Emmanuel Fakiye	21	1/12/2018	Treloar Shield Round 5
14	11.16	+1.7		F	---	Sebastien Lo Cascio	15	22/02/2019	NSW Junior and Para Junior Championships 2019
15	11.31	+1.6		F	---	Rupen Sarkissian	21	1/12/2018	Treloar Shield Round 5
16	11.35	+1.7		F	---	Ryan Dowling	39	12/01/2019	Illawara Track Challenge
17	11.42	+3.8		P	---	Jack Faddy	16	22/02/2019	NSW Junior and Para Junior Championships 2019
18	11.44	+1.6		F	---	Matthew Crowe	21	1/12/2018	Treloar Shield Round 5
19	11.48	+2.3		F	---	Archie Saunders	15	22/02/2019	NSW Junior and Para Junior Championships 2019
20 *	11.51	+1.6		P	---	Gabriel Wood	16	22/02/2019	NSW Junior and Para Junior Championships 2019
20 *	11.51	+1.5		P	---	Scott Wong	16	22/02/2019	NSW Junior and Para Junior Championships 2019
22	11.54	+0.7		F	---	Daniel White-Alikakos	26	1/12/2018	Treloar Shield Round 5
23	11.57	+2.3		F	---	Joseph Ayoade	14	22/02/2019	NSW Junior and Para Junior Championships 2019
24	11.68	-0.6		P	---	Jason Ho	14	27/09/2018	NSW All Schools Championships
25	11.80	+0.6		F	---	Corey Furminger	22	2/02/2019	Allcomers and 5000m Championships 2019
26	11.88	-0.5		F	---	Joey Ryu	20	23/03/2019	All-comers 23 March 2019
27	11.98	NWI		F	---	Lewis Ehrlich	32	15/12/2018	Club Championships 2018

28	12.01	-2.2		F	---	Lachlan Dalton	16	19/01/2019	Treloar Shield Round 7
29	12.07	+2.0		F	---	David Thebridge	42	2/03/2019	All-Comers 2 March 2019
30	12.12	+0.1		F	---	Clinton Mcewan	27	1/12/2018	Treloar Shield Round 5
31	12.13	-0.3		F	---	Thomas Hunt	17	3/11/2018	Treloar Shield Round 3
32	12.14	+0.6		F	---	Michael Gedz	53	8/02/2019	NSW Masters Championships
33	12.19	+2.4		F	---	Aiden Jones	13	22/02/2019	NSW Junior and Para Junior Championships 2019
34	12.36	+0.7		F	---	Marco Vasquez-Manzanares	25	1/12/2018	Treloar Shield Round 5
35	12.37	+0.0		F	---	Dominic Panozzo	15	13/10/2018	Treloar Shield Round 1
36	12.47	-5.1		P	---	Ethan Quintana	13	27/09/2018	NSW All Schools Championships
37	12.58	+0.5		F	---	Paul Stinson	47	8/02/2019	NSW Masters Championships
38	12.63	-3.3		F	---	Nicholas Dowling	15	22/12/2018	All-comers 22 December 2018
39	12.74	+0.6		P	---	Trevor Young	60	4/09/2018	World Masters Athletics Championships 2018
40	12.81	+3.5		F	---	Michael Stavrianos	45	9/11/2018	Pan Pacific Masters Games 2018
41 *	12.99	+1.7		F	---	Ashton Gleeson	13	15/12/2018	Club Championships 2018
41 *	12.99	+0.9		F	---	Anthony Crimi	57	15/12/2018	Club Championships 2018
43	12.8h	NWI	13.04	F	---	Caerl Murray	43	6/04/2019	Northern Zone Week 22
44	13.25	+5.3		F	---	Jim Culhane	52	9/11/2018	Pan Pacific Masters Games 2018
45	13.44	-1.5		P	---	David Shearsby	61	4/09/2018	World Masters Athletics Championships 2018
46 *	13.49	+2.0		F	---	Tim McGrath	56	8/02/2019	NSW Masters Championships
46 *	13.49	-0.4		F	---	Julian Lee	13	15/12/2018	Club Championships 2018
48	13.7h	NWI	13.94	F	---	Ashton Cox	11	1/12/2018	Northern Zone Week 9
49	13.96	-3.3		F	---	Sam Bates	14	3/11/2018	Treloar Shield Round 3
50	13.8h	NWI	14.04	F	---	Ronald Ross	59	10/11/2018	Northern Zone Week 7
51	14.12	+2.6		F	---	Matthew Hunt	12	1/12/2018	Treloar Shield Round 5
52	14.54	+0.7		F	---	Angus Hunt	11	23/03/2019	All-comers 23 March 2019
53	14.60	+0.0		F	---	Henry Butler	11	1/12/2018	Northern Zone Week 9
54	14.8h	NWI	15.04	F	---	Zoran Novicic	58	27/10/2018	Northern Zone Week 5
55	15.27	+1.9		F	---	Sam Holmes	10	2/03/2019	All-Comers 2 March 2019
56	15.78	-0.2		F	---	Nicholas Bastas	80	8/02/2019	NSW Masters Championships
57	15.9h	NWI	16.14	F	---	Elijah McMahon	13	15/09/2018	Northern Zone Week 1
58	16.17	+1.9		F	---	Zion McMahon	09	2/03/2019	All-Comers 2 March 2019
59	16.1h	NWI	16.34	F	---	Max Holmes	15	15/09/2018	Northern Zone Week 1
60	16.83	+0.4		F	---	Leslie Gillies	71	8/02/2019	NSW Masters Championships
61	17.52	-0.2		F	---	Richard Hughes	86	8/02/2019	NSW Masters Championships
62 *	18.1h	NWI	18.34	F	---	Michael Johnson	83	27/10/2018	Northern Zone Week 5
62 *	18.1h	NWI	18.34	F	---	Doug Barrett	66	23/03/2019	Northern Zone Week 20
64	19.5h	NWI	19.74	F	---	Terrence Carter	61	27/10/2018	Northern Zone Week 5
65	21.7h	NWI	21.94	F	---	Ron Shoesmith	71	1/12/2018	Northern Zone Week 9
66	1:00.77	NWI		F	---	William Brown	22	28/01/2019	Canberra Track Classic 2019

Male 150m Sprint

1	16.1h	NWI	16.34	F	---	Ashlyn Ndlovu	20	8/12/2018	Grass Games 2018/19
2	17.8h	NWI	18.04	F	---	Nicholas Dowling	15	8/12/2018	Grass Games 2018/19

3	18.3h	NWI	18.54	F	---	Clinton Mcewan	27	8/12/2018	Grass Games 2018/19
4	20.0h	NWI	20.24	F	---	Anthony Crimi	57	8/12/2018	Grass Games 2018/19
5	20.6h	NWI	20.84	F	---	Tim McGrath	56	8/12/2018	Grass Games 2018/19
6	22.6h	NWI	22.84	F	---	Kevin Chamberlain	56	8/12/2018	Grass Games 2018/19
7	23.7h	NWI	23.94	F	---	Max Holmes	15	8/12/2018	Grass Games 2018/19
8	25.0h	NWI	25.24	F	---	Sam Holmes	10	8/12/2018	Grass Games 2018/19
9	26.2h	NWI	26.44	F	---	Elijah McMahon	13	8/12/2018	Grass Games 2018/19
10	26.5h	NWI	26.74	F	---	Zion McMahon	09	8/12/2018	Grass Games 2018/19

