

Rankings 2019/2020

Marks since: 1-May-20
UTS Northern Suburbs Athletic [UTN]

Female 60m Sprint

1	7.55	+0.0		F	---	Stephanie Power	26	11/01/2020	Illawarra Track Challenge
2	7.72	+1.6		F	---	Gabriella Taylor	14	26/10/2019	Treloar Shield Round 3
3	7.74	+0.0		F	---	Carla Takchi	22	11/01/2020	Illawarra Track Challenge
4	7.83	+1.1		F	---	Georgia Fichardt	15	11/01/2020	Illawarra Track Challenge
5	7.90	+1.5		F	---	Jasmin Guthrie	16	26/10/2019	Treloar Shield Round 3
6	7.98	+1.6		F	---	Monique Perry	45	26/10/2019	Treloar Shield Round 3
7	8.00	-3.6		F	---	Olivia Rose Inkster	14	9/11/2019	Treloar Shield Round 5
8	8.03	+1.6		F	---	Mia Hemsworth	17	11/01/2020	Illawarra Track Challenge
9	7.8h	NWI	8.04	F	---	Morgan Kelaher	16	7/12/2019	Grass Games 2019
10	8.04	+1.1		F	---	Jessica Maciver	16	11/01/2020	Illawarra Track Challenge
11	8.06	-2.1		F	---	Greta Andrews	15	9/11/2019	Treloar Shield Round 5
12	8.22	+3.5		F	---	Alice Dixon	16	26/10/2019	Treloar Shield Round 3
13	8.30	+0.0		F	---	Xin Min Tan	13	26/10/2019	Treloar Shield Round 3
14	8.39	-1.0		F	---	Yael Reed	37	7/02/2020	NSW Masters Championships 2020
15	8.45	+0.0		F	---	Kylie Strong	52	11/01/2020	Illawarra Track Challenge
16 *	8.3h	NWI	8.54	F	---	Eva Bates	14	7/12/2019	Grass Games 2019
16 *	8.3h	NWI	8.54	F	---	Charlotte Greatrex	14	7/12/2019	Grass Games 2019
18	8.6h	NWI	8.84	F	---	Joanna Davis	43	2/11/2019	Northern Zone Week 8
19	8.97	+0.0		F	---	Maria Cimino	48	11/01/2020	Illawarra Track Challenge
20	9.39	-4.2		F	---	Catherine Mikan	11	12/10/2019	Treloar Shield Round 1
21	9.72	-0.7		F	---	Janet Naylor	53	31/08/2019	Oceania Masters Athletics Championships
22	9.6h	NWI	9.84	F	---	Jenny Schell	57	5/10/2019	Northern Zone Week 4
23	10.06	+0.0		F	---	Bronwyn Kelaher	54	26/10/2019	Treloar Shield Round 3
24	9.9h	NWI	10.14	F	---	Rose Moore	54	7/12/2019	Grass Games 2019
25 *	10.1h	NWI	10.34	F	---	Sarah Hanna	39	5/10/2019	Northern Zone Week 4
25 *	10.1h	NWI	10.34	F	---	Emily Davis	12	29/02/2020	Northern Zone Week 19
25 *	10.1h	NWI	10.34	F	---	Deborah Drennan	61	21/09/2019	Northern Zone Week 2
28	10.42	+0.5		F	---	Mali Lovell	15	9/11/2019	Treloar Shield Round 5
29	10.2h	NWI	10.44	F	---	Suzy Elias	36	7/12/2019	Grass Games 2019
30	10.7h	NWI	10.94	F	---	Margaret Thomas	63	7/12/2019	Grass Games 2019
31	11.7h	NWI	11.94	F	---	Jillian Senior	67	14/12/2019	Northern Zone Week 12
32	12.4h	NWI	12.64	F	---	Kathleen Cook	82	14/12/2019	Northern Zone Week 12
33	12.5h	NWI	12.74	F	---	Nancy Lloyd	65	2/11/2019	Northern Zone Week 8
34	12.9h	NWI	13.14	F	---	Dorothy Kass	66	11/01/2020	Northern Zone Week 14
35	13.6h	NWI	13.84	F	---	Thea Davis	10	29/02/2020	Northern Zone Week 19
36	16.5h	NWI	16.74	F	---	Roslyn Wolfers	74	2/11/2019	Northern Zone Week 8

Female 100m Sprint

1	11.68	+5.1	F	---	Stephanie Power	27	23/02/2020	Sir Graeme Douglas International Continental	
2	11.75	+2.2	P	---	Kristie Edwards	19	25/06/2019	Oceania Athletics Championships	
3	11.97	+1.6	P	---	Gabriella Taylor	14	6/12/2019	Australian All Schools Championships 2019	
4	12.21	+1.5	P	---	Nicolette Donofrio	17	6/03/2020	NSW Open, U23 and Para Championships 2020	
5	12.27	+1.4	F	---	Carla Takchi	22	29/02/2020	All-comers 29 February 2020	
6	12.32	+2.9	P	---	Georgia Fichardt	15	24/01/2020	Athletics ACT Championships 2020	
7	12.33	+1.0	F	---	Greta Andrews	15	2/11/2019	Treloar Shield Round 4	
8	12.40	-2.5	F	---	Olivia Rose Inkster	14	26/09/2019	NSW All Schools Championships	
9	12.45	+2.9	P	---	Jessica Maciver	16	24/01/2020	Athletics ACT Championships 2020	
10	12.52	+1.5	F	---	Morgan Kelaher	16	14/12/2019	Club Championships 2019	
11	12.56	+3.7	F	---	Annika Lynch	15	2/11/2019	Treloar Shield Round 4	
12	12.61	+2.6	F	---	Jasmin Guthrie	16	15/02/2020	Allcomers 16 February	
13 *	12.62	+0.0	F	---	Monique Perry	45	21/12/2019	All-comers 21 December 2019	
13 *	12.62	+4.5	P	---	Mia Hemsworth	17	24/01/2020	Athletics ACT Championships 2020	
15	12.72	+2.0	F	---	Abigail Stevanovic	17	1/02/2020	Treloar Shield Round 7	
16	12.74	-1.8	F	---	Alice Dixon	16	30/11/2019	Treloar Shield Round 6	
17	12.76	NWI	F	---	Rowena Craker	19	19/10/2019	Treloar Shield Round 2	
18	12.79	+0.0	F	---	Sienna Bond	14	2/11/2019	Treloar Shield Round 4	
19	12.80	+1.1	F	---	Emma Merlino	27	29/02/2020	All-comers 29 February 2020	
20	12.89	-0.8	P	---	Isabella Guthrie	16	21/02/2020	NSW Junior Championships 2020	
21	12.95	+2.1	F	---	Emily Bannister	15	2/11/2019	Treloar Shield Round 4	
22	12.98	+1.5	F	---	Xin Min Tan	13	14/12/2019	Club Championships 2019	
23	13.01	+3.6	P	---	Yael Reed	37	6/03/2020	NSW Open, U23 and Para Championships 2020	
24	13.02	+0.7	F	---	Pascale La Hei	17	15/02/2020	Allcomers 16 February	
25	13.10	-1.7	F	---	Stephanie Potter	17	26/09/2019	NSW All Schools Championships	
26	13.12	+3.5	F	---	Chloe Davis	19	2/11/2019	Treloar Shield Round 4	
27	13.13	+0.2	F	---	Kylie Strong	52	29/02/2020	All-comers 29 February 2020	
28	13.14	+1.5	F	---	Samra Bond	12	21/02/2020	NSW Junior Championships 2020	
29	13.41	+0.0	F	---	Melinda Burke	18	19/10/2019	Treloar Shield Round 2	
30	13.43	+1.6	F	---	Renee Briffa	45	15/02/2020	Allcomers 16 February	
31	13.45	+2.0	F	---	Prada Stenberg	16	1/02/2020	Treloar Shield Round 7	
32	13.53	-0.8	P	---	Eleanor Partridge	17	21/02/2020	NSW Junior Championships 2020	
33	13.63	+3.5	F	---	Emma Livingstone	14	2/11/2019	Treloar Shield Round 4	
34	13.69	+0.0	F	---	Cayla Phillips	14	5/10/2019	All Comers & 10,000m Championships	
35	13.75	+0.8	F	---	Edita Grinbergs	18	15/02/2020	Allcomers 16 February	
36	14.35	+0.9	F	---	Maria Cimino	48	2/11/2019	Treloar Shield Round 4	
37	14.53	+0.5	F	---	Alyssa Philip	20	21/12/2019	All-comers 21 December 2019	
38	14.60	-2.2	F	---	Charlotte Galea	31	7/02/2020	NSW Masters Championships 2020	
39	14.5h	NWI	14.74	F	---	Joanna Davis	42	15/06/2019	Winter Northern Zone Series 1
40	14.90	NWI	F	---	Hannah Anderson	13	14/12/2019	Club Championships 2019	
41	15.69	-0.6	F	---	Jenny Schell	57	31/08/2019	Oceania Masters Athletics Championships	

42	15.78	+1.4		F	---	Mali Lovell	15	6/12/2019	Australian All Schools Championships 2019
43	16.12	+0.2		F	---	Sybella Warton	12	21/02/2020	NSW Junior Championships 2020
44	16.14	+1.8		F	---	Bronwyn Kelaher	54	21/12/2019	All-comers 21 December 2019
45	16.65	-2.2		F	---	Helena Smith	32	7/02/2020	NSW Masters Championships 2020
46	16.72	-0.6		F	---	Janet Naylor	53	31/08/2019	Oceania Masters Athletics Championships
47	16.79	-3.1		F	---	Zara Perry	13	26/09/2019	NSW All Schools Championships
48	16.6h	NWI	16.84	F	---	Rose Moore	54	30/11/2019	Northern Zone Week 11
49	17.3h	NWI	17.54	F	---	Suzy Elias	36	8/11/2019	Northern Zone Week 9
50	17.8h	NWI	18.04	F	---	Sarah Hanna	39	28/09/2019	Northern Zone Week 3
51	18.0h	NWI	18.24	F	---	Deborah Drennan	61	28/09/2019	Northern Zone Week 3
52	20.51	NWI		F	---	Kathleen Cook	82	25/05/2019	Great Barrier Reef Masters Games
53	20.5h	NWI	20.74	F	---	Jillian Senior	67	21/03/2020	Northern Zone Week 22
54	21.2h	NWI	21.44	F	---	Thea Davis	09	10/08/2019	Winter Northern Zone Series 3
55	21.8h	NWI	22.04	F	---	Nancy Lloyd	66	7/03/2020	Northern Zone Week 20
56	22.5h	NWI	22.74	F	---	Dorothy Kass	66	7/03/2020	Northern Zone Week 20

Female 150m Sprint

1	19.1h	NWI	19.34	F	---	Morgan Kelaher	16	7/12/2019	Grass Games 2019
2	19.2h	NWI	19.44	F	---	Monique Perry	45	7/12/2019	Grass Games 2019
3	20.0h	NWI	20.24	F	---	Pascale La Hei	17	7/12/2019	Grass Games 2019
4	20.7h	NWI	20.94	F	---	Charlotte Greatrex	14	7/12/2019	Grass Games 2019
5	25.7h	NWI	25.94	F	---	Rose Moore	54	7/12/2019	Grass Games 2019
6	26.1h	NWI	26.34	F	---	Suzy Elias	36	7/12/2019	Grass Games 2019
7	27.7h	NWI	27.94	F	---	Margaret Thomas	63	7/12/2019	Grass Games 2019

Female 200m Sprint

1	23.92	+0.4	F	---	Kristie Edwards	19	25/06/2019	Oceania Athletics Championships
2	23.96	+1.5	P	---	Stephanie Power	26	24/01/2020	Athletics ACT Championships 2020
3	24.25	+0.4	F	---	Olivia Rose Inkster	14	6/12/2019	Australian All Schools Championships 2019
4	24.54	+0.7	P	---	Alice Dixon	15	26/09/2019	NSW All Schools Championships
5	24.69	+2.1	F	---	Gabriella Taylor	14	26/09/2019	NSW All Schools Championships
6	24.71	+1.4	F	---	Greta Andrews	15	26/09/2019	NSW All Schools Championships
7	24.84	-0.9	P	---	Nicolette Donofrio	17	26/09/2019	NSW All Schools Championships
8	24.86	+1.4	F	---	Jasmin Guthrie	16	26/09/2019	NSW All Schools Championships
9	25.17	+0.0	F	---	Bridget Oakley	30	21/12/2019	All-comers 21 December 2019
10	25.30	-1.7	P	---	Alexandra Bartholomew	25	6/03/2020	NSW Open, U23 and Para Championships 2020
11	25.34	+2.0	F	---	Georgia Fichardt	15	26/09/2019	NSW All Schools Championships
12	25.42	+1.5	P	---	Kate Wahby	18	21/02/2020	NSW Junior Championships 2020
13	25.69	+0.1	F	---	Rowena Craker	19	9/11/2019	Treloar Shield Round 5
14	25.75	+1.3	F	---	Morgan Kelaher	16	14/12/2019	Club Championships 2019
15	25.98	-1.7	P	---	Emma Merlino	27	6/03/2020	NSW Open, U23 and Para Championships 2020
16	26.03	+0.2	P	---	Jessica Maciver	16	21/02/2020	NSW Junior Championships 2020
17	26.12	+0.0	F	---	Monique Perry	45	21/12/2019	All-comers 21 December 2019
18 *	26.14	+0.1	F	---	Isabella Guthrie	16	9/11/2019	Treloar Shield Round 5

18 *	26.14	+0.0		P	---	Pascale La Hei	17	6/03/2020	NSW Open, U23 and Para Championships 2020
20 *	26.23	+0.4		F	---	Sienna Bond	14	14/12/2019	Club Championships 2019
20 *	26.23	-2.5		F	---	Sally Guthrie	17	9/11/2019	Treloar Shield Round 5
22	26.67	+0.0		F	---	Kylie Strong	52	14/12/2019	Club Championships 2019
23	26.79	+0.8		M	---	Chloe Davis	19	25/01/2020	NSW Combined Events Championships 2020
24	26.89	+0.9		M	---	Ella Koster	16	15/02/2020	Australian Age Combined Events Championships
25	26.96	+0.2		F	---	Samra Bond	12	21/02/2020	NSW Junior Championships 2020
26	26.8h	NWI	27.04	F	---	Mia Hemsworth	17	16/11/2019	Northern Zone Week 10
27	27.13	-2.3		F	---	Yael Reed	37	7/02/2020	NSW Masters Championships 2020
28	27.38	+0.0		F	---	Xin Min Tan	13	21/12/2019	All-comers 21 December 2019
29	27.42	-1.7		F	---	Renee Briffa	45	7/02/2020	NSW Masters Championships 2020
30	27.48	+1.3		F	---	Eva Bates	14	14/12/2019	Club Championships 2019
31	27.51	+0.8		M	---	Melinda Burke	18	25/01/2020	NSW Combined Events Championships 2020
32	27.52	-1.3		P	---	Eleanor Partridge	17	21/02/2020	NSW Junior Championships 2020
33	27.53	-1.2		F	---	Cayla Phillips	14	12/10/2019	Treloar Shield Round 1
34	27.76	-1.3		P	---	Prada Stenberg	16	21/02/2020	NSW Junior Championships 2020
35	28.22	+1.2		F	---	Saskia Newman	17	9/11/2019	Treloar Shield Round 5
36	28.71	+0.3		P	---	Catherine Mikan	12	21/02/2020	NSW Junior Championships 2020
37	29.33	-3.5		F	---	Emma Livingstone	14	26/10/2019	Treloar Shield Round 3
38	29.67	+1.8		F	---	Joanna Davis	43	9/11/2019	Treloar Shield Round 5
39	29.79	+1.5		P	---	Alyssa Philip	20	24/01/2020	Athletics ACT Championships 2020
40	30.94	-0.7		F	---	Maria Cimino	48	14/12/2019	Club Championships 2019
41	31.5h	NWI	31.74	F	---	Alice Bohdan	47	25/01/2020	Northern Zone Week 15
42	32.15	+0.2		F	---	Mali Lovell	15	21/02/2020	NSW Junior Championships 2020
43	32.0h	NWI	32.24	F	---	Jenny Schell	57	2/11/2019	Northern Zone Week 8
44	33.26	+0.3		F	---	Sybella Warton	12	21/02/2020	NSW Junior Championships 2020
45	34.48	-0.6		F	---	Deborah Drennan	61	9/11/2019	Treloar Shield Round 5
46	34.93	-0.7		F	---	Bronwyn Kelaher	54	14/12/2019	Club Championships 2019
47	37.3h	NWI	37.54	F	---	Sarah Hanna	39	5/10/2019	Northern Zone Week 4
48	38.4h	NWI	38.64	F	---	Suzy Elias	36	25/01/2020	Northern Zone Week 15
49	46.4h	NWI	46.64	F	---	Jillian Senior	67	29/02/2020	Northern Zone Week 19
50	46.9h	NWI	47.14	F	---	Nancy Lloyd	66	25/01/2020	Northern Zone Week 15
51	47.22	+1.5		F	---	Kathleen Cook	82	7/02/2020	NSW Masters Championships 2020
52	47.8h	NWI	48.04	F	---	Dorothy Kass	66	19/10/2019	Northern Zone Week 6

