**QMA Decathlon and Heptathlon Events**

**20-21 June 2015**

**SAF, Nathan (Brisbane)**

**Entry fee: $15.00 plus $10.00 Track Fee for two days (ie. $25.00)**

**Entries close: Monday, 15 June 2015**

**Late entry: Saturday, 20 June with additional $5.00 fee (to above)**

**Payment of fees: Saturday, 20 June prior to commencement of competition (cash)**

**Day 1: Decathlon** Commence 8.00am 100m, Long Jump, Shot Put, High Jump, 400m

**Heptathlon** Commence 9.00am Short Hurdles, High Jump, Shot Put, 200m

**Day 2: Decathlon** Commence 8.00am Short Hurdles, Discus, Pole Vault, Javelin, 1500m

**Heptathlon** Commence 9.00am Long Jump, Javelin, 800m

**Entry Form:-**

Name: ………………………………………………………………………………….

Address : ……………………………………………………………………………………………………….

State: ………………………. Post Code: ………………………..

Age Group: ………………………………. Date of Birth: ……………………………

Contact Phone Number: ……………………………….. email:

Send entry form to: Viddy Jermacans

Registrar, QMA

19 Rumbalara Street

Ashmore, Qld 4214

[Viddy48@yahoo.com.au](mailto:Viddy48@yahoo.com.au) Contact: 0407 188721