Male 200m Sprint

1	20.76	+1.7		P	---	Asim Abdouli	26	1/04/2019	2019 Australian Athletics Championships
2	21.26	+1.2		F	---	Hugo Whitehead	19	23/03/2019	Queensland Track Classic
3	21.31	-1.4		F	---	Sean Fitzsimmons	24	1/04/2019	2019 Australian Athletics Championships
4	21.90	+3.0		F	---	Jack Edwards	24	3/11/2018	Summer Series No 4
5	22.06	-0.7		F	---	Christopher Ius	18	19/01/2019	Treloar Shield Round 7
6	22.16	+1.4		F	---	Matthew Crowe	21	20/10/2018	Treloar Shield Round 2
7	22.19	-0.7		F	---	Keegan Bell	17	10/11/2018	Treloar Shield Round 4
8	22.21	-2.0		F	---	Elijah Williams	22	19/01/2019	Treloar Shield Round 7
9	22.30	+2.7		F	---	Ashlyn Ndlovu	21	23/03/2019	Queensland Track Classic
10	22.50	-2.1		F	---	Ashley McMahon	43	8/03/2019	NSW Open, U23 and Para Championships 2019
11	22.51	+0.4		F	---	Daniel Nolan	25	8/02/2019	Athletics ACT Championships
12	22.60	+0.8		F	---	Anthony Collum	22	16/09/2018	AACT 2018 High Noon Series #8
13	22.67	+4.1		F	---	Ben Carter	19	8/02/2019	Athletics ACT Championships
14	22.79	-1.5		F	---	Mason Cohen	22	10/11/2018	Treloar Shield Round 4
15	22.94	-1.9		P	---	Thomas Glascott	19	8/03/2019	NSW Open, U23 and Para Championships 2019
16 *	23.05	+0.0		F	---	Emmanuel Fakiye	21	20/10/2018	Treloar Shield Round 2
16 *	23.05	-0.2		P	---	Max Holmes	16	8/02/2019	Athletics ACT Championships
18	23.16	-1.5		F	---	Sebastien Lo Cascio	15	22/02/2019	NSW Junior and Para Junior Championships 2019
19	23.23	+0.0		F	---	Ryan Dowling	39	20/10/2018	Treloar Shield Round 2
20	23.53	+2.2		P	---	Archie Saunders	14	27/09/2018	NSW All Schools Championships
21	23.72	-0.9		P	---	Gabriel Wood	16	22/02/2019	NSW Junior and Para Junior Championships 2019
22 *	23.74	-4.1		F	---	Corey Furminger	22	19/01/2019	Treloar Shield Round 7
22 *	23.74	-1.0		F	---	Scott Wong	15	20/10/2018	Treloar Shield Round 2
24	23.79	-2.9		P	---	Joseph Ayoade	14	1/04/2019	2019 Australian Athletics Championships
25	23.84	-1.9		P	---	Sam Richardson	20	11/04/2019	UniSport Australia National Championships
26	23.94	-1.8		F	---	Lachlan Dalton	16	16/02/2019	Illawong All-comers
27	24.23	-0.9		P	---	Joseph Walker	15	22/02/2019	NSW Junior and Para Junior Championships 2019
28	24.52	-1.2		F	---	Thomas Hunt	17	19/01/2019	Treloar Shield Round 7
29	24.3h	NWI	24.54	F	---	Nicholas Dowling	15	22/09/2018	Northern Zone Week 2
30	24.78	+0.0		F	---	Marco Vasquez-Manzanares	25	2/02/2019	Allcomers and 5000m Championships 2019
31	24.7h	NWI	24.94	F	---	Joey Ryu	20	22/09/2018	Northern Zone Week 2
32	25.00	-1.5		F	---	Clinton Mcewan	27	10/11/2018	Treloar Shield Round 4
33	25.12	-0.4		F	---	Aiden Jones	13	15/12/2018	Club Championships 2018

34	25.24	-3.4		F	---	Michael Gedz	53	8/02/2019	NSW Masters Championships
35	25.51	+0.2		F	---	Joel Neasmith	14	2/02/2019	NSW Combined Event Championships 2019
36	25.80	+2.5		P	---	Max Milani	13	27/09/2018	NSW All Schools Championships
37	25.93	-1.8		P	---	Trevor Young	60	4/09/2018	World Masters Athletics Championships 2018
38	26.16	-2.1		P	---	Jonathan Atkinson	16	22/02/2019	NSW Junior and Para Junior Championships 2019
39	26.64	+2.9		F	---	Michael Stavrianos	45	9/11/2018	Pan Pacific Masters Games 2018
40	26.94	+1.1		F	---	Anthony Crimi	57	23/03/2019	All-comers 23 March 2019
41	27.41	+2.4		F	---	Julian Lee	13	15/12/2018	Club Championships 2018
42	27.60	-2.1		F	---	Caerl Murray	43	8/02/2019	NSW Masters Championships
43	27.71	-1.3		P	---	David Shearsby	61	4/09/2018	World Masters Athletics Championships 2018
44	27.81	+2.2		F	---	Jim Culhane	52	9/11/2018	Pan Pacific Masters Games 2018
45	27.88	NWI		F	---	Tim McGrath	56	2/02/2019	NSW Combined Event Championships 2019
46	28.95	NWI		F	---	Victor Ramondetta	63	7/09/2018	1st Asia Pacific Masters Games
47	29.28	-2.7		F	---	Matthew Hunt	12	19/01/2019	Treloar Sheild Round 7
48	29.6h	NWI	29.84	F	---	Ronald Ross	59	3/11/2018	Northern Zone Week 6
49	30.01	+0.4		F	---	Max Holmes	13	15/12/2018	Club Championships 2018
50	30.28	-1.3		F	---	Angus Hunt	11	23/03/2019	All-comers 23 March 2019
51	30.4h	NWI	30.64	F	---	Kevin Chamberlain	56	12/01/2019	Northern Zone Week 12
52	30.9h	NWI	31.14	F	---	Ashton Cox	11	12/01/2019	Northern Zone Week 12
53	31.28	-1.0		F	---	Finn Smits	12	20/10/2018	Treloar Shield Round 2
54	31.7h	NWI	31.94	F	---	Zoran Novicic	58	3/11/2018	Northern Zone Week 6
55	32.72	NWI		F	---	Elijah McMahon	13	16/03/2019	All-comers 16 March 2019
56	32.93	+2.4		F	---	Sam Holmes	10	15/12/2018	Club Championships 2018
57	33.91	+1.5		F	---	Nicholas Bastas	80	8/02/2019	NSW Masters Championships
58	34.75	+1.5		F	---	Leslie Gillies	71	8/02/2019	NSW Masters Championships
59	35.72	-2.6		F	---	Brad Sharpe	57	19/01/2019	Treloar Sheild Round 7
60	36.3h	NWI	36.54	F	---	David Donnelley	75	13/04/2019	Northern Zone Week 23
61	36.97	NWI		F	---	Zion McMahon	09	16/03/2019	All-comers 16 March 2019
62	37.07	+0.6		F	---	Richard Hughes	87	26/04/2019	Australian Masters Athletics Championships
63	37.7h	NWI	37.94	F	---	Doug Barrett	66	2/03/2019	Northern Zone Week 18
64	38.69	+1.5		F	---	Michael Johnson	83	8/02/2019	NSW Masters Championships
65	55.8h	NWI	56.04	F	---	Ron Shoesmith	71	3/11/2018	Northern Zone Week 6