Female 300m Sprint

1	44.9h	45.04	F	---	Eva Bates	14	7/12/2019	Grass Games 2019
2	46.57		F	---	Morgan Kelaher	16	9/06/2019	Bankstown Winter Track and Field
3	46.9h	47.04	F	---	Charlotte Greatrex	14	7/12/2019	Grass Games 2019
4	49.1h	49.24	F	---	Abby Lander	17	7/12/2019	Grass Games 2019
5	55.1h	55.24	F	---	Deborah Drennan	61	7/12/2019	Grass Games 2019
6	1:09.9h	1:10.04	F	---	Janet Naylor	53	13/07/2019	Winter Northern Zone Series 2

Female 400m Sprint

1	51.87		P	---	Gabriella O'Grady	22	8/07/2019	World University Games 2019
2	52.06		F	---	Bendere Oboya	19	6/02/2020	Melbourne Track Classic
3	54.91		F	---	Alexandra Bartholomew	25	6/03/2020	NSW Open, U23 and Para Championships 2020
4	55.54		F	---	Jasmin Guthrie	16	6/03/2020	NSW Open, U23 and Para Championships 2020
5	55.89		F	---	Rowena Craker	19	21/12/2019	Albie Thomas 2019
6	56.16		F	---	Sally Guthrie	17	26/09/2019	NSW All Schools Championships
7	56.42		F	---	Stephanie Power	26	30/11/2019	Treloar Shield Round 6
8	56.77		F	---	Olivia Rose Inkster	14	26/09/2019	NSW All Schools Championships
9	57.41		F	---	Alice Dixon	16	2/11/2019	Treloar Shield Round 4
10	57.57		F	---	Isabella Guthrie	16	26/09/2019	NSW All Schools Championships
11	57.74		F	---	Pascale La Hei	17	21/02/2020	NSW Junior Championships 2020
12	59.07		F	---	Emma Merlino	27	29/02/2020	All-comers 29 February 2020
13	59.30		P	---	Lara Williams	13	26/09/2019	NSW All Schools Championships
14	59.47		F	---	Bridget Oakley	30	11/01/2020	Illawarra Track Challenge
15	59.67		F	---	Kate Wahby	18	29/02/2020	All-comers 29 February 2020
16	1:01.03		F	---	Eliza Harvey	18	30/11/2019	Treloar Shield Round 6
17	1:01.34		F	---	Renee Briffa	45	22/02/2020	AACT Summer Series 9
18	1:01.45		P	---	Cayla Phillips	14	26/09/2019	NSW All Schools Championships
19	1:02.37		F	---	Samra Bond	12	29/02/2020	All-comers 29 February 2020
20	1:02.47		F	---	Ella Koster	16	19/10/2019	Treloar Shield Round 2
21	1:02.73		F	---	Chloe Davis	20	29/02/2020	All-comers 29 February 2020
22	1:02.75		F	---	Edita Grinbergs	18	11/01/2020	Illawarra Track Challenge
23	1:02.92		F	---	Sascha Gassmann	18	26/09/2019	NSW All Schools Championships
24	1:04.87		P	---	Charlotte Greatrex	14	21/02/2020	NSW Junior Championships 2020
25	1:05.69		F	---	Melinda Burke	18	19/10/2019	Treloar Shield Round 2
26	1:06.67		F	---	Charlotte O'Dowd	11	19/10/2019	Treloar Shield Round 2
27	1:09.4h	1:09.54	F	---	Xin Min Tan	13	28/09/2019	Northern Zone Week 3
28	1:16.69		F	---	Deborah Drennan	61	2/11/2019	Treloar Shield Round 4
29	1:20.72		F	---	Charlotte Galea	31	7/02/2020	NSW Masters Championships 2020
30	1:22.1h	1:22.24	F	---	Jenny Schell	57	30/11/2019	Northern Zone Week 11
31	1:32.3h	1:32.44	F	---	Sarah Hanna	39	28/09/2019	Northern Zone Week 3
32	1:38.5h	1:38.64	F	---	Suzy Elias	36	8/11/2019	Northern Zone Week 9
33	2:04.65		P	---	Carley Thomas	18	27/09/2019	IAAF World Athletics Championships

Female 600m Sprint

1	1:39.6h	1:39.60	F	---	Pascale La Hei	17	7/12/2019	Grass Games 2019
2	1:52.7h	1:52.70	F	---	Abby Lander	17	7/12/2019	Grass Games 2019
3	2:06.5h	2:06.50	F	---	Deborah Drennan	61	7/12/2019	Grass Games 2019
4	2:31.3h	2:31.30	F	---	Margaret Thomas	63	7/12/2019	Grass Games 2019

Female 800m Run

1	2:01.01		F	---	Carley Thomas	18	20/07/2019	London Diamond League 2019
2	2:11.23		F	---	Imogen Gardiner	17	21/12/2019	Albie Thomas 2019
3	2:12.94		F	---	Ali Thomson	20	24/01/2020	Athletics ACT Championships 2020

4	2:13.93		F	---	Sally Guthrie	18	21/02/2020	NSW Junior Championships 2020
5	2:14.13		F	---	Abbey Rockliff	18	9/11/2019	Treloar Shield Round 5
6	2:19.20		F	---	Sarah Baker	13	21/02/2020	NSW Junior Championships 2020
7	2:21.88		F	---	Mia Fry	14	21/02/2020	NSW Junior Championships 2020
8	2:22.62		F	---	Jasmin Guthrie	16	9/11/2019	Treloar Shield Round 5
9	2:23.66		F	---	Pascale La Hei	17	14/12/2019	Club Championships 2019
10	2:24.94		F	---	Sophie Schultz	12	21/02/2020	NSW Junior Championships 2020
11	2:25.35		P	---	Zoe Banks	13	26/09/2019	NSW All Schools Championships
12	2:26.87		F	---	Eliza Harvey	18	9/11/2019	Treloar Shield Round 5
13	2:27.46		F	---	Rowena Craker	19	12/10/2019	Treloar Shield Round 1
14	2:27.93		M	---	Ella Koster	16	15/02/2020	Australian Age Combined Events Championships
15	2:27.97		F	---	Madeleine Huyskens	15	26/09/2019	NSW All Schools Championships
16	2:28.23		F	---	Chloe Davis	19	14/12/2019	Club Championships 2019
17	2:34.7h	2:34.70	F	---	Renee Briffa	44	19/10/2019	Northern Zone Week 6
18	2:35.41		F	---	Charlotte O'Dowd	11	12/10/2019	Treloar Shield Round 1
19	2:35.93		F	---	Abby Lander	17	26/09/2019	NSW All Schools Championships
20	2:36.53		F	---	Eloise Boys	13	14/12/2019	Club Championships 2019
21	2:37.08		F	---	Lara Williams	14	21/02/2020	NSW Junior Championships 2020
22	2:39.34		F	---	Emily Davis	12	9/11/2019	Treloar Shield Round 5
23	2:51.88		F	---	Deborah Drennan	61	9/11/2019	Treloar Shield Round 5
24	2:52.67		F	---	Annika Boys	11	14/12/2019	Club Championships 2019
25	2:55.56		M	---	Melinda Burke	18	25/01/2020	NSW Combined Events Championships 2020
26	2:59.4h	2:59.40	F	---	Joanna Davis	42	21/09/2019	Northern Zone Week 2
27	3:00.54		F	---	Mali Lovell	15	26/09/2019	NSW All Schools Championships
28	3:00.85		F	---	Sybella Warton	12	21/02/2020	NSW Junior Championships 2020
29	3:13.38		F	---	Margaret Thomas	63	14/12/2019	Club Championships 2019
30	3:20.41		F	---	Antoinette Woodward	63	14/12/2019	Club Championships 2019
31	3:31.52		F	---	Jenny Schell	57	31/08/2019	Oceania Masters Athletics Championships
32	3:40.67		F	---	Suzy Elias	36	14/12/2019	Club Championships 2019
33	3:41.5h	3:41.50	F	---	Sarah Hanna	39	5/10/2019	Northern Zone Week 4
34	4:08.73		F	---	Janet Naylor	53	31/08/2019	Oceania Masters Athletics Championships
35	4:08.9h	4:08.90	F	---	Carmel Parker	54	5/10/2019	Northern Zone Week 4
36	4:21.2h	4:21.20	F	---	Dorothy Kass	66	19/10/2019	Northern Zone Week 6

Female 1500m Run

1	4:19.40		F	---	Kate Spencer	24	22/02/2020	Sydney Track Classic 2020
2	4:20.34		F	---	Imogen Gardiner	17	22/02/2020	Sydney Track Classic 2020
3	4:23.05		F	---	Georgia Winkcup	22	6/03/2020	NSW Open, U23 and Para Championships 2020
4	4:41.29		F	---	Abbey Rockliff	17	25/06/2019	Oceania Athletics Championships
5	4:46.39		F	---	Sarah Baker	12	5/10/2019	All Comers & 10,000m Championships
6	4:46.82		F	---	Mia Fry	14	21/02/2020	NSW Junior Championships 2020
7	4:49.27		F	---	Ada Rand	14	2/11/2019	Treloar Shield Round 4
8	4:56.76		F	---	Madeleine Huyskens	15	21/02/2020	NSW Junior Championships 2020

9	5:06.53		F	---	Zoe Banks	13	21/02/2020	NSW Junior Championships 2020
10	5:11.30		F	---	Abby Lander	17	5/10/2019	All Comers & 10,000m Championships
11	5:11.48		F	---	Sophie Schultz	12	19/10/2019	Treloar Shield Round 2
12	5:13.19		F	---	Holly Eva Ratajec	25	29/02/2020	All-comers 29 February 2020
13	5:25.3h	5:25.30	F	---	Emily Davis	12	15/06/2019	Winter Northern Zone Series 1
14	5:57.49		F	---	Deborah Drennan	61	7/02/2020	NSW Masters Championships 2020
15	8:40.5h	8:40.50	F	---	Stephanie Devine	54	14/09/2019	Northern Zone Week 1
16	9:16.0h	9:16.00	F	---	Dorothy Kass	66	14/09/2019	Northern Zone Week 1
17	10:28.7h	10:28.70	F	---	Nancy Lloyd	66	7/03/2020	Northern Zone Week 20

Female 3000m Run

1	9:19.72	3:06.57	F	---	Georgia Winkcup	22	9/11/2019	NSW 3000m Championships
2	9:33.01	3:11.00	F	---	Kate Spencer	24	9/11/2019	NSW 3000m Championships
3	9:43.89	3:14.63	F	---	Imogen Gardiner	17	26/09/2019	NSW All Schools Championships
4	10:16.15	3:25.38	F	---	Rosie Fordham	17	9/11/2019	NSW 3000m Championships
5	10:26.04	3:28.68	F	---	Sarah Baker	13	21/02/2020	NSW Junior Championships 2020
6	10:49.58	3:36.53	F	---	Annabel Maple-Brown	15	21/02/2020	NSW Junior Championships 2020
7	10:52.12	3:37.37	F	---	Sophie Schultz	12	21/02/2020	NSW Junior Championships 2020
8	11:04.82	3:41.61	F	---	Hannah Cerezo	16	14/12/2019	Club Championships 2019
9	11:17.64	3:45.88	F	---	Olivia Gorman	13	9/11/2019	NSW 3000m Championships
10	11:22.14	3:47.38	F	---	Holly Eva Ratajec	25	9/11/2019	NSW 3000m Championships
11	11:25.61	3:48.54	F	---	Melissa Morphet	31	9/11/2019	NSW 3000m Championships
12	11:43.16	3:54.39	F	---	Abby Lander	17	14/12/2019	Club Championships 2019
13	13:34.3h	4:31.43	F	---	Deborah Drennan	61	11/01/2020	Northern Zone Week 14
14	13:51.3h	4:37.10	F	---	Emily Davis	12	29/02/2020	Northern Zone Week 19
15	20:19.8h	6:46.60	F	---	Thea Davis	10	29/02/2020	Northern Zone Week 19
16	21:40.9h	7:13.63	F	---	Dorothy Kass	66	11/01/2020	Northern Zone Week 14

Female 5000m Run

1	16:13.03	3:14.61	F	---	Kate Spencer	24	6/02/2020	Melbourne Track Classic
2	17:25.85	3:29.17	F	---	Abbey Rockliff	17	25/06/2019	Oceania Athletics Championships
3	22:33.24	4:30.65	F	---	Deborah Drennan	61	30/11/2019	Treloar Shield Round 6
4	23:45.45	4:45.09	F	---	Abby Lander	17	11/01/2020	AACT Combined Events Championships

Female 1 Mile Run

1	4:44.79		F	---	Isabella Thornton-Bott	21	11/01/2020	Illawarra Track Challenge
2	4:48.39		F	---	Kate Spencer	24	21/12/2019	Albie Thomas 2019
3	4:54.95		F	---	Imogen Gardiner	17	11/01/2020	Illawarra Track Challenge
4	5:39.95		F	---	Abby Lander	17	21/12/2019	Albie Thomas 2019

Female 1500m Walk

1	9:31.9h	9:31.90	F	---	Carmel Parker	54	19/10/2019	Northern Zone Week 6
2	10:02.6h	10:02.60	F	---	Antoinette Woodward	63	16/11/2019	Northern Zone Week 10
3	11:46.6h	11:46.60	F	---	Nancy Lloyd	66	11/01/2020	Northern Zone Week 14
4	12:25.0h	12:25.00	F	---	Emily Davis	12	29/02/2020	Northern Zone Week 19

5	12:29.9h	12:29.90	F	---	Thea Davis	10	29/02/2020	Northern Zone Week 19
6	13:11.0h	13:11.00	F	---	Dorothy Kass	66	19/10/2019	Northern Zone Week 6
7	13:57.7h	13:57.70	F	---	Roslyn Wolfers	74	19/10/2019	Northern Zone Week 6

