



# **The Grass Games**

**proudly hosted by**

**UTS Norths**

**Rotary Athletics Field  
Saturday 10 April 2021**

## **THE ELIMINATOR RULES and NOTES**

- ✓ **Run men and women together**
- ✓ **After each 400m lap, eliminate the last 1 or 2 males and 1 or 2 females**  
(or more, depending on the number of competitors,  
as determined by the Track Referee and Carnival Manager)
- ✓ **Keep running until there are 4 males and 4 females left for final round – if  
enough entries – or 2 females if not enough**
- ✓ **Rest time 60 sec from the time the 1<sup>st</sup> male OR 1<sup>st</sup> female cross finish line –  
whoever is slower**
  - ✓ **Track Referee to time 60 sec recovery**
- ✓ **Laps will not be timed, so timekeepers become place judges for the purpose of  
elimination**
  - ✓ **Timekeepers to time and record final lap only**

**NB - These rules may be adapted slightly on the day depending on the final number of competitors in the event – at the discretion of the Carnival Manager and Long Jump Chief**