Male 300m Sprint

1	36.32		F	---	Ryan Dowling	39	27/05/2018	Campbelltown Winter Track & Field
2	36.47		F	---	Ashley McMahon	42	27/05/2018	Campbelltown Winter Track & Field
3	38.9h	39.04	F	---	Nicholas Dowling	15	8/12/2018	Grass Games 2018/19
4	45.2h	45.34	F	---	Anthony Crimi	57	8/12/2018	Grass Games 2018/19
5	46.3h	46.44	F	---	Kevin Chamberlain	56	8/12/2018	Grass Games 2018/19
6	59.0h	59.14	F	---	Leslie Gillies	71	8/12/2018	Grass Games 2018/19

Male 400m Sprint

1	47.16		F	---	Sean Fitzsimmons	23	8/03/2019	NSW Open, U23 and Para Championships 2019
---	-------	--	---	-----	------------------	----	-----------	---

2	47.44		F	---	Mason Cohen	22	19/01/2019	Treloar Shield Round 7
3	47.51		F	---	Matthew Crowe	22	8/03/2019	NSW Open, U23 and Para Championships 2019
4	48.59		F	---	Keegan Bell	17	3/11/2018	Treloar Shield Round 3
5	48.68		P	---	Jye Perrott	20	8/03/2019	NSW Open, U23 and Para Championships 2019
6	48.69		F	---	Corey Furminger	22	23/03/2019	All-comers 23 March 2019
7	49.12		F	---	Max Holmes	16	1/04/2019	2019 Australian Athletics Championships
8	49.60		P	---	Ben Carter	19	11/04/2019	UniSport Australia National Championships
9	50.00		P	---	Jack McFadden	16	27/09/2018	NSW All Schools Championships
10	50.38		F	---	Nicholas Woolley	21	8/02/2019	Athletics ACT Championships
11	50.77		P	---	Thomas Hunt	17	22/02/2019	NSW Junior and Para Junior Championships 2019
12	50.78		P	---	Thomas Glascott	19	8/03/2019	NSW Open, U23 and Para Championships 2019
13	50.92		F	---	Hamish Weiss	20	22/12/2018	Albie Thomas
14	51.08		M	---	Alec Diamond	21	2/02/2019	NSW Combined Event Championships 2019
15	51.72		F	---	Dylan Charlier	15	22/02/2019	NSW Junior and Para Junior Championships 2019
16	51.81		F	---	Lachlan Dalton	16	22/02/2019	NSW Junior and Para Junior Championships 2019
17	52.28		P	---	Sam Richardson	19	24/09/2018	Unisports Australian National Championship
18	52.84		F	---	Dominic Panozzo	15	27/09/2018	NSW All Schools Championships
19	54.89		F	---	Joseph Ayoade	14	22/02/2019	NSW Junior and Para Junior Championships 2019
20	55.30		F	---	Ashley McMahon	43	26/04/2019	Australian Masters Athletics Championships
21	56.54		F	---	Trevor Young	60	4/09/2018	World Masters Athletics Championships 2018
22	56.65		F	---	Anthony Collum	23	1/12/2018	Treloar Shield Round 5
23	56.99		F	---	Archie Saunders	14	12/01/2019	Illawara Track Challenge
24 *	57.09		P	---	Kieran Gorman	17	8/03/2019	NSW Open, U23 and Para Championships 2019
24 *	57.09		P	---	Antony Guest	53	8/03/2019	NSW Open, U23 and Para Championships 2019
26	1:01.46		F	---	Michael Stavrianos	45	8/02/2019	NSW Masters Championships
27	1:03.54		F	---	Jim Culhane	52	8/02/2019	NSW Masters Championships
28	1:03.71		F	---	Brad Sharpe	57	3/11/2018	Treloar Shield Round 3
29	1:06.98		F	---	Matthew Hunt	12	1/12/2018	Treloar Shield Round 5
30	1:08.16		F	---	Ronald Ross	60	8/02/2019	NSW Masters Championships
31	1:09.04		M	---	Tim McGrath	55	4/09/2018	World Masters Athletics Championships 2018
32	1:12.45		F	---	Angus Hunt	10	3/11/2018	Treloar Shield Round 3
33	1:16.8h	1:16.94	F	---	Doug Barrett	66	27/10/2018	Northern Zone Week 5
34	1:29.84		F	---	Richard Hughes	87	26/04/2019	Australian Masters Athletics Championships
35	1:36.9h	1:37.04	F	---	Terrence Carter	61	27/10/2018	Northern Zone Week 5
36	1:37.74		F	---	Michael Johnson	84	26/04/2019	Australian Masters Athletics Championships
37	2:38.4h	2:38.54	F	---	Ron Shoesmith	71	10/11/2018	Northern Zone Week 7

Male 600m Sprint

1	1:16.37		F	---	Mason Cohen	22	25/01/2019	Hunter Track Classic 2019
2	1:16.61		F	---	Jye Perrott	20	25/01/2019	Hunter Track Classic 2019
3	1:33.4h	1:33.40	F	---	Ryan Dowling	39	8/12/2018	Grass Games 2018/19
4	1:42.8h	1:42.80	F	---	Nathan Shute	45	8/12/2018	Grass Games 2018/19
5	1:43.1h	1:43.10	F	---	Kevin Chamberlain	56	8/12/2018	Grass Games 2018/19

6	1:44.4h	1:44.40	F	---	Brad Sharpe	57	8/12/2018	Grass Games 2018/19
7	2:07.9h	2:07.90	F	---	Kim Loane	56	8/12/2018	Grass Games 2018/19
8	2:17.4h	2:17.40	F	---	Zion McMahon	09	8/12/2018	Grass Games 2018/19

Male 800m Run

1	1:46.91		F	---	Mason Cohen	22	1/04/2019	2019 Australian Athletics Championships
2	1:47.74		F	---	Jye Perrott	20	8/02/2019	Athletics ACT Championships
3	1:51.60		P	---	Nicholas Woolley	21	1/04/2019	2019 Australian Athletics Championships
4	1:52.33		F	---	Will Austin-Cray	25	16/03/2019	Bankstown Invitational 2019
5	1:56.12		P	---	Fraser Garland-Barnes	21	1/04/2019	2019 Australian Athletics Championships
6	1:56.70		F	---	Elliot Metcalf	18	22/02/2019	NSW Junior and Para Junior Championships 2019
7	2:01.88		F	---	Dominic Panozzo	15	2/02/2019	Allcomers and 5000m Championships 2019
8	2:08.15		F	---	Ben Fitton	19	10/11/2018	Treloar Shield Round 4
9	2:10.39		P	---	Colm Walsh	15	27/09/2018	NSW All Schools Championships
10	2:10.48		P	---	Kyle Walsh	17	27/09/2018	NSW All Schools Championships
11	2:18.75		F	---	Nathan Shute	45	15/12/2018	Club Championships 2018
12	2:20.2h	2:20.20	F	---	Ryan Dowling	39	26/01/2019	Northern Zone Week 14
13	2:20.78		P	---	Brad Sharpe	57	4/09/2018	World Masters Athletics Championships 2018
14	2:22.7h	2:22.70	F	---	Trevor Young	60	26/01/2019	Northern Zone Week 14
15	2:24.02		F	---	Kevin Chamberlain	56	15/12/2018	Club Championships 2018
16	2:25.3h	2:25.30	F	---	Paul Trainor	54	13/04/2019	Northern Zone Week 23
17	2:27.3h	2:27.30	F	---	Nicholas Dowling	15	2/03/2019	Northern Zone Week 18
18	2:39.08		F	---	Charlie Roughan	12	15/12/2018	Club Championships 2018
19	2:39.2h	2:39.20	F	---	Jim Culhane	52	17/11/2018	Northern Zone Week 8
20	2:47.8h	2:47.80	F	---	Andy West	51	3/11/2018	Northern Zone Week 6
21	2:48.82		F	---	Henry Butler	11	15/12/2018	Club Championships 2018
22	2:49.10		F	---	Doug Barrett	66	9/11/2018	Pan Pacific Masters Games 2018
23	2:57.1h	2:57.10	F	---	Zoran Novicic	58	22/09/2018	Northern Zone Week 2
24	2:59.99		F	---	Max Holmes	15	15/12/2018	Club Championships 2018
25	3:05.1h	3:05.10	F	---	Andrew MacDonald	55	17/11/2018	Northern Zone Week 8
26	3:09.50		F	---	Zion McMahon	09	15/12/2018	Club Championships 2018
27	4:10.34		F	---	Richard Hughes	86	8/02/2019	NSW Masters Championships
28	4:13.23		F	---	Michael Johnson	83	8/02/2019	NSW Masters Championships
29	6:08.6h	6:08.60	F	---	Ron Shoesmith	71	17/11/2018	Northern Zone Week 8