Female 3000m Walk

1	20:29.0h	20:29.00	F	---	Carmel Parker	53	14/09/2019	Northern Zone Week 1
2	24:06.7h	24:06.70	F	---	Jenny Schell	57	30/11/2019	Northern Zone Week 11

Female 80m Hurdles 0.762m

1	16.48	+1.6	F	---	Janet Naylor	53	31/08/2019	Oceania Masters Athletics Championships
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Female 90m Hurdles 0.762m

1	12.89	-0.8	P	---	Georgia Fichardt	15	6/12/2019	Australian All Schools Championships 2019
2	13.20	+1.0	F	---	Sienna Bond	14	6/12/2019	Australian All Schools Championships 2019
3	13.77	-2.6	F	---	Eva Bates	13	26/09/2019	NSW All Schools Championships
4	14.77	-0.5	F	---	Angela Asikin	15	19/10/2019	Treloar Shield Round 2
5	15.23	-1.0	F	---	Charlotte Greatrex	14	21/02/2020	NSW Junior Championships 2020

Female 100m Hurdles 0.762m

1	13.90	+0.6	F	---	Nicolette Donofrio	17	25/06/2019	Oceania Athletics Championships
2	14.25	+0.4	F	---	Georgia Fichardt	16	21/02/2020	NSW Junior Championships 2020
3 *	14.52	+1.4	F	---	Jessica Maciver	15	26/09/2019	NSW All Schools Championships
3 *	14.52	+1.4	F	---	Annika Lynch	15	26/09/2019	NSW All Schools Championships
5	15.28	+1.1	M	---	Ella Koster	16	15/02/2020	Australian Age Combined Events Championships
6	15.44	+0.3	F	---	Emily Smith	14	19/10/2019	Treloar Shield Round 2

Female 100m Hurdles 0.840m

1	13.88	+1.2	F	---	Carla Takchi	22	24/01/2020	Athletics ACT Championships 2020
2	14.41	+0.9	F	---	Nicolette Donofrio	17	6/03/2020	NSW Open, U23 and Para Championships 2020
3	14.86	-0.2	F	---	Mia Hemsworth	17	29/02/2020	All-comers 29 February 2020
4	14.87	+1.9	P	---	Abigail Stevanovic	18	6/03/2020	NSW Open, U23 and Para Championships 2020
5	17.05	-1.2	M	---	Chloe Davis	19	25/01/2020	NSW Combined Events Championships 2020
6	17.71	-1.2	M	---	Melinda Burke	18	25/01/2020	NSW Combined Events Championships 2020

Female 200m Hurdles 0.762m

1	28.25	-0.8	F	---	Georgia Fichardt	15	6/12/2019	Australian All Schools Championships 2019
2	29.74	+1.2	F	---	Eva Bates	13	26/09/2019	NSW All Schools Championships
3	29.92	-0.9	F	---	Emily Smith	15	9/11/2019	Treloar Shield Round 5
4	31.92	-2.9	F	---	Charlotte Greatrex	14	21/02/2020	NSW Junior Championships 2020

Female 300m Hurdles 0.762m

1	1:10.96	F	---	Janet Naylor	53	31/08/2019	Oceania Masters Athletics Championships
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Female 400m Hurdles 0.762m

1	1:02.48	F	---	Isabella Guthrie	16	6/03/2020	NSW Open, U23 and Para Championships 2020
2	1:02.90	F	---	Annika Lynch	16	11/01/2020	Illawarra Track Challenge
3	1:03.93	F	---	Emily Smith	15	21/02/2020	NSW Junior Championships 2020
4	1:08.75	F	---	Gabriella Richmond	17	26/09/2019	NSW All Schools Championships

Female 2000m StplCh 0.762m

1	7:27.53		F	---	Hannah Cerezo	16	26/09/2019	NSW All Schools Championships
2	8:16.97		F	---	Abby Lander	17	26/09/2019	NSW All Schools Championships
Female 3000m StplCh 0.762m								
1	12:18.53		F	---	Abby Lander	17	29/02/2020	All-comers 29 February 2020
2	12:23.53		F	---	Holly Eva Ratajecz	25	6/03/2020	NSW Open, U23 and Para Championships 2020
Female High Jump								
1	1.77m		F	---	Erin Shaw	15	21/02/2020	NSW Junior Championships 2020
2	1.74m		F	---	Sophie Anderson	16	21/02/2020	NSW Junior Championships 2020
3	1.70m		F	---	Annika Lynch	15	26/09/2019	NSW All Schools Championships
4	1.60m		F	---	Emily Smith	14	26/09/2019	NSW All Schools Championships
5	1.51m		F	---	Chloe Davis	19	11/01/2020	2019-20 AACT Combined Events Championships
6	1.45m		F	---	Ella Koster	16	21/02/2020	NSW Junior Championships 2020
7	1.42m		M	---	Melinda Burke	18	25/01/2020	NSW Combined Events Championships 2020
8	1.40m		F	---	Morgan Kelaher	16	21/09/2019	Northern Zone Week 2
9	1.35m		F	---	Brooke East	18	9/06/2019	Bankstown Winter Track and Field
10	1.28m		F	---	Alicia Jordaan	12	15/06/2019	Winter Northern Zone Series 1
11	1.26m		F	---	Alice Bohdan	46	15/06/2019	Winter Northern Zone Series 1
12	1.15m		F	---	Joanna Davis	42	10/08/2019	Winter Northern Zone Series 3
13 *	1.10m		F	---	Bronwyn Kelaher	54	14/12/2019	Club Championships 2019
13 *	1.10m		F	---	Maria Cimino	48	14/12/2019	Club Championships 2019
15	.85m		F	---	Thea Davis	09	10/08/2019	Winter Northern Zone Series 3
Female Long Jump								
1	5.93m	+3.5	F	---	Sienna Bond	14	6/12/2019	Australian All Schools Championships 2019
2	5.34m	NWI	F	---	Carla Takchi	22	14/12/2019	Club Championships 2019
3	5.25m	NWI	F	---	Jessica Maciver	16	23/11/2019	NSW State Relay Championships 2019
4	5.21m	+1.2	F	---	Chloe Davis	19	11/01/2020	2019-20 AACT Combined Events Championships
5	5.20m	NWI	F	---	Annika Lynch	15	23/11/2019	NSW State Relay Championships 2019
6	5.18m	NWI	F	---	Sally Guthrie	17	9/11/2019	Treloar Shield Round 5
7	5.11m	+1.4	F	---	Ella Koster	16	21/02/2020	NSW Junior Championships 2020
8	5.06m	NWI	P	---	Portia Amy-Wilson	16	23/11/2019	NSW State Relay Championships 2019
9	4.84m	+0.6	F	---	Alyssa Philip	20	24/01/2020	Athletics ACT Championships 2020
10	4.70m		F	---	Alice Bohdan	47	22/02/2020	Northern Zone Week 18
11	4.69m	+2.5	F	---	Catherine Mikan	11	12/10/2019	Treloar Shield Round 1
12	4.51m	NWI	F	---	Saskia Newman	17	9/11/2019	Treloar Shield Round 5
13	4.34m	NWI	F	---	Morgan Kelaher	16	9/11/2019	Treloar Shield Round 5
14	4.14m	-1.0	F	---	Melinda Burke	18	26/10/2019	Treloar Shield Round 3
15	4.08m	NWI	F	---	Maria Cimino	48	14/12/2019	Club Championships 2019
16	3.99m	+2.2	P	---	Janet Naylor	53	31/08/2019	Oceania Masters Athletics Championships
17	3.98m		F	---	Joanna Davis	43	22/02/2020	Northern Zone Week 18
18	3.82m	-1.0	F	---	Hannah Anderson	13	26/09/2019	NSW All Schools Championships
19	3.29m	+1.1	F	---	Zara Perry	14	21/02/2020	NSW Junior Championships 2020

20	3.21m	NWI	F	---	Jenny Schell	57	31/08/2019	Oceania Masters Athletics Championships
21	2.75m	NWI	F	---	Bronwyn Kelaher	54	9/11/2019	Treloar Shield Round 5
22	2.38m	+1.1	F	---	Isla Gillespie	14	21/02/2020	NSW Junior Championships 2020
23	2.30m		F	---	Rose Moore	54	26/10/2019	Northern Zone Week 7
24	2.15m		F	---	Dorothy Kass	66	14/09/2019	Northern Zone Week 1
25	2.02m		F	---	Thea Davis	09	10/08/2019	Winter Northern Zone Series 3

Female Long Jump Aggregate

1	14.39m	NWI	F	---	Morgan Kelaher	16	7/12/2019	Grass Games 2019
2	11.16m	NWI	F	---	Janet Naylor	53	7/12/2019	Grass Games 2019
3	10.79m	NWI	F	---	Margaret Thomas	63	7/12/2019	Grass Games 2019

Female Triple Jump

1	13.05m	+1.8	F	---	Desleigh Owusu	18	6/03/2020	NSW Open, U23 and Para Championships 2020
2	12.30m	+2.0	F	---	Annika Lynch	15	6/12/2019	Australian All Schools Championships 2019
3	11.92m	+0.8	F	---	Sienna Bond	14	26/09/2019	NSW All Schools Championships
4	11.09m	+1.6	F	---	Elana Withnall	26	6/03/2020	NSW Open, U23 and Para Championships 2020
5	11.04m	+2.6	F	---	Alyssa Philip	20	24/01/2020	Athletics ACT Championships 2020
6	8.87m	+0.0	F	---	Hannah Anderson	13	21/02/2020	NSW Junior Championships 2020
7	8.77m	+1.7	F	---	Maria Cimino	48	7/02/2020	NSW Masters Championships 2020
8	8.63m	NWI	F	---	Morgan Kelaher	16	30/11/2019	Treloar Shield Round 6
9	4.80m		F	---	Dorothy Kass	66	14/12/2019	Northern Zone Week 12

Female Shot Put 3kg

1	11.59m		F	---	Jessica Maciver	15	26/09/2019	NSW All Schools Championships
2	11.58m		F	---	Jada Powell	16	12/10/2019	Treloar Shield Round 1
3	11.56m		F	---	Bronte Hodson	16	14/12/2019	Club Championships 2019
4	11.19m		F	---	Georgia Spanswick	14	26/09/2019	NSW All Schools Championships
5	10.94m		F	---	Caroline Layt	54	7/02/2020	NSW Masters Championships 2020
6	10.91m		F	---	Hannah Morgan	16	26/09/2019	NSW All Schools Championships
7	10.74m		M	---	Ella Koster	16	15/02/2020	Australian Age Combined Events Championships
8	10.19m		F	---	Lauren Brown	17	14/09/2019	Northern Zone Week 1
9	10.11m		F	---	Rebecca Moore	15	21/09/2019	Northern Zone Week 2
10	9.03m		P	---	Kylie Strong	52	23/11/2019	NSW State Relay Championships 2019
11	8.67m		F	---	Janet Naylor	53	29/02/2020	Northern Zone Week 19
12	7.78m		F	---	Rose Moore	54	30/11/2019	Northern Zone Week 11
13	7.58m		F	---	Jenny Schell	57	2/11/2019	Northern Zone Week 8
14	7.05m		F	---	Zara Perry	14	21/02/2020	NSW Junior Championships 2020
15	6.82m		F	---	Stephanie Devine	54	14/09/2019	Northern Zone Week 1
16	6.23m		F	---	Roslyn Wolfers	74	2/11/2019	Northern Zone Week 8
17	6.18m		F	---	Jillian Senior	67	21/03/2020	Northern Zone Week 22
18	6.12m		F	---	Wendy Fleming	50	26/10/2019	Northern Zone Week 7
19	6.10m		F	---	Isla Gillespie	14	21/02/2020	NSW Junior Championships 2020
20	4.18m		F	---	Nancy Lloyd	65	2/11/2019	Northern Zone Week 8

21	4.12m	F	---	Dorothy Kass	66	14/12/2019	Northern Zone Week 12
Female Shot Put 4kg							
1	9.89m	F	---	Chloe Davis	19	11/01/2020	2019-20 AACT Combined Events Championships
2	9.13m	F	---	Maria Cimino	48	21/09/2019	Northern Zone Week 2
3	8.87m	F	---	Alice Bohdan	46	15/06/2019	Winter Northern Zone Series 1
4	8.14m	M	---	Melinda Burke	18	25/01/2020	NSW Combined Events Championships 2020
5	7.55m	F	---	Helena Smith	32	14/12/2019	Club Championships 2019
6 *	7.50m	F	---	Nicola Bowtell	20	9/11/2019	Treloar Shield Round 5
6 *	7.50m	F	---	Edita Grinbergs	18	9/11/2019	Treloar Shield Round 5
8	6.39m	F	---	Joanna Davis	42	19/10/2019	Northern Zone Week 6
9	5.95m	F	---	Rose Moore	54	9/11/2019	Treloar Shield Round 5
Female Discus 1kg							
1	36.18m	F	---	Bronte Hodson	16	14/12/2019	Club Championships 2019
2	32.88m	F	---	Hannah Morgan	16	26/09/2019	NSW All Schools Championships
3	31.19m	F	---	Rhedyn Wong	14	30/11/2019	Treloar Shield Round 6
4	31.05m	F	---	Rebecca Moore	15	15/06/2019	Winter Northern Zone Series 1
5	28.39m	F	---	Maria Cimino	48	15/02/2020	Northern Zone Week 17
6	25.64m	F	---	Helena Smith	32	7/02/2020	NSW Masters Championships 2020
7	24.33m	F	---	Georgia Spanswick	14	19/10/2019	Treloar Shield Round 2
8	22.87m	F	---	Alice Bohdan	47	25/01/2020	Northern Zone Week 15
9	22.81m	F	---	Jenny Schell	57	15/02/2020	Northern Zone Week 17
10	22.73m	F	---	Caroline Layt	54	7/02/2020	NSW Masters Championships 2020
11	22.10m	F	---	Natasha Milakovic	19	19/10/2019	Treloar Shield Round 2
12	20.07m	F	---	Zara Perry	13	26/09/2019	NSW All Schools Championships
13	19.52m	F	---	Rose Moore	53	15/06/2019	Winter Northern Zone Series 1
14	18.32m	F	---	Melissa Baulman	36	7/02/2020	NSW Masters Championships 2020
15	18.12m	F	---	Joanna Davis	42	19/10/2019	Northern Zone Week 6
16	17.79m	F	---	Isla Gillespie	14	21/02/2020	NSW Junior Championships 2020
17	13.98m	F	---	Gabriella O'Grady	22	30/11/2019	Treloar Shield Round 6
18	12.60m	F	---	Jillian Senior	67	11/01/2020	Northern Zone Week 14
19	12.10m	F	---	Roslyn Wolfers	74	5/10/2019	Northern Zone Week 4
20	10.57m	F	---	Dorothy Kass	66	14/03/2020	Northern Zone Week 21
21	9.24m	F	---	Nancy Lloyd	65	2/11/2019	Northern Zone Week 8
Female Discus 750g							
1	11.32m	F	---	Kathleen Cook	82	25/05/2019	Great Barrier Reef Masters Games
Female Hammer 3kg							
1	50.48m	F	---	Rebecca Moore	15	10/08/2019	Winter Northern Zone Series 3
2	35.86m	F	---	Caroline Layt	54	23/11/2019	NSW State Relay Championships 2019
3	20.28m	F	---	Jenny Schell	57	14/09/2019	Northern Zone Week 1
4	19.76m	F	---	Rose Moore	54	26/10/2019	Northern Zone Week 7
5	19.63m	F	---	Jillian Senior	67	28/09/2019	Northern Zone Week 3