Male 1500m Run

1	3:52.90		F	---	Elliot Metcalf	18	29/11/2018	Sydney Milers Club 3
2	3:55.76		F	---	Will Austin-Cray	25	8/03/2019	NSW Open, U23 and Para Championships 2019
3	4:02.24		F	---	Charlie Doherty	19	29/11/2018	Sydney Milers Club 3
4	4:02.71		P	---	Thomas Davies	17	8/03/2019	NSW Open, U23 and Para Championships 2019
5	4:06.70		P	---	Leo Peterson	28	8/03/2019	NSW Open, U23 and Para Championships 2019
6	4:12.66		P	---	Max Mahon	18	8/03/2019	NSW Open, U23 and Para Championships 2019
7	4:21.57		F	---	David Costello	18	6/10/2018	SMC & NSW 10,000m Championships

8	4:35.91		F	---	Simon Magner	14	22/02/2019	NSW Junior and Para Junior Championships 2019
9	4:36.30		F	---	Martin Leerberg	15	3/11/2018	Treloar Shield Round 3
10	4:50.02		F	---	Jacob Magner	12	22/02/2019	NSW Junior and Para Junior Championships 2019
11	4:57.27		F	---	Nathan Shute	45	19/01/2019	Treloar Sheild Round 7
12	4:58.32		F	---	Brad Sharpe	57	8/02/2019	NSW Masters Championships
13	4:58.77		F	---	Paul Trainor	54	23/03/2019	All-comers 23 March 2019
14	5:05.79		F	---	Kevin Chamberlain	56	19/01/2019	Treloar Sheild Round 7
15	5:20.87		F	---	Alec Diamond	21	1/04/2019	2019 Australian Athletics Championships
16	5:28.44		F	---	Trevor Young	61	26/04/2019	Australian Masters Athletics Championships
17	5:29.63		F	---	Jim Culhane	52	9/11/2018	Pan Pacific Masters Games 2018
18	5:52.04		F	---	Doug Barrett	66	9/11/2018	Pan Pacific Masters Games 2018
19	5:53.62		F	---	Joel Neasmith	14	2/02/2019	NSW Combined Event Championships 2019
20	6:01.5h	6:01.50	F	---	Andy West	51	10/11/2018	Northern Zone Week 7
21	6:13.0h	6:13.00	F	---	Zoran Novicic	58	15/09/2018	Northern Zone Week 1
22	6:44.8h	6:44.80	F	---	Zion McMahon	09	15/09/2018	Northern Zone Week 1
23	6:49.31		M	---	Tim McGrath	56	2/02/2019	NSW Combined Event Championships 2019
24	7:28.1h	7:28.10	F	---	Terrence Carter	61	27/10/2018	Northern Zone Week 5
25	12:47.6h	12:47.60	F	---	Ron Shoesmith	71	10/11/2018	Northern Zone Week 7

Male 3000m Run

1	8:53.53	2:57.84	F	---	Kieran Gorman	17	22/02/2019	NSW Junior and Para Junior Championships 2019
2	8:54.74	2:58.25	F	---	Max Mahon	18	22/02/2019	NSW Junior and Para Junior Championships 2019
3	9:04.69	3:01.56	F	---	Will Keir	19	19/01/2019	Treloar Sheild Round 7
4	9:23.18	3:07.73	F	---	Cameron Gorman	14	22/02/2019	NSW Junior and Para Junior Championships 2019
5	9:31.04	3:10.35	F	---	Simon Magner	14	22/02/2019	NSW Junior and Para Junior Championships 2019
6	9:42.62	3:14.21	F	---	Liam Gorman	18	22/12/2018	Albie Thomas
7	9:53.17	3:17.72	F	---	Martin Leerberg	15	19/01/2019	Treloar Sheild Round 7
8	10:22.35	3:27.45	F	---	Jacob Magner	12	22/02/2019	NSW Junior and Para Junior Championships 2019
9	11:39.7h	3:53.23	F	---	Paul Trainor	53	22/09/2018	Northern Zone Week 2
10	11:41.16	3:53.72	F	---	Brad Sharpe	57	13/10/2018	Treloar Shield Round 1
11	12:11.8h	4:03.93	F	---	Nathan Shute	45	12/01/2019	Northern Zone Week 12
12	14:56.9h	4:58.97	F	---	Doug Barrett	66	22/09/2018	Northern Zone Week 2
13	16:53.3h	5:37.77	F	---	Trevor Young	60	26/01/2019	Northern Zone Week 14

Male 3200m Run

1	13:28.8h	4:12.75	F	---	Kim Loane	56	8/12/2018	Grass Games 2018/19
2	13:45.2h	4:17.88	F	---	Nathan Shute	45	8/12/2018	Grass Games 2018/19

Male 5000m Run

1	14:22.55	2:52.51	F	---	Kieren Tall	20	2/02/2019	Allcomers and 5000m Championships 2019
2	14:59.15	2:59.83	F	---	Charlie Doherty	19	2/02/2019	Allcomers and 5000m Championships 2019
3	14:59.89	2:59.98	F	---	Edward Goddard	21	2/02/2019	Allcomers and 5000m Championships 2019
4	15:23.41	3:04.68	F	---	Leo Peterson	28	2/02/2019	Allcomers and 5000m Championships 2019
5	15:26.69	3:05.34	F	---	Max Mahon	18	1/04/2019	2019 Australian Athletics Championships

6	15:48.46	3:09.69	F	---	Will Keir	19	2/02/2019	Allcomers and 5000m Championships 2019
7	15:57.26	3:11.45	F	---	David Costello	18	1/12/2018	Treloar Shield Round 5
8	16:42.56	3:20.51	F	---	Nick Walker	32	2/02/2019	Allcomers and 5000m Championships 2019
9	17:14.96	3:26.99	F	---	Simon Magner	14	2/02/2019	Allcomers and 5000m Championships 2019
10	18:05.64	3:37.13	F	---	Jacob Magner	12	2/02/2019	Allcomers and 5000m Championships 2019
11	18:13.32	3:38.66	F	---	Jim Culhane	52	9/11/2018	Pan Pacific Masters Games 2018

Male 10000m Run

1	30:19.54	3:01.95	F	---	Kieren Tall	20	23/03/2019	All-comers 23 March 2019
2	30:30.46	3:03.05	F	---	Edward Goddard	20	24/09/2018	Unisports Australian National Championship
3	32:30.29	3:15.03	F	---	Max Mahon	18	23/03/2019	All-comers 23 March 2019