6	12.70m	F	---	Roslyn Wolfers	74	26/10/2019	Northern Zone Week 7
Female Hammer 4kg							
1	41.91m	F	---	Maria Cimino	48	22/02/2020	AACT Summer Series 9
2	32.29m	F	---	Caroline Layt	54	23/11/2019	NSW State Relay Championships 2019
3	28.93m	F	---	Rebekah Rose	18	21/02/2020	NSW Junior Championships 2020
4	28.72m	F	---	Siena Reynolds	21	21/03/2020	Northern Zone Week 22
5	25.36m	F	---	Melissa Baulman	36	23/11/2019	NSW State Relay Championships 2019
6	24.57m	F	---	Helena Smith	32	23/11/2019	NSW State Relay Championships 2019
7	14.55m	F	---	Rose Moore	54	9/11/2019	Treloar Shield Round 5
Female Javelin 500g							
1	35.87m	F	---	Ashlie Edwards	17	23/11/2019	NSW State Relay Championships 2019
2	32.92m	F	---	Bronte Hodson	16	21/02/2020	NSW Junior Championships 2020
3	32.84m	F	---	Rhedyn Wong	14	30/11/2019	Treloar Shield Round 6
4	31.41m	F	---	Hannah Morgan	16	26/09/2019	NSW All Schools Championships
5	30.94m	F	---	Georgia Spanswick	14	26/09/2019	NSW All Schools Championships
6	29.62m	F	---	Ella Koster	16	23/11/2019	NSW State Relay Championships 2019
7	28.94m	F	---	Lauren Brown	17	14/09/2019	Northern Zone Week 1
8	28.90m	F	---	Emily Bannister	15	26/09/2019	NSW All Schools Championships
9	25.22m	F	---	Portia Amy-Wilson	16	23/11/2019	NSW State Relay Championships 2019
10	24.17m	F	---	Tarsha Wayne	16	23/11/2019	NSW State Relay Championships 2019
11	20.78m	F	---	Janet Naylor	53	10/08/2019	Winter Northern Zone Series 3
12	18.42m	F	---	Rose Moore	54	19/10/2019	Treloar Shield Round 2
13	17.72m	F	---	Zara Perry	13	26/09/2019	NSW All Schools Championships
14	14.40m	F	---	Jenny Schell	57	15/06/2019	Winter Northern Zone Series 1
15	13.74m	F	---	Isla Gillespie	14	6/03/2020	NSW Open, U23 and Para Championships 2020
16	13.55m	F	---	Stephanie Devine	54	14/09/2019	Northern Zone Week 1
17	11.54m	F	---	Jillian Senior	67	28/09/2019	Northern Zone Week 3
18	11.50m	F	---	Wendy Fleming	50	26/10/2019	Northern Zone Week 7
19	9.09m	F	---	Roslyn Wolfers	74	28/09/2019	Northern Zone Week 3
Female Javelin 600g							
1	38.80m	F	---	Chloe Davis	19	23/11/2019	NSW State Relay Championships 2019
2	34.40m	F	---	Natasha Milakovic	19	19/10/2019	Treloar Shield Round 2
3	33.95m	F	---	Ashlie Edwards	17	23/11/2019	NSW State Relay Championships 2019
4	32.88m	F	---	Rebekah Rose	18	21/02/2020	NSW Junior Championships 2020
5	29.53m	F	---	Bronte Hodson	16	23/11/2019	NSW State Relay Championships 2019
6	28.34m	F	---	Alice Bohdan	46	15/06/2019	Winter Northern Zone Series 1
7	27.10m	F	---	Maria Cimino	48	23/11/2019	NSW State Relay Championships 2019
8	26.33m	F	---	Kristie Edwards	19	2/11/2019	Treloar Shield Round 4
9	23.26m	F	---	Helena Smith	32	23/11/2019	NSW State Relay Championships 2019
10	19.30m	F	---	Rebecca Moore	15	2/11/2019	Treloar Shield Round 4
11	15.66m	P	---	Melissa Baulman	36	23/11/2019	NSW State Relay Championships 2019

12	15.35m	F	---	Joanna Davis	43	22/02/2020	Northern Zone Week 18	
13	15.31m	F	---	Caroline Layt	54	23/11/2019	NSW State Relay Championships 2019	
14	15.22m	F	---	Rose Moore	54	2/11/2019	Treloar Shield Round 4	
15	14.53m	M	---	Melinda Burke	18	25/01/2020	NSW Combined Events Championships 2020	
Female Wght Thr 11.34kg								
1	9.83m	F	---	Maria Cimino	48	5/10/2019	AMA Winter Throws Championships	
Female Wght Thr 5.45kg								
1	15.57m	F	---	Maria Cimino	48	5/10/2019	AMA Winter Throws Championships	
2	9.06m	F	---	Jillian Senior	67	2/11/2019	Northern Zone Week 8	
Female Wght Thr 7.26kg								
1	13.77m	F	---	Maria Cimino	48	5/10/2019	AMA Winter Throws Championships	
2	8.47m	F	---	Jenny Schell	57	2/11/2019	Northern Zone Week 8	
Female Wght Thr 9.08kg								
1	12.28m	F	---	Maria Cimino	48	15/02/2020	Northern Zone Week 17	
2	7.80m	F	---	Helena Smith	32	7/02/2020	NSW Masters Championships 2020	
3	5.96m	F	---	Melissa Baulman	36	7/02/2020	NSW Masters Championships 2020	
4	5.55m	F	---	Suzy Elias	36	5/10/2019	Northern Zone Week 4	
5	4.37m	F	---	Joanna Davis	43	2/11/2019	Northern Zone Week 8	
Female Heptathlon								
1	4330	F	---	Ella Koster	16	15/02/2020	Australian Age Combined Events Championships	
2	4310	F	---	Chloe Davis	19	15/02/2020	Australian Combined Event Championship	
3	3012	F	---	Melinda Burke	18	25/01/2020	NSW Combined Events Championships 2020	
Female Out Pent								
1	2121	F	---	Janet Naylor	53	31/08/2019	Oceania Masters Athletics Championships	
Female Wght Pent								
1	3145	F	---	Maria Cimino	47	10/08/2019	Winter Northern Zone Series 3	
Female Wght Pent Heavy								
1	3405	F	---	Maria Cimino	48	5/10/2019	AMA Winter Throws Championships	
Female Super Wght 15.88kg								
1	6.47m	F	---	Maria Cimino	47	13/07/2019	Winter Northern Zone Series 2	
Female Super Wght 35lb								
1	6.92m	F	---	Maria Cimino	47	10/08/2019	Winter Northern Zone Series 3	
Female Super Wght 56lb								
1	3.24m	F	---	Maria Cimino	48	5/10/2019	AMA Winter Throws Championships	
Male 60m Sprint								
1	6.83	+1.2	F	---	Ismail Dudu Kamara	22	11/01/2020	Illawarra Track Challenge
2	6.92	+1.2	F	---	Michael Konomanyi	23	11/01/2020	Illawarra Track Challenge
3	7.02	+1.4	F	---	Mathias Lukauskis	26	26/10/2019	Treloar Shield Round 3
4	7.03	+1.5	F	---	Christopher Ius	19	11/01/2020	Illawarra Track Challenge
5	7.06	+0.0	F	---	Mark Fokas	18	9/11/2019	Treloar Shield Round 5

6	7.09	+1.2		F	---	Elijah Williams	23	11/01/2020	Illawarra Track Challenge
7	7.22	+0.6		F	---	Ashlyn Ndlovu	22	22/02/2020	AACT Summer Series 9
8	7.0h	NWI	7.24	F	---	Ashley McMahon	44	16/11/2019	Northern Zone Week 10
9	7.25	+0.0		F	---	Ben Carter	19	9/11/2019	Treloar Shield Round 5
10	7.32	+0.0		F	---	Alec Diamond	22	9/11/2019	Treloar Shield Round 5
11	7.1h	NWI	7.34	F	---	Koray Kirk	20	16/11/2019	Northern Zone Week 10
12	7.42	+0.2		F	---	Nicholas Dowling	16	11/01/2020	Illawarra Track Challenge
13	7.2h	NWI	7.44	F	---	Ryan Dowling	40	29/02/2020	Northern Zone Week 19
14	7.50	-1.6		F	---	Scott Wong	16	9/11/2019	Treloar Shield Round 5
15	7.51	-1.2		F	---	Jason Ho	15	12/10/2019	Treloar Shield Round 1
16 *	7.3h	NWI	7.54	F	---	Joseph Dennis	16	7/12/2019	Grass Games 2019
16 *	7.3h	NWI	7.54	F	---	Matthew Otten	29	16/11/2019	Northern Zone Week 10
16 *	7.3h	NWI	7.54	F	---	Ken Elias	33	25/01/2020	Northern Zone Week 15
19	7.62	-1.1		F	---	Mathew Woodhouse	45	7/02/2020	NSW Masters Championships 2020
20	7.66	+0.2		F	---	Oliver Leslie	17	11/01/2020	Illawarra Track Challenge
21	7.70	-1.2		F	---	Jacob Orr	19	12/10/2019	Treloar Shield Round 1
22 *	7.5h	NWI	7.74	F	---	Joey Ryu	21	25/01/2020	Northern Zone Week 15
22 *	7.5h	NWI	7.74	F	---	David Turner	43	25/01/2020	Northern Zone Week 15
22 *	7.5h	NWI	7.74	F	---	Michael Gedz	54	15/02/2020	Northern Zone Week 17
25	7.79	NWI		F	---	Lachlan Dalton	17	23/06/2019	Campbelltown Winter Track & Field
26	7.7h	NWI	7.94	F	---	Sebastian Arko	15	2/11/2019	Northern Zone Week 8
27	7.8h	NWI	8.04	F	---	Clinton Mcewan	28	13/07/2019	Winter Northern Zone Series 2
28 *	7.9h	NWI	8.14	F	---	Caerl Murray	44	25/01/2020	Northern Zone Week 15
28 *	7.9h	NWI	8.14	F	---	Trevor Young	61	13/07/2019	Winter Northern Zone Series 2
30	8.2h	NWI	8.44	F	---	Julian Lee	14	16/11/2019	Northern Zone Week 10
31	8.3h	NWI	8.54	F	---	Anthony Crimi	58	7/12/2019	Grass Games 2019
32	8.64	-2.5		F	---	Tim McGrath	57	7/02/2020	NSW Masters Championships 2020
33	8.4h	NWI	8.64	F	---	Kai Zhe Tan	10	7/12/2019	Grass Games 2019
34	8.81	-0.7		F	---	Victor Ramondetta	65	7/02/2020	NSW Masters Championships 2020
35 *	8.6h	NWI	8.84	F	---	Jim Culhane	53	16/11/2019	Northern Zone Week 10
35 *	8.6h	NWI	8.84	F	---	Ronald Ross	60	2/11/2019	Northern Zone Week 8
37	8.8h	NWI	9.04	F	---	Nathan Shute	46	2/11/2019	Northern Zone Week 8
38	8.9h	NWI	9.14	F	---	Max Holmes	16	25/01/2020	Northern Zone Week 15
39	9.15	-1.4		F	---	Matthew Hunt	12	12/10/2019	Treloar Shield Round 1
40	9.0h	NWI	9.24	F	---	Sam Holmes	11	25/01/2020	Northern Zone Week 15
41	9.37	NWI		F	---	Angus Hunt	11	12/10/2019	Treloar Shield Round 1
42	9.2h	NWI	9.44	F	---	Zoran Novicic	59	2/11/2019	Northern Zone Week 8
43	9.44	-3.3		F	---	Dominic Lee	11	12/10/2019	Treloar Shield Round 1
44	9.74	+0.6		F	---	Zion McMahon	10	26/10/2019	Treloar Shield Round 3
45	9.6h	NWI	9.84	F	---	Nicholas Bastas	80	13/07/2019	Winter Northern Zone Series 2
46	9.8h	NWI	10.04	F	---	Stephen Ball	66	14/12/2019	Northern Zone Week 12
47	10.33	-0.6		F	---	Warren Jones	39	7/02/2020	NSW Masters Championships 2020

48	10.1h	NWI	10.34	F	---	David Donnelley	76	29/02/2020	Northern Zone Week 19
49	10.5h	NWI	10.74	F	---	Hugh Colburn	73	25/01/2020	Northern Zone Week 15
50	11.42	-1.5		F	---	Richard Hughes	87	7/02/2020	NSW Masters Championships 2020
51	11.2h	NWI	11.44	F	---	Doug Barrett	66	21/09/2019	Northern Zone Week 2
52	11.3h	NWI	11.54	F	---	Michael Johnson	84	25/01/2020	Northern Zone Week 15
53	13.7h	NWI	13.94	F	---	Ron Shoesmith	72	7/12/2019	Grass Games 2019
Male 100m Sprint									
1	10.45	+3.3		F	---	Christopher Ius	19	24/01/2020	Athletics ACT Championships 2020
2	10.60	+2.1		P	---	Ismail Dudu Kamara	22	24/01/2020	Athletics ACT Championships 2020
3	10.66	+3.0		F	---	Hugo Whitehead	20	15/02/2020	Allcomers 16 February
4	10.71	+0.6		F	---	Sean Fitzsimmons	24	14/12/2019	Club Championships 2019
5	10.73	+0.3		F	---	Michael Konomanyi	23	11/01/2020	Illawarra Track Challenge
6	10.90	+2.1		P	---	Jack Edwards	25	6/03/2020	NSW Open, U23 and Para Championships 2020
7	10.93	+3.8		F	---	Charles Barclay	18	15/02/2020	Allcomers 16 February
8	11.06	+3.1		F	---	Ben Carter	20	15/02/2020	Allcomers 16 February
9	11.17	+1.1		M	---	Alec Diamond	22	15/02/2020	Australian Combined Event Championship
10	11.19	+1.0		F	---	Mathias Lukauskis	26	29/02/2020	All-comers 29 February 2020
11	11.21	+2.7		F	---	Albert Swan	19	1/02/2020	Treloar Shield Round 7
12	11.22	+4.4		F	---	Robert Patterson	17	15/02/2020	Allcomers 16 February
13	11.23	+2.7		F	---	Scott Wong	17	1/02/2020	Treloar Shield Round 7
14	11.24	+0.0		F	---	Taboka Tshuma	19	11/01/2020	Illawarra Track Challenge
15	11.25	+1.8		P	---	Ashlyn Ndlovu	22	6/03/2020	NSW Open, U23 and Para Championships 2020
16	11.31	+0.2		F	---	Jack Faddy	17	29/02/2020	All-comers 29 February 2020
17	11.37	NWI		F	---	Ashley McMahon	44	14/12/2019	Club Championships 2019
18	11.43	+1.5		F	---	Koray Kirk	20	2/11/2019	Treloar Shield Round 4
19	11.45	+0.3		P	---	Ryan Dowling	40	6/03/2020	NSW Open, U23 and Para Championships 2020
20	11.46	+1.8		F	---	Jason Ho	16	29/02/2020	All-comers 29 February 2020
21	11.54	+2.8		F	---	Thomas Hunt	18	21/12/2019	All-comers 21 December 2019
22	11.55	+1.8		F	---	Corey Furminger	23	29/02/2020	All-comers 29 February 2020
23	11.56	+1.3		F	---	Joseph Bradshaw	23	21/12/2019	All-comers 21 December 2019
24	11.63	+1.2		F	---	Thomas Pitts	19	14/12/2019	Club Championships 2019
25	11.66	+1.4		F	---	Aiden Jones	14	2/11/2019	Treloar Shield Round 4
26	11.73	+0.0		F	---	Jacob Orr	19	19/10/2019	Treloar Shield Round 2
27	11.5h	NWI	11.74	F	---	Joseph Dennis	16	21/03/2020	Northern Zone Week 22
28	11.74	-0.2		F	---	Oliver Leslie	17	29/02/2020	All-comers 29 February 2020
29	11.75	-3.8		P	---	Sebastien Lo Cascio	16	26/09/2019	NSW All Schools Championships
30	11.82	-1.8		P	---	Joseph Ayoade	15	26/09/2019	NSW All Schools Championships
31	11.87	-0.2		F	---	Matthew Madgwick	18	29/02/2020	All-comers 29 February 2020
32	11.88	-3.8		P	---	Gabriel Wood	16	26/09/2019	NSW All Schools Championships
33 *	11.92	+2.8		F	---	David Thebridge	43	21/12/2019	All-comers 21 December 2019
33 *	11.92	-2.3		P	---	Archie Saunders	15	26/09/2019	NSW All Schools Championships
35	11.93	-0.5		P	---	Nicholas Dowling	16	21/02/2020	NSW Junior Championships 2020