Male 1 Mile Run

1	4:08.71		F	---	Elliot Metcalf	18	22/12/2018	Albie Thomas
2	4:21.82		F	---	Charlie Doherty	19	22/12/2018	Albie Thomas
3	4:22.48		F	---	Liam Gorman	18	22/12/2018	Albie Thomas
4	4:30.11		F	---	Leo Peterson	28	12/01/2019	Illawara Track Challenge
5	4:32.93		F	---	Kieran Gorman	16	22/12/2018	Albie Thomas
6	4:42.63		F	---	David Costello	18	22/12/2018	Albie Thomas
7	5:24.59		F	---	Nathan Shute	45	22/12/2018	Albie Thomas

Male 1500m Walk

1	9:26.8h	9:26.80	F	---	Jim Seymon	81	16/02/2019	Northern Zone Week 16
2	9:28.8h	9:28.80	F	---	Doug Barrett	66	17/11/2018	Northern Zone Week 8
3	14:42.4h	14:42.40	F	---	Ron Shoesmith	71	2/03/2019	Northern Zone Week 18

Male 3000m Walk

1	14:55.48		F	---	Martin Leerberg	15	13/10/2018	Treloar Shield Round 1
2	19:01.3h	19:01.30	F	---	Jim Seymon	81	9/03/2019	Northern Zone Week 19
3	19:33.01		F	---	Doug Barrett	66	13/10/2018	Treloar Shield Round 1

Male 5000m Walk

1	34:05.21		F	---	Jim Seymon	81	26/04/2019	Australian Masters Athletics Championships
---	----------	--	---	-----	------------	----	------------	--

Male 10000m Walk

1	1:11:42.00		F	---	Jim Seymon	81	26/04/2019	Australian Masters Athletics Championships
---	------------	--	---	-----	------------	----	------------	--

Male 90m Hurdles 0.762m

1	13.72	+1.5	F	---	Max Milani	13	27/09/2018	NSW All Schools Championships
2	14.10	-0.3	F	---	Matthew Hunt	12	1/04/2019	2019 Australian Athletics Championships
3	14.54	-0.8	F	---	Julian Lee	13	2/02/2019	Allcomers and 5000m Championships 2019
4	14.71	-0.3	F	---	Angus Hunt	11	1/04/2019	2019 Australian Athletics Championships
5	16.83	+0.4	F	---	Ashton Gleeson	13	15/12/2018	Club Championships 2018

Male 100m Hurdles 0.840m

1	14.10	+1.3	F	---	Henry Murray	14	22/02/2019	NSW Junior and Para Junior Championships 2019
2	14.28	-0.9	F	---	Joel Neasmith	15	1/04/2019	2019 Australian Athletics Championships
3	14.32	-0.4	F	---	Ethan Quintana	13	27/09/2018	NSW All Schools Championships

4	14.55	+0.6	F	---	Max Milani	14	1/04/2019	2019 Australian Athletics Championships
5	15.81	+1.3	F	---	Luke Fisher	15	22/02/2019	NSW Junior and Para Junior Championships 2019
6	15.96	+1.3	F	---	Bradley Chan	14	22/02/2019	NSW Junior and Para Junior Championships 2019
7	16.71	+0.9	F	---	Julian Lee	13	22/02/2019	NSW Junior and Para Junior Championships 2019
8	17.11	-1.4	F	---	Sam Bates	14	3/11/2018	Treloar Shield Round 3

Male 100m Hurdles 0.914m

1	18.81	+0.6	F	---	Tim McGrath	56	8/02/2019	NSW Masters Championships
---	-------	------	---	-----	-------------	----	-----------	---------------------------

Male 110m Hurdles 0.914m

1 *	15.05	+1.5	F	---	Lachlan Dalton	16	23/03/2019	All-comers 23 March 2019
1 *	15.05	-1.7	F	---	Ben Pollack	17	27/09/2018	NSW All Schools Championships
3	16.13	+0.5	P	---	Benjamin Crimp	17	1/04/2019	2019 Australian Athletics Championships
4	16.51	-0.5	P	---	Charlie East	16	1/04/2019	2019 Australian Athletics Championships

Male 110m Hurdles 0.991m

1	14.94	+4.9	F	---	Ryan Dowling	39	9/11/2018	Pan Pacific Masters Games 2018
2	15.41	+0.0	F	---	Lachlan Dalton	16	22/02/2019	NSW Junior and Para Junior Championships 2019
3	16.00	+0.4	F	---	Ben Pollack	18	22/02/2019	NSW Junior and Para Junior Championships 2019
4	16.31	+2.0	F	---	Benjamin Crimp	16	1/12/2018	Treloar Shield Round 5
5	16.99	+0.0	F	---	Charlie East	16	22/02/2019	NSW Junior and Para Junior Championships 2019

Male 110m Hurdles 1.067m

1	15.06	NWI	F	---	Alec Diamond	21	23/03/2019	All-comers 23 March 2019
2	19.22	-0.7	F	---	William Richardson	23	15/12/2018	Club Championships 2018

Male 200m Hurdles 0.762m

1	27.11	+0.8	F	---	Dylan Charlier	15	1/04/2019	2019 Australian Athletics Championships
2	27.33	+2.2	F	---	Ethan Quintana	13	27/09/2018	NSW All Schools Championships
3	27.76	+0.2	F	---	Max Milani	14	1/04/2019	2019 Australian Athletics Championships
4	28.18	+2.2	F	---	Archie Saunders	14	27/09/2018	NSW All Schools Championships
5	30.61	-0.7	F	---	Julian Lee	13	22/02/2019	NSW Junior and Para Junior Championships 2019
6	31.27	-0.3	F	---	Luke Fisher	15	22/02/2019	NSW Junior and Para Junior Championships 2019
7	31.69	-0.6	P	---	Matthew Hunt	12	1/04/2019	2019 Australian Athletics Championships
8	33.15	+0.0	F	---	Angus Hunt	11	2/02/2019	Allcomers and 5000m Championships 2019

Male 400m Hurdles 0.762m

1	1:04.05		P	---	James Hunt	15	1/04/2019	2019 Australian Athletics Championships
---	---------	--	---	-----	------------	----	-----------	---

Male 400m Hurdles 0.840m

1	54.35		F	---	Thomas Hunt	16	27/09/2018	NSW All Schools Championships
2	54.45		F	---	Jack McFadden	16	27/09/2018	NSW All Schools Championships
3	58.18		F	---	Lachlan Dalton	16	22/02/2019	NSW Junior and Para Junior Championships 2019
4	58.58		F	---	Dominic Panozzo	15	1/04/2019	2019 Australian Athletics Championships
5	1:01.02		F	---	James Hunt	15	22/02/2019	NSW Junior and Para Junior Championships 2019

Male 400m Hurdles 0.914m

1	53.89		F	---	Matthew Crowe	21	20/10/2018	Treloar Shield Round 2
---	-------	--	---	-----	---------------	----	------------	------------------------

2	54.96	F	---	Jack McFadden	17	22/02/2019	NSW Junior and Para Junior Championships 2019
3	55.35	F	---	Thomas Hunt	17	10/11/2018	Treloar Shield Round 4
4	1:01.18	F	---	Benjamin Crimp	16	10/11/2018	Treloar Shield Round 4

Male 20000m Walk

1	2:47:45.00	F	---	Jim Seymon	80	4/09/2018	World Masters Athletics Championships 2018
---	------------	---	-----	------------	----	-----------	--

Male 2000m StplCh 0.762m

1	6:40.40	F	---	Simon Magner	14	1/04/2019	2019 Australian Athletics Championships
2	6:46.50	F	---	Cameron Gorman	14	19/01/2019	Treloar Sheild Round 7
3	6:47.51	F	---	Kieran Gorman	16	27/09/2018	NSW All Schools Championships