36	11.7h	NWI	11.94	F	---	Mathew Woodhouse	45	22/02/2020	Northern Zone Week 18
37	11.94	+1.7		P	---	Joey Ryu	21	24/01/2020	Athletics ACT Championships 2020
38	11.98	+0.6		P	---	Ben Maybury	17	21/02/2020	NSW Junior Championships 2020
39	12.00	-1.5		F	---	Matthew Mcvey	19	30/11/2019	Treloar Shield Round 6
40	12.02	+1.6		F	---	Ken Elias	33	15/02/2020	Allcomers 16 February
41	11.8h	NWI	12.04	F	---	Matthew Otten	29	22/02/2020	Northern Zone Week 18
42	12.09	NWI		F	---	Matthew Crowe	22	11/01/2020	All-comers 11 January 2020
43	12.16	+1.4		F	---	Marco Vasquez-Manzanares	26	29/02/2020	All-comers 29 February 2020
44	12.27	+2.7		F	---	David Turner	43	1/02/2020	Treloar Shield Round 7
45	12.41	-1.1		F	---	Jared Mayo	19	29/02/2020	All-comers 29 February 2020
46	12.46	+1.0		F	---	Daanish Mahmud	18	29/02/2020	All-comers 29 February 2020
47	12.52	+0.6		F	---	Michael Gedz	54	7/02/2020	NSW Masters Championships 2020
48	12.56	+0.8		F	---	John Joseph	16	29/02/2020	All-comers 29 February 2020
49	12.5h	NWI	12.74	F	---	Luke Pattas	36	28/09/2019	Northern Zone Week 3
50	12.96	+0.6		F	---	Caerl Murray	44	29/02/2020	All-comers 29 February 2020
51 *	12.8h	NWI	13.04	F	---	Trevor Young	61	15/06/2019	Winter Northern Zone Series 1
51 *	12.8h	NWI	13.04	F	---	Matthew Smith	16	26/10/2019	Northern Zone Week 7
53 *	13.05	-1.1		F	---	Lars Ackland	12	29/02/2020	All-comers 29 February 2020
53 *	13.05	+1.0		F	---	Daniel White	13	14/12/2019	Club Championships 2019
55	13.19	+0.0		P	---	Brodie Waldock	14	21/02/2020	NSW Junior Championships 2020
56	13.52	+0.0		F	---	Anthony Crimi	58	14/12/2019	Club Championships 2019
57	13.63	+1.4		F	---	Jimmy Thebridge	10	14/12/2019	Club Championships 2019
58	13.4h	NWI	13.64	F	---	Julian Lee	14	21/03/2020	Northern Zone Week 22
59	13.67	-0.5		F	---	Tim McGrath	56	31/08/2019	Oceania Masters Athletics Championships
60	14.00	+0.0		F	---	Matthew Hunt	12	5/10/2019	All Comers & 10,000m Championships
61	13.8h	NWI	14.04	F	---	Ronald Ross	60	8/11/2019	Northern Zone Week 9
62	14.08	-0.7		F	---	Victor Ramondetta	65	7/02/2020	NSW Masters Championships 2020
63	14.0h	NWI	14.24	F	---	Nathan Shute	46	8/11/2019	Northern Zone Week 9
64	14.1h	NWI	14.34	F	---	Jim Culhane	53	30/11/2019	Northern Zone Week 11
65	14.40	+0.4		F	---	Kai Zhe Tan	10	14/12/2019	Club Championships 2019
66	15.02	+0.0		F	---	Angus Hunt	11	5/10/2019	All Comers & 10,000m Championships
67	15.16	+0.0		F	---	Sam Holmes	11	21/12/2019	All-comers 21 December 2019
68	15.44	+0.0		F	---	Zion McMahon	10	21/12/2019	All-comers 21 December 2019
69 *	15.4h	NWI	15.64	F	---	Zoran Novicic	58	10/08/2019	Winter Northern Zone Series 3
69 *	15.4h	NWI	15.64	F	---	Kevin Chamberlain	57	28/09/2019	Northern Zone Week 3
71	15.5h	NWI	15.74	F	---	Zac Evans	09	14/09/2019	Northern Zone Week 1
72	16.36	+0.4		F	---	Warren Jones	39	7/02/2020	NSW Masters Championships 2020
73	16.6h	NWI	16.84	F	---	Nicholas Bastas	81	21/12/2019	Northern Zone Week 13
74	17.7h	NWI	17.94	F	---	Hugh Colburn	73	22/02/2020	Northern Zone Week 18
75	17.8h	NWI	18.04	F	---	Doug Barrett	67	28/09/2019	Northern Zone Week 3
76	18.16	+0.1		F	---	Richard Hughes	87	7/02/2020	NSW Masters Championships 2020
77	19.45	+0.1		F	---	Michael Johnson	84	7/02/2020	NSW Masters Championships 2020

78	23.2h	NWI	23.44	F	---	Ron Shoesmith	72	30/11/2019	Northern Zone Week 11
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Male 150m Sprint

1	17.1h	NWI	17.34	F	---	Ashley McMahon	44	7/12/2019	Grass Games 2019
2	17.2h	NWI	17.44	F	---	Koray Kirk	20	7/12/2019	Grass Games 2019
3	17.5h	NWI	17.74	F	---	Nicholas Dowling	16	7/12/2019	Grass Games 2019
4 *	17.6h	NWI	17.84	F	---	Joseph Dennis	16	7/12/2019	Grass Games 2019
4 *	17.6h	NWI	17.84	F	---	Ryan Dowling	40	7/12/2019	Grass Games 2019
6	17.9h	NWI	18.14	F	---	Ken Elias	33	7/12/2019	Grass Games 2019
7	19.1h	NWI	19.34	F	---	David Turner	43	7/12/2019	Grass Games 2019
8	19.8h	NWI	20.04	F	---	Trevor Young	61	7/12/2019	Grass Games 2019
9	20.4h	NWI	20.64	F	---	Anthony Crimi	58	7/12/2019	Grass Games 2019
10	23.6h	NWI	23.84	F	---	Kai Zhe Tan	10	7/12/2019	Grass Games 2019
11	24.0h	NWI	24.24	F	---	Kevin Chamberlain	57	7/12/2019	Grass Games 2019
12	25.5h	NWI	25.74	F	---	Zion McMahon	10	7/12/2019	Grass Games 2019
13	30.0h	NWI	30.24	F	---	Michael Johnson	84	7/12/2019	Grass Games 2019
14	40.2h	NWI	40.44	F	---	Ron Shoesmith	72	7/12/2019	Grass Games 2019

Male 200m Sprint

1	21.00	+3.4		P	---	Abdouli Asim	27	24/01/2020	Athletics ACT Championships 2020
2	21.31	+2.7		P	---	Hugo Whitehead	20	24/01/2020	Athletics ACT Championships 2020
3 *	21.38	+3.4		P	---	Sean Fitzsimmons	24	24/01/2020	Athletics ACT Championships 2020
3 *	21.38	NWI		F	---	Jordan Sarmiento	23	6/02/2020	Melbourne Track Classic
5	21.69	-1.1		F	---	Ismail Dudu Kamara	23	6/03/2020	NSW Open, U23 and Para Championships 2020
6	22.03	+0.0		F	---	Mark Fokas	18	9/11/2019	Treloar Shield Round 5
7	22.22	+0.0		F	---	Ben Carter	19	21/12/2019	All-comers 21 December 2019
8	22.48	+1.3		P	---	Jack McFadden	17	26/09/2019	NSW All Schools Championships
9	22.62	+0.0		F	---	Mason Cohen	23	9/11/2019	Treloar Shield Round 5
10	22.70	-2.0		F	---	Matthew Crowe	22	11/01/2020	All-comers 11 January 2020
11 *	22.78	+0.5		P	---	Scott Wong	17	21/02/2020	NSW Junior Championships 2020
11 *	22.78	+1.5		F	---	Gabriel Wood	16	26/09/2019	NSW All Schools Championships
13	22.87	+0.0		F	---	Thomas Hunt	18	21/12/2019	All-comers 21 December 2019
14 *	22.88	+4.2		P	---	Ashlyn Ndlovu	22	24/01/2020	Athletics ACT Championships 2020
14 *	22.88	+4.2		P	---	Corey Furminger	23	24/01/2020	Athletics ACT Championships 2020
16	22.7h	NWI	22.94	F	---	Ashley McMahon	44	21/09/2019	Northern Zone Week 2
17	22.96	+0.3		F	---	Alec Diamond	22	21/12/2019	All-comers 21 December 2019
18	23.01	+3.4		P	---	Max Holmes	17	24/01/2020	Athletics ACT Championships 2020
19	23.04	+0.0		P	---	Thomas Glascott	20	6/03/2020	NSW Open, U23 and Para Championships 2020
20	23.18	+1.5		F	---	Archie Saunders	15	26/09/2019	NSW All Schools Championships
21	23.27	+0.0		F	---	Joseph Bradshaw	23	21/12/2019	All-comers 21 December 2019
22	23.35	+0.0		F	---	Jacob Orr	19	9/11/2019	Treloar Shield Round 5
23	23.36	+2.2		P	---	Sebastien Lo Cascio	16	26/09/2019	NSW All Schools Championships
24	23.39	-1.5		F	---	Dylan Charlier	16	21/02/2020	NSW Junior Championships 2020
25 *	23.42	+1.8		F	---	Koray Kirk	20	9/11/2019	Treloar Shield Round 5

25 *	23.42	+1.5		P	---	Nicholas Dowling	16	21/02/2020	NSW Junior Championships 2020
27	23.62	+0.5		P	---	Joseph Dennis	16	21/02/2020	NSW Junior Championships 2020
28	23.4h	NWI	23.64	F	---	Ryan Dowling	40	21/09/2019	Northern Zone Week 2
29	23.65	+0.0		F	---	Robert Patterson	17	21/12/2019	All-comers 21 December 2019
30	23.71	+2.3		F	---	Mathew Woodhouse	45	7/02/2020	NSW Masters Championships 2020
31	24.04	+2.2		P	---	Joseph Ayoade	15	26/09/2019	NSW All Schools Championships
32	24.12	+1.5		P	---	Jason Ho	16	21/02/2020	NSW Junior Championships 2020
33	24.39	+0.7		F	---	Ken Elias	33	14/12/2019	Club Championships 2019
34	24.62	-0.1		P	---	Sebastian Arko	15	26/09/2019	NSW All Schools Championships
35	24.69	+1.1		F	---	Marco Vasquez-Manzanares	26	21/12/2019	All-comers 21 December 2019
36	24.81	+1.4		P	---	Aiden Jones	14	21/02/2020	NSW Junior Championships 2020
37	24.8h	NWI	25.04	F	---	Matthew Otten	29	16/11/2019	Northern Zone Week 10
38	24.9h	NWI	25.14	F	---	David Turner	43	21/09/2019	Northern Zone Week 2
39	25.15	NWI		F	---	Lachlan Dalton	17	23/06/2019	Campbelltown Winter Track & Field
40	25.65	+0.2		F	---	Michael Gedz	53	9/11/2019	Treloar Shield Round 5
41	26.1h	NWI	26.34	F	---	Trevor Young	61	11/01/2020	Northern Zone Week 14
42	26.95	+0.8		P	---	Antony Guest	54	6/03/2020	NSW Open, U23 and Para Championships 2020
43	27.52	-0.3		F	---	Daniel White	13	14/12/2019	Club Championships 2019
44	27.56	-2.2		F	---	Anthony Crimi	58	14/12/2019	Club Championships 2019
45	27.57	-2.1		F	---	Caerl Murray	44	7/02/2020	NSW Masters Championships 2020
46	28.23	+0.0		F	---	Jimmy Thebridge	10	21/12/2019	All-comers 21 December 2019
47	28.81	-0.6		F	---	Victor Ramondetta	65	7/02/2020	NSW Masters Championships 2020
48	28.6h	NWI	28.84	F	---	Nathan Shute	46	2/11/2019	Northern Zone Week 8
49	29.0h	NWI	29.24	F	---	Jim Culhane	53	19/10/2019	Northern Zone Week 6
50	30.33	-0.2		F	---	Kai Zhe Tan	10	14/12/2019	Club Championships 2019
51	31.2h	NWI	31.44	F	---	Sam Holmes	11	25/01/2020	Northern Zone Week 15
52	32.0h	NWI	32.24	F	---	Zion McMahon	10	21/09/2019	Northern Zone Week 2
53	32.61	+1.2		F	---	Zoran Novicic	59	25/01/2020	NSW Combined Events Championships 2020
54	34.47	-0.4		F	---	Brad Sharpe	58	12/10/2019	Treloar Shield Round 1
55	34.58	-0.9		F	---	David Donnelley	76	7/02/2020	NSW Masters Championships 2020
56	36.85	-0.9		F	---	Nicholas Bastas	81	7/02/2020	NSW Masters Championships 2020
57	37.2h	NWI	37.44	F	---	Doug Barrett	67	5/10/2019	Northern Zone Week 4
58	37.3h	NWI	37.54	F	---	Hugh Colburn	73	25/01/2020	Northern Zone Week 15
59	38.7h	NWI	38.94	F	---	Ron Shoesmith	72	14/12/2019	Northern Zone Week 12
60	39.20	-0.9		F	---	Richard Hughes	87	7/02/2020	NSW Masters Championships 2020
61	42.2h	NWI	42.44	F	---	Michael Johnson	84	25/01/2020	Northern Zone Week 15

Male 300m Sprint

1	35.03		F	---	Matthew Crowe	22	21/07/2019	Bankstown Winter Track & Field 2
2	35.76		F	---	Keegan Bell	18	21/07/2019	Bankstown Winter Track & Field 2
3	35.92		F	---	Elijah Williams	22	23/06/2019	Campbelltown Winter Track & Field
4	36.85		F	---	Thomas Hunt	17	21/07/2019	Bankstown Winter Track & Field 2
5	38.2h	38.34	F	---	Nicholas Dowling	16	7/12/2019	Grass Games 2019

6	39.4h	39.54	F	---	Ken Elias	33	7/12/2019	Grass Games 2019
7	42.1h	42.24	F	---	Trevor Young	61	7/12/2019	Grass Games 2019
8	45.5h	45.64	F	---	Nathan Shute	46	7/12/2019	Grass Games 2019
9	47.1h	47.24	F	---	Anthony Crimi	58	7/12/2019	Grass Games 2019
10	48.0h	48.14	F	---	Kevin Chamberlain	57	7/12/2019	Grass Games 2019
11	1:13.2h	1:13.34	F	---	Michael Johnson	84	7/12/2019	Grass Games 2019
12	1:39.1h	1:39.24	F	---	Ron Shoesmith	72	7/12/2019	Grass Games 2019