Male High Jump

1	1.95m	F	---	Harrison Tate	16	1/04/2019	2019 Australian Athletics Championships
2	1.91m	F	---	Darcy Holmes	15	22/02/2019	NSW Junior and Para Junior Championships 2019
3	1.90m	F	---	Sam Richardson	19	15/12/2018	Club Championships 2018
4	1.89m	F	---	Alec Diamond	21	1/04/2019	2019 Australian Athletics Championships
5	1.85m	F	---	Kyle Fisher	15	24/11/2018	2018 NSW State Relay Championships
6	1.75m	F	---	Michael Gardiner	14	24/11/2018	2018 NSW State Relay Championships
7	1.64m	F	---	Joel Neasmith	14	2/02/2019	NSW Combined Event Championships 2019
8	1.55m	F	---	David Thebridge	42	15/12/2018	Club Championships 2018
9 *	1.40m	F	---	Ryan Dowling	39	19/01/2019	Treloar Sheild Round 7
9 *	1.40m	F	---	Samuel Colless	27	19/01/2019	Treloar Sheild Round 7
11 *	1.35m	M	---	Tim McGrath	55	4/09/2018	World Masters Athletics Championships 2018
11 *	1.35m	F	---	Ashton Gleeson	13	15/12/2018	Club Championships 2018
13	1.25m	F	---	Trevor Young	60	10/11/2018	Treloar Shield Round 4
14	1.11m	F	---	Nicholas Bastas	80	9/11/2018	Pan Pacific Masters Games 2018

Male Pole Vault

1	4.60m	F	---	Alec Diamond	21	23/03/2019	All-comers 23 March 2019
2	3.30m	F	---	Tim McGrath	56	23/03/2019	All-comers 23 March 2019

Male Long Jump

1	7.61m	+2.4	M	---	Alec Diamond	21	12/01/2019	2018-19 AACT Combined Events Championships
2	7.50m	+1.3	F	---	William Freyer	19	2/02/2019	Allcomers and 5000m Championships 2019
3	7.27m	+3.3	F	---	Emmanuel Fakiye	21	1/12/2018	Treloar Shield Round 5
4	7.05m	+0.7	F	---	Thomas Pitts	18	22/02/2019	NSW Junior and Para Junior Championships 2019
5	6.94m	-0.4	F	---	Alex Willett	17	27/09/2018	NSW All Schools Championships
6	6.20m	+0.5	F	---	Joey Ryu	20	8/03/2019	NSW Open, U23 and Para Championships 2019
7	6.13m	NWI	F	---	Elijah Williams	22	27/10/2018	Northern Zone Week 5
8	5.57m	+0.0	F	---	Joel Neasmith	14	2/02/2019	NSW Combined Event Championships 2019
9	5.43m	+2.6	F	---	Joseph Ayoade	14	22/02/2019	NSW Junior and Para Junior Championships 2019
10	5.37m	+1.8	F	---	Darcy Holmes	15	22/02/2019	NSW Junior and Para Junior Championships 2019
11	5.07m	NWI	F	---	Stuart Downie	16	16/02/2019	Illawong All-comers
12	5.03m	+0.9	M	---	Tim McGrath	56	2/02/2019	NSW Combined Event Championships 2019
13	4.65m	-0.4	F	---	Trevor Young	61	26/04/2019	Australian Masters Athletics Championships

14	4.02m	NWI	F	---	Zoran Novicic	58	27/10/2018	Northern Zone Week 5
15	4.00m		F	---	Ashton Cox	11	10/11/2018	Northern Zone Week 7
16	3.97m	+3.5	F	---	Nicholas Bastas	80	9/11/2018	Pan Pacific Masters Games 2018
17	3.70m	+2.0	F	---	Warren Jones	38	1/12/2018	Treloar Shield Round 5
18	3.10m		F	---	Doug Barrett	66	23/03/2019	Northern Zone Week 20
19	2.90m		F	---	Lachlan Antoinette	18	15/09/2018	Northern Zone Week 1
20	2.85m	NWI	F	---	Terrence Carter	61	27/10/2018	Northern Zone Week 5
21	2.64m		F	---	Michael Johnson	83	1/12/2018	Northern Zone Week 9
22	2.41m		F	---	Leslie Gillies	71	2/02/2019	Northern Zone Week 15

Male Long Jump Aggregate

1	10.65m	NWI	F	---	Zion McMahon	09	8/12/2018	Grass Games 2018/19
---	--------	-----	---	-----	--------------	----	-----------	---------------------

Male Triple Jump

1	16.24m	+2.1	F	---	Emmanuel Fakiye	22	23/03/2019	Queensland Track Classic
2	13.43m	+1.3	F	---	Thomas Pitts	18	19/01/2019	Treloar Sheild Round 7
3	12.58m	+2.1	F	---	Kyle Fisher	15	27/09/2018	NSW All Schools Championships
4	11.67m	+0.7	F	---	Joel Neasmith	14	20/10/2018	Treloar Shield Round 2
5	11.40m	NWI	F	---	David Thebridge	42	15/12/2018	Club Championships 2018
6	10.76m	+3.7	F	---	Samuel Colless	27	19/01/2019	Treloar Sheild Round 7
7	10.59m	NWI	F	---	Martin Leerberg	15	15/12/2018	Club Championships 2018
8	9.99m	NWI	F	---	Antony Guest	53	15/12/2018	Club Championships 2018
9	8.68m	-0.8	F	---	Zoran Novicic	58	20/10/2018	Treloar Shield Round 2
10	8.34m	+1.8	F	---	Nicholas Bastas	80	9/11/2018	Pan Pacific Masters Games 2018
11	7.25m	NWI	F	---	Elijah McMahon	13	15/12/2018	Club Championships 2018
12	7.17m	NWI	F	---	Doug Barrett	66	20/10/2018	Northern Zone Week 4
13	5.82m	+0.6	F	---	Bart Steanes	54	19/01/2019	Treloar Sheild Round 7

Male Shot Put 3kg

1	11.77m		F	---	Max Milani	13	27/09/2018	NSW All Schools Championships
2	8.94m		F	---	Nicholas Bastas	80	13/04/2019	Northern Zone Week 23
3	8.19m		F	---	Michael Johnson	84	13/04/2019	Northern Zone Week 23

Male Shot Put 4kg

1	13.57m		F	---	Matthew Butler	15	27/09/2018	NSW All Schools Championships
2	9.68m		F	---	Robert Archer	72	9/11/2018	Pan Pacific Masters Games 2018
3	7.58m		F	---	Nicholas Dowling	15	2/03/2019	Northern Zone Week 18
4	4.80m		F	---	Ron Shoesmith	71	1/12/2018	Northern Zone Week 9

Male Shot Put 5kg

1	13.64m		F	---	Junior Schmidt	17	16/02/2019	Northern Zone Week 16
2	12.56m		F	---	Jack McFadden	16	7/12/2018	2018 Australian All Schools Championships
3	10.33m		F	---	Joel Neasmith	14	2/02/2019	NSW Combined Event Championships 2019
4	7.60m		F	---	Zoran Novicic	58	24/11/2018	2018 NSW State Relay Championships
5	6.96m		F	---	Doug Barrett	66	23/03/2019	Northern Zone Week 20
6	6.84m		F	---	Peter Douglas	65	9/03/2019	Northern Zone Week 19