Male 400m Sprint

1	47.68		F	---	Jordan Sarmiento	23	6/03/2020	NSW Open, U23 and Para Championships 2020
2	47.73		F	---	Louis Stenmark	21	6/03/2020	NSW Open, U23 and Para Championships 2020
3	47.74		F	---	Matthew Crowe	22	24/01/2020	Athletics ACT Championships 2020
4	47.92		F	---	Mason Cohen	23	30/11/2019	Treloar Shield Round 6
5	48.08		F	---	Sean Fitzsimmons	24	13/02/2020	Canberra Track Classic
6	48.77		F	---	Jack McFadden	17	30/11/2019	Treloar Shield Round 6
7	49.00		P	---	Thomas Hunt	18	21/02/2020	NSW Junior Championships 2020
8	49.05		P	---	Corey Furminger	23	6/03/2020	NSW Open, U23 and Para Championships 2020
9	49.06		P	---	Ben Carter	20	6/03/2020	NSW Open, U23 and Para Championships 2020
10	49.07		F	---	Max Holmes	16	26/09/2019	NSW All Schools Championships
11	50.01		F	---	Thomas Glascott	19	21/12/2019	Albie Thomas 2019
12	50.22		F	---	Dominic Panozzo	16	30/11/2019	Treloar Shield Round 6
13	51.01		M	---	Alec Diamond	22	15/02/2020	Australian Combined Event Championship
14	51.39		F	---	Dylan Charlier	16	21/02/2020	NSW Junior Championships 2020
15	51.81		F	---	Jacob Orr	19	19/10/2019	Treloar Shield Round 2
16	53.23		F	---	Nicholas Dowling	16	11/01/2020	Illawarra Track Challenge
17	53.4h	53.54	F	---	Joseph Bradshaw	22	28/09/2019	Northern Zone Week 3
18	54.01		F	---	Zeth Söderlund	22	24/01/2020	Athletics ACT Championships 2020
19	54.62		P	---	Andrew Land	17	21/02/2020	NSW Junior Championships 2020
20	55.23		P	---	Ellis Barron	17	21/02/2020	NSW Junior Championships 2020
21	55.3h	55.44	F	---	Ryan Dowling	40	13/07/2019	Winter Northern Zone Series 2
22	55.63		P	---	Hugo Kendrick-Little	17	21/02/2020	NSW Junior Championships 2020
23	56.28		F	---	Ken Elias	33	7/02/2020	NSW Masters Championships 2020
24	56.6h	56.74	F	---	Matthew Otten	29	30/11/2019	Northern Zone Week 11
25	57.8h	57.94	F	---	Matthew Smith	16	26/10/2019	Northern Zone Week 7
26	58.0h	58.14	F	---	Trevor Young	61	15/06/2019	Winter Northern Zone Series 1
27	1:01.7h	1:01.84	F	---	Julian Lee	14	21/03/2020	Northern Zone Week 22
28	1:02.87		F	---	Nathan Shute	47	29/02/2020	All-comers 29 February 2020
29	1:05.0h	1:05.14	F	---	Brad Sharpe	58	22/02/2020	Northern Zone Week 18
30	1:06.0h	1:06.14	F	---	Ronald Ross	60	30/11/2019	Northern Zone Week 11
31	1:06.9h	1:07.04	F	---	Jim Culhane	53	30/11/2019	Northern Zone Week 11
32	1:07.0h	1:07.14	F	---	Caerl Murray	44	26/10/2019	Northern Zone Week 7
33	1:07.54		F	---	Matthew Hunt	12	2/11/2019	Treloar Shield Round 4
34	1:10.0h	1:10.14	F	---	Darren Whiteman	44	28/09/2019	Northern Zone Week 3

35	1:11.96		F	---	Angus Hunt	11	2/11/2019	Treloar Shield Round 4
36	1:12.73		F	---	Zoran Novicic	59	19/10/2019	Treloar Shield Round 2
37	1:13.3h	1:13.44	F	---	Luke Pattas	36	28/09/2019	Northern Zone Week 3
38	1:13.86		F	---	Andrew MacDonald	56	19/10/2019	Treloar Shield Round 2
39	1:16.8h	1:16.94	F	---	Daanish Mahmud	18	28/09/2019	Northern Zone Week 3
40	1:17.9h	1:18.04	F	---	Zac Evans	09	14/09/2019	Northern Zone Week 1
41	1:20.0h	1:20.14	F	---	Doug Barrett	67	28/09/2019	Northern Zone Week 3
42	1:23.9h	1:24.04	F	---	Jared Mayo	18	28/09/2019	Northern Zone Week 3
43	1:26.64		F	---	David Donnelley	76	7/02/2020	NSW Masters Championships 2020
44	1:34.99		F	---	Richard Hughes	87	7/02/2020	NSW Masters Championships 2020
45	1:46.33		F	---	Michael Johnson	84	7/02/2020	NSW Masters Championships 2020
46	2:28.7h	2:28.84	F	---	Ron Shoesmith	72	30/11/2019	Northern Zone Week 11

Male 600m Sprint

1	1:30.3h	1:30.30	F	---	Zeth Söderlund	22	7/12/2019	Grass Games 2019
2	1:31.2h	1:31.20	F	---	Ryan Dowling	40	7/12/2019	Grass Games 2019
3	1:42.2h	1:42.20	F	---	Nathan Shute	46	7/12/2019	Grass Games 2019
4	1:45.6h	1:45.60	F	---	Brad Sharpe	58	7/12/2019	Grass Games 2019
5	1:48.1h	1:48.10	F	---	Kevin Chamberlain	57	7/12/2019	Grass Games 2019
6	2:05.4h	2:05.40	F	---	Zion McMahon	10	7/12/2019	Grass Games 2019
7	2:12.7h	2:12.70	F	---	Doug Barrett	67	7/12/2019	Grass Games 2019
8	4:17.4h	4:17.40	F	---	Ron Shoesmith	72	7/12/2019	Grass Games 2019

Male 800m Run

1	1:48.24		F	---	Mason Cohen	23	22/02/2020	Sydney Track Classic 2020
2	1:49.49		F	---	Jye Perrott	20	8/07/2019	World University Games 2019
3	1:50.02		F	---	Taylor John	22	24/01/2020	Athletics ACT Championships 2020
4	1:52.39		F	---	Will Austin-Cray	26	6/03/2020	NSW Open, U23 and Para Championships 2020
5	1:57.43		F	---	Corey Furminger	23	15/02/2020	Allcomers 16 February
6	1:58.45		F	---	Dominic Panozzo	16	26/09/2019	NSW All Schools Championships
7	2:01.95		P	---	Zeth Söderlund	22	6/03/2020	NSW Open, U23 and Para Championships 2020
8	2:02.79		F	---	Ben Carter	19	9/11/2019	Treloar Shield Round 5
9	2:03.13		F	---	Thomas Hunt	17	21/07/2019	Bankstown Winter Track & Field 2
10	2:03.20		P	---	Curtis Kingsmill	17	6/03/2020	NSW Open, U23 and Para Championships 2020
11	2:05.02		F	---	Max Mahon	18	21/07/2019	Bankstown Winter Track & Field 2
12	2:07.15		F	---	Kalan McEvoy	16	14/12/2019	Club Championships 2019
13	2:08.08		F	---	Kyle Walsh	17	9/06/2019	Bankstown Winter Track and Field
14	2:08.69		F	---	Toby Mufford	17	21/02/2020	NSW Junior Championships 2020
15	2:09.06		F	---	Hugo Kendrick-Little	17	21/02/2020	NSW Junior Championships 2020
16	2:10.00		F	---	Matthew Crowe	22	21/07/2019	Bankstown Winter Track & Field 2
17	2:11.52		P	---	Colm Walsh	16	26/09/2019	NSW All Schools Championships
18	2:12.52		F	---	John Joseph	16	21/02/2020	NSW Junior Championships 2020
19	2:18.39		F	---	Ryan Dowling	40	9/11/2019	Treloar Shield Round 5
20	2:23.81		F	---	Paul Trainor	54	12/10/2019	Treloar Shield Round 1

21	2:24.42		F	---	Brad Sharpe	58	7/02/2020	NSW Masters Championships 2020
22	2:25.23		F	---	Nathan Shute	46	14/12/2019	Club Championships 2019
23	2:27.9h	2:27.90	F	---	Trevor Young	61	25/01/2020	Northern Zone Week 15
24	2:28.4h	2:28.40	F	---	Ken Elias	33	19/10/2019	Northern Zone Week 6
25	2:30.88		F	---	Kevin Chamberlain	57	14/12/2019	Club Championships 2019
26	2:31.2h	2:31.20	F	---	Matthew Otten	29	16/11/2019	Northern Zone Week 10
27	2:37.5h	2:37.50	F	---	Darren Whiteman	44	5/10/2019	Northern Zone Week 4
28	2:44.20		F	---	Max Dennett	11	14/12/2019	Club Championships 2019
29	2:45.2h	2:45.20	F	---	Jim Culhane	53	16/11/2019	Northern Zone Week 10
30	2:49.96		F	---	Andrew MacDonald	56	26/10/2019	Treloar Shield Round 3
31	2:50.59		F	---	Zion McMahon	10	14/12/2019	Club Championships 2019
32	2:51.9h	2:51.90	F	---	Sebastian Arko	15	21/09/2019	Northern Zone Week 2
33	2:56.41		F	---	Doug Barrett	67	9/11/2019	Treloar Shield Round 5
34	2:59.91		F	---	Zoran Novicic	59	12/10/2019	Treloar Shield Round 1
35	3:29.3h	3:29.30	F	---	Stuart Paterson	63	16/11/2019	Northern Zone Week 10
36	4:18.94		F	---	Richard Hughes	87	7/02/2020	NSW Masters Championships 2020
37	4:37.4h	4:37.40	F	---	Michael Johnson	84	29/02/2020	Northern Zone Week 19
38	5:44.0h	5:44.00	F	---	Ron Shoesmith	72	29/02/2020	Northern Zone Week 19

Male 1500m Run

1	3:45.31		F	---	Will Austin-Cray	26	23/02/2020	Sir Graeme Douglas International Continental
2	3:54.05		F	---	Taylor John	22	24/01/2020	Athletics ACT Championships 2020
3	3:54.53		F	---	Charlie Doherty	20	24/01/2020	Athletics ACT Championships 2020
4	4:01.84		P	---	Leo Peterson	29	6/03/2020	NSW Open, U23 and Para Championships 2020
5	4:02.20		F	---	Kieran Gorman	18	21/02/2020	NSW Junior Championships 2020
6	4:12.73		F	---	Mitchell Westhuizen	17	26/09/2019	NSW All Schools Championships
7	4:20.85		P	---	Kalan McEvoy	16	6/03/2020	NSW Open, U23 and Para Championships 2020
8	4:21.93		F	---	Simon Magner	15	21/02/2020	NSW Junior Championships 2020
9	4:40.52		F	---	Jacob Magner	13	21/02/2020	NSW Junior Championships 2020
10	4:54.76		F	---	Paul Trainor	54	19/10/2019	Treloar Shield Round 2
11	4:55.59		M	---	Alec Diamond	21	8/07/2019	World University Games 2019
12	4:57.67		F	---	Brad Sharpe	58	7/02/2020	NSW Masters Championships 2020
13	5:13.73		F	---	Nathan Shute	47	29/02/2020	All-comers 29 February 2020
14	5:23.24		F	---	Kevin Chamberlain	57	30/11/2019	Treloar Shield Round 6
15	5:34.4h	5:34.40	F	---	Mathew Woodhouse	45	22/02/2020	Northern Zone Week 18
16	5:38.3h	5:38.30	F	---	Darren Whiteman	44	28/09/2019	Northern Zone Week 3
17	6:07.2h	6:07.20	F	---	Matthew Otten	29	26/10/2019	Northern Zone Week 7
18	6:08.6h	6:08.60	F	---	Jim Culhane	53	30/11/2019	Northern Zone Week 11
19	6:10.0h	6:10.00	F	---	Zoran Novicic	59	28/09/2019	Northern Zone Week 3
20	6:19.0h	6:19.00	F	---	Doug Barrett	67	28/09/2019	Northern Zone Week 3
21	6:47.3h	6:47.30	F	---	Stephen Ball	66	7/03/2020	Northern Zone Week 20
22	6:52.93		F	---	Andrew MacDonald	56	19/10/2019	Treloar Shield Round 2
23	11:58.6h	11:58.60	F	---	Ron Shoesmith	72	30/11/2019	Northern Zone Week 11

Male 3000m Run

1	8:17.52	2:45.84	F	---	Kieren Tall	21	9/11/2019	NSW 3000m Championships
2	8:19.01	2:46.34	F	---	Will Austin-Cray	26	9/11/2019	NSW 3000m Championships
3	8:23.93	2:47.98	F	---	Charlie Doherty	20	9/11/2019	NSW 3000m Championships
4	8:38.10	2:52.70	F	---	Kieran Gorman	17	26/09/2019	NSW All Schools Championships
5	8:40.30	2:53.43	F	---	Mitchell Westhuizen	17	6/12/2019	Australian All Schools Championships 2019
6	8:58.04	2:59.35	F	---	Julien Smith	21	9/11/2019	NSW 3000m Championships
7	9:11.59	3:03.86	F	---	Max Mahon	19	9/11/2019	NSW 3000m Championships
8	9:15.21	3:05.07	F	---	Simon Magner	15	9/11/2019	NSW 3000m Championships
9	9:16.24	3:05.41	F	---	David Costello	19	11/01/2020	Illawarra Track Challenge
10	9:20.98	3:06.99	F	---	Cameron Gorman	15	21/02/2020	NSW Junior Championships 2020
11	9:27.87	3:09.29	F	---	Nick Walker	33	21/12/2019	Albie Thomas 2019
12	9:39.68	3:13.23	F	---	William Coleman	16	21/02/2020	NSW Junior Championships 2020
13	9:43.24	3:14.41	F	---	Jacob Magner	13	21/02/2020	NSW Junior Championships 2020
14	10:33.50	3:31.17	F	---	Paul Trainor	54	9/11/2019	NSW 3000m Championships
15	11:48.0h	3:56.00	F	---	Brad Sharpe	58	15/02/2020	Northern Zone Week 17
16	12:48.4h	4:16.13	F	---	Darren Whiteman	44	5/10/2019	Northern Zone Week 4
17	13:47.7h	4:35.90	F	---	Jim Culhane	53	19/10/2019	Northern Zone Week 6
18	14:29.8h	4:49.93	F	---	Nathan Shute	46	25/01/2020	Northern Zone Week 15
19	14:54.27	4:58.09	F	---	Andrew MacDonald	56	12/10/2019	Treloar Shield Round 1
20	15:03.2h	5:01.07	F	---	Doug Barrett	66	21/09/2019	Northern Zone Week 2
21	19:41.5h	6:33.83	F	---	Trevor Young	61	5/10/2019	Northern Zone Week 4

Male 5000m Run

1	14:15.91	2:51.18	F	---	Kieren Tall	21	6/02/2020	Melbourne Track Classic
2	14:51.36	2:58.27	F	---	Will Austin-Cray	26	30/11/2019	Treloar Shield Round 6
3	15:01.28	3:00.26	F	---	Leo Peterson	29	11/01/2020	AACT Combined Events Championships
4	15:07.60	3:01.52	F	---	Liam Gorman	19	11/01/2020	AACT Combined Events Championships
5	15:14.59	3:02.92	F	---	Will Atkinson	20	8/02/2020	AACT Summer Series 8
6	15:17.27	3:03.45	F	---	Will Keir	19	9/06/2019	Bankstown Winter Track and Field
7	15:22.62	3:04.52	F	---	Kieran Gorman	17	11/01/2020	AACT Combined Events Championships
8	16:13.71	3:14.74	F	---	David Costello	19	7/02/2020	NSW Masters Championships 2020
9	16:15.04	3:15.01	F	---	Nick Walker	33	7/02/2020	NSW Masters Championships 2020
10	18:23.34	3:40.67	F	---	Paul Trainor	54	11/01/2020	AACT Combined Events Championships
11	21:10.61	4:14.12	F	---	Brad Sharpe	58	30/11/2019	Treloar Shield Round 6