7	6.83m	F	---	Terrence Carter	61	27/10/2018	Northern Zone Week 5
8	6.30m	F	---	Ross Douglas	65	2/03/2019	Northern Zone Week 18
9	4.70m	F	---	Robert Jones	68	29/09/2018	23rd AMA Winter Throws Championships

Male Shot Put 6kg

1	15.33m	F	---	Lachlan Antoinette	18	29/09/2018	Northern Zone Week 3
2	11.01m	F	---	Cameron Fish	19	2/03/2019	Northern Zone Week 18
3	10.67m	F	---	Tim McGrath	56	6/04/2019	Northern Zone Week 22
4	7.88m	F	---	Bart Steanes	54	16/02/2019	Northern Zone Week 16
5	7.41m	F	---	Zoran Novicic	58	3/11/2018	Northern Zone Week 6
6	6.48m	F	---	Peter Douglas	64	24/11/2018	2018 NSW State Relay Championships
7	6.34m	F	---	Ross Douglas	64	24/11/2018	2018 NSW State Relay Championships
8	6.25m	F	---	Terrence Carter	61	24/11/2018	2018 NSW State Relay Championships
9	6.24m	F	---	Doug Barrett	66	24/11/2018	2018 NSW State Relay Championships

Male Shot Put 7.26kg

1	14.70m	M	---	Alec Diamond	21	2/02/2019	NSW Combined Event Championships 2019
2	13.77m	F	---	Lachlan Antoinette	18	22/09/2018	Northern Zone Week 2
3	13.03m	F	---	Aaron Kang	22	24/09/2018	Unisports Australian National Championship
4	13.00m	F	---	William Brown	22	11/04/2019	UniSport Australia National Championships
5	12.56m	F	---	Clinton Mcewan	27	24/11/2018	2018 NSW State Relay Championships
6	11.97m	F	---	Ryan Dowling	39	23/03/2019	Northern Zone Week 20
7	10.99m	F	---	Tylor Hunn	22	24/11/2018	2018 NSW State Relay Championships
8	9.67m	F	---	Robert Archer	72	24/11/2018	2018 NSW State Relay Championships
9	8.98m	F	---	Warren Jones	38	1/12/2018	Treloar Shield Round 5
10	8.72m	F	---	Sam Richardson	19	24/09/2018	Unisports Australian National Championship
11	8.23m	F	---	Caerl Murray	43	12/01/2019	Northern Zone Week 12
12	8.01m	F	---	Bart Steanes	54	1/12/2018	Treloar Shield Round 5

Male Shot Put Open 7.26kg

1	12.14m	F	---	William Brown	22	13/04/2019	Northern Zone Week 23
2	10.99m	F	---	Elijah Williams	22	16/02/2019	Northern Zone Week 16

Male Shot Put Overhead

1	16.63m	F	---	Clinton Mcewan	27	8/12/2018	Grass Games 2018/19
---	--------	---	-----	----------------	----	-----------	---------------------

Male Discus 1.5kg

1	40.25m	F	---	Stuart Downie	16	22/02/2019	NSW Junior and Para Junior Championships 2019
2	32.88m	F	---	Tim McGrath	56	8/02/2019	NSW Masters Championships
3	29.05m	F	---	Bart Steanes	54	16/02/2019	Northern Zone Week 16
4	27.82m	F	---	Junior Schmidt	17	16/02/2019	Northern Zone Week 16
5	26.63m	F	---	Zoran Novicic	58	20/10/2018	Treloar Shield Round 2

Male Discus 1kg

1	30.77m	F	---	Robert Archer	72	8/02/2019	NSW Masters Championships
2	25.10m	F	---	Michael Johnson	83	26/01/2019	Northern Zone Week 14
3	24.45m	F	---	Doug Barrett	66	15/12/2018	Northern Zone Weei 10

4	24.23m	F	---	Peter Douglas	64	17/11/2018	Northern Zone Week 8
5	21.24m	F	---	Trevor Young	61	26/04/2019	Australian Masters Athletics Championships
6	20.07m	F	---	Nicholas Bastas	80	9/11/2018	Pan Pacific Masters Games 2018
7	19.66m	F	---	Ross Douglas	64	3/11/2018	Northern Zone Week 6
8	15.89m	F	---	Elijah McMahon	13	15/12/2018	Club Championships 2018
9	14.59m	F	---	Nicholas Dowling	15	2/03/2019	Northern Zone Week 18
10	13.34m	F	---	Henry Butler	11	15/12/2018	Club Championships 2018
11	12.76m	F	---	Robert Jones	68	8/02/2019	NSW Masters Championships
12	10.33m	F	---	Ron Shoesmith	71	16/02/2019	Northern Zone Week 16

Male Discus 2kg

1	49.32m	F	---	Alec Diamond	21	20/10/2018	Treloar Shield Round 2
2	40.61m	F	---	Tim Heyes	20	24/11/2018	2018 NSW State Relay Championships
3	38.95m	F	---	William Brown	21	24/09/2018	Unisports Australian National Championship
4	34.32m	F	---	Ryan Dowling	39	16/02/2019	Northern Zone Week 16
5	32.13m	F	---	Lachlan Antoinette	18	24/11/2018	2018 NSW State Relay Championships
6	29.80m	F	---	Ellington Steanes	20	24/11/2018	2018 NSW State Relay Championships
7	26.98m	F	---	Aaron Kang	23	19/01/2019	Treloar Sheild Round 7
8	25.93m	F	---	William Richardson	22	24/11/2018	2018 NSW State Relay Championships
9	25.85m	F	---	Tylor Hunn	22	24/11/2018	2018 NSW State Relay Championships
10	25.80m	F	---	Samuel Colless	27	19/01/2019	Treloar Sheild Round 7
11	25.52m	F	---	Warren Jones	38	17/11/2018	Northern Zone Week 8
12	22.53m	F	---	Jye Perrott	20	19/01/2019	Treloar Sheild Round 7
13	22.25m	F	---	Bart Steanes	54	19/01/2019	Treloar Sheild Round 7

Male Discus Open 2kg

1	37.98m	F	---	William Brown	22	13/04/2019	Northern Zone Week 23
---	--------	---	-----	---------------	----	------------	-----------------------

Male Hammer 3kg

1	22.48m	F	---	Nicholas Bastas	80	9/11/2018	Pan Pacific Masters Games 2018
2	15.48m	F	---	Brian Hamilton	80	2/02/2019	Northern Zone Week 15

Male Hammer 4kg

1	45.57m	F	---	Matthew Butler	15	27/09/2018	NSW All Schools Championships
---	--------	---	-----	----------------	----	------------	-------------------------------

Male Hammer 5kg

1	44.15m	F	---	Matthew Butler	16	1/04/2019	2019 Australian Athletics Championships
2	19.10m	F	---	Ross Douglas	65	9/03/2019	Northern Zone Week 19
3	18.28m	F	---	Terrence Carter	61	27/10/2018	Northern Zone Week 5
4	17.49m	F	---	Peter Douglas	64	22/12/2018	Northern Zone Week 11
5	15.61m	F	---	Doug Barrett	66	1/12/2018	Northern Zone Week 9
6	13.51m	F	---	Robert Jones	68	22/12/2018	Northern Zone Week 11

Male Hammer 6kg

1	56.92m	F	---	Lachlan Antoinette	18	17/11/2018	South Region All-Comers
2	21.45m	F	---	Bart Steanes	54	24/11/2018	2018 NSW State Relay Championships