Male 10000m Run

1	28:52.27	2:53.23	F	---	Kieren Tall	21	14/12/2019	Zatopek 10 2019
2	31:00.81	3:06.08	F	---	Leo Peterson	28	5/10/2019	All Comers & 10,000m Championships

Male 1 Mile Run

1	4:18.01		F	---	Will Austin-Cray	26	11/01/2020	Illawarra Track Challenge
2	4:20.15		F	---	Charlie Doherty	20	21/12/2019	Albie Thomas 2019
3	5:00.84		F	---	Ethan McKenzie	14	21/12/2019	Albie Thomas 2019

Male 1500m Walk

1	9:16.3h	9:16.30	F	---	Jim Seymon	82	14/12/2019	Northern Zone Week 12
2	9:20.7h	9:20.70	F	---	Doug Barrett	66	21/09/2019	Northern Zone Week 2
3	13:33.0h	13:33.00	F	---	Nicholas Bastas	81	14/12/2019	Northern Zone Week 12
4	13:49.1h	13:49.10	F	---	Ron Shoesmith	72	16/11/2019	Northern Zone Week 10

Male 3000m Walk

1	19:43.1h	19:43.10	F	---	Doug Barrett	67	28/09/2019	Northern Zone Week 3
2	20:32.5h	20:32.50	F	---	Jim Seymon	82	30/11/2019	Northern Zone Week 11
3	31:27.8h	31:27.80	F	---	Ron Shoesmith	72	22/02/2020	Northern Zone Week 18

Male 5000m Walk

1	37:54.24		F	---	Jim Seymon	82	7/02/2020	NSW Masters Championships 2020
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Male 80m Hurdles 0.762m

1	13.50	-0.5	F	---	Angus Hunt	11	26/09/2019	NSW All Schools Championships
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Male 90m Hurdles 0.762m

1	14.30	+0.6	F	---	Matthew Hunt	12	26/09/2019	NSW All Schools Championships
2	14.80	+3.8	F	---	Angus Hunt	12	24/01/2020	Athletics ACT Championships 2020
3	14.88	-1.2	F	---	Jonathon Myrizas	13	30/11/2019	Treloar Shield Round 6

Male 100m Hurdles 0.840m

1	13.89	-2.0	F	---	Max Milani	15	21/02/2020	NSW Junior Championships 2020
2	13.95	-0.2	P	---	Joel Neasmith	15	26/09/2019	NSW All Schools Championships
3	15.14	+1.2	F	---	Julian Lee	14	29/02/2020	All-comers 29 February 2020
4	15.61	+0.2	F	---	Daniel White	14	21/02/2020	NSW Junior Championships 2020
5	15.87	+1.2	F	---	Evan Venning	13	29/02/2020	All-comers 29 February 2020
6	16.03	+0.8	F	---	Matthew Hunt	13	24/01/2020	Athletics ACT Championships 2020

Male 100m Hurdles 0.914m

1	19.20	-0.1	F	---	Tim McGrath	57	7/02/2020	NSW Masters Championships 2020
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Male 110m Hurdles 0.914m

1	14.44	+1.4	F	---	Lachlan Dalton	17	26/09/2019	NSW All Schools Championships
2	14.94	-0.9	F	---	Henry Murray	15	21/02/2020	NSW Junior Championships 2020
3	15.57	NWI	F	---	Dominic Panozzo	16	30/11/2019	Treloar Shield Round 6
4	15.77	-0.8	F	---	Austin Little	16	21/02/2020	NSW Junior Championships 2020
5	18.74	-0.9	F	---	Luke Fisher	16	21/02/2020	NSW Junior Championships 2020

Male 110m Hurdles 0.991m

1	14.69	NWI	F	---	Albert Swan	19	30/11/2019	Treloar Shield Round 6
2	16.79	-0.3	F	---	Mathew Woodhouse	45	7/02/2020	NSW Masters Championships 2020

Male 110m Hurdles 1.067m

1	15.07	NWI	M	---	Alec Diamond	21	8/07/2019	World University Games 2019
2	15.15	+1.0	P	---	Albert Swan	19	6/03/2020	NSW Open, U23 and Para Championships 2020
3	16.01	+1.1	P	---	Ryan Dowling	40	6/03/2020	NSW Open, U23 and Para Championships 2020

Male 200m Hurdles 0.762m

1	26.05	-0.3	F	---	Max Milani	15	21/02/2020	NSW Junior Championships 2020
2	26.38	-1.2	F	---	Dylan Charlier	15	6/12/2019	Australian All Schools Championships 2019
3	29.49	-0.3	F	---	Julian Lee	14	21/02/2020	NSW Junior Championships 2020
4	30.43	+1.4	F	---	Matthew Hunt	13	21/02/2020	NSW Junior Championships 2020
5	30.89	+0.6	F	---	Jonathon Myrizas	13	21/02/2020	NSW Junior Championships 2020
6	32.44	+1.8	F	---	Angus Hunt	12	24/01/2020	Athletics ACT Championships 2020

Male 300m Hurdles 0.762m

1	55.27	F	---	Victor Ramondetta	65	7/02/2020	NSW Masters Championships 2020
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Male 400m Hurdles 0.840m

1	53.05	F	---	Matthew Crowe	22	15/02/2020	Allcomers 16 February
2	54.11	F	---	Jack McFadden	18	15/02/2020	Allcomers 16 February
3	55.22	F	---	Thomas Hunt	18	15/02/2020	Allcomers 16 February
4	55.63	F	---	Max Holmes	16	25/06/2019	Oceania Athletics Championships
5	55.84	F	---	Dominic Panozzo	16	21/02/2020	NSW Junior Championships 2020
6	55.91	F	---	Lachlan Dalton	17	26/09/2019	NSW All Schools Championships
7	57.10	F	---	Dylan Charlier	15	24/01/2020	Athletics ACT Championships 2020
8	58.37	F	---	James Hunt	16	21/02/2020	NSW Junior Championships 2020

Male 400m Hurdles 0.914m

1	52.45	F	---	Matthew Crowe	22	6/03/2020	NSW Open, U23 and Para Championships 2020
2	52.98	F	---	Thomas Hunt	18	6/03/2020	NSW Open, U23 and Para Championships 2020
3	53.10	F	---	Jack McFadden	18	6/03/2020	NSW Open, U23 and Para Championships 2020
4	53.66	F	---	Mark Fokas	18	9/11/2019	Treloar Shield Round 5
5	1:00.01	F	---	Mathew Woodhouse	45	7/02/2020	NSW Masters Championships 2020

Male 2000m StplCh 0.762m

1	7:20.19	F	---	Jacob Magner	13	21/02/2020	NSW Junior Championships 2020
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Male 2000m StplCh 0.840m

1	6:38.53	F	---	Cameron Gorman	15	21/02/2020	NSW Junior Championships 2020
2	6:42.34	F	---	William Coleman	16	21/02/2020	NSW Junior Championships 2020

Male 3000m StplCh 0.914m

1	9:36.09	F	---	Kieren Tall	20	21/07/2019	Bankstown Winter Track & Field 2
2	9:38.58	F	---	Kieran Gorman	18	21/02/2020	NSW Junior Championships 2020
3	9:39.62	F	---	Will Atkinson	20	21/07/2019	Bankstown Winter Track & Field 2
4	10:40.56	F	---	Will Keir	19	21/07/2019	Bankstown Winter Track & Field 2
5	15:15.96	F	---	Andy West	52	7/02/2020	NSW Masters Championships 2020

Male High Jump

1	2.05m	F	---	Darcy Holmes	15	6/12/2019	Australian All Schools Championships 2019
2 *	1.93m	F	---	Kyle Fisher	16	26/09/2019	NSW All Schools Championships
2 *	1.93m	F	---	Alec Diamond	22	11/01/2020	2019-20 AACT Combined Events Championships
4	1.90m	F	---	Harrison Tate	17	29/02/2020	All-comers 29 February 2020
5 *	1.75m	F	---	Sam Richardson	20	23/11/2019	NSW State Relay Championships 2019
5 *	1.75m	F	---	Kalani Lenehan	17	23/11/2019	NSW State Relay Championships 2019

7	1.70m	F	---	Dylan Charlier	15	23/11/2019	NSW State Relay Championships 2019
8 *	1.65m	F	---	David Thebridge	43	14/12/2019	Club Championships 2019
8 *	1.65m	F	---	Sebastian Arko	15	14/12/2019	Club Championships 2019
10	1.61m	F	---	Cadel Holmes	11	19/09/2019	Australian Primary School Championships
11	1.60m	F	---	Ryan Dowling	40	21/09/2019	Northern Zone Week 2
12	1.55m	F	---	Matthew Otten	29	26/10/2019	Northern Zone Week 7
13	1.40m	F	---	Antony Guest	54	14/12/2019	Club Championships 2019
14 *	1.35m	F	---	Zoran Novicic	59	7/02/2020	NSW Masters Championships 2020
14 *	1.35m	F	---	Trevor Young	61	14/09/2019	Northern Zone Week 1
16	1.31m	F	---	Tim McGrath	56	31/08/2019	Oceania Masters Athletics Championships
17 *	1.15m	F	---	Zac Evans	09	14/09/2019	Northern Zone Week 1
17 *	1.15m	F	---	Zion McMahon	10	14/09/2019	Northern Zone Week 1
19	1.02m	F	---	Nicholas Bastas	81	7/02/2020	NSW Masters Championships 2020

Male Half Marthn

1	1:06:20.00	F	---	Edward Goddard	21	8/07/2019	World University Games 2019
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Male Pole Vault

1	4.80m	M	---	Alec Diamond	21	8/07/2019	World University Games 2019
2	2.91m	F	---	Tim McGrath	57	7/02/2020	NSW Masters Championships 2020
3	2.20m	F	---	Zoran Novicic	59	7/02/2020	NSW Masters Championships 2020

Male Long Jump

1	7.71m	+2.1	F	---	William Freyer	20	24/01/2020	Athletics ACT Championships 2020
2	7.52m	NWI	M	---	Alec Diamond	21	8/07/2019	World University Games 2019
3	7.15m	+0.1	F	---	Thomas Pitts	19	6/03/2020	NSW Open, U23 and Para Championships 2020
4	6.02m	+0.7	F	---	Kalani Lenehan	18	6/03/2020	NSW Open, U23 and Para Championships 2020
5	5.96m	NWI	F	---	David Thebridge	43	14/12/2019	Club Championships 2019
6	5.63m	+3.4	F	---	Cameron Elvy	16	29/02/2020	All-comers 29 February 2020
7	5.57m		F	---	Matthew Otten	29	22/02/2020	Northern Zone Week 18
8	5.55m	+0.0	F	---	Joey Ryu	21	6/03/2020	NSW Open, U23 and Para Championships 2020
9	5.47m	NWI	F	---	Ken Elias	33	12/10/2019	Treloar Shield Round 1
10	5.37m	NWI	F	---	Koray Kirk	20	14/12/2019	Club Championships 2019
11	5.36m	+0.2	F	---	Darcy Holmes	15	26/09/2019	NSW All Schools Championships
12	5.07m	NWI	F	---	Mathias Lukauskis	26	9/11/2019	Treloar Shield Round 5
13	5.06m		F	---	Daanish Mahmud	18	28/09/2019	Northern Zone Week 3
14	5.02m	+1.0	F	---	Tim McGrath	56	31/08/2019	Oceania Masters Athletics Championships
15 *	4.96m	+0.4	F	---	Evan Venning	13	29/02/2020	All-comers 29 February 2020
15 *	4.96m	+1.4	F	---	Jared Mayo	19	29/02/2020	All-comers 29 February 2020
17	4.91m	NWI	F	---	Antony Guest	54	14/12/2019	Club Championships 2019
18	4.88m	NWI	F	---	Stuart Downie	16	14/12/2019	Club Championships 2019
19	4.82m	+0.2	F	---	Daniel White	13	26/09/2019	NSW All Schools Championships
20	4.60m		F	---	David Turner	43	7/03/2020	Northern Zone Week 20
21	4.58m		F	---	Luke Pattas	36	28/09/2019	Northern Zone Week 3

22	4.46m	NWI	F	---	Samuel Colless	28	9/11/2019	Treloar Shield Round 5
23	4.44m	NWI	F	---	Jimmy Thebridge	10	14/12/2019	Club Championships 2019
24	4.41m	NWI	F	---	Cadel Holmes	11	14/12/2019	Club Championships 2019
25	4.25m	+0.6	F	---	Zoran Novicic	59	25/01/2020	NSW Combined Events Championships 2020
26	4.06m	NWI	F	---	Kai Zhe Tan	10	14/12/2019	Club Championships 2019
27	3.83m	NWI	F	---	Zac Evans	09	14/09/2019	Northern Zone Week 1
28	3.78m	NWI	F	---	Trevor Young	61	9/11/2019	Treloar Shield Round 5
29	3.73m		F	---	Nicholas Bastas	81	28/09/2019	Northern Zone Week 3
30	3.68m	-0.3	F	---	Zion McMahon	10	26/10/2019	Treloar Shield Round 3
31	3.54m	+0.7	F	---	Warren Jones	39	26/10/2019	Treloar Shield Round 3
32	3.08m		F	---	Doug Barrett	67	30/11/2019	Northern Zone Week 11

Male Long Jump Aggregate

1	18.31m	NWI	F	---	Koray Kirk	20	7/12/2019	Grass Games 2019
2	16.13m	NWI	F	---	Ken Elias	33	7/12/2019	Grass Games 2019
3	12.75m	NWI	F	---	Kai Zhe Tan	10	7/12/2019	Grass Games 2019
4	11.61m	NWI	F	---	Zion McMahon	10	7/12/2019	Grass Games 2019

Male Triple Jump

1	15.75m	+1.8	F	---	Emmanuel Fakiye	23	6/03/2020	NSW Open, U23 and Para Championships 2020
2	13.04m	NWI	F	---	Joel Neasmith	15	21/02/2020	NSW Junior Championships 2020
3	11.56m	NWI	F	---	David Thebridge	43	21/12/2019	All-comers 21 December 2019
4	11.29m		F	---	Matthew Otten	29	25/01/2020	Northern Zone Week 15
5	10.44m	NWI	F	---	Daniel White	13	2/11/2019	Treloar Shield Round 4
6	10.38m	NWI	F	---	Samuel Colless	28	30/11/2019	Treloar Shield Round 6
7	9.98m	NWI	F	---	Julian Lee	13	26/09/2019	NSW All Schools Championships
8	9.64m	NWI	F	---	Jimmy Thebridge	10	21/12/2019	All-comers 21 December 2019
9	8.92m	+2.3	F	---	Zoran Novicic	59	19/10/2019	Treloar Shield Round 2
10	8.29m		F	---	Nicholas Bastas	81	25/01/2020	Northern Zone Week 15
11	7.53m	NWI	F	---	Victor Ramondetta	65	7/02/2020	NSW Masters Championships 2020
12	7.20m		F	---	Doug Barrett	67	5/10/2019	Northern Zone Week 4