Male Hammer 7.26kg

1	64.92m	F	---	William Brown	22	8/03/2019	NSW Open, U23 and Para Championships 2019
2	60.63m	F	---	Tim Heyes	20	1/12/2018	Treloar Shield Round 5
3	45.75m	F	---	Lachlan Antoinette	18	2/02/2019	Northern Zone Hammer Permit
4	43.41m	F	---	Grzegorz Urbanowicz	40	27/10/2018	Northern Zone Week 5
5	35.37m	F	---	Warren Jones	38	10/11/2018	Treloar Shield Round 4
6	33.67m	F	---	Tylor Hunn	22	24/11/2018	2018 NSW State Relay Championships
7	31.25m	F	---	Ellington Steanes	20	24/11/2018	2018 NSW State Relay Championships
8	29.36m	F	---	Ryan Dowling	39	2/02/2019	Northern Zone Week 15
9	19.69m	F	---	Bart Steanes	54	1/12/2018	Treloar Shield Round 5
10	19.15m	F	---	Clinton Mcewan	27	24/11/2018	2018 NSW State Relay Championships

Male Hammer Open 7.26kg

1	61.55m	F	---	William Brown	22	6/04/2019	Northern Zone Week 22
---	--------	---	-----	---------------	----	-----------	-----------------------

Male Javelin 400g

1	25.23m	F	---	Nicholas Bastas	80	22/12/2018	Northern Zone Week 11
2	16.46m	F	---	Michael Johnson	83	19/01/2019	Northern Zone 13

Male Javelin 500g

1	25.98m	F	---	Zoran Novicic	58	24/11/2018	2018 NSW State Relay Championships
2	18.99m	F	---	Leslie Gillies	71	24/11/2018	2018 NSW State Relay Championships
3	8.98m	F	---	Ron Shoesmith	71	1/12/2018	Northern Zone Week 9

Male Javelin 600g

1	26.51m	F	---	Trevor Young	60	8/02/2019	NSW Masters Championships
2	25.69m	F	---	Doug Barrett	66	23/03/2019	Northern Zone Week 20
3	12.82m	F	---	Terrence Carter	61	27/10/2018	Northern Zone Week 5
4	11.05m	F	---	Robert Jones	68	22/12/2018	Northern Zone Week 11

Male Javelin 700g

1	47.05m	F	---	Jack McFadden	16	27/09/2018	NSW All Schools Championships
2	45.60m	F	---	Stuart Downie	16	22/02/2019	NSW Junior and Para Junior Championships 2019
3	41.68m	F	---	Joel Neasmith	14	2/02/2019	NSW Combined Event Championships 2019
4	38.15m	F	---	Kyle Fisher	15	27/09/2018	NSW All Schools Championships
5	34.93m	F	---	Tim McGrath	56	2/03/2019	All-Comers 2 March 2019
6	27.95m	F	---	Charlie East	16	15/12/2018	Club Championships 2018
7	26.48m	F	---	Zoran Novicic	58	15/09/2018	Northern Zone Week 1
8	25.26m	F	---	Trevor Young	60	24/11/2018	2018 NSW State Relay Championships
9	23.30m	F	---	Mark Cepak	59	24/11/2018	2018 NSW State Relay Championships
10	18.56m	F	---	Doug Barrett	66	24/11/2018	2018 NSW State Relay Championships
11	18.48m	F	---	Bart Steanes	54	22/12/2018	Northern Zone Week 11

Male Javelin 800g

1	52.37m	F	---	Alec Diamond	21	24/11/2018	2018 NSW State Relay Championships
2	46.65m	F	---	Tylor Hunn	22	24/11/2018	2018 NSW State Relay Championships
3	43.01m	F	---	Charles Seppelt	20	24/11/2018	2018 NSW State Relay Championships
4	39.71m	F	---	Ryan Dowling	39	24/11/2018	2018 NSW State Relay Championships

5	35.02m	F	---	Clinton Mcewan	27	24/11/2018	2018 NSW State Relay Championships
6	33.34m	F	---	Elliot Metcalf	18	8/03/2019	NSW Open, U23 and Para Championships 2019
7	29.33m	F	---	Louis Dennison	19	19/01/2019	Treloar Sheild Round 7
8	25.16m	F	---	Warren Jones	38	15/12/2018	Club Championships 2018
9	17.13m	F	---	Bart Steanes	54	19/01/2019	Treloar Sheild Round 7
10	16.46m	F	---	Albert Swan	18	15/12/2018	Club Championships 2018
Male Javelin Open 800g							
1	28.16m	F	---	William Brown	22	6/04/2019	Northern Zone Week 22
Male Wght Thr 11.34kg							
1	11.95m	F	---	Warren Jones	38	29/09/2018	23rd AMA Winter Throws Championships
2	9.95m	F	---	Tim McGrath	56	8/02/2019	NSW Masters Championships
3	8.83m	F	---	Bart Steanes	54	16/02/2019	Northern Zone Week 16
Male Wght Thr 15.88kg							
1	13.01m	F	---	Grzegorz Urbanowicz	40	16/02/2019	Northern Zone Week 16
2	10.64m	F	---	Ryan Dowling	39	17/11/2018	Northern Zone Week 8
3	10.10m	F	---	Warren Jones	39	30/03/2019	Northern Zone Week 21
Male Wght Thr 20kg							
1	7.06m	F	---	Warren Jones	38	29/09/2018	23rd AMA Winter Throws Championships
Male Wght Thr 25.4kg							
1	5.93m	F	---	Warren Jones	38	29/09/2018	23rd AMA Winter Throws Championships
Male Wght Thr 5.45kg							
1	10.87m	F	---	Nicholas Bastas	80	9/11/2018	Pan Pacific Masters Games 2018
2	6.48m	F	---	Robert Jones	68	29/09/2018	23rd AMA Winter Throws Championships
3	6.23m	F	---	Brian Hamilton	80	12/01/2019	Northern Zone Week 12
Male Wght Thr 7.26kg							
1	5.46m	F	---	Robert Jones	68	29/09/2018	23rd AMA Winter Throws Championships
Male Wght Thr 9.08kg							
1	13.59m	F	---	Warren Jones	38	29/09/2018	23rd AMA Winter Throws Championships
2	8.03m	F	---	Peter Douglas	65	12/01/2019	Northern Zone Week 12
3	7.60m	F	---	Doug Barrett	66	17/11/2018	Northern Zone Week 8
4	5.54m	F	---	Robert Jones	68	8/02/2019	NSW Masters Championships
Male Wght Thr Open 15.88kg							
1	17.08m	F	---	William Brown	22	17/11/2018	Northern Zone Week 8
Male Decathlon							
1	6018	F	---	Alec Diamond	21	2/02/2019	NSW Combined Event Championships 2019
2	5424	F	---	Tim McGrath	55	4/09/2018	World Masters Athletics Championships 2018
Male Heptathlon							
1	3683	F	---	Joel Neasmith	14	2/02/2019	NSW Combined Event Championships 2019
Male Out Pent							
1	2954	F	---	Trevor Young	61	26/04/2019	Australian Masters Athletics Championships

2	2845	F	---	Tim McGrath	56	2/02/2019	NSW Combined Event Championships 2019
Male Wght Pent							
1	2954	F	---	Nicholas Bastas	80	9/11/2018	Pan Pacific Masters Games 2018
2	1814	F	---	Warren Jones	38	29/09/2018	23rd AMA Winter Throws Championships
3	905	F	---	Robert Jones	68	29/09/2018	23rd AMA Winter Throws Championships
Male Wght Pent Heavy							
1	2232	F	---	Warren Jones	38	29/09/2018	23rd AMA Winter Throws Championships
2	401	F	---	Robert Jones	68	29/09/2018	23rd AMA Winter Throws Championships