Male Shot Put 2kg

1	8.84m		F	---	Zac Evans	09	14/09/2019	Northern Zone Week 1
2	5.20m		F	---	Zion McMahon	10	14/03/2020	Northern Zone Week 21

Male Shot Put 3kg

1	13.34m		F	---	Brodie Waldock	13	14/12/2019	Club Championships 2019
2	10.97m		F	---	Daniel White	13	26/09/2019	NSW All Schools Championships
3	8.49m		F	---	Nicholas Bastas	80	15/06/2019	Winter Northern Zone Series 1
4	7.80m		F	---	Michael Johnson	84	1/02/2020	Northern Zone Week 16
5	4.53m		F	---	Zion McMahon	10	14/09/2019	Northern Zone Week 1

Male Shot Put 4kg

1	15.15m		F	---	Maxi Zihlmann	15	26/09/2019	NSW All Schools Championships
2	12.32m		F	---	Brodie Waldock	14	21/02/2020	NSW Junior Championships 2020

3	9.41m	F	---	Robert Archer	72	15/06/2019	Winter Northern Zone Series 1
4	6.12m	F	---	Leslie Gillies	72	15/06/2019	Winter Northern Zone Series 1
5	4.26m	F	---	Ron Shoesmith	72	11/01/2020	Northern Zone Week 14
Male	Shot Put	5kg					
1	12.21m	F	---	Stuart Downie	16	14/12/2019	Club Championships 2019
2	9.01m	F	---	Mark Cepak	60	23/11/2019	NSW State Relay Championships 2019
3	7.00m	F	---	Doug Barrett	67	28/09/2019	Northern Zone Week 3
4	6.60m	F	---	Peter Douglas	65	23/11/2019	NSW State Relay Championships 2019
5	6.27m	F	---	Ross Douglas	65	2/11/2019	Northern Zone Week 8
6	4.75m	F	---	Robert Jones	68	12/05/2019	NSW Masters Athletics Indoor Meet
Male	Shot Put	6kg					
1	10.68m	F	---	Tim McGrath	57	25/01/2020	Northern Zone Week 15
2	9.58m	F	---	Bart Steanes	55	23/11/2019	NSW State Relay Championships 2019
3	7.62m	F	---	Zoran Novicic	58	15/06/2019	Winter Northern Zone Series 1
Male	Shot Put	7.26kg					
1	14.91m	M	---	Alec Diamond	21	8/07/2019	World University Games 2019
2	12.13m	F	---	William Brown	22	14/09/2019	Northern Zone Week 1
3	11.89m	F	---	Ryan Dowling	40	10/08/2019	Winter Northern Zone Series 3
4	11.88m	F	---	Ashley McMahon	44	23/11/2019	NSW State Relay Championships 2019
5	11.39m	F	---	Clinton Mcewan	28	13/07/2019	Winter Northern Zone Series 2
6	10.70m	F	---	Matthew Mcvey	19	9/11/2019	Treloar Shield Round 5
7	10.34m	F	---	Luke Pattas	36	28/09/2019	Northern Zone Week 3
8	10.20m	F	---	Robbie Baskin	30	23/11/2019	NSW State Relay Championships 2019
9	9.83m	F	---	Mathew Woodhouse	45	22/02/2020	Northern Zone Week 18
10	8.92m	F	---	Warren Jones	39	21/12/2019	Northern Zone Week 13
11	8.90m	F	---	Emmanuel Fakiye	22	9/11/2019	Treloar Shield Round 5
12	8.75m	F	---	Ken Elias	33	23/11/2019	NSW State Relay Championships 2019
13	8.47m	F	---	David Turner	43	26/10/2019	Northern Zone Week 7
14	8.46m	F	---	Samuel Colless	28	9/11/2019	Treloar Shield Round 5
15	8.44m	F	---	Sam Richardson	20	23/11/2019	NSW State Relay Championships 2019
16	8.43m	F	---	Caerl Murray	44	21/12/2019	Northern Zone Week 13
17	7.80m	F	---	Bart Steanes	55	26/10/2019	Treloar Shield Round 3
18	7.45m	F	---	Albert Swan	19	9/11/2019	Treloar Shield Round 5
19	7.32m	F	---	Christopher Ius	19	9/11/2019	Treloar Shield Round 5
Male	Discus	1.5kg					
1	51.61m	F	---	John Hunter	17	16/11/2019	Northern Zone Week 10
2	47.60m	F	---	Stuart Downie	17	21/02/2020	NSW Junior Championships 2020
3	35.61m	F	---	Tim McGrath	57	25/01/2020	Northern Zone Week 15
4	26.31m	F	---	Zoran Novicic	58	15/06/2019	Winter Northern Zone Series 1
5	21.89m	F	---	Brad Sharpe	58	14/03/2020	Northern Zone Week 21
Male	Discus	1.75kg					

	1	44.90m	F	---	John Hunter	17	21/02/2020	NSW Junior Championships 2020
	2	38.46m	F	---	Vincent Reilly	19	21/02/2020	NSW Junior Championships 2020
Male	Discus 1kg							
	1	47.00m	F	---	Brodie Waldock	13	11/01/2020	All-comers 11 January 2020
	2	30.98m	F	---	Robert Archer	73	7/02/2020	NSW Masters Championships 2020
	3	29.85m	F	---	Trevor Young	61	2/11/2019	Northern Zone Week 8
	4	25.58m	F	---	Jaiden Yu	12	21/02/2020	NSW Junior Championships 2020
	5	25.10m	F	---	Peter Douglas	65	29/02/2020	Northern Zone Week 19
	6	23.71m	F	---	Doug Barrett	67	14/03/2020	Northern Zone Week 21
	7	21.53m	F	---	Michael Johnson	84	29/02/2020	Northern Zone Week 19
	8	20.31m	F	---	Nicholas Bastas	81	21/09/2019	Northern Zone Week 2
	9	19.27m	F	---	Ross Douglas	65	2/11/2019	Northern Zone Week 8
	10	12.13m	F	---	Robert Jones	69	11/01/2020	Northern Zone Week 14
	11	12.10m	F	---	Leslie Gillies	72	15/06/2019	Winter Northern Zone Series 1
	12	7.50m	F	---	Ron Shoesmith	72	5/10/2019	Northern Zone Week 4
Male	Discus 2kg							
	1	46.52m	M	---	Alec Diamond	21	8/07/2019	World University Games 2019
	2	41.66m	F	---	John Hunter	17	23/11/2019	NSW State Relay Championships 2019
	3	38.33m	F	---	Matthew Mcvey	19	30/11/2019	Treloar Shield Round 6
	4	36.71m	F	---	Tim Heyes	21	23/11/2019	NSW State Relay Championships 2019
	5	35.69m	F	---	Vincent Reilly	19	6/03/2020	NSW Open, U23 and Para Championships 2020
	6	31.46m	F	---	Ryan Dowling	40	25/01/2020	Northern Zone Week 15
	7	29.49m	F	---	Ellington Steanes	21	23/11/2019	NSW State Relay Championships 2019
	8	26.93m	F	---	Warren Jones	39	23/11/2019	NSW State Relay Championships 2019
	9	26.08m	F	---	Stuart Downie	16	23/11/2019	NSW State Relay Championships 2019
	10	24.31m	F	---	Tim McGrath	57	23/11/2019	NSW State Relay Championships 2019
	11	22.58m	F	---	Bart Steanes	55	19/10/2019	Treloar Shield Round 2
	12	21.91m	F	---	Emmanuel Fakiye	22	30/11/2019	Treloar Shield Round 6
	13	20.58m	F	---	Samuel Colless	28	30/11/2019	Treloar Shield Round 6
Male	Discus 750g							
	1	12.92m	F	---	Zion McMahon	10	21/09/2019	Northern Zone Week 2
Male	Hammer 3kg							
	1	30.98m	F	---	Jaiden Yu	12	21/02/2020	NSW Junior Championships 2020
	2	21.56m	F	---	Nicholas Bastas	81	8/11/2019	Northern Zone Week 9
Male	Hammer 5kg							
	1	54.88m	F	---	John Hunter	17	6/12/2019	Australian All Schools Championships 2019
	2	42.81m	F	---	Stuart Downie	17	21/02/2020	NSW Junior Championships 2020
	3	19.05m	F	---	Ross Douglas	65	9/11/2019	Treloar Shield Round 5
	4	17.84m	F	---	Peter Douglas	65	8/11/2019	Northern Zone Week 9
	5	13.66m	F	---	Robert Jones	69	21/12/2019	Northern Zone Week 13
Male	Hammer 6kg							

1	45.38m	F	---	John Hunter	17	21/02/2020	NSW Junior Championships 2020
2	26.88m	F	---	Tim McGrath	56	13/07/2019	Winter Northern Zone Series 2
3	25.79m	F	---	Bart Steanes	55	23/11/2019	NSW State Relay Championships 2019
4	17.44m	F	---	Zoran Novicic	58	15/06/2019	Winter Northern Zone Series 1
Male Hammer 7.26kg							
1	65.41m	F	---	William Brown	23	21/03/2020	Northern Zone Week 22
2	65.16m	F	---	Tim Heyes	22	6/03/2020	NSW Open, U23 and Para Championships 2020
3	38.39m	F	---	Ellington Steanes	22	6/03/2020	NSW Open, U23 and Para Championships 2020
4	36.57m	F	---	John Hunter	17	29/02/2020	All-comers 29 February 2020
5	35.95m	F	---	Warren Jones	39	9/11/2019	Treloar Shield Round 5
6	25.48m	F	---	Ryan Dowling	40	23/11/2019	NSW State Relay Championships 2019
7	21.50m	F	---	Bart Steanes	55	26/10/2019	Treloar Shield Round 3
8	18.36m	F	---	Samuel Colless	28	9/11/2019	Treloar Shield Round 5
9	13.55m	F	---	Luke Pattas	36	28/09/2019	Northern Zone Week 3
Male Javelin 400g							
1	24.63m	F	---	Nicholas Bastas	81	21/12/2019	Northern Zone Week 13
2	12.15m	F	---	Michael Johnson	84	1/02/2020	Northern Zone Week 16
Male Javelin 500g							
1	17.18m	F	---	Leslie Gillies	72	15/06/2019	Winter Northern Zone Series 1
2	6.86m	F	---	Ron Shoesmith	72	21/12/2019	Northern Zone Week 13
Male Javelin 600g							
1	26.52m	F	---	Trevor Young	61	15/06/2019	Winter Northern Zone Series 1
2	24.69m	F	---	Mark Cepak	60	23/11/2019	NSW State Relay Championships 2019
3	21.49m	F	---	Doug Barrett	67	21/12/2019	Northern Zone Week 13
4	10.37m	F	---	Robert Jones	69	28/09/2019	Northern Zone Week 3
Male Javelin 700g							
1	50.90m	F	---	Stuart Downie	17	21/02/2020	NSW Junior Championships 2020
2	34.50m	F	---	Tim McGrath	56	15/06/2019	Winter Northern Zone Series 1
3	30.40m	F	---	Brodie Waldock	14	21/02/2020	NSW Junior Championships 2020
4	27.38m	F	---	Zoran Novicic	58	15/06/2019	Winter Northern Zone Series 1
5	24.25m	F	---	Warren Jones	39	23/11/2019	NSW State Relay Championships 2019
6	16.15m	F	---	Bart Steanes	55	23/11/2019	NSW State Relay Championships 2019
Male Javelin 800g							
1	50.13m	F	---	Matthew Mcvey	19	30/11/2019	Treloar Shield Round 6
2	49.03m	F	---	Alec Diamond	22	28/09/2019	Northern Zone Week 3
3	34.85m	F	---	Andrew Phillips	47	23/11/2019	NSW State Relay Championships 2019
4	31.59m	F	---	Luke Pattas	36	28/09/2019	Northern Zone Week 3
5	30.16m	F	---	Matthew Otten	29	7/03/2020	Northern Zone Week 20
6	28.89m	F	---	David Turner	43	26/10/2019	Northern Zone Week 7
7	27.94m	F	---	William Brown	22	14/09/2019	Northern Zone Week 1
8	27.33m	F	---	Warren Jones	39	21/12/2019	Northern Zone Week 13

9	23.17m	F	---	Ken Elias	33	8/11/2019	Northern Zone Week 9
10	20.56m	F	---	Bart Steanes	55	30/11/2019	Treloar Shield Round 6
Male	Wght Thr 11.34kg						
1	12.68m	F	---	Warren Jones	39	5/10/2019	AMA Winter Throws Championships
2	10.80m	F	---	Tim McGrath	57	25/01/2020	Northern Zone Week 15
3	6.36m	F	---	Zoran Novicic	58	10/08/2019	Winter Northern Zone Series 3
4	4.34m	F	---	Robert Jones	69	5/10/2019	AMA Winter Throws Championships
Male	Wght Thr 15.88kg						
1	18.11m	F	---	William Brown	23	25/01/2020	Northern Zone Week 15
2	16.99m	F	---	Tim Heyes	21	15/06/2019	Winter Northern Zone Series 1
3	10.27m	F	---	Warren Jones	39	11/01/2020	Northern Zone Week 14
4	9.18m	F	---	Ryan Dowling	39	12/05/2019	NSW Masters Athletics Indoor Meet
5	6.97m	F	---	Bart Steanes	55	5/10/2019	Northern Zone Week 4
6	3.03m	F	---	Robert Jones	69	5/10/2019	AMA Winter Throws Championships
Male	Wght Thr 20kg						
1	6.64m	F	---	Warren Jones	39	5/10/2019	AMA Winter Throws Championships
Male	Wght Thr 25.4kg						
1	5.43m	F	---	Warren Jones	39	5/10/2019	AMA Winter Throws Championships
Male	Wght Thr 5.45kg						
1	8.18m	F	---	Nicholas Bastas	81	7/02/2020	NSW Masters Championships 2020
2	6.27m	F	---	Robert Jones	69	5/10/2019	AMA Winter Throws Championships
Male	Wght Thr 7.26kg						
1	5.54m	F	---	Robert Jones	69	5/10/2019	AMA Winter Throws Championships
Male	Wght Thr 9.08kg						
1	17.35m	F	---	John Hunter	17	16/11/2019	Northern Zone Week 10
2	14.45m	F	---	Warren Jones	39	5/10/2019	AMA Winter Throws Championships
3	7.18m	F	---	Doug Barrett	67	5/10/2019	Northern Zone Week 4
4	5.23m	F	---	Robert Jones	68	12/05/2019	NSW Masters Athletics Indoor Meet
Male	Decathlon						
1	7593	F	---	Alec Diamond	21	8/07/2019	World University Games 2019
2	5018	F	---	Tim McGrath	56	31/08/2019	Oceania Masters Athletics Championships
Male	Out Pent						
1	1916	F	---	Zoran Novicic	59	25/01/2020	NSW Combined Events Championships 2020
Male	Wght Pent						
1	2158	F	---	Tim McGrath	56	13/07/2019	Winter Northern Zone Series 2
2	1850	F	---	Warren Jones	39	5/10/2019	AMA Winter Throws Championships
3	845	F	---	Robert Jones	69	5/10/2019	AMA Winter Throws Championships
Male	Wght Pent Heavy						
1	2224	F	---	Warren Jones	39	5/10/2019	AMA Winter Throws Championships
Male	Super Wght 45lb						

1	11.91m	F	---	Tim Heyes	21	10/08/2019	Winter Northern Zone Series 3
2	2.48m	F	---	Robert Jones	68	12/05/2019	NSW Masters Athletics Indoor Meet
Male Super Wght 56lb							
1	5.98m	F	---	Warren Jones	39	12/05/2019	NSW Masters Athletics Indoor